### Index

<table>
<thead>
<tr>
<th>Holds</th>
<th>Volumes</th>
</tr>
</thead>
<tbody>
<tr>
<td>LL Lucha Libre 4</td>
<td>V.09 Borderline Mini 238</td>
</tr>
<tr>
<td>CC Creature of Comfort 16</td>
<td>V.08 Jolly Jumper 240</td>
</tr>
<tr>
<td>EF Electric Flavour 60</td>
<td>V.07 Borderline 242</td>
</tr>
<tr>
<td>DC Damage Control 86</td>
<td>V.06 Golden Leaves 244</td>
</tr>
<tr>
<td>TK Tokyo 2020 144</td>
<td>V.05 Tsunami 246</td>
</tr>
<tr>
<td>HP Hyperbole 162</td>
<td>V.04 Thunderbirds 248</td>
</tr>
<tr>
<td>DS Desert Session 166</td>
<td>V.03 Elliot Master 250</td>
</tr>
<tr>
<td>SZ Schmarotzer 170</td>
<td>V.02 Superstar 252</td>
</tr>
<tr>
<td>SW Swissair 174</td>
<td>V.01 Revival 254</td>
</tr>
<tr>
<td>SL Slug 176</td>
<td></td>
</tr>
<tr>
<td>OR Organs 182</td>
<td></td>
</tr>
<tr>
<td>ORSL Organ Slug 186</td>
<td></td>
</tr>
<tr>
<td>BT Baby Trash 188</td>
<td></td>
</tr>
<tr>
<td>RF Rustic Flowers 192</td>
<td></td>
</tr>
<tr>
<td>PZ Pizokel 202</td>
<td></td>
</tr>
<tr>
<td>MG Maggot 204</td>
<td></td>
</tr>
<tr>
<td>ZN Zangengeburt 206</td>
<td></td>
</tr>
<tr>
<td>CA Cailloux 208</td>
<td></td>
</tr>
<tr>
<td>RK Rocklander 212</td>
<td></td>
</tr>
<tr>
<td>FG Frog 216</td>
<td></td>
</tr>
<tr>
<td>B Bubble 224</td>
<td></td>
</tr>
<tr>
<td>N Nussgipfel 228</td>
<td></td>
</tr>
<tr>
<td>BN Bubble/Nussgipfel232</td>
<td></td>
</tr>
</tbody>
</table>

### Technical data

- Specificities 260
- Color panel 261

### Info

- Contact 264
- Impressum 264
Hold 1
Size: XXXL
Difficulty: Moderate
Reference: LL1
LL2

Hold 1
Size XXXL
Difficulty Moderate
Reference LL2
Hold 2
Size XXXL
Difficulty Hard
Reference LL3
LL4

Holds 3
Size XXL
Difficulty Easy
Reference LL4
**LL5**

- Holds: 3
- Size: XL
- Difficulty: Easy
- Reference: LL5

**LL6**

- Holds: 10
- Size: L
- Difficulty: Easy
- Reference: LL6
Holds 21
Size M
Difficulty Hard
Reference LL7
Creature of Comfort

CC1

Hold 1
Size XXXL
Difficulty Easy
Reference CC1
Hold 1
Size XXXL
Difficulty Easy
Reference CC2

Hold 1
Size XXXL
Difficulty Easy
Reference CC3
Holds 1
Size  XXXL
Difficulty Easy
Reference CC4
CC6

Holds
Size XXL
Difficulty Easy
Reference CC6

Holds 3

Creature of Comfort
Holds 3
Size XL
Difficulty Moderate
Reference CC7
CC8

Holds 3
Size XL
Difficulty Easy
Reference CC8
CC9

Holds 5
Size XL
Difficulty Moderate
Reference CC9
CC10

Holds 15
Size M
Difficulty Hard
Reference CC10
CC11

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<td>CC11</td>
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### CC12

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<td>CC12</td>
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Holds

Creature of Comfort

34

35
CC14

<table>
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<tbody>
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<td>XXXL</td>
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</tr>
<tr>
<td>Reference</td>
<td>CC14</td>
</tr>
</tbody>
</table>
CC15

<table>
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<tr>
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<td>CC15</td>
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CC16

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CC18

- Holds: 3
- Size: XXL
- Difficulty: Easy
- Reference: CC18
CC19

Holds 3
Size XXL
Difficulty Moderate
Reference CC19
Holds 3
Size XXL
Difficulty Hard
Reference CC20
CC21

Holds 3

Size L

Difficulty Hard

Reference CC21
CC22
2/2

Holds 21
Size M
Difficulty Hard
Reference CC22

Holds 56
Creature of Comfort 57
Electric Flavour

EF1

Holds 2
Size XXL
Difficulty Hard
Reference EF1
EF2

Holds 4
Size XXL
Difficulty Hard
Reference EF2
**EF5**

Holds 1

- Size: XXL
- Difficulty: Easy
- Reference: EF5

**EF6**

Holds 2

- Size: XXL / XL
- Difficulty: Easy
- Reference: EF4
**EF7**

Holds 4
Size XL
Difficulty Hard
Reference EF7

**EF8**

Holds 4
Size L
Difficulty Moderate
Reference EF8
EF9

Holds 10
Size L
Difficulty Moderate
Reference EF9

Electric Flavour
Holds 10
Size M
Difficulty Moderate
Reference EF10
EF11

Holds

5

Size

XXL

Difficulty

Easy

Reference

EF11
**EF12**

- Holds: 5
- Size: XL
- Difficulty: Easy
- Reference: EF12

**EF13**

- Holds: 5
- Size: XL
- Difficulty: Easy
- Reference: EF13
**EF14**

Holds 5

Size XL

Difficulty Easy

Reference EF14

---

**EF15**

Holds 15

Size L / M

Difficulty Easy

Reference EF15
EF16

Holds 15
Size L / M
Difficulty Moderate
Reference EF16

EF17

Holds 10
Size M
Difficulty Easy
Reference EF17
EF18

Holds: 10
Size: M
Difficulty: Easy
Reference: EF18

Electric Flavour

Holds: 15
Size: L / S
Difficulty: Moderate
Reference: EF19
Holds 20
Size M / S
Difficulty Easy
Reference EF20

Holds 20
Size L
Difficulty Moderate
Reference EF21

Electric Flavour
Damage Control

Dimensions:
- Inches
  - 4
  - 8

Holds: 2
Size: XXXL / XXL
Difficulty: Medium
Reference: DC1
DC2

Holds

Size XXL

Difficulty Medium

Reference DC2
**DC3**

Holds 5
Size XXL / L
Difficulty Hard
Reference DC3
DC4

Holds 5
Size XL
Difficulty Moderate
Reference DC4
Damage Control

Holds 3
Size XXXL / XXL
Difficulty Moderate
Reference DC5
Holds 2
Size XXL / XL
Difficulty Hard
Reference DC8
DC9

Holds 20
Size L / M / S / XS
Difficulty Hard
Reference DC9
DC10

Holds 29
Size S / XS
Difficulty Hard
Reference DC10
Holds 33
Size XS
Difficulty Hard
Reference DC11
Holds 2
Size XXXL
Difficulty Moderate
Reference DC12
DC14

Holds 3
Size XXL
Difficulty Easy
Reference DC14
Holds 3
Size XXXL
Difficulty Moderate
Reference DC15
DC16

Holds 3
Size XXXL
Difficulty Moderate
Reference DC16
DC18

Holds 3
Size XXL
Difficulty Easy
Reference DC18
Holds 3
Size XXL
Difficulty Moderate
Reference DC19
DC21

Holds 3
Size XXXL
Difficulty Easy
Reference DC21
DC22

Holds 2
Size XXL
Difficulty Moderate
Reference DC22
DC24

Holds 1
Size XXXL
Difficulty Easy
Reference DC24
Damage Control

Holds 6
Size XL
Difficulty Moderate
Reference DC26
DC27

Holds 4
Size XXL
Difficulty Hard
Reference DC27
DC29

Holds 18
Size L
Difficulty Easy
Reference DC29
Holds

Damage Control

Holds 30
Size XS
Difficulty Hard
Reference DC31
Tokyo 2020

TK1

Hold 1
Size XXXL
Difficulty Moderate
Reference TK1

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</tr>
</thead>
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TK2

Holds 2
Size XXL
Difficulty Hard / Mod.
Reference TK2
TK3

| Holds | 3 |
| Size  | XL |
| Difficulty | Moderate |
| Reference | TK3 |
TK7

Holds 5
Size L
Difficulty Hard
Reference TK7

TK8

Holds 5
Size L
Difficulty Hard
Reference TK8
TK9

Holds 10
Size L
Difficulty Mod./Hard
Reference TK9
**TK10**

Holds: 10  
Size: M  
Difficulty: Mod./Hard  
Reference: TK10  

**Tokyo 2020**

Holds: 10  
Size: M  
Difficulty: Mod./Hard  
Reference: TK10

**TK11**

Holds: 20  
Size: S/M  
Difficulty: Hard  
Reference: TK11
TK12

Holds: 15
Size: XS
Difficulty: Hard
Reference: TK12
Hyperbole

Holds

HP

Holds 5
Size XXL / XL
Difficulty Hard
Reference HP
Desert Session

Holds 5
Size XXL / XL
Difficulty Hard
Reference DS
Holds

Desert Session
Schmarotzer

Schmarotzer

Holds 5
Size XL
Difficulty Hard
Reference SZ1
Holds

SZ25

Holds 25
Size M / S / XXS
Difficulty Hard
Reference SZ2
Swissair

Holds 5
Size XXL / XL
Difficulty Hard / Easy
Reference SW

Swissair
Slug

SL1

Hold 1
Size XL
Difficulty Hard
Reference SL1

SL2

Holds 10
Size L
Difficulty Moderate
Reference SL2
SL3

Holds  10
Size    S
Difficulty  Moderate
Reference SL3
Organs

OR1

Holds 2
Size XXL
Difficulty Easy
Reference OR1

OR2

Holds 5
Size XL
Difficulty Moderate
Reference OR2

OR3

Holds 10
Size L
Difficulty Easy
Reference OR3

4 Inches

Holds

Organs

182

183
OR4

<table>
<thead>
<tr>
<th>Holds</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Size</td>
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OR5

<table>
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<tr>
<td>Reference</td>
<td>OR5</td>
</tr>
</tbody>
</table>
Baby Trash

Holds 30
Size XS
Difficulty Hard
Reference BT13

BT13

- Inches
  | 0  | 4  | 8  |

4 Inches

Baby Trash

Holds 188

Baby Trash

Holds 189
Rustic Flowers

Holds 3

Size XXL / XL

Difficulty Easy

Reference RF13
RF45

Holds 10
Size XL / L
Difficulty Easy
Reference RF45

Rustic Flowers
RF6

Holds 5
Size L
Difficulty Medium
Reference RF6

RF78

Holds 20
Size M
Difficulty Mod./Easy
Reference RF78
RF911

<table>
<thead>
<tr>
<th>Holds</th>
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<tbody>
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</tr>
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<tr>
<td>Reference</td>
<td>RF911</td>
</tr>
</tbody>
</table>

Holds 198 Rustic Flowers
Pizokel

Holds 5
Size XL
Difficulty Hard
Reference PZ
Maggot

Holds 5
Size XL / M
Difficulty Easy
Reference MG
Zangen-geburt

Holds 5
Size XL
Difficulty Hard / Mod.
Reference ZN
Cailloux

CA1

<table>
<thead>
<tr>
<th>Hold</th>
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</tr>
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<tbody>
<tr>
<td>Size</td>
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<tr>
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<td>CA1</td>
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</tbody>
</table>

CA2

<table>
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<tr>
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<th>5</th>
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<tbody>
<tr>
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<td>XL</td>
</tr>
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<tr>
<td>Reference</td>
<td>CA2</td>
</tr>
</tbody>
</table>
CA3

Holds: 10
Size: L
Difficulty: Easy
Reference: CA3

CA45

Holds: 20
Size: M/S
Difficulty: Easy
Reference: CA45
Rock-lander

Holds 20
Size S
Difficulty Moderate
Reference RK12
RK35

Holds 30
Size S
Difficulty Moderate
Reference RK35
Frog

FG1

Holds 10
Size S
Difficulty Hard
Reference FG1
FG24

<table>
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<tbody>
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<td>Moderate</td>
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<td>FG24</td>
</tr>
</tbody>
</table>
**FG56**

<table>
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<tr>
<th>Holds</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Size</td>
<td>XS</td>
</tr>
<tr>
<td>Difficulty</td>
<td>Mod./Hard</td>
</tr>
<tr>
<td>Reference</td>
<td>FG56</td>
</tr>
</tbody>
</table>
Holds 5
Size L
Difficulty Hard
Reference B2

Holds 10
Size M
Difficulty Easy
Reference B3

Holds
Size
Difficulty
Reference

B2

B3
Nuss-gipfel

Holds 5
Size L
Difficulty Hard
Reference N1
N2

| Holds | 10 |
| Size  | M  |
| Difficulty | Hard |
| Reference | N2 |
Bubble / Nussgipfel

- Inches
  - 4
  - 8

BN43

| Holds   | 20 |
| Size    | S  |
| Difficulty | Hard |
| Reference | BN43 |
BN54

- Holds: 20
- Size: XS
- Difficulty: Hard
- Reference: BN54
Borderline Mini
Jolly Jumper

Volumes 240

CM 10 20

Jolly Jumper 241
Borderline
Golden Leaves

Volumes

Golden Leaves
Tsunami

V.05.01  L

10  20

V.05.02  L

V.05.03  L

V.05.05  L

V.05.05  L
Thunderbirds

V.04.01  L

V.04.02  L

V.04.03  M

V.04.04  M

CM  10  20
Superstar

Volumes 252

Superstar 253
Discarded foam holds, silicone molds, half-finished sculptures, plaster, dust... So many reminders that reflect a state of mind founded on an everlasting search for new ideas. The will to explore creative possibilities has led to testing different shapes, trying various materials and mastering molding techniques.

Flathold was born of the encounter between an international route setter and a visual arts student, whose first experience together dates back to 2008. A common goal: to create and develop shapes and grips, to fashion the foam so as to approach the feelings one gets on a natural line. Testing gravity on the grips; imagining the movement possibilities they can offer on a wall; feeling the friction point. Beyond their basic function, the goal is to make the holds aesthetic. A random detail on the sculpture can be what gives harmony to the shape. «Sometimes you know in advance that you will want to make a crimp; after giving a function to the hold, the goal is to try to go a little further than simply offering grip, to give the shape life».

Inspiration starts as trial and error. The sculptor’s work that gives life to the different series draws from nature, without attempting to simply copy it. «You start a shape and you let yourself be guided. This is where the random aspect expresses itself in a way that could be described as similar to nature».

These two very different temperaments are what make up the essence of Flathold: friendship and collaboration in a project driven by a constant thirst for innovation.
Material
Flathold holds are produced in the US for North American distribution with the highest quality polyurethane. In collaboration with our production company and our North American distributor, we carefully control the quality of our holds and are proud to offer shapes that will have a long lifespan both on indoor and outdoor climbing walls.

Attachment system
All Flathold hold types (except some special ones from the screw-on range) have a washer set into the bolt-hole as a standard. Most Flathold holds are also equipped with an extra attachment system, or “set-screw” holes, for fixing in place using wood screws. While our European production holds have washers in-set in these holes, our North American production does not, as the material is very strong and we have also minimized the cost without using the washers. We advise our customers to use wood fasteners such as T-25 Torx or Robertson head screws in order to make sure the attachment is optimal.

Hollow back
Most of the holds from size L up are excavated or “hollow-backed.” We have designed a custom counter-shape for each of these holds in order to make them lighter. This way, it is easier to handle the larger holds while assembling and removing routes or boulders.

Maintenance
When holds are screwed onto a wall and regularly used, it is common for magnesia and rubber from climbing shoes to dirty them. In the long term, this can affect the grip quality of the grain. We advise our customers to clean holds before using them again and to check their condition after a long period of use.

Plugs
Certain of our larger holds have a screw-in cap for the bolt hole. Laurent Laporte devised this system exclusively for Cheeta holds and Flatholds to avoid the use of the bolt hole for fingers thus optimising the use of the designed grip. It screws into large threads on the inside of the bolt hole and can easily be tightened by hand or with a coin. Additional caps in packs of 15 are available in all the colours in our catalogue.

Volumes
Flathold volumes are made of a mix of polyester resin and fiberglass that is then covered with quartz sand to get a fine texture with good friction. This process allows for very thin, light and strong shapes. The volumes are attached with standard wood screws, but we recommend using flatheads to preserve the flange. The volumes are only available in black.
Contact

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Impressum

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