

flathold[®]

Swiss designed climbing holds

North America

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Technical data

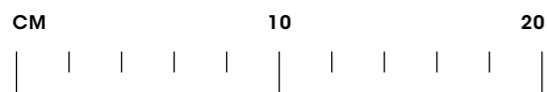
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Lucha Libre



LL1



Hold	1
Size	XXXL
Difficulty	Moderate
Reference	LL1

LL2



Hold	1
Size	XXXL
Difficulty	Moderate
Reference	LL2

LL3



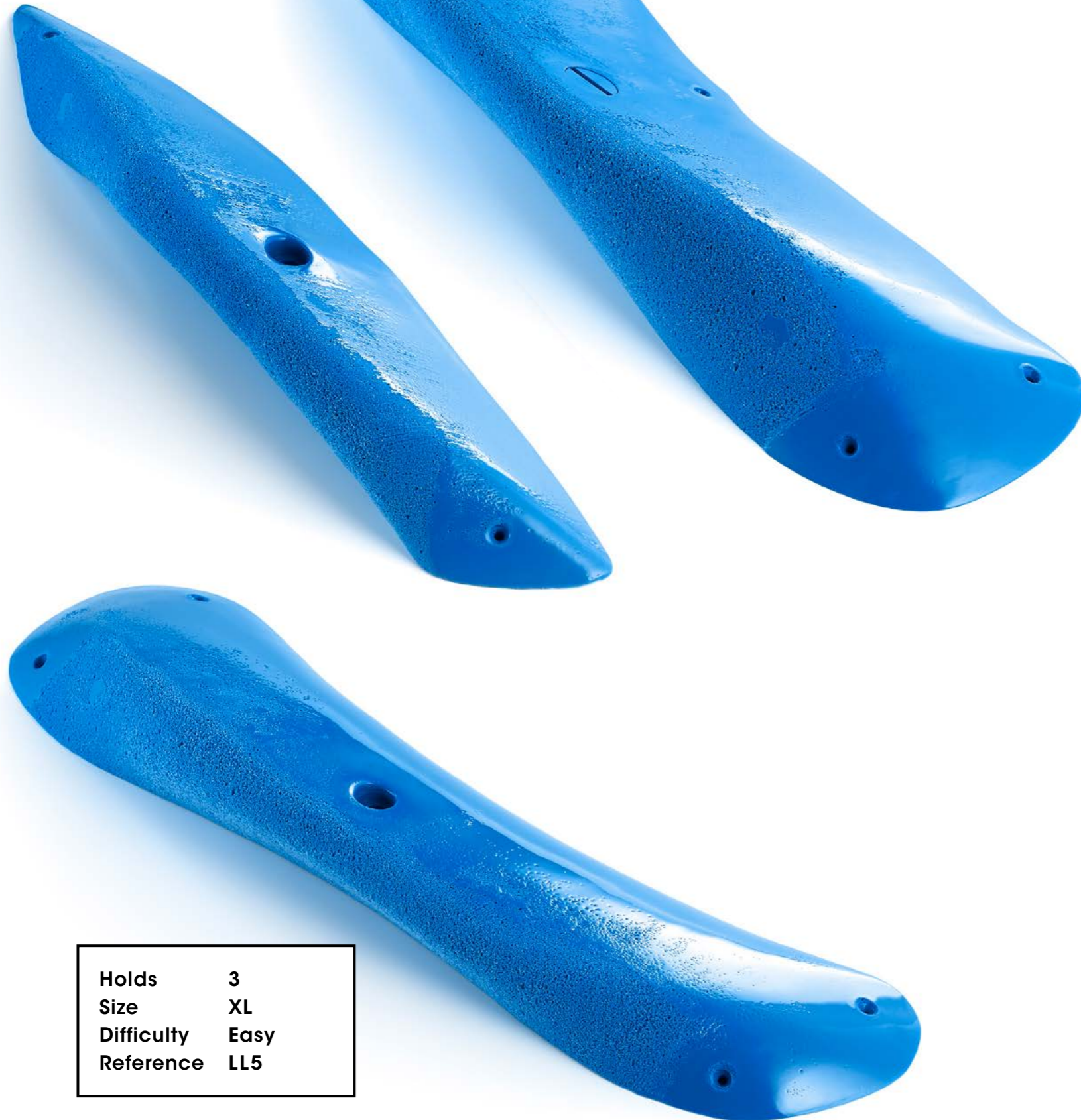
Hold	2
Size	XXXL
Difficulty	Hard
Reference	LL3

LL4



Holds	3
Size	XXL
Difficulty	Easy
Reference	LL4

LL5



Holds	3
Size	XL
Difficulty	Easy
Reference	LL5

LL6



Holds	10
Size	L
Difficulty	Easy
Reference	LL6

LL7



Holds	21
Size	M
Difficulty	Hard
Reference	LL7

LL8



Holds	2
Size	XXXL
Difficulty	Moderate
Reference	LL8

LL9



Holds	3
Size	XL
Difficulty	Moderate
Reference	LL9

LL10



Holds	6
Size	XL
Difficulty	Moderate
Reference	LL10

LL11



Holds	8
Size	XL
Difficulty	Moderate
Reference	LL11

LL12



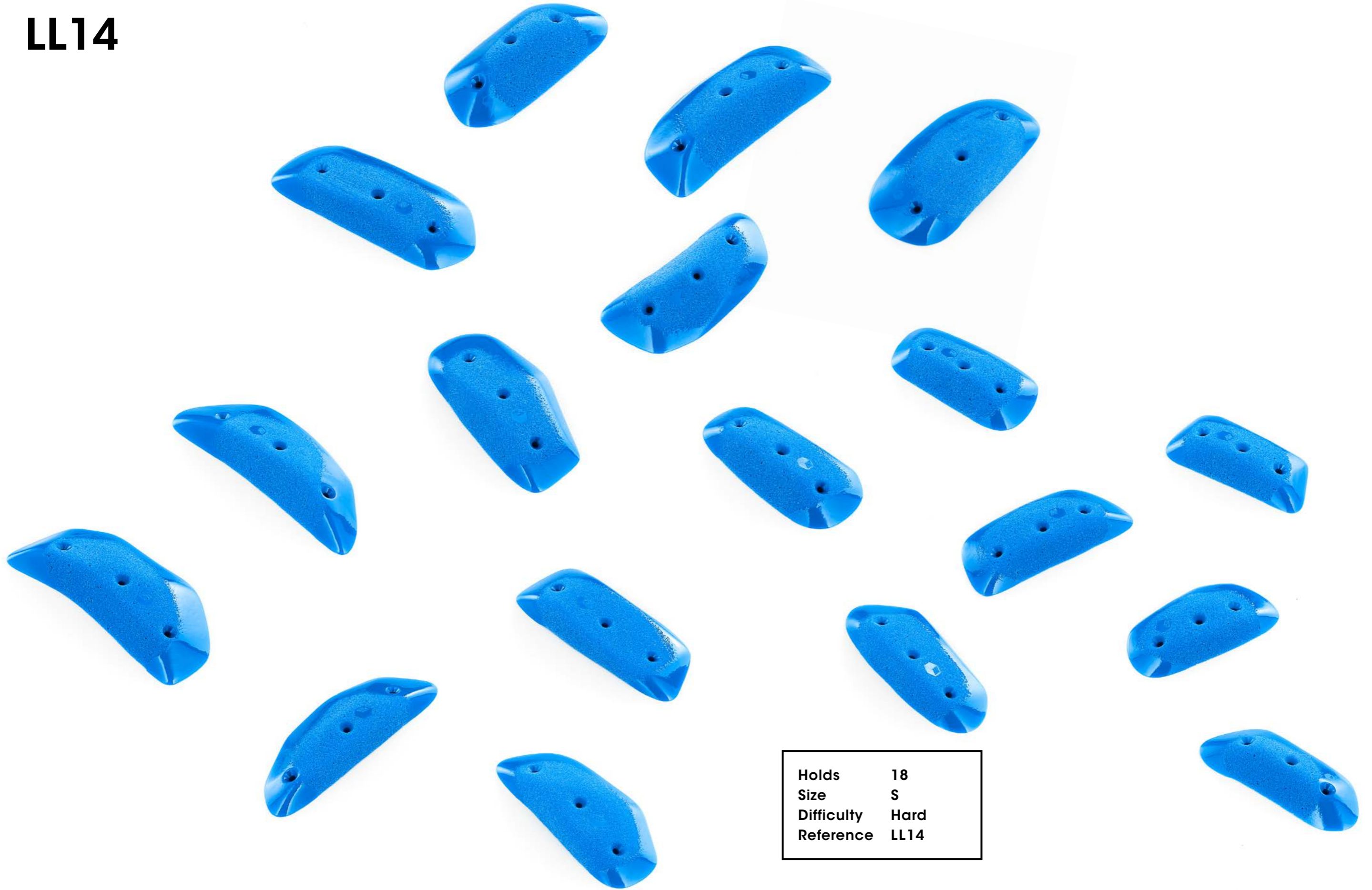
Holds	14
Size	S - M - XL
Difficulty	Hard
Reference	LL12

LL13



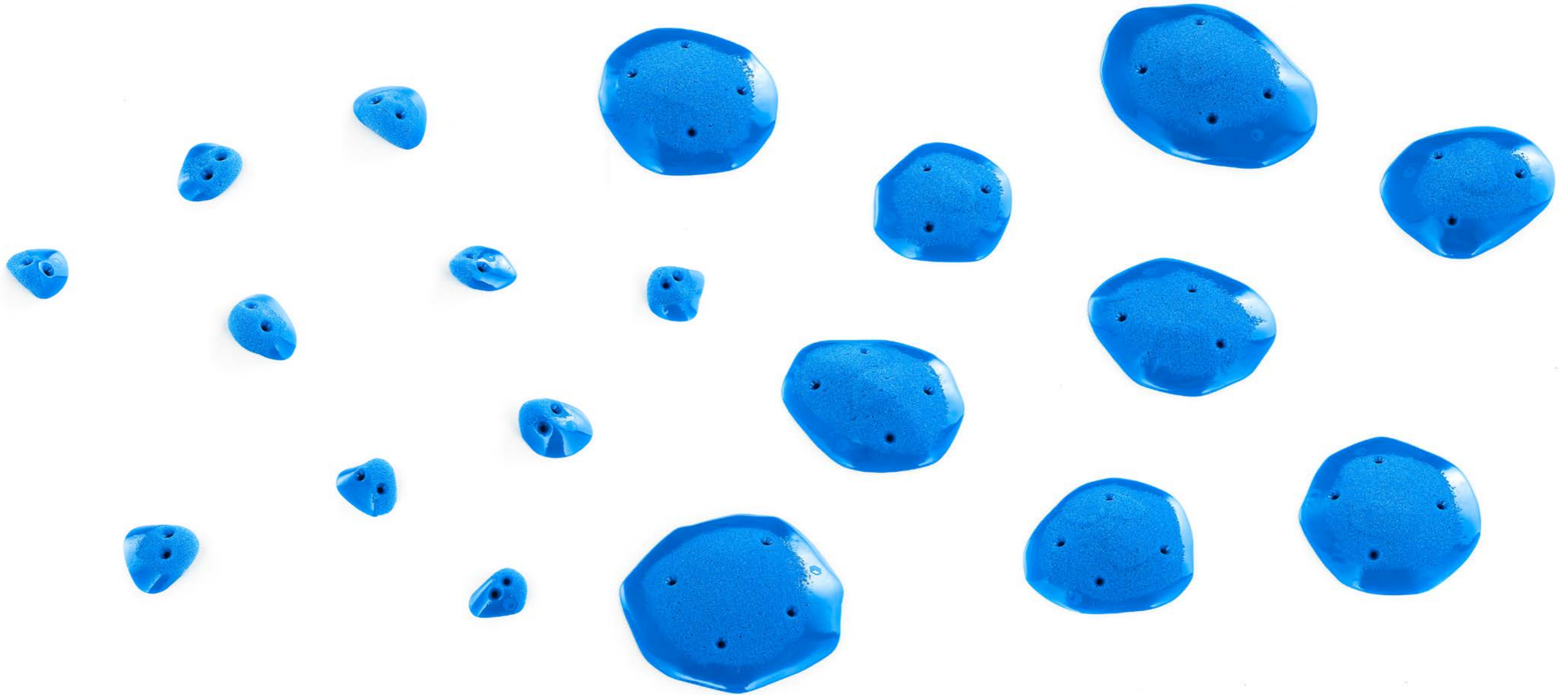
Holds	15
Size	M
Difficulty	Moderate
Reference	LL13

LL14



Holds	18
Size	S
Difficulty	Hard
Reference	LL14

LL15



Holds	19
Size	S
Difficulty	Hard
Reference	LL15

LL16



Holds	3
Size	XXL
Difficulty	Moderate
Reference	LL16

LL17



Holds	5
Size	XL
Difficulty	Easy
Reference	LL17

LL18



Holds	6
Size	XL
Difficulty	Moderate
Reference	LL18

LL19



Holds	8
Size	XL
Difficulty	Moderate
Reference	LL19

LL20



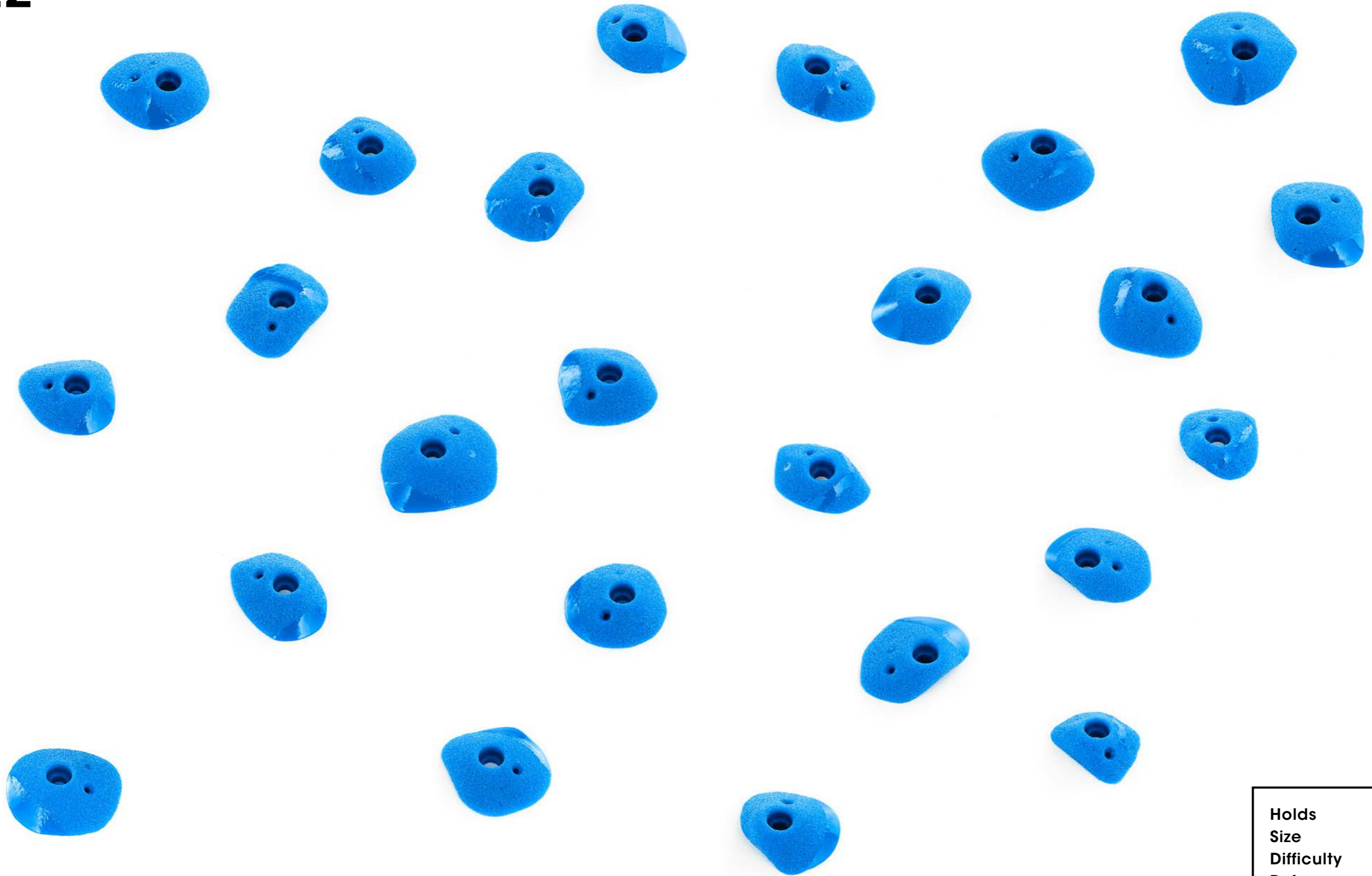
Holds	7
Size	L
Difficulty	Easy
Reference	LL20

LL21



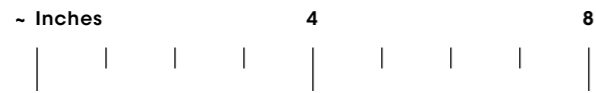
Holds	8
Size	L
Difficulty	Easy
Reference	LL21

LL22



Holds	24
Size	S
Difficulty	Hard
Reference	LL22

Creature of Comfort



CC1



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC1

CC2

CC3



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC2



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC3

CC4

CC5



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC4

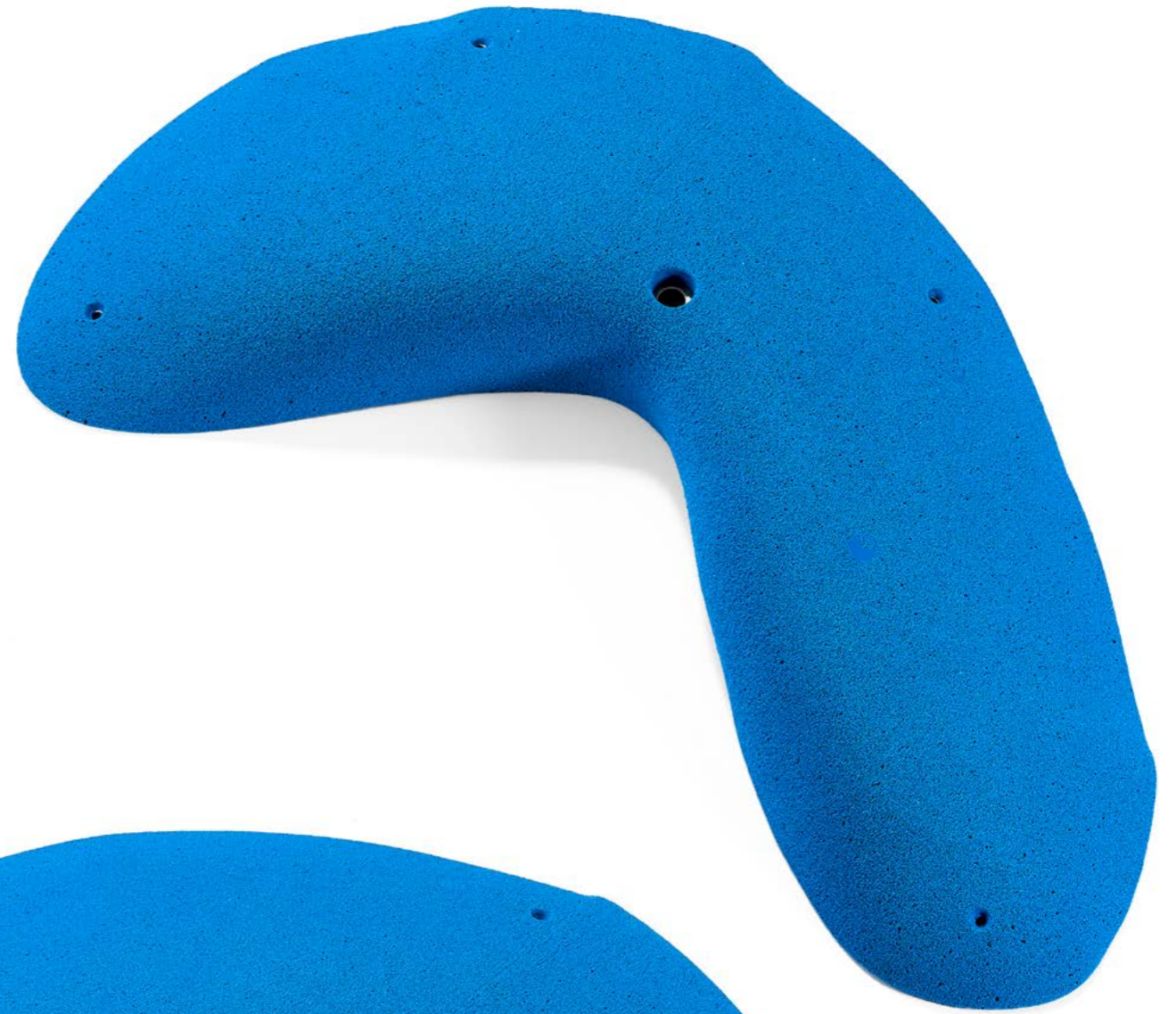
Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC5

CC6



Holds	3
Size	XXL
Difficulty	Easy
Reference	CC6

CC7



Holds	3
Size	XL
Difficulty	Moderate
Reference	CC7

CC8



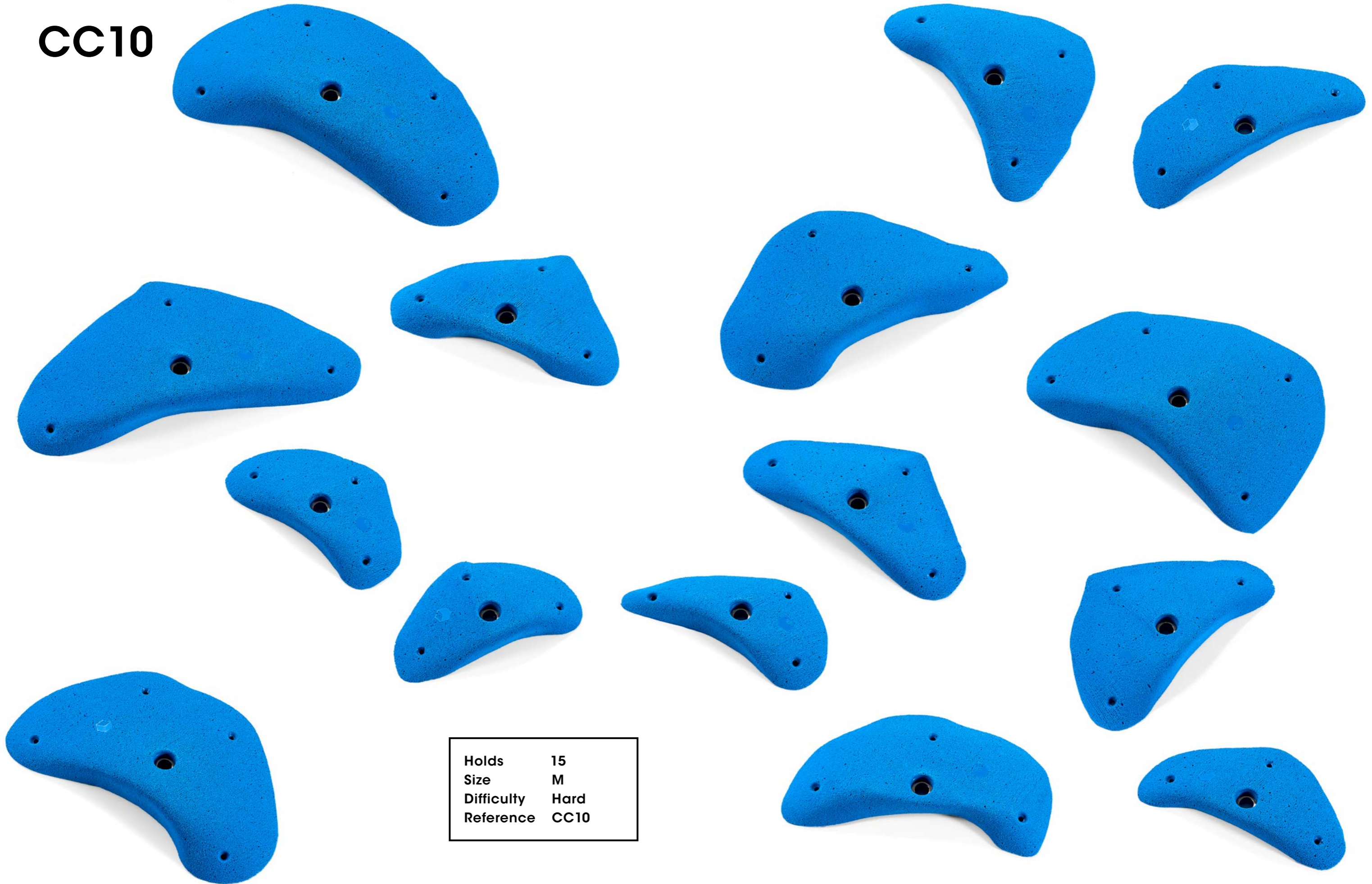
Holds	3
Size	XL
Difficulty	Easy
Reference	CC8

CC9



Holds	5
Size	XL
Difficulty	Moderate
Reference	CC9

CC10



Holds	15
Size	M
Difficulty	Hard
Reference	CC10

CC11



Holds	5
Size	XL
Difficulty	Moderate
Reference	CC11

CC12



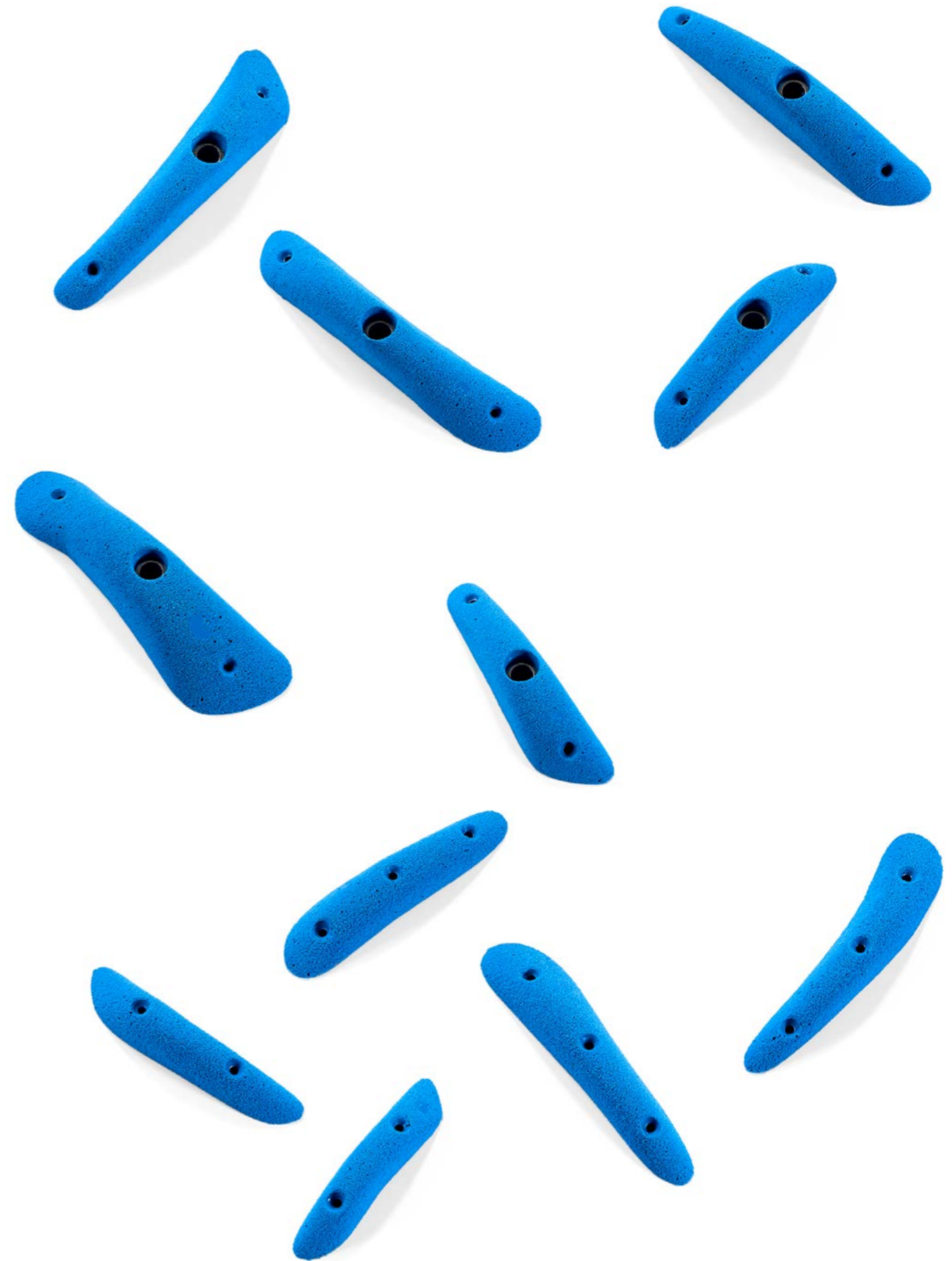
Holds	10
Size	L
Difficulty	Moderate
Reference	CC12



CC13



Holds	20
Size	M
Difficulty	Hard
Reference	CC13



CC14



Hold	1
Size	XXXL
Difficulty	Hard
Reference	CC14

CC15



Hold	1
Size	XXXL
Difficulty	Hard
Reference	CC15

CC16



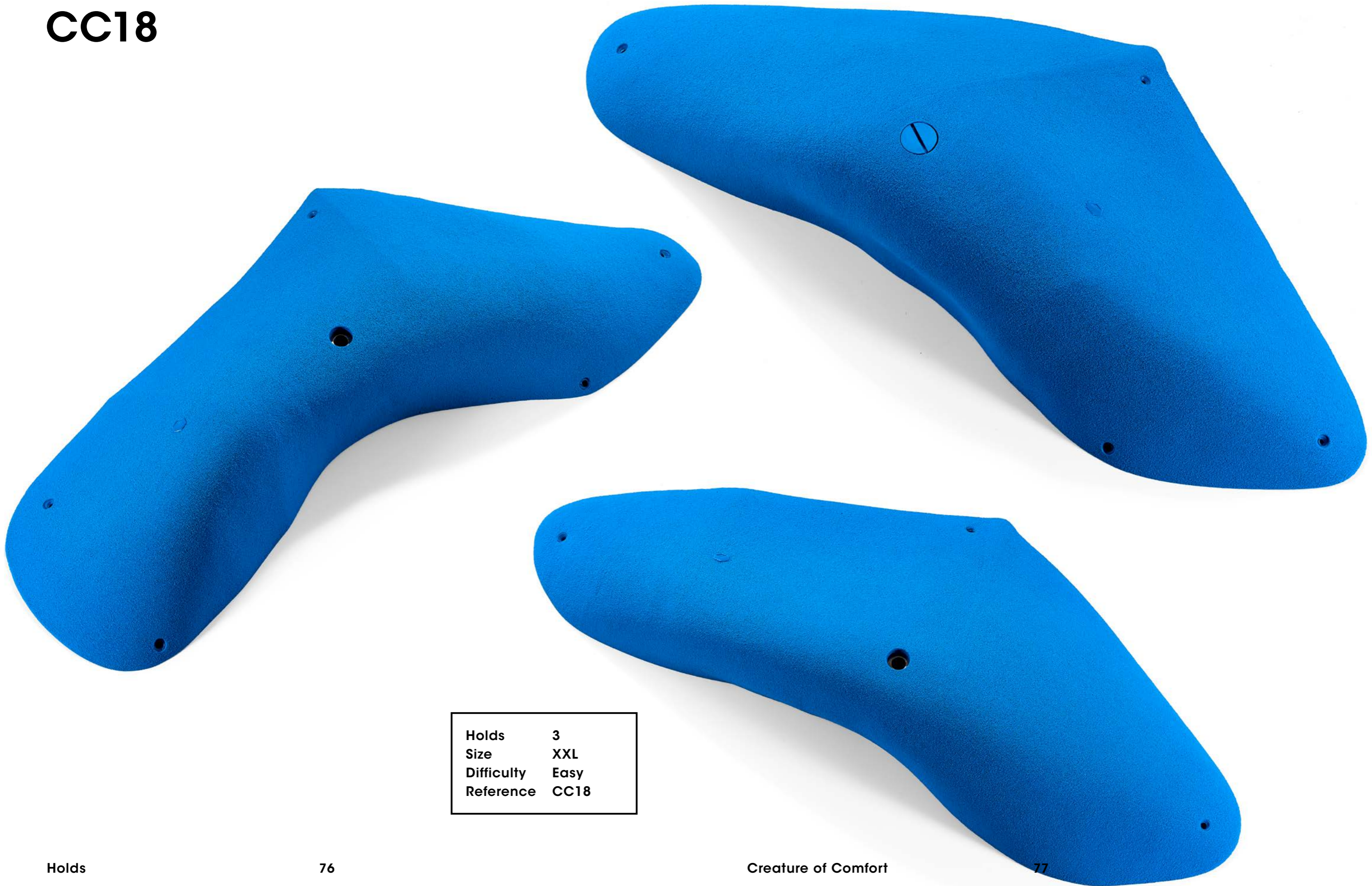
Hold	1
Size	XXXL
Difficulty	Hard
Reference	CC16

CC17



Holds	3
Size	XXL
Difficulty	Hard
Reference	CC17

CC18



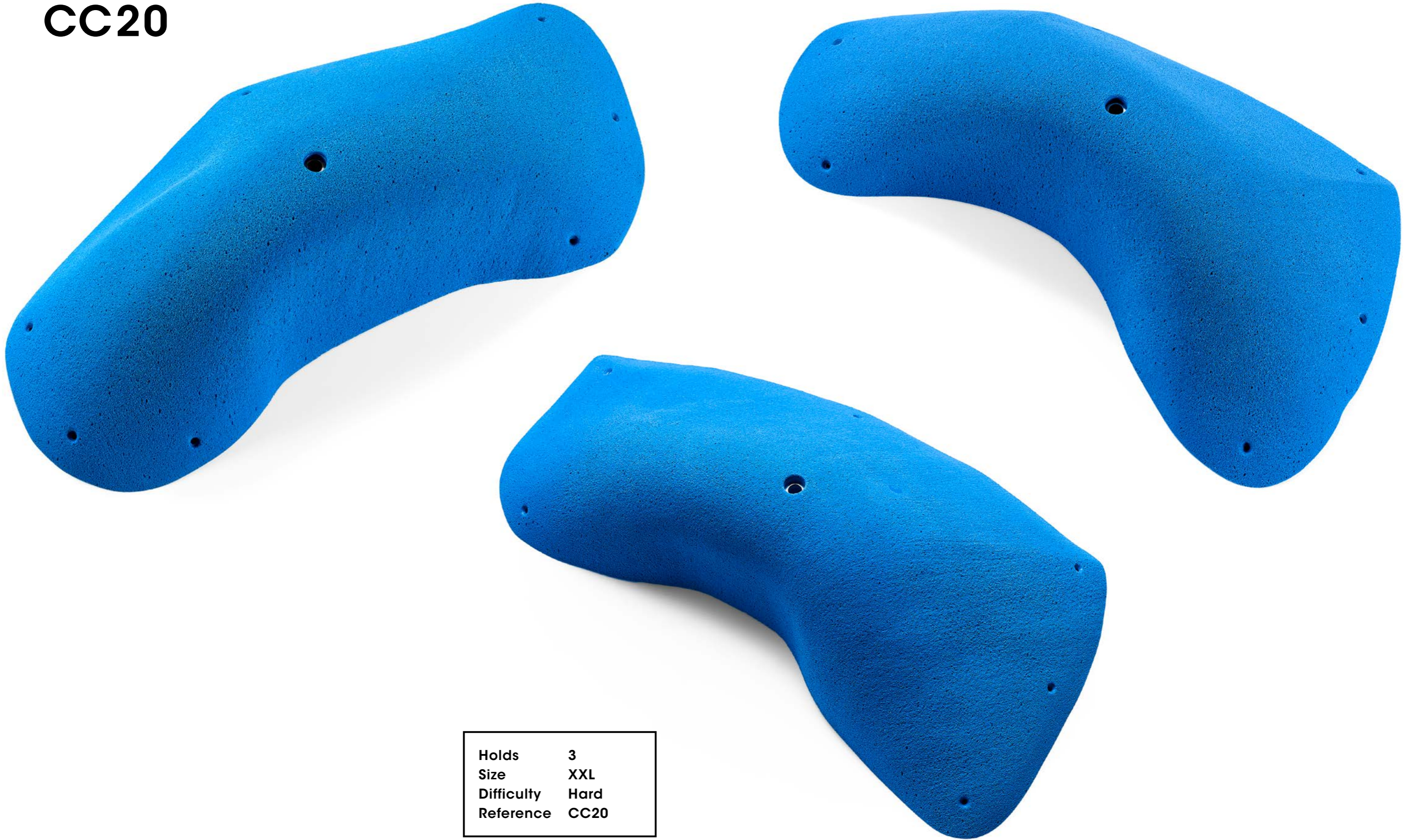
Holds	3
Size	XXL
Difficulty	Easy
Reference	CC18

CC19



Holds	3
Size	XXL
Difficulty	Moderate
Reference	CC19

CC20



Holds	3
Size	XXL
Difficulty	Hard
Reference	CC20

CC21



Holds	3
Size	L
Difficulty	Hard
Reference	CC21

CC22

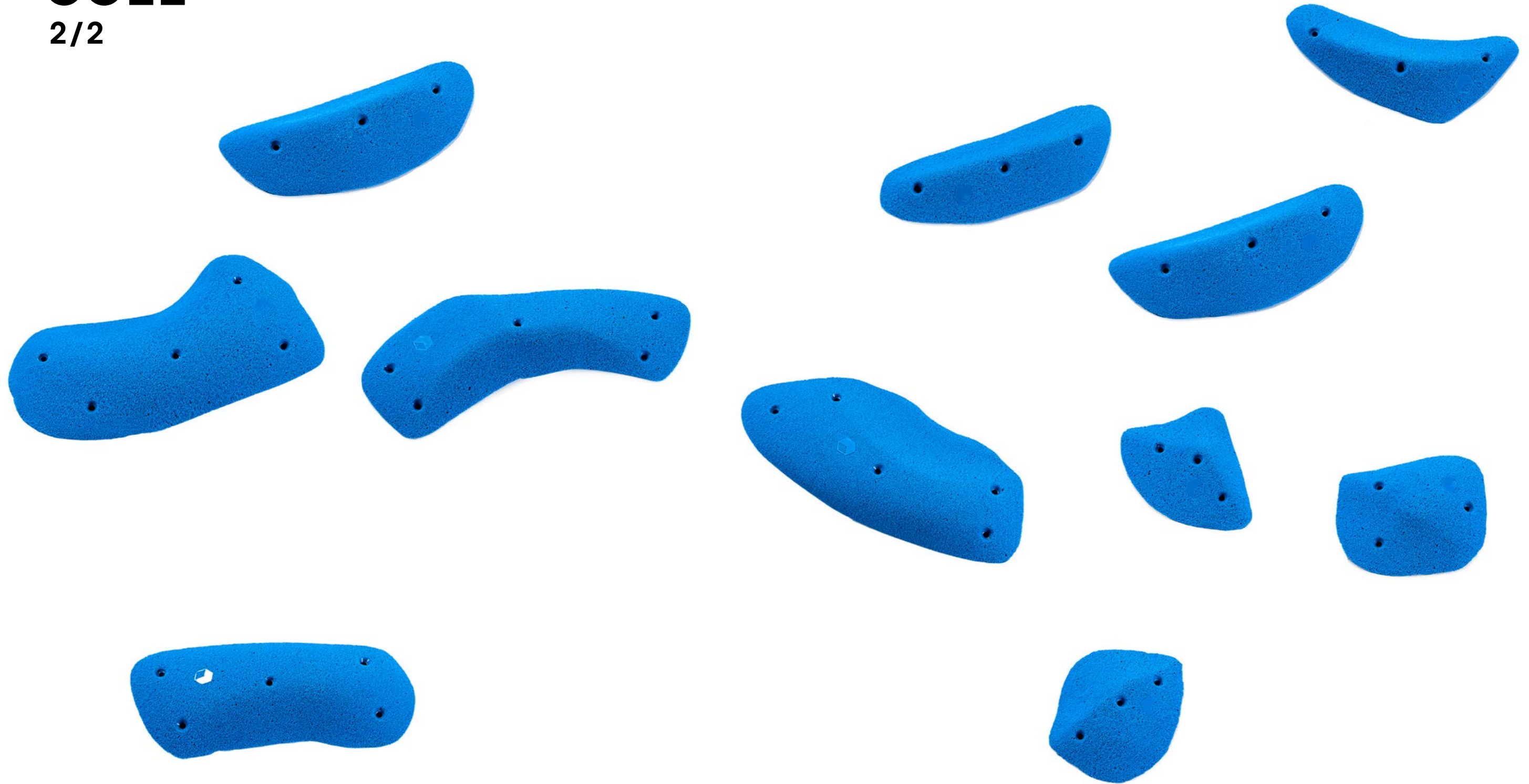
1/2



Holds	21
Size	M
Difficulty	Hard
Reference	CC22

CC22

2/2



Holds	21
Size	M
Difficulty	Hard
Reference	CC22



Electric Flavour

- Inches 4 8

EF1



Holds

90

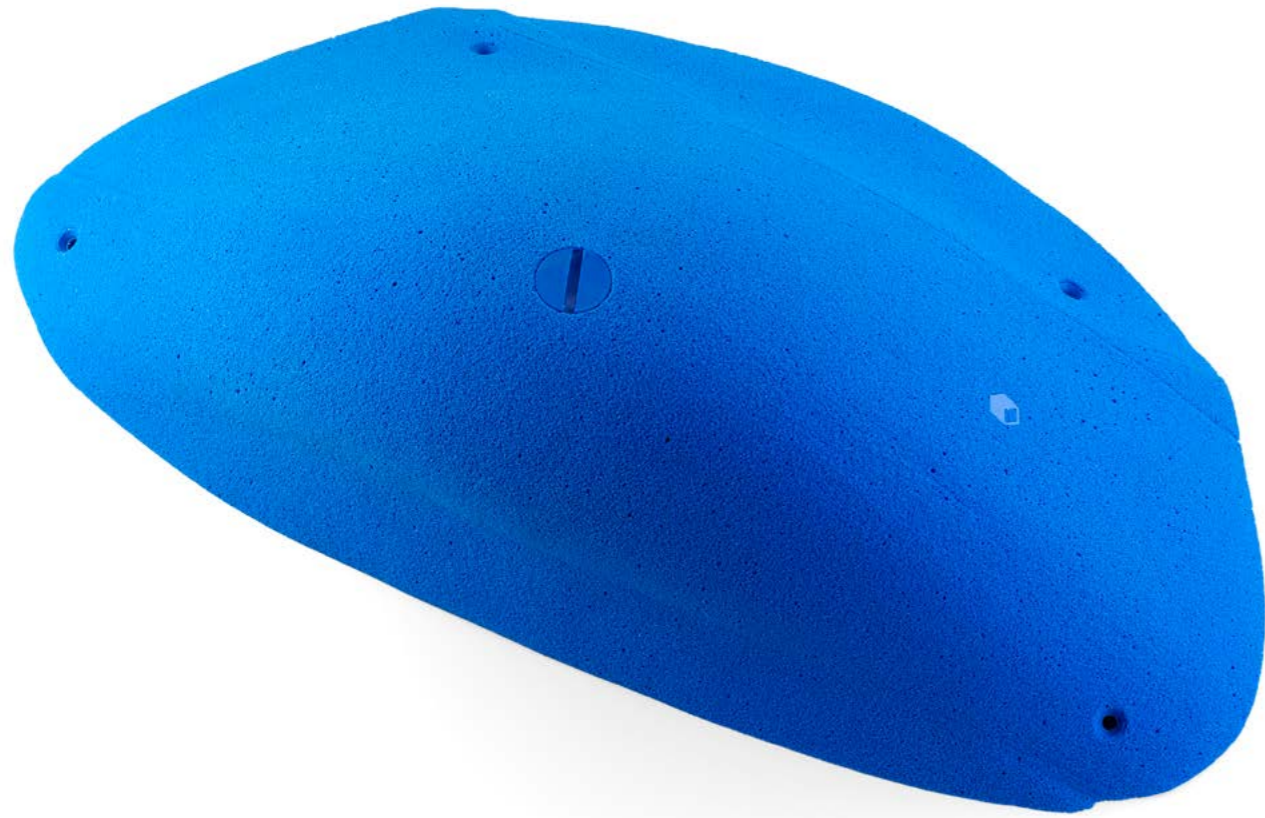


Electric Flavour

91

Holds	2
Size	XXL
Difficulty	Hard
Reference	EF1

EF2



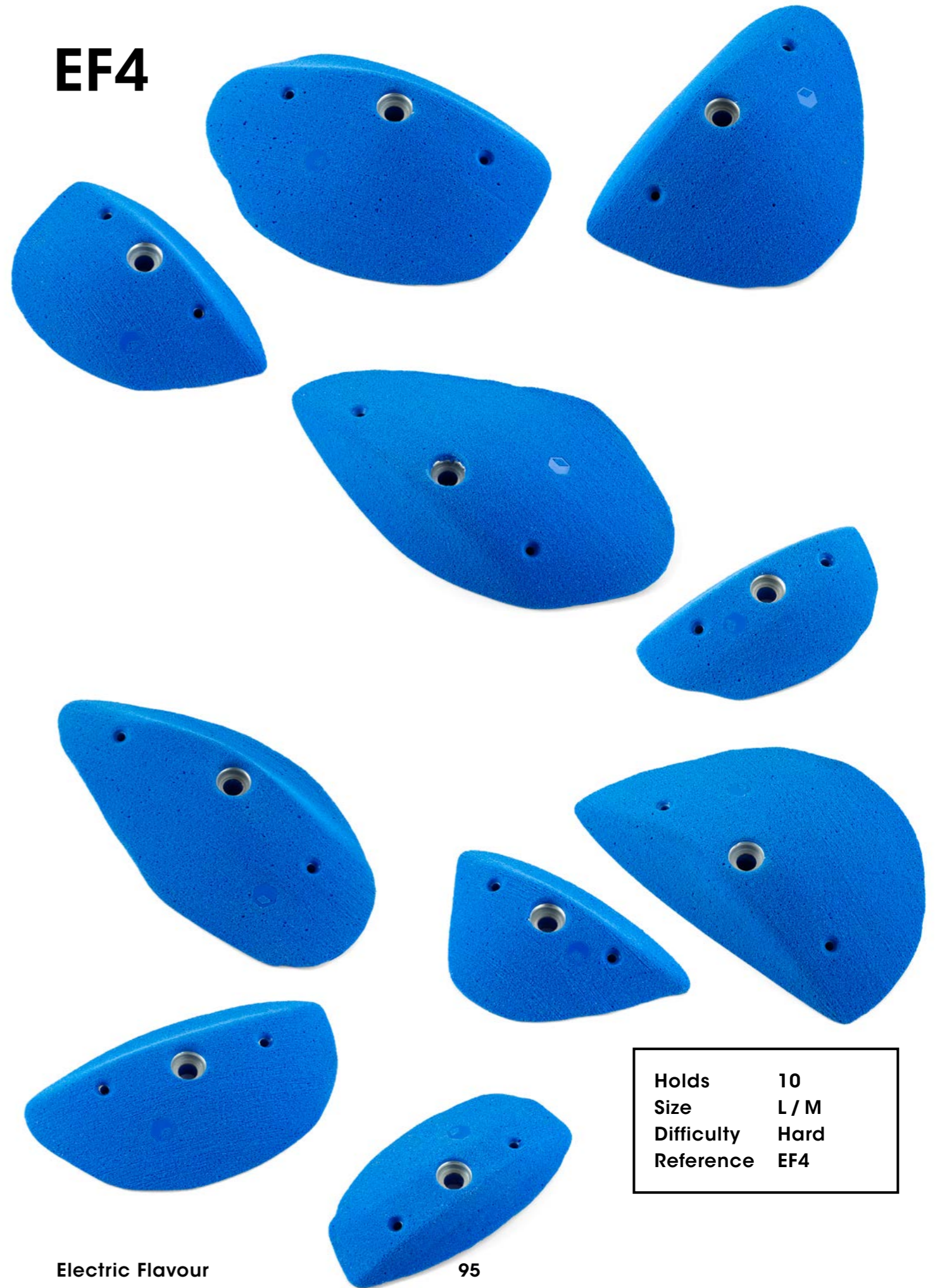
Holds	4
Size	XXL
Difficulty	Hard
Reference	EF2

EF3



Holds	5
Size	XL
Difficulty	Hard
Reference	EF3

EF4



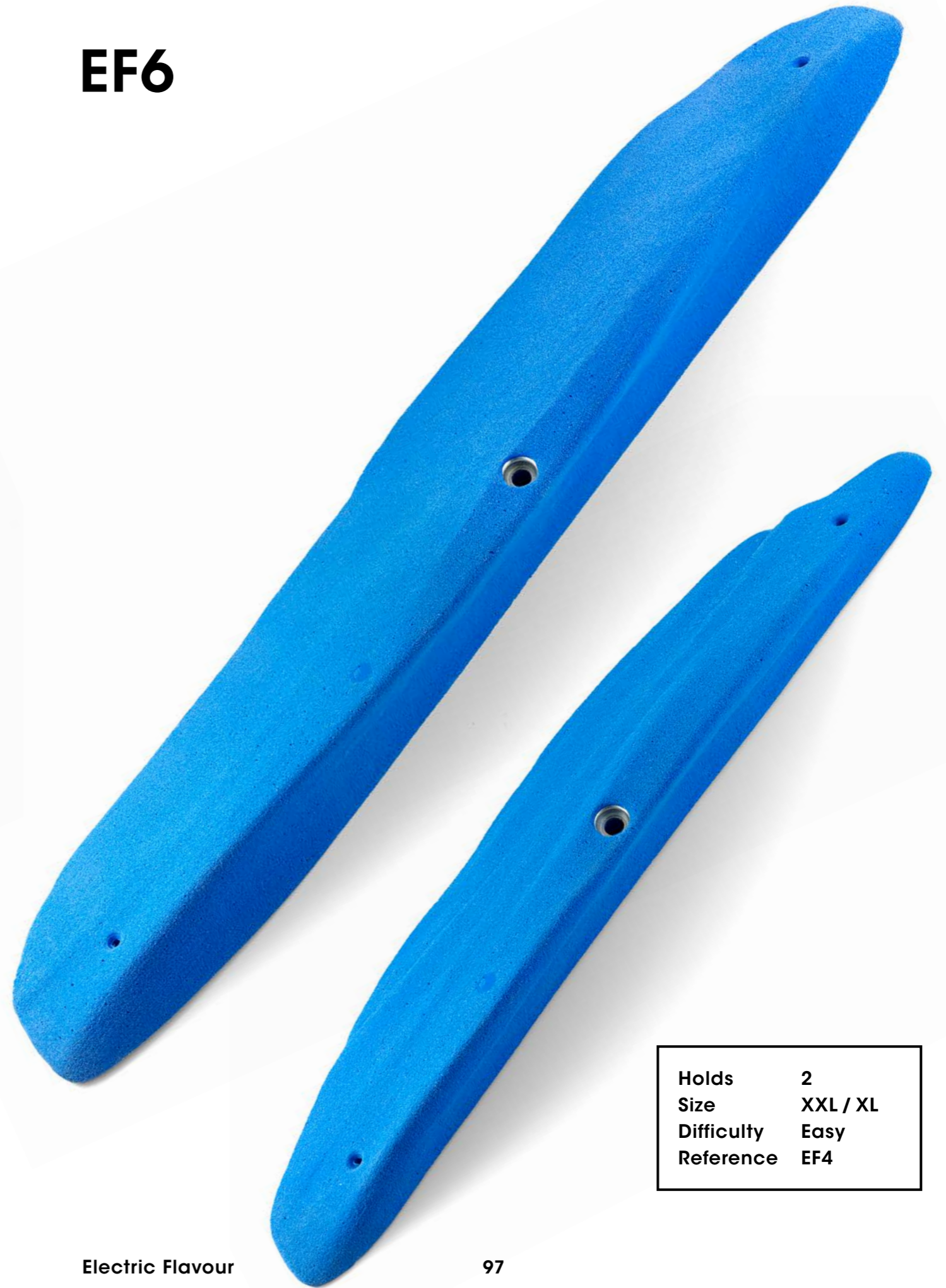
Holds	10
Size	L / M
Difficulty	Hard
Reference	EF4

EF5



Hold	1
Size	XXL
Difficulty	Easy
Reference	EF5

EF6



Holds	2
Size	XXL / XL
Difficulty	Easy
Reference	EF4

EF7



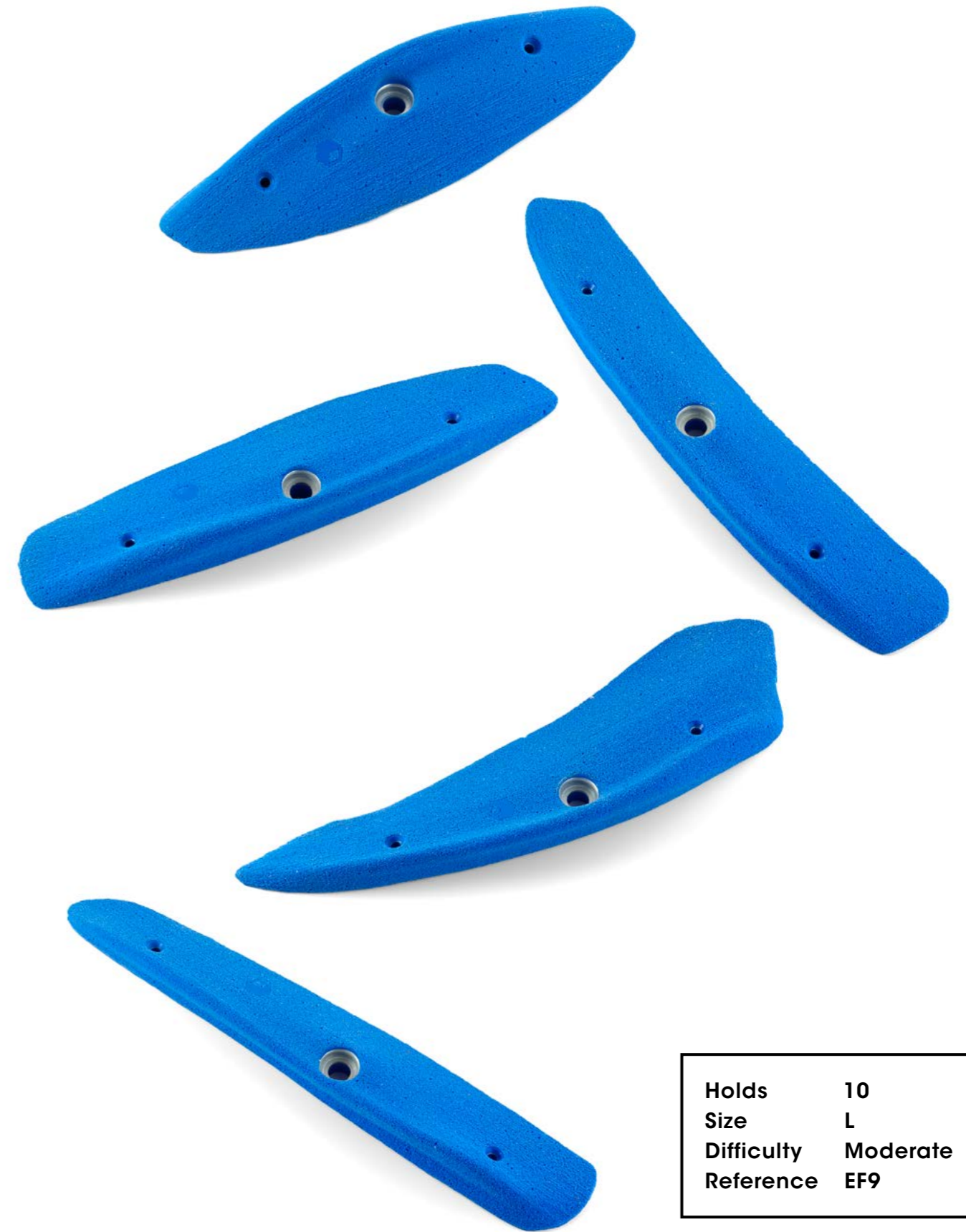
Holds	4
Size	XL
Difficulty	Hard
Reference	EF7

EF8



Holds	4
Size	L
Difficulty	Moderate
Reference	EF8

EF9



Holds	10
Size	L
Difficulty	Moderate
Reference	EF9

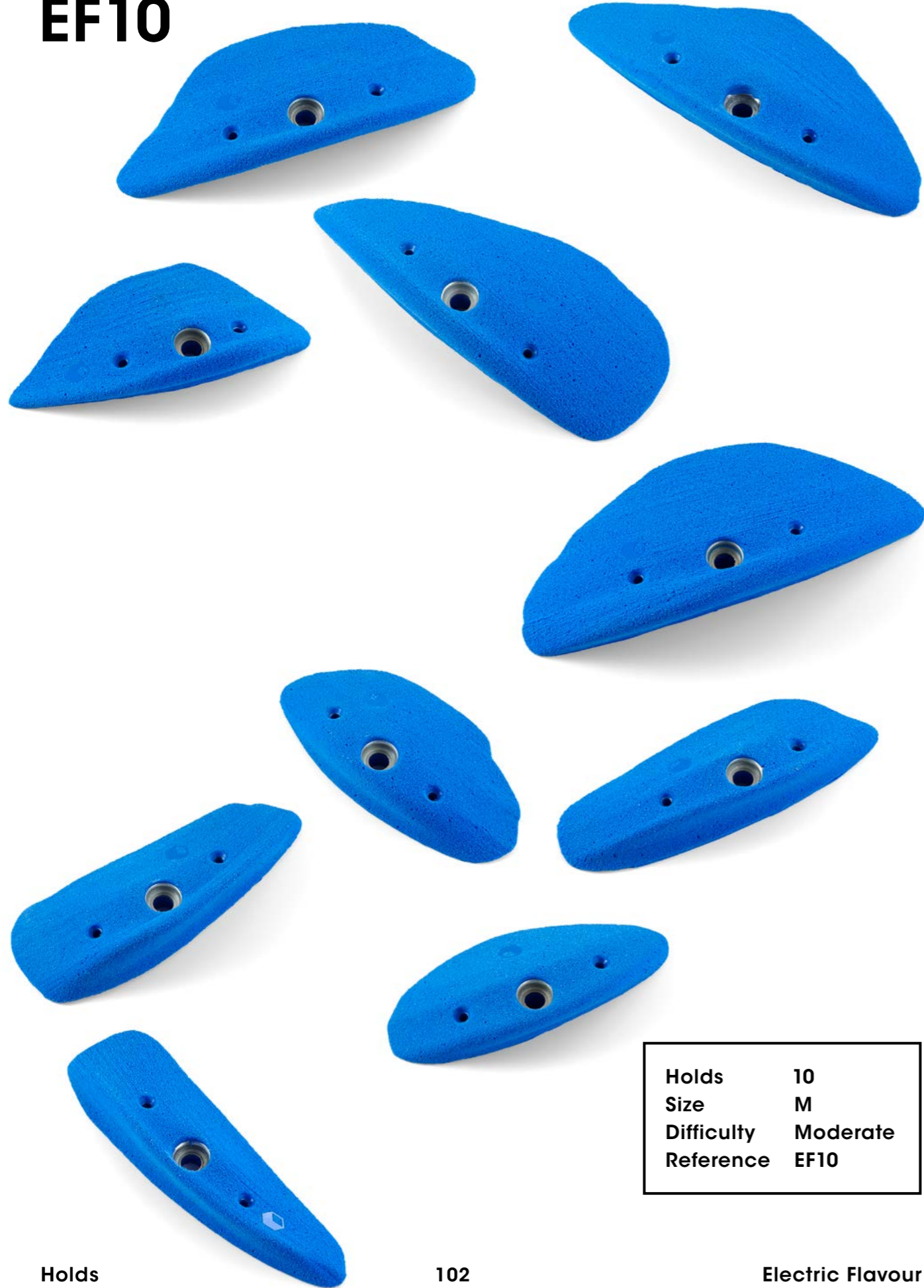
Holds

100

Electric Flavour

101

EF10



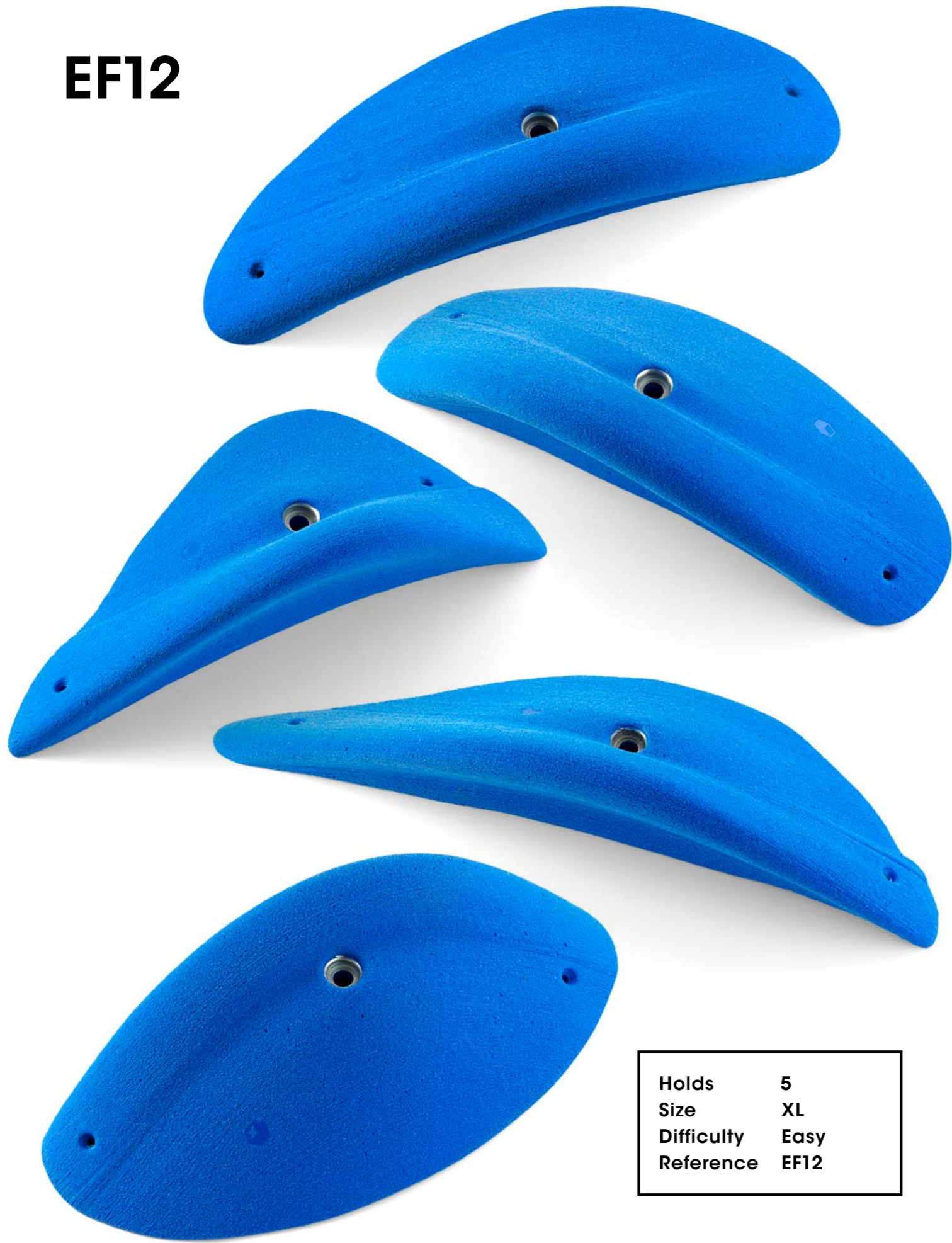
Holds	10
Size	M
Difficulty	Moderate
Reference	EF10

EF11



Holds	5
Size	XXL
Difficulty	Easy
Reference	EF11

EF12

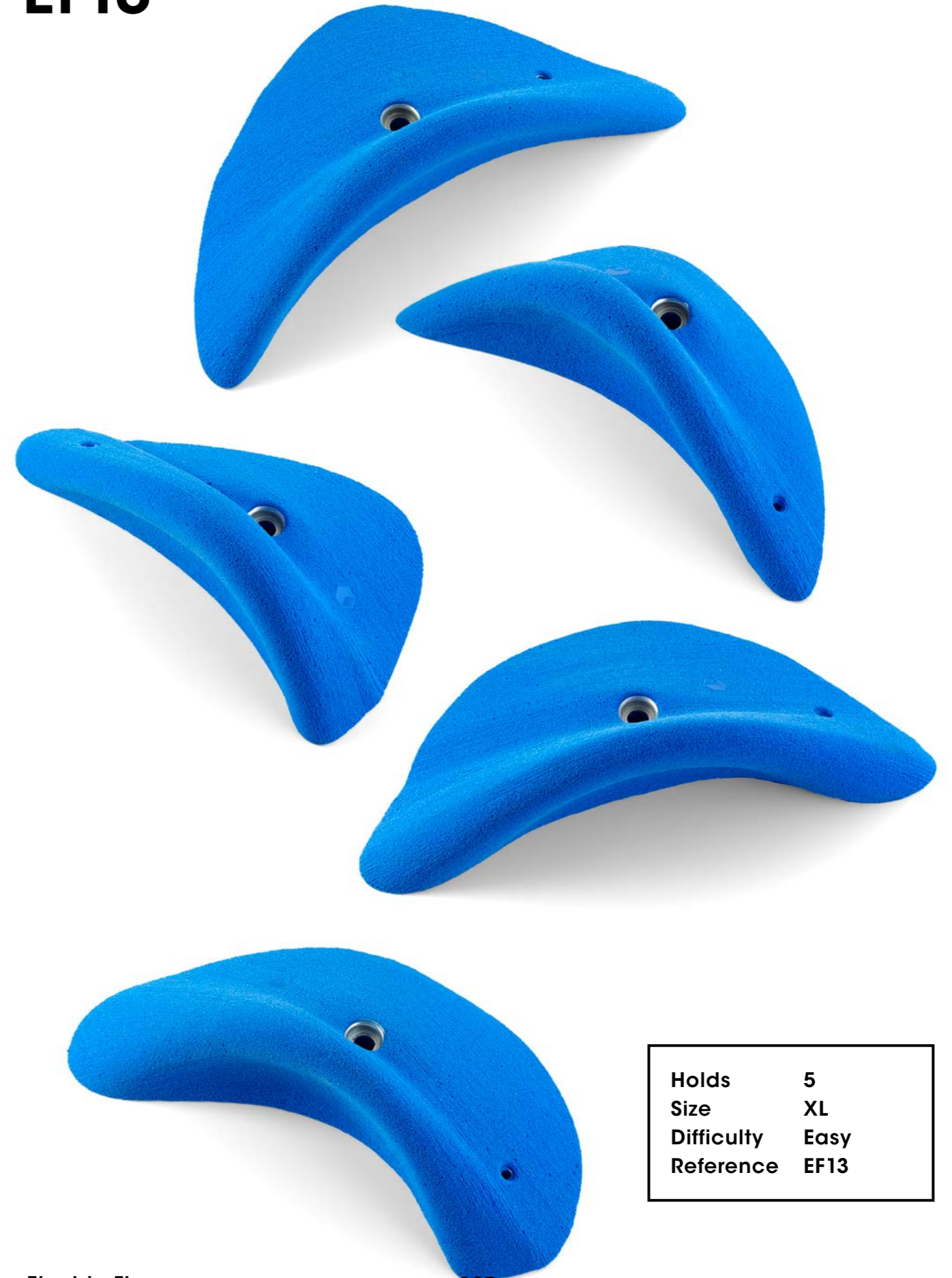


Holds	5
Size	XL
Difficulty	Easy
Reference	EF12

Holds

106

EF13

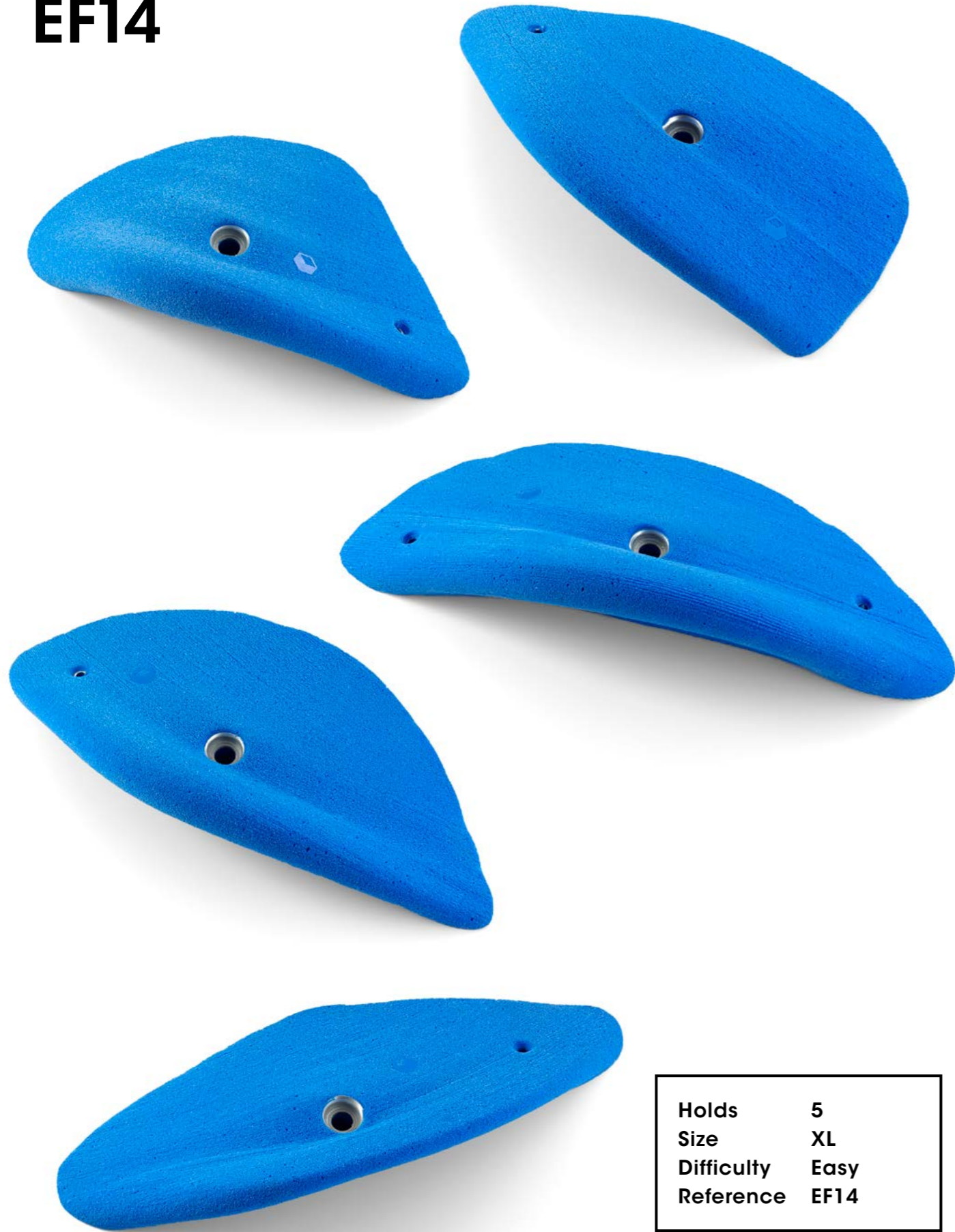


Holds	5
Size	XL
Difficulty	Easy
Reference	EF13

Electric Flavour

107

EF14

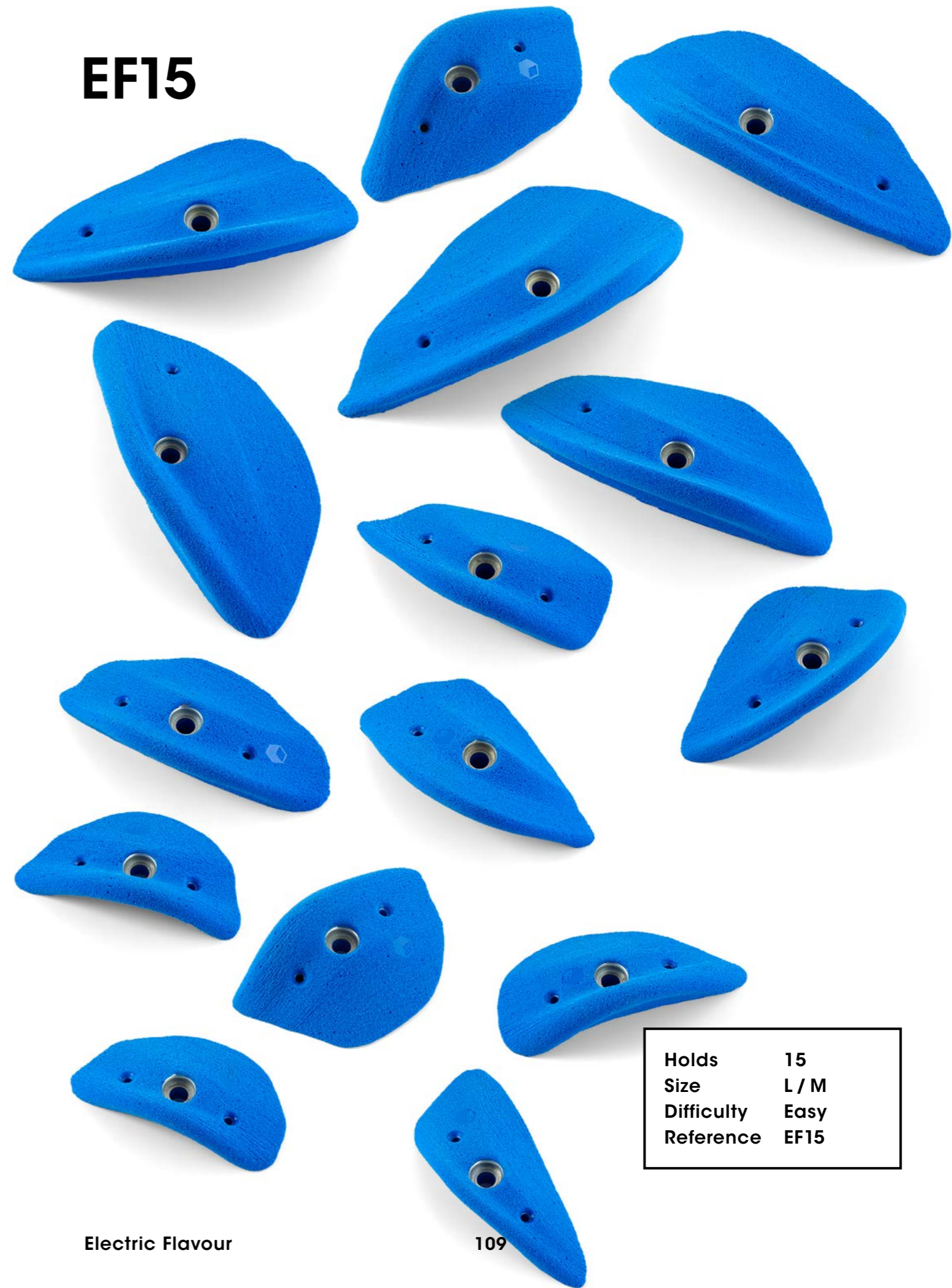


Holds	5
Size	XL
Difficulty	Easy
Reference	EF14

Holds

108

EF15



Holds	15
Size	L / M
Difficulty	Easy
Reference	EF15

Electric Flavour

109

EF16

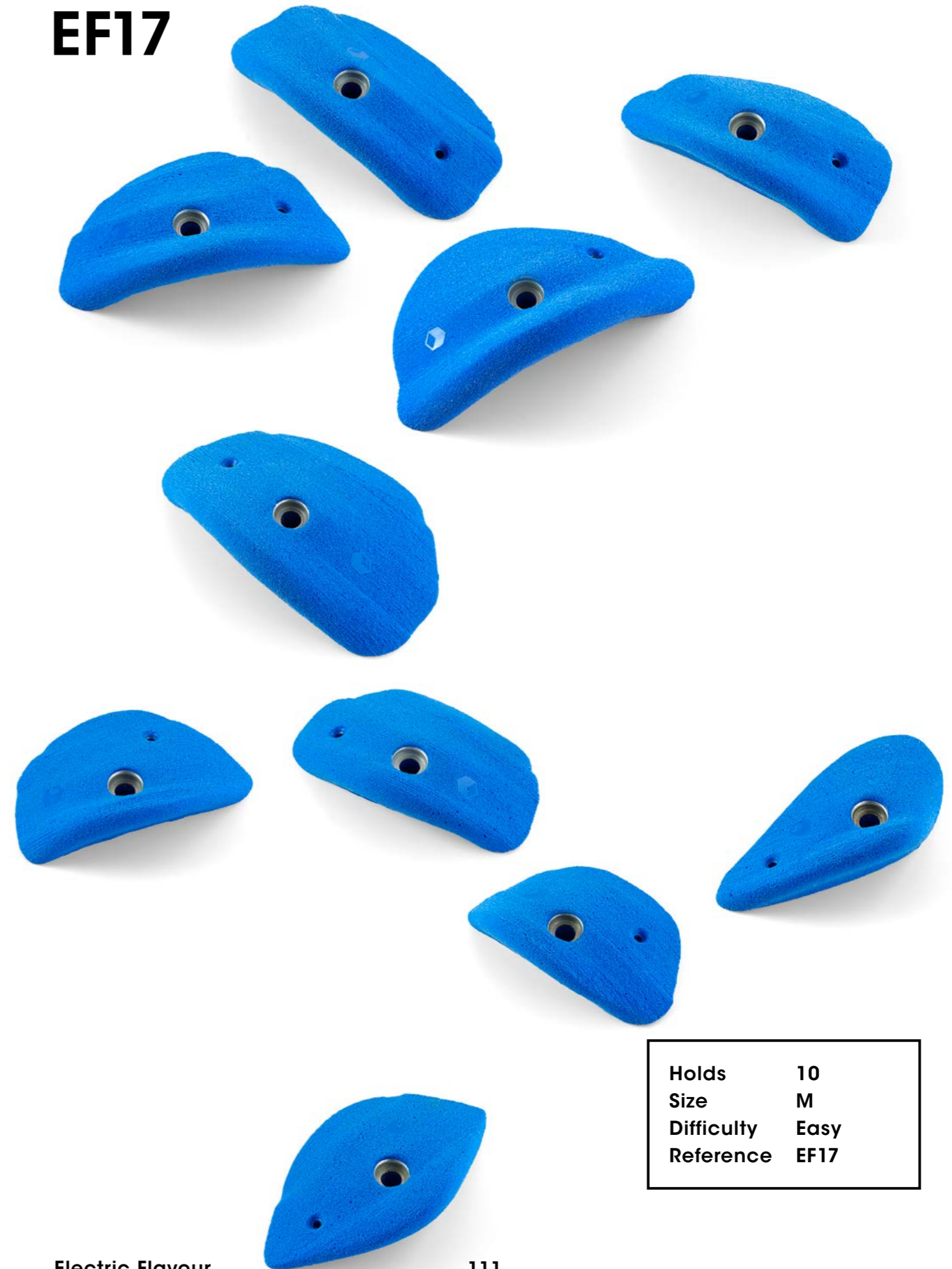


Holds	15
Size	L / M
Difficulty	Moderate
Reference	EF16

Holds

110

EF17

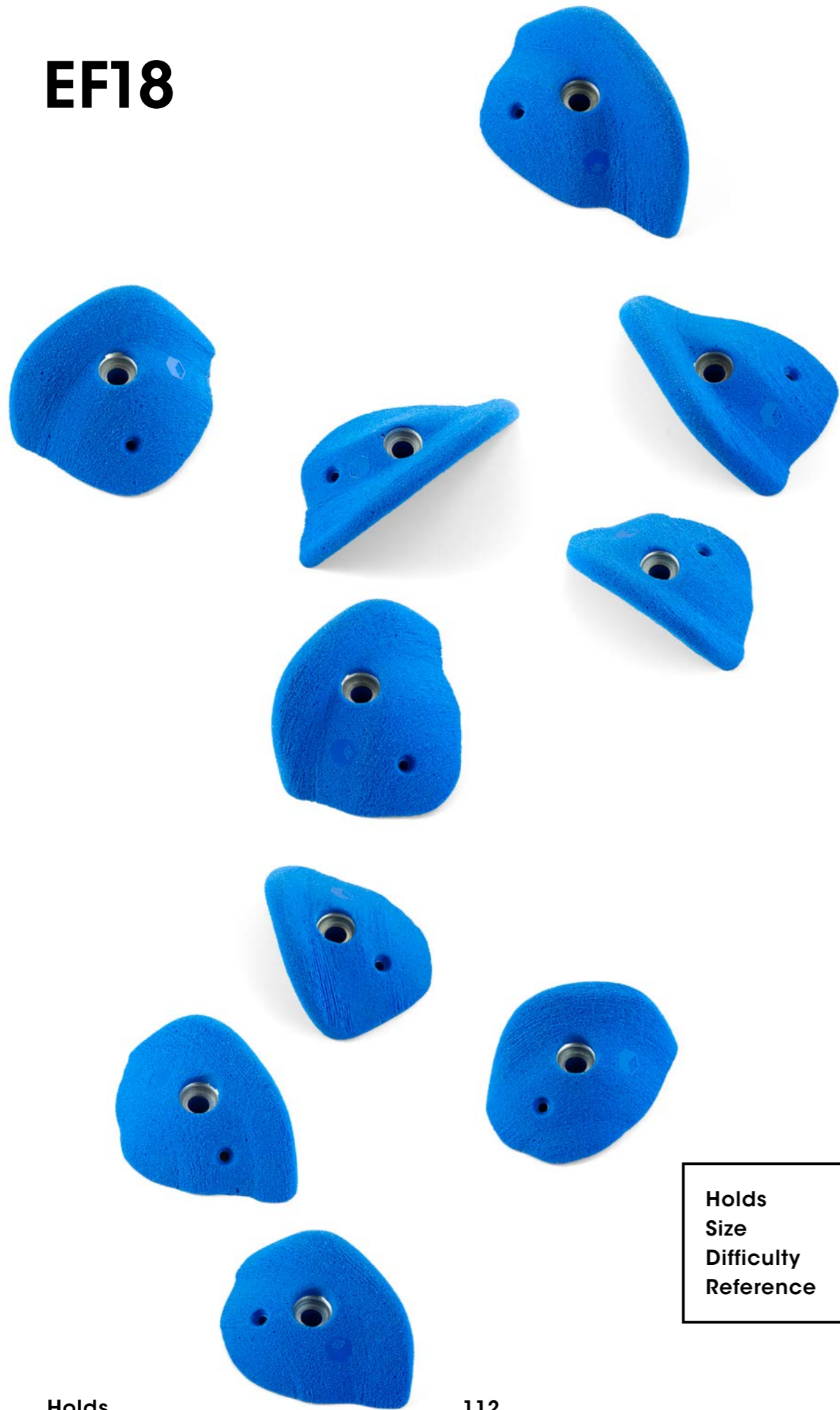


Holds	10
Size	M
Difficulty	Easy
Reference	EF17

Electric Flavour

111

EF18

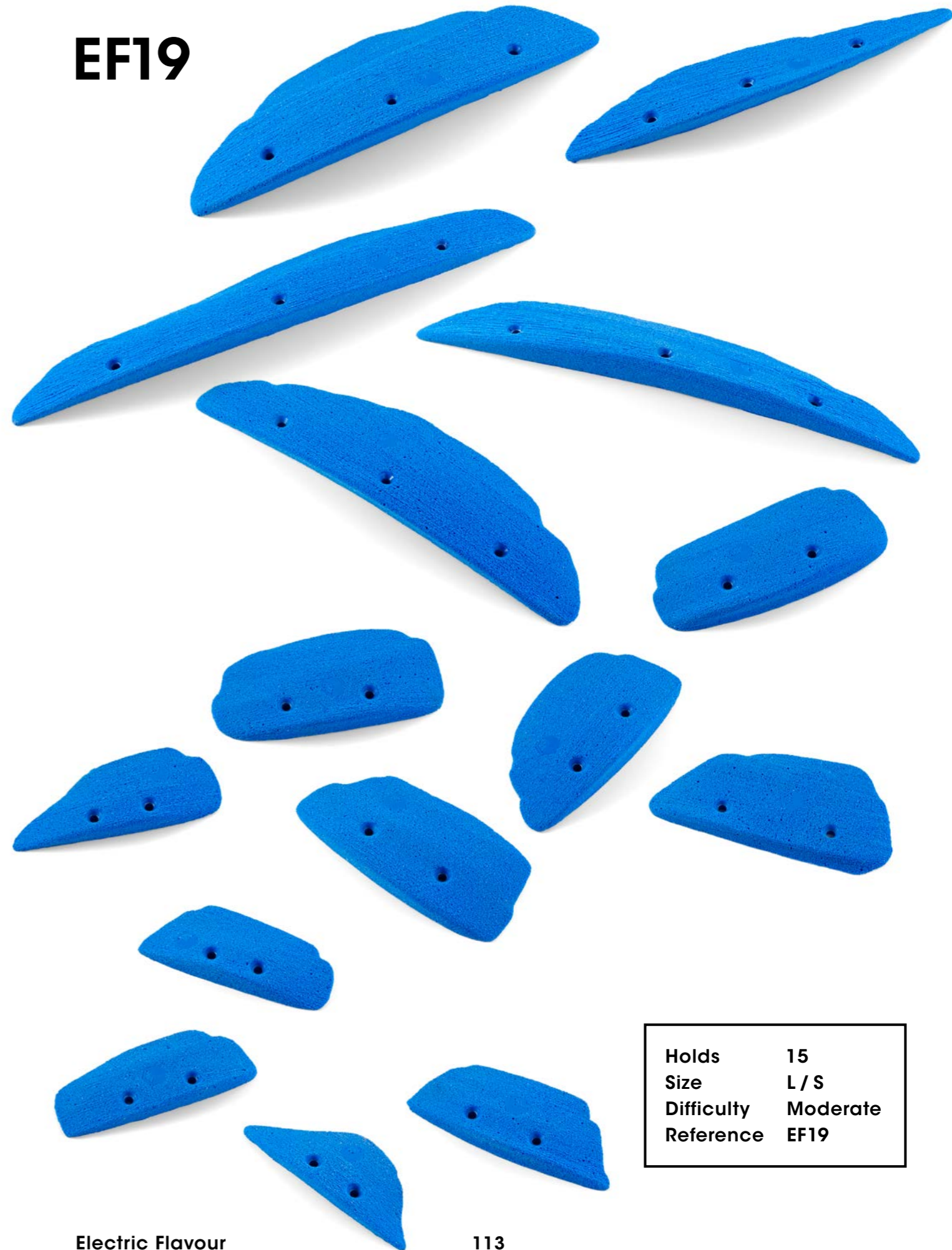


Holds	10
Size	M
Difficulty	Easy
Reference	EF18

Holds

112

EF19



Holds	15
Size	L / S
Difficulty	Moderate
Reference	EF19

Electric Flavour

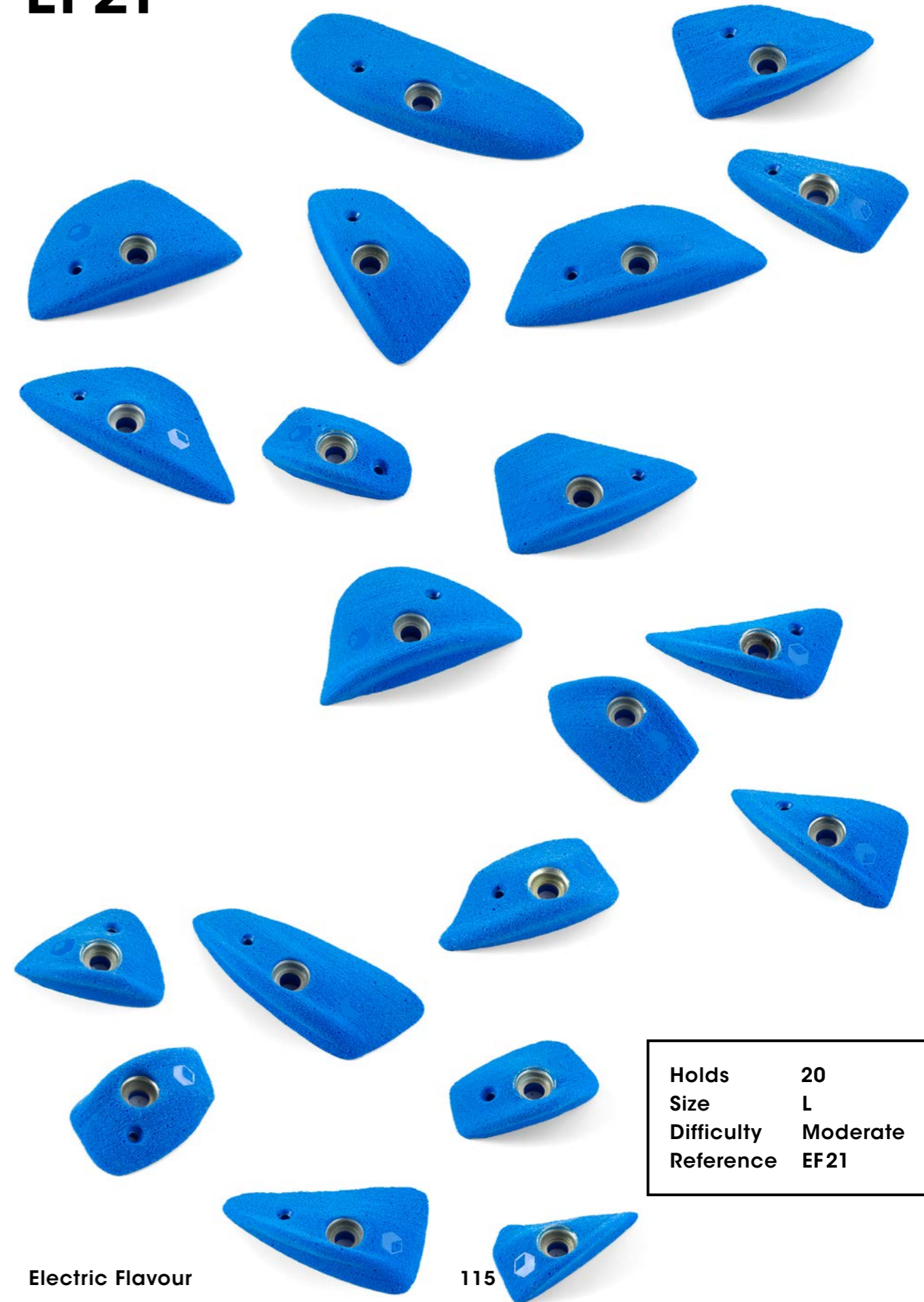
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EF20



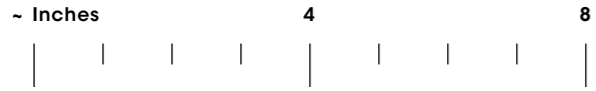
Holds	20
Size	M / S
Difficulty	Easy
Reference	EF20

EF21



Holds	20
Size	L
Difficulty	Moderate
Reference	EF21

Damage Control



DC1



Holds	2
Size	XXXL / XXL
Difficulty	Medium
Reference	DC1

DC2



Holds	4
Size	XXL
Difficulty	Medium
Reference	DC2

DC3



Holds	5
Size	XXL / L
Difficulty	Hard
Reference	DC3

DC4



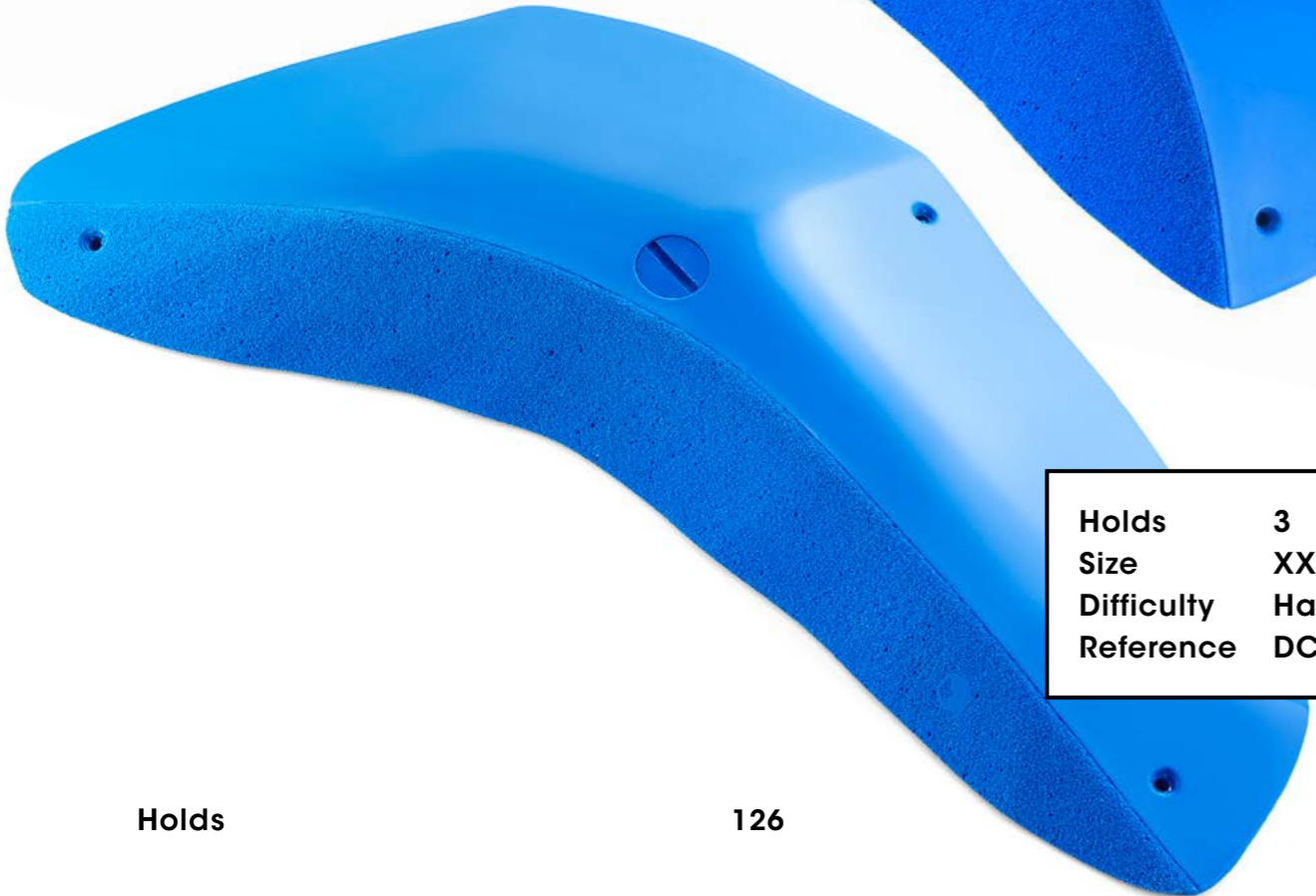
Holds	5
Size	XL
Difficulty	Moderate
Reference	DC4

DC5



Holds	3
Size	XXXL / XXL
Difficulty	Moderate
Reference	DC5

DC6



Holds	3
Size	XXL / XL
Difficulty	Hard
Reference	DC6

DC7



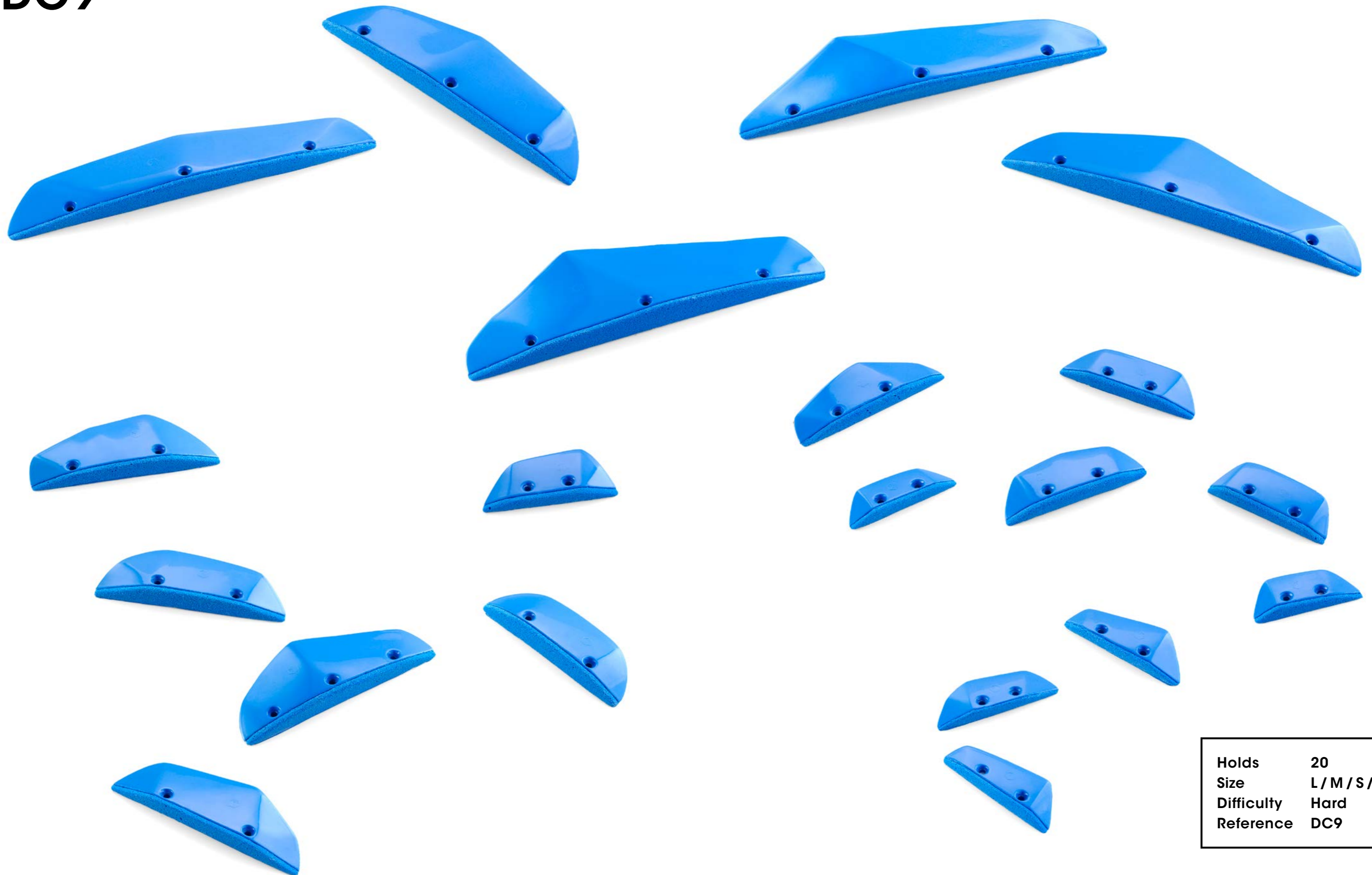
Holds	3
Size	XXL
Difficulty	Hard
Reference	DC7

DC8



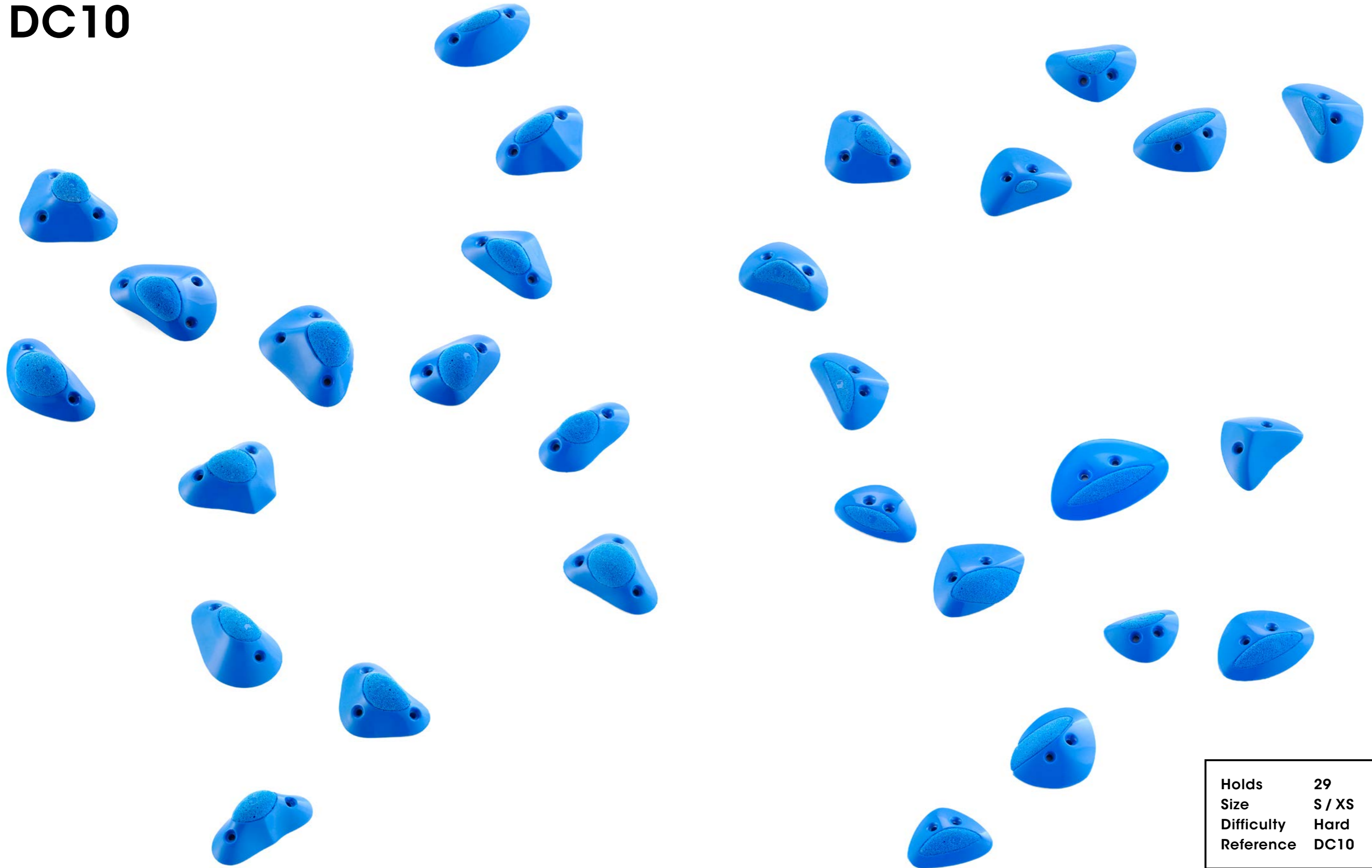
Hold	2
Size	XXL / XL
Difficulty	Hard
Reference	DC8

DC9



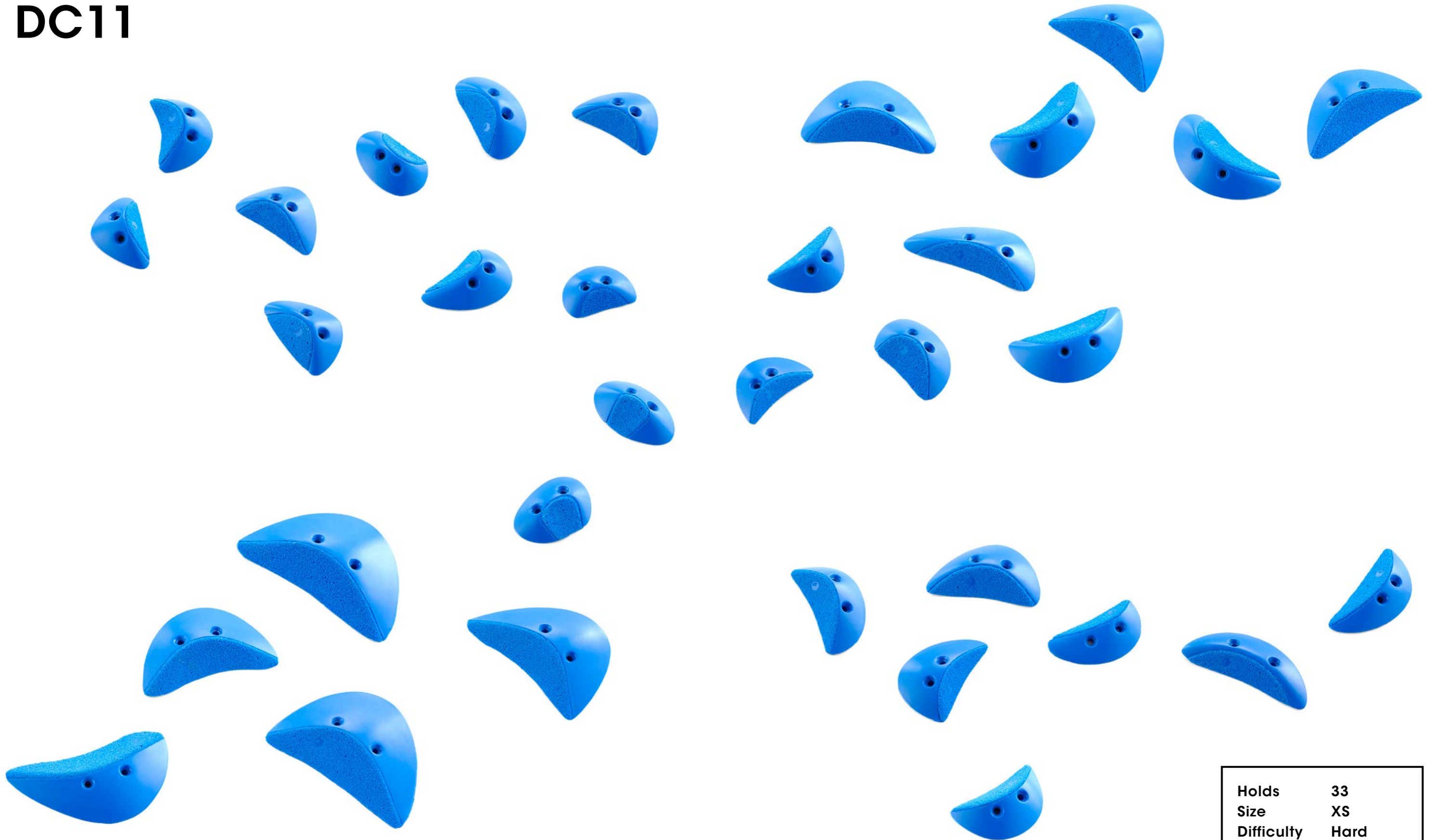
Holds	20
Size	L / M / S / XS
Difficulty	Hard
Reference	DC9

DC10



Holds	29
Size	S / XS
Difficulty	Hard
Reference	DC10

DC11



Holds	33
Size	XS
Difficulty	Hard
Reference	DC11

DC12



Holds	2
Size	XXXL
Difficulty	Moderate
Reference	DC12

DC13



Holds	3
Size	XXL
Difficulty	Easy
Reference	DC13

DC14



Holds	3
Size	XXL
Difficulty	Easy
Reference	DC14

DC15



Holds	3
Size	XXXL
Difficulty	Moderate
Reference	DC15

Holds

142

Damage Control

143

DC16



Holds

144

Damage Control

145

Holds	3
Size	XXXL
Difficulty	Moderate
Reference	DC16

DC17



Holds	3
Size	XXL
Difficulty	Moderate
Reference	DC17

Holds

146

Damage Control

147

DC18



Holds	3
Size	XXL
Difficulty	Easy
Reference	DC18

DC19



Holds	3
Size	XXL
Difficulty	Moderate
Reference	DC19

DC21



Holds	3
Size	XXXL
Difficulty	Easy
Reference	DC21

DC22



Holds	2
Size	XXL
Difficulty	Moderate
Reference	DC22

DC23



Holds	12
Size	XL
Difficulty	Moderate
Reference	DC23

DC24



Holds	1
Size	XXXL
Difficulty	Easy
Reference	DC24

DC25



Holds	5
Size	XXL
Difficulty	Easy
Reference	DC25

DC26



Holds	6
Size	XL
Difficulty	Moderate
Reference	DC26

Holds

162

Damage Control

163

DC27



Holds	4
Size	XXL
Difficulty	Hard
Reference	DC27

DC28



Holds	16
Size	XL
Difficulty	Easy
Reference	DC28

DC29



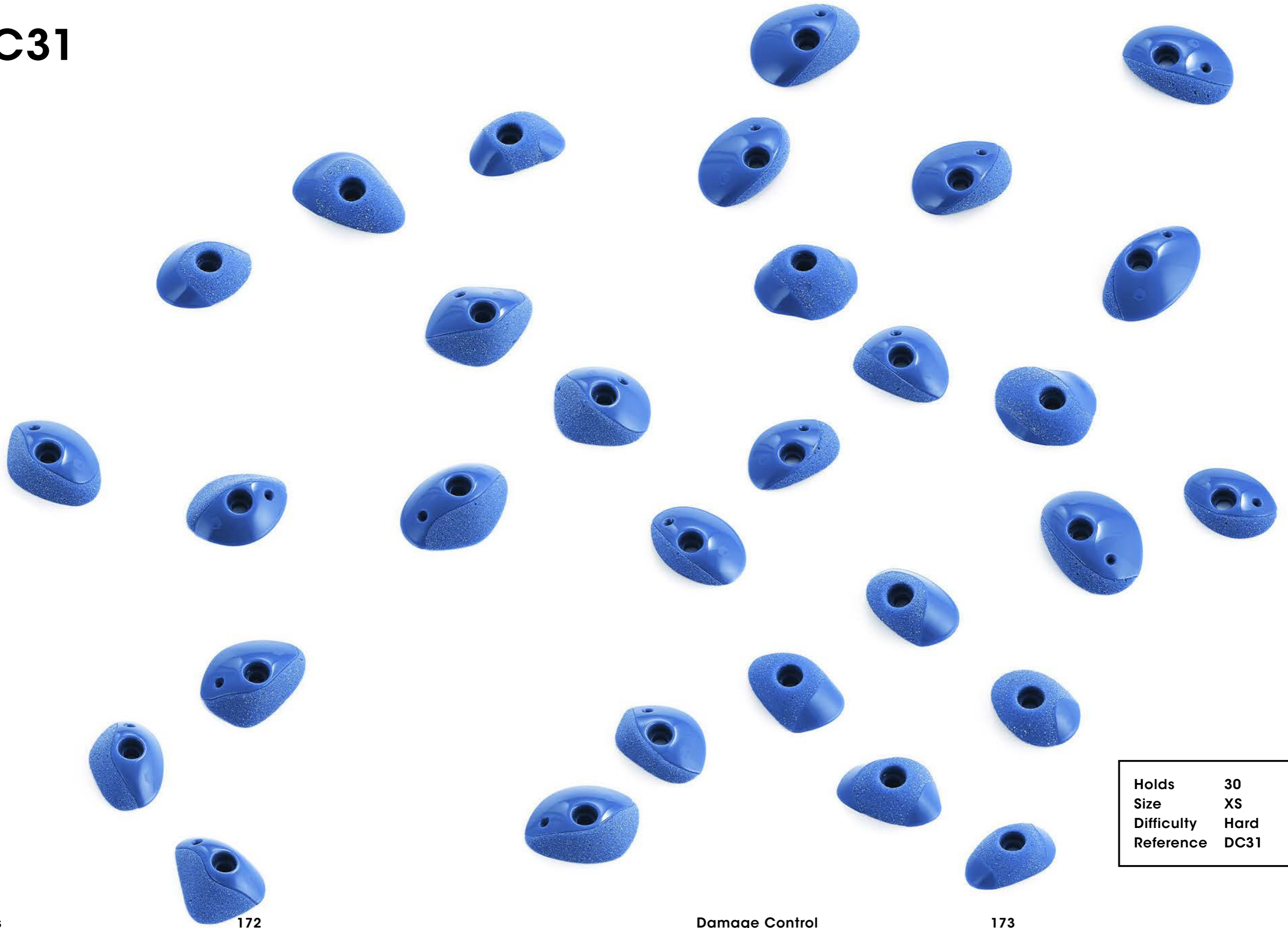
Holds	18
Size	L
Difficulty	Easy
Reference	DC29

DC30



Holds	18
Size	M
Difficulty	Moderate
Reference	DC30

DC31



Holds	30
Size	XS
Difficulty	Hard
Reference	DC31

Holds

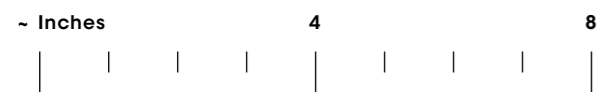
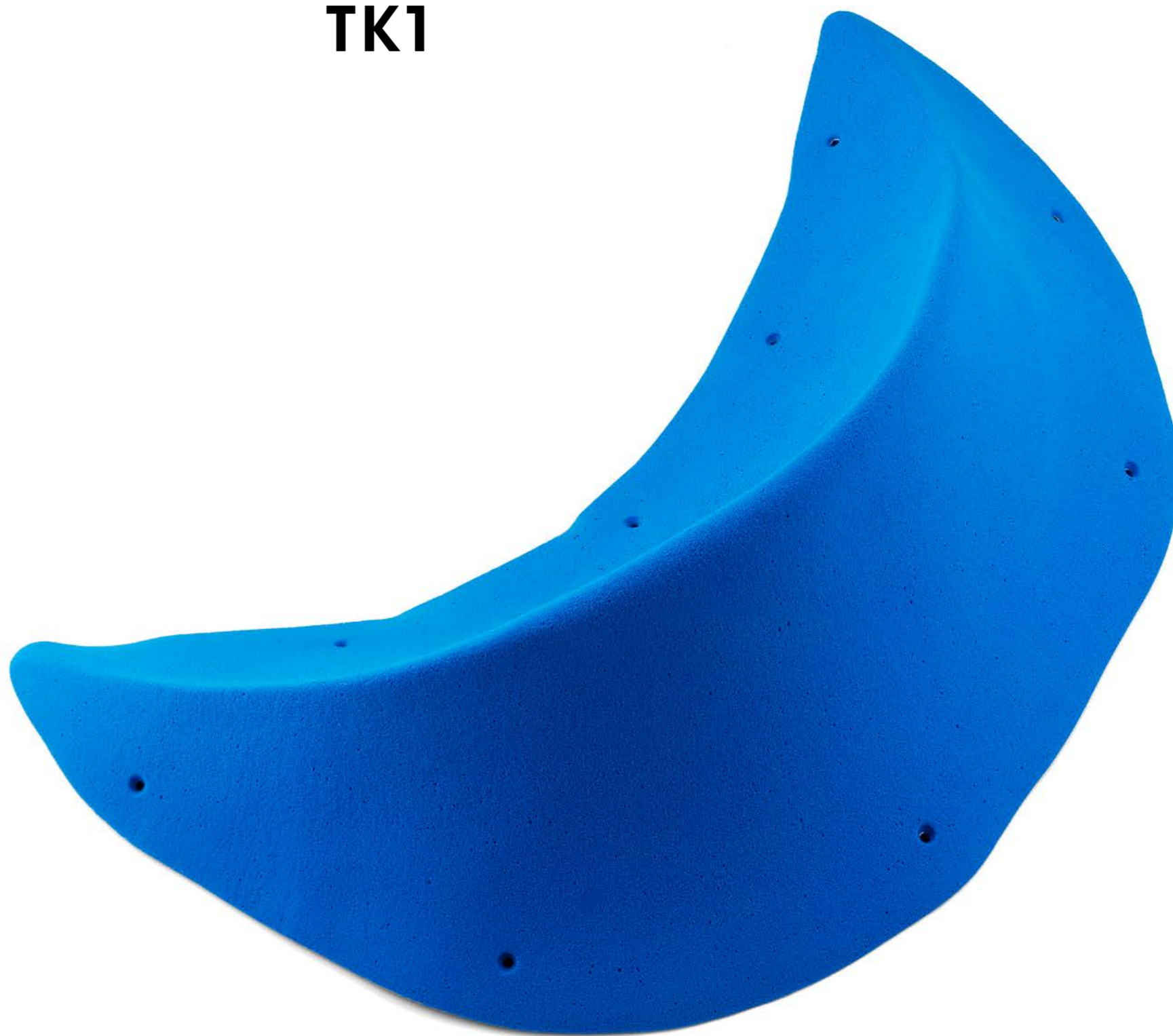
172

Damage Control

173

Tokyo 2020

TK1



Hold	1
Size	XXXL
Difficulty	Moderate
Reference	TK1

TK2



Holds	2
Size	XXL
Difficulty	Hard / Mod.
Reference	TK2

TK3



Holds	3
Size	XL
Difficulty	Moderate
Reference	TK3



TK4



Holds	3
Size	XL
Difficulty	Moderate
Reference	TK4

Holds

180

TK5

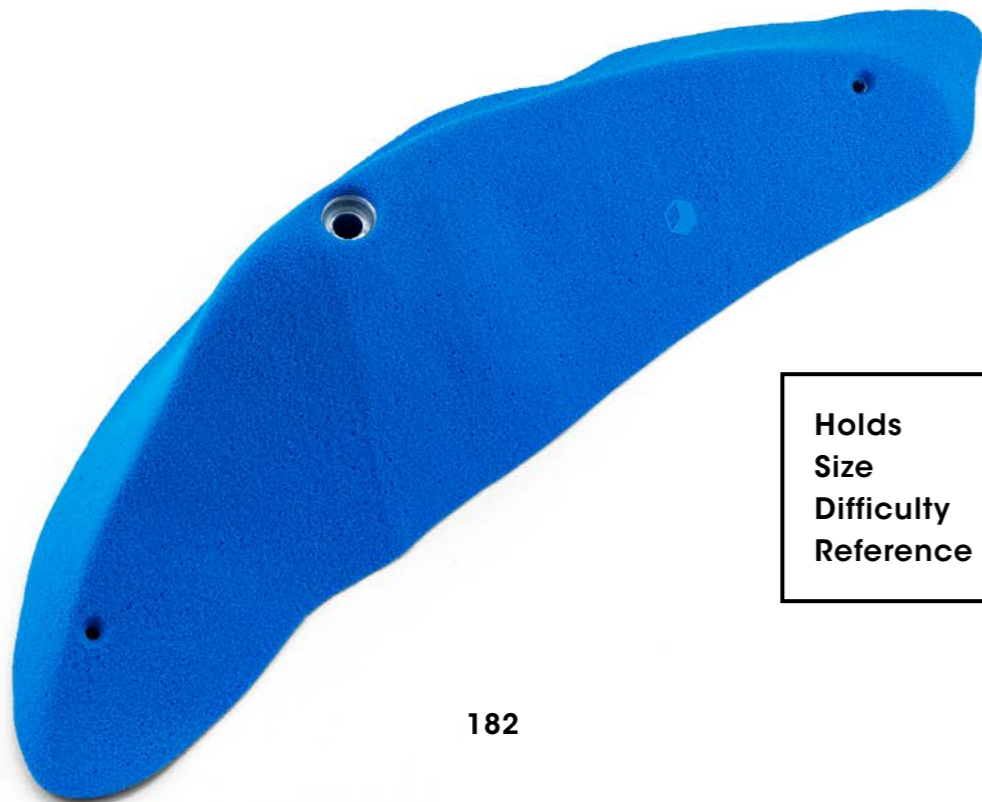


Holds	3
Size	XL
Difficulty	Hard
Reference	TK5

Tokyo 2020

181

TK6



Holds	6
Size	XL
Difficulty	Moderate
Reference	TK6

Holds

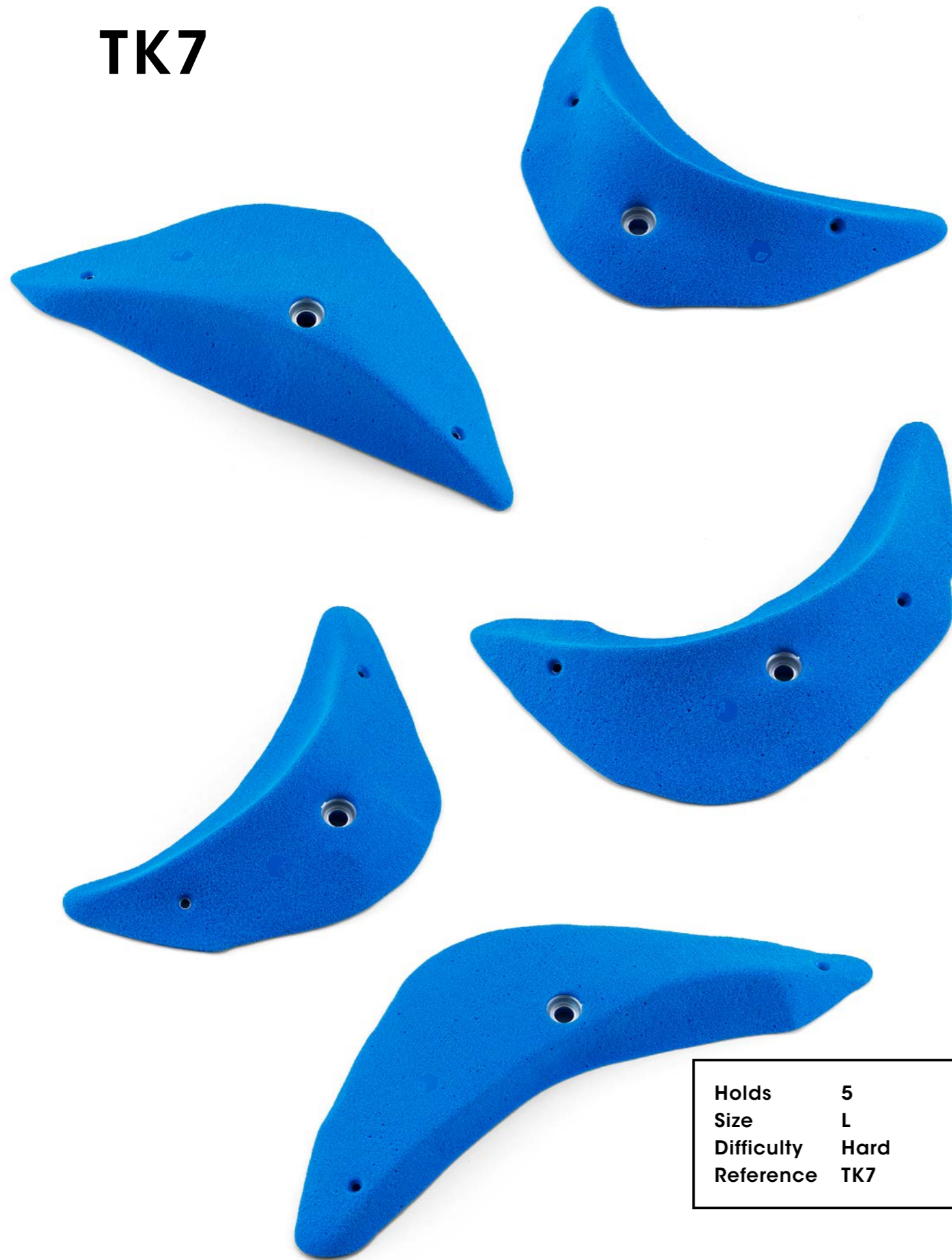
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Tokyo 2020

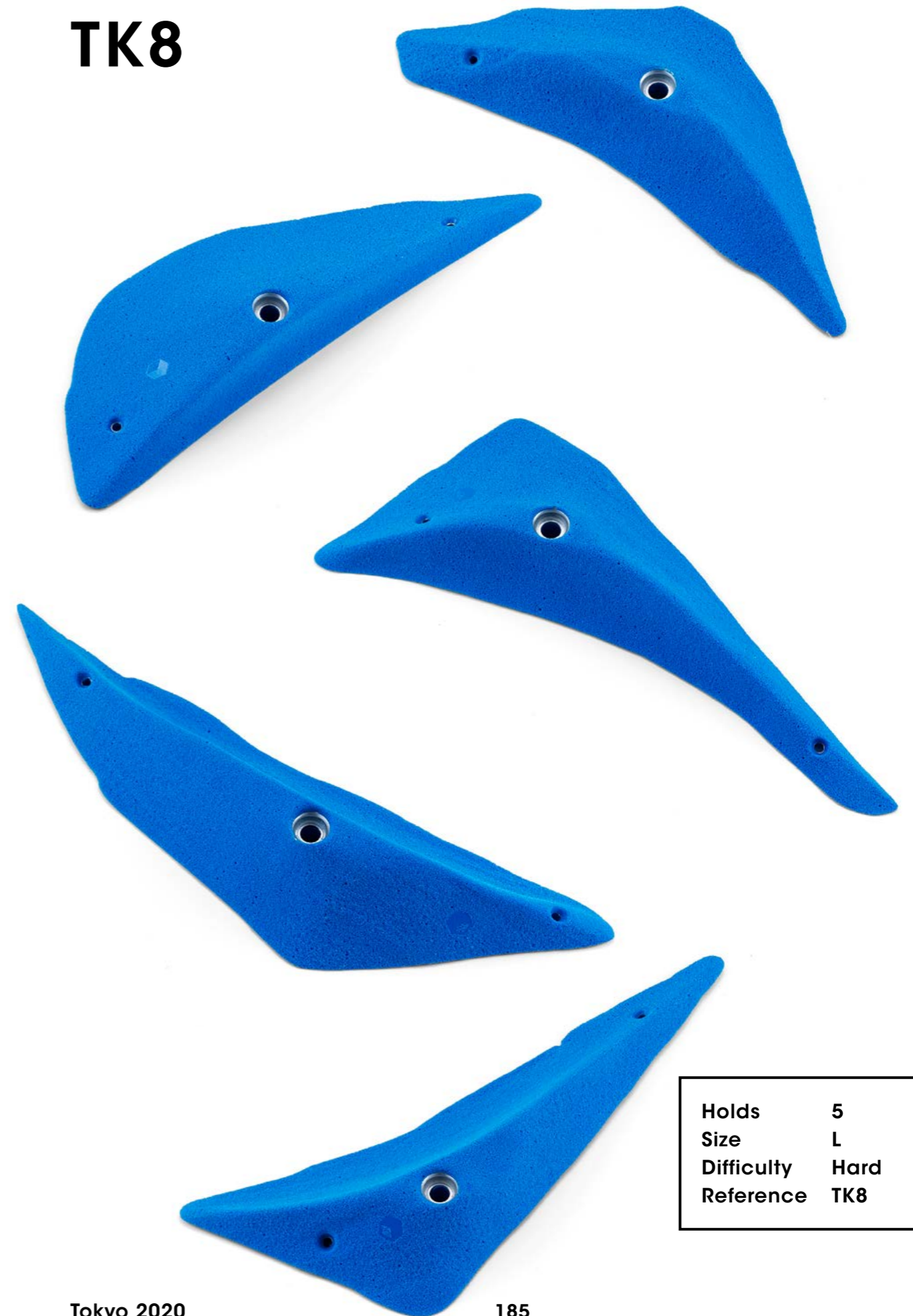
183

TK7



Holds	5
Size	L
Difficulty	Hard
Reference	TK7

TK8



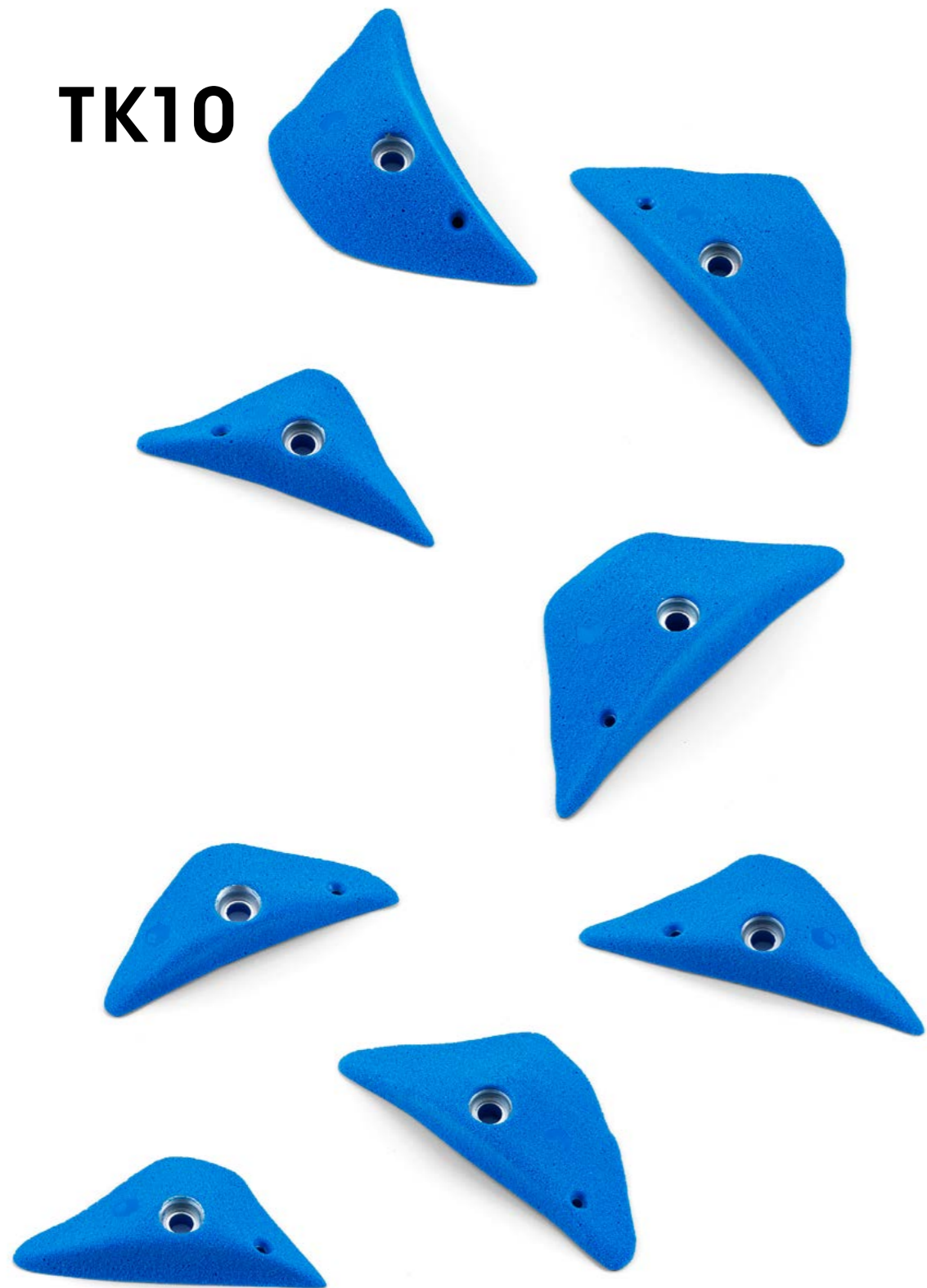
Holds	5
Size	L
Difficulty	Hard
Reference	TK8

TK9



Holds	10
Size	L
Difficulty	Mod./Hard
Reference	TK9

TK10



Holds	10
Size	M
Difficulty	Mod./Hard
Reference	TK10

Holds

188

TK11



Holds	20
Size	S/M
Difficulty	Hard
Reference	TK11

Tokyo 2020

189

TK12



Holds	15
Size	XS
Difficulty	Hard
Reference	TK12

Hyper- bole



HP



Holds	5
Size	XXL / XL
Difficulty	Hard
Reference	HP

Holds

192



Hyperbole

193



Desert Session



DS



Holds	5
Size	XXL / XL
Difficulty	Hard
Reference	DS





Schmarotzer

SZ1



Holds	5
Size	XL
Difficulty	Hard
Reference	SZ1

Slug



SL1

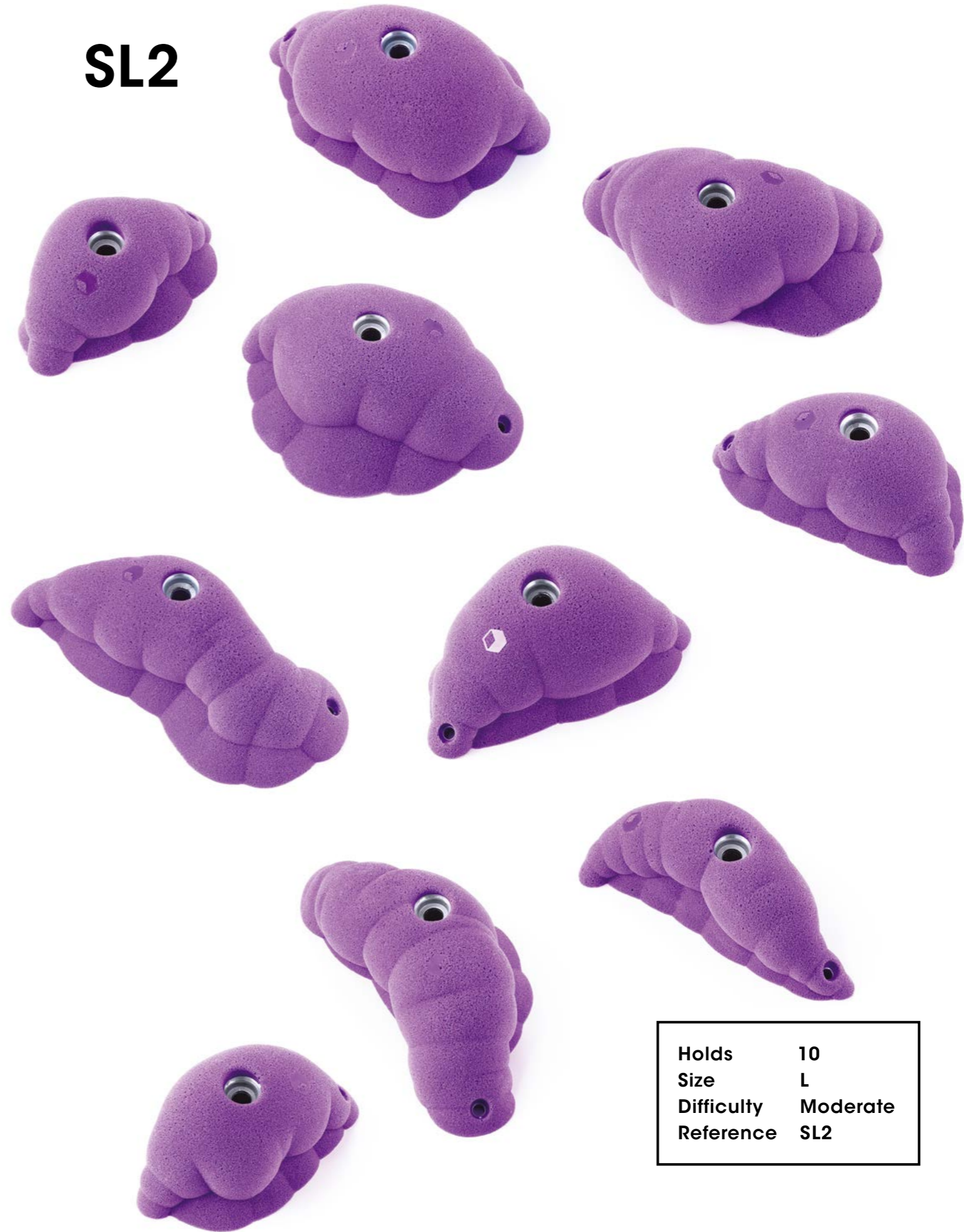


Holds

202

Hold	1
Size	XL
Difficulty	Hard
Reference	SL1

SL2

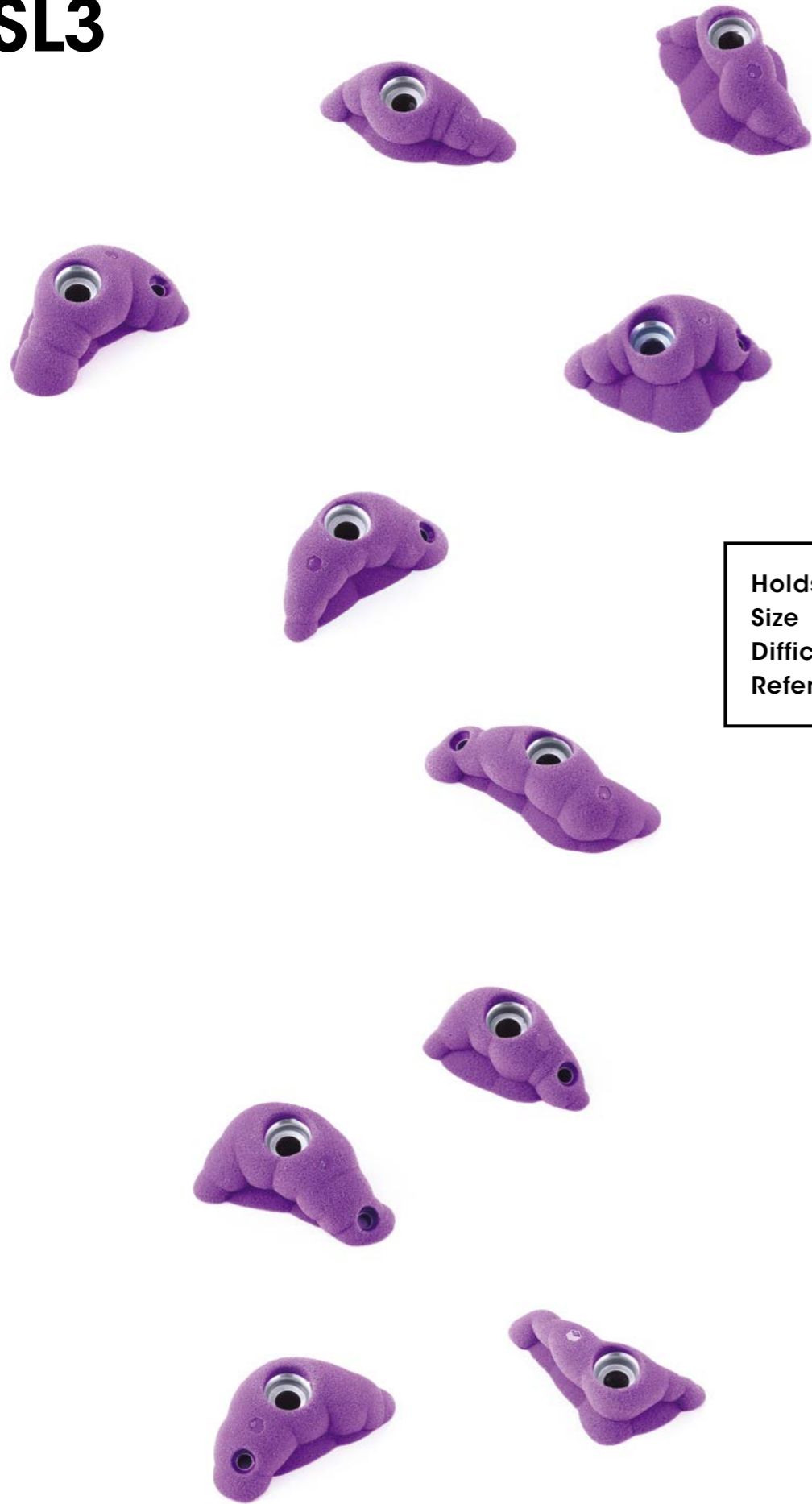


Slug

203

Holds	10
Size	L
Difficulty	Moderate
Reference	SL2

SL3



Holds	10
Size	S
Difficulty	Moderate
Reference	SL3



Organs



OR1

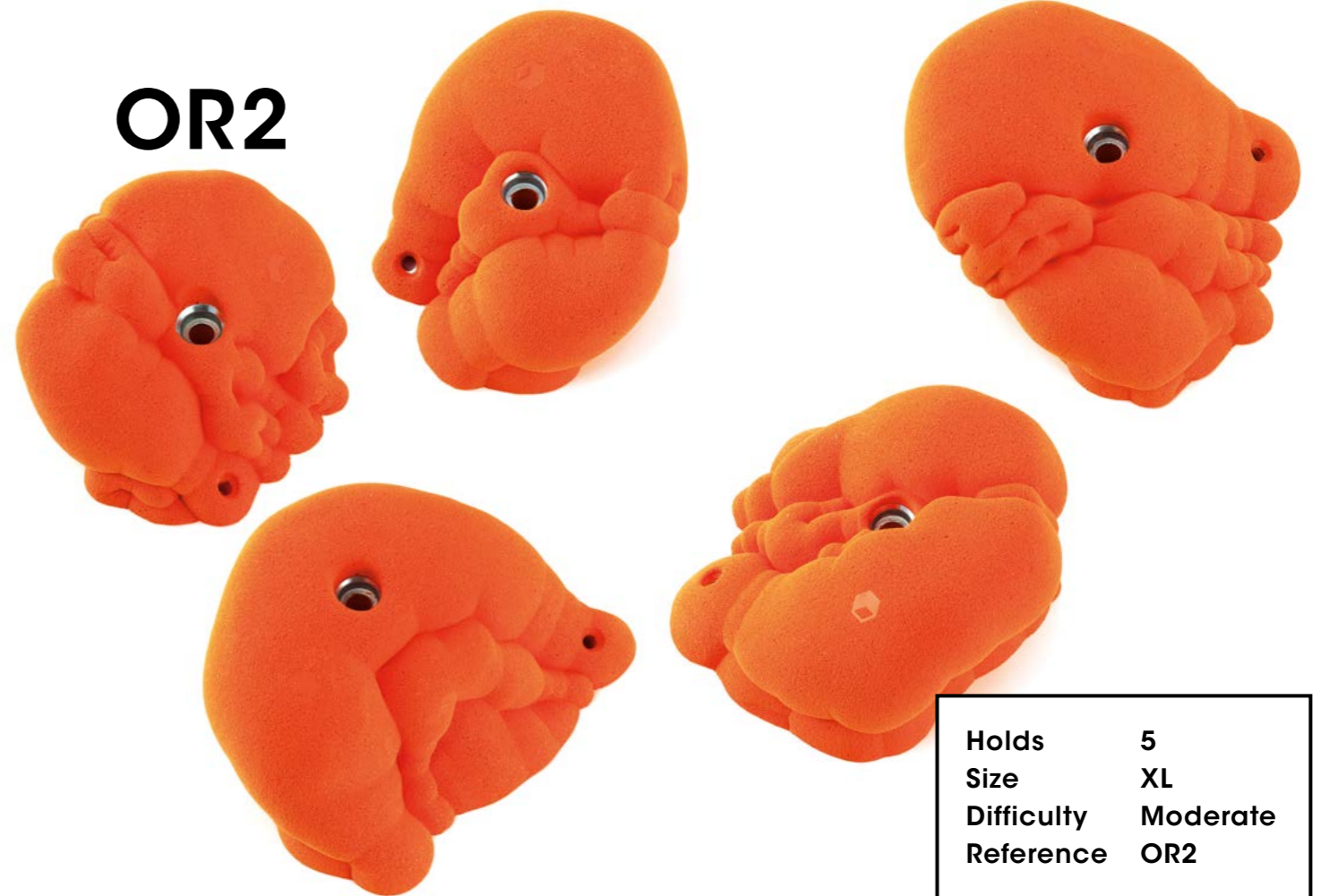


Holds	2
Size	XXL
Difficulty	Easy
Reference	OR1

Holds

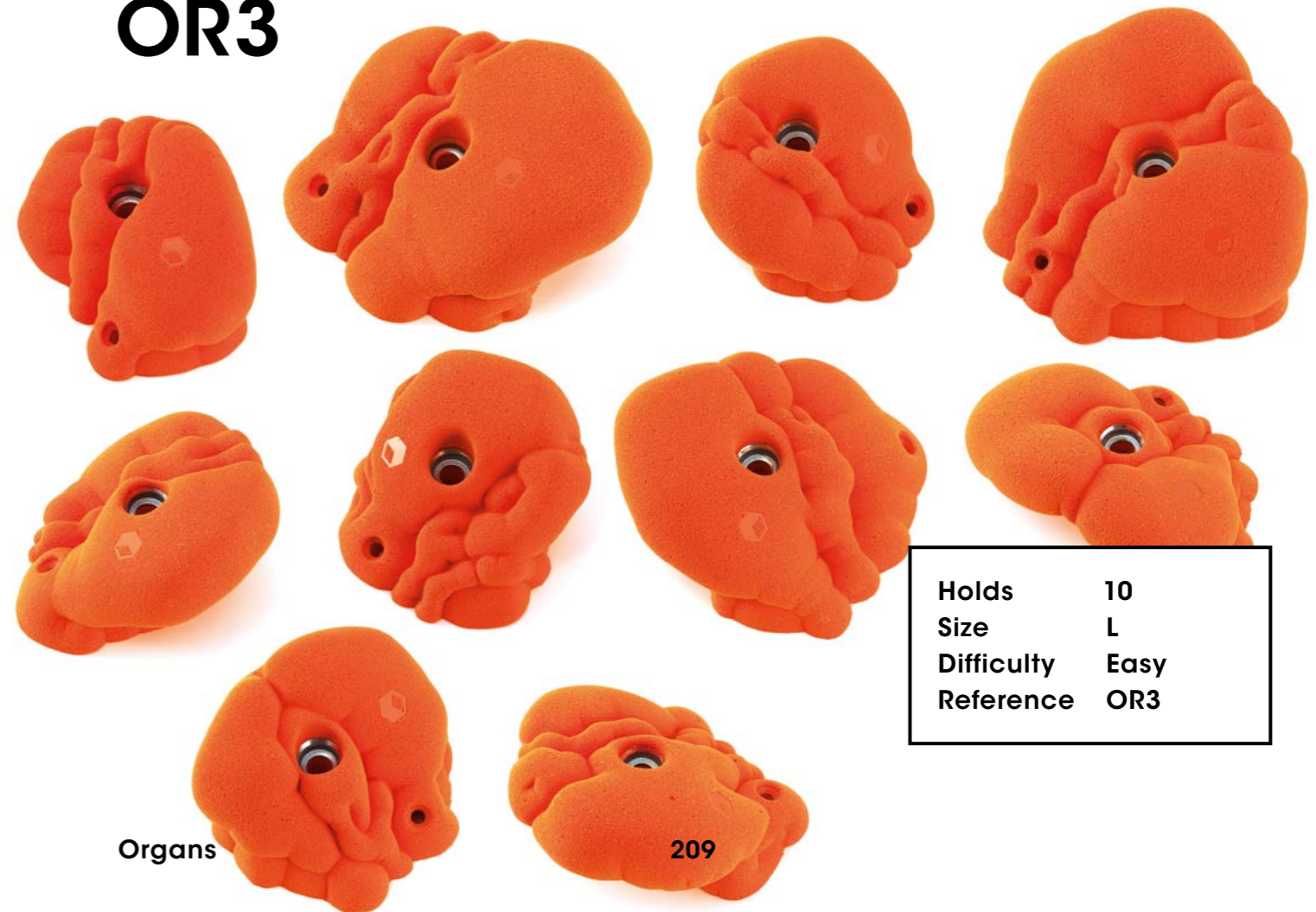
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OR2



Holds	5
Size	XL
Difficulty	Moderate
Reference	OR2

OR3

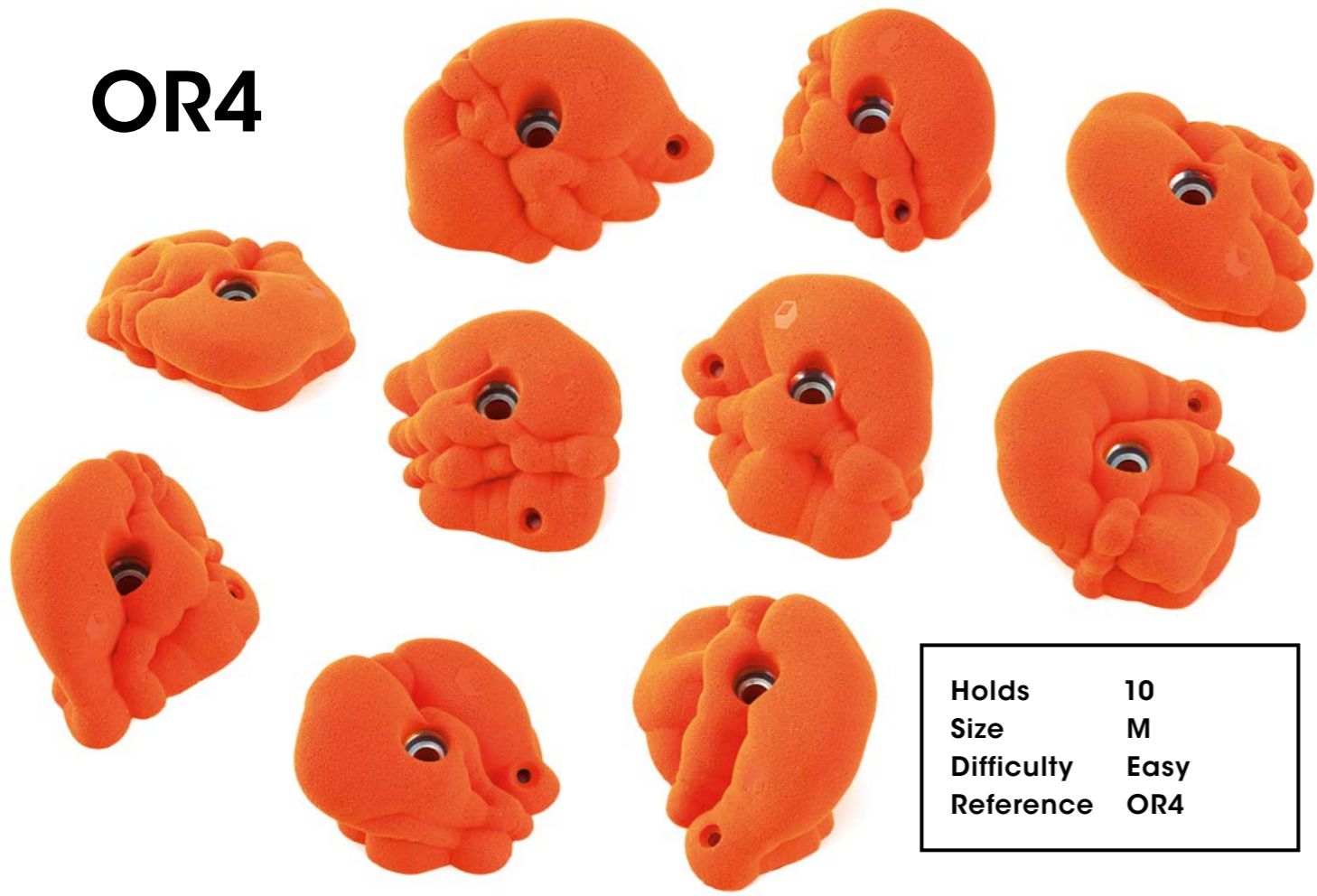


Holds	10
Size	L
Difficulty	Easy
Reference	OR3

Organs

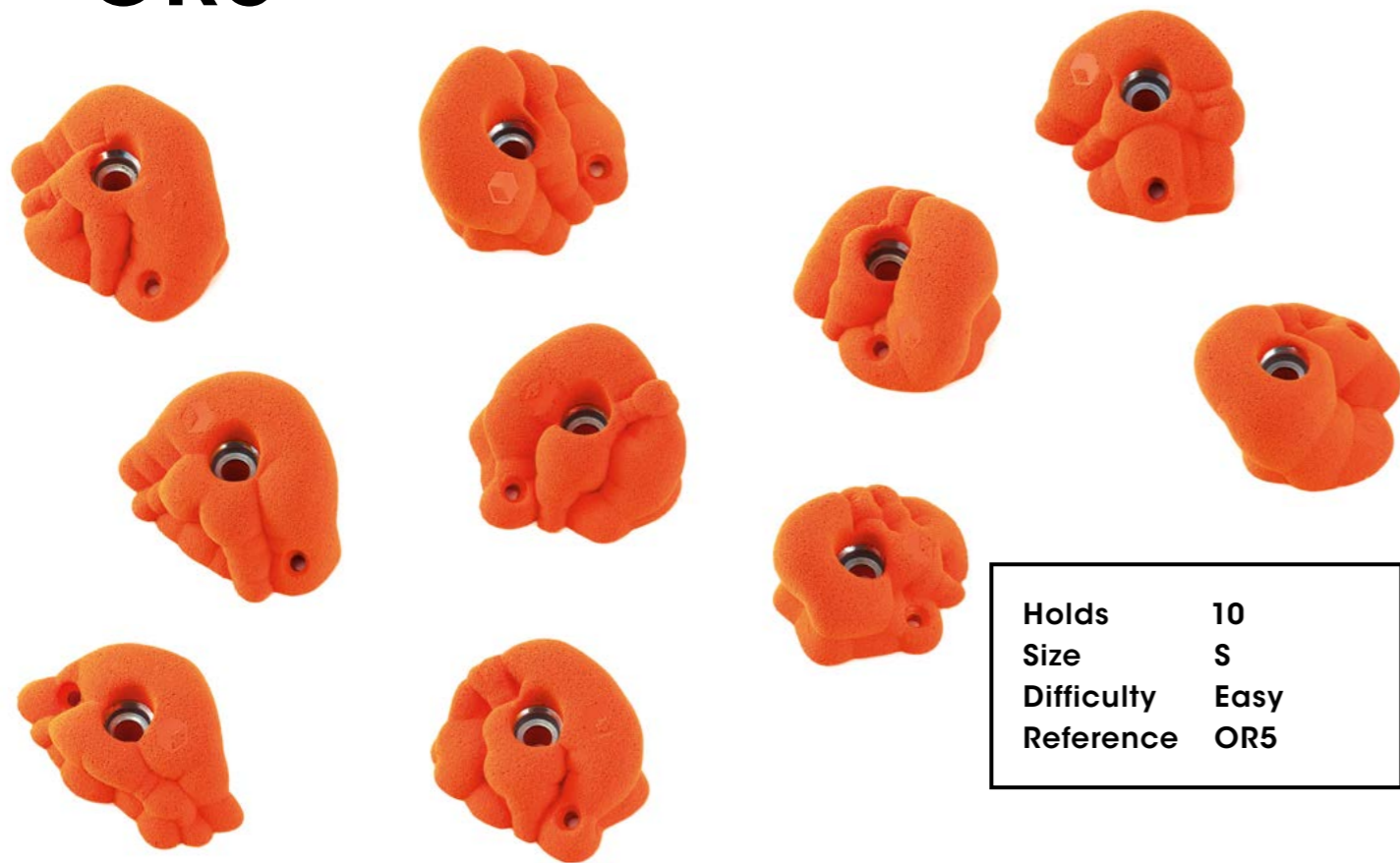
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OR4



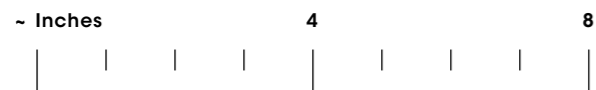
Holds	10
Size	M
Difficulty	Easy
Reference	OR4

OR5

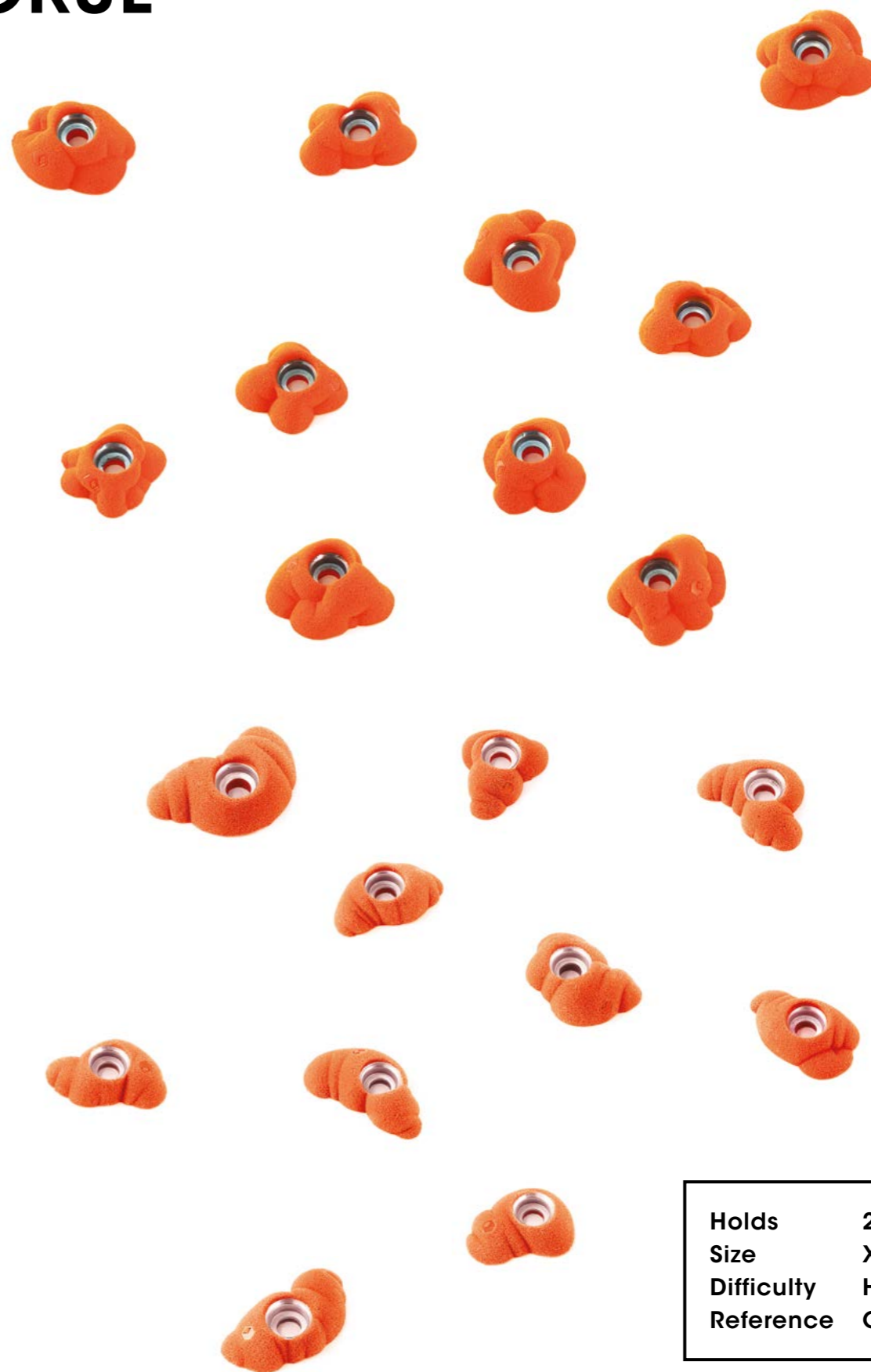


Holds	10
Size	S
Difficulty	Easy
Reference	OR5

Organ/ Slug



ORSL

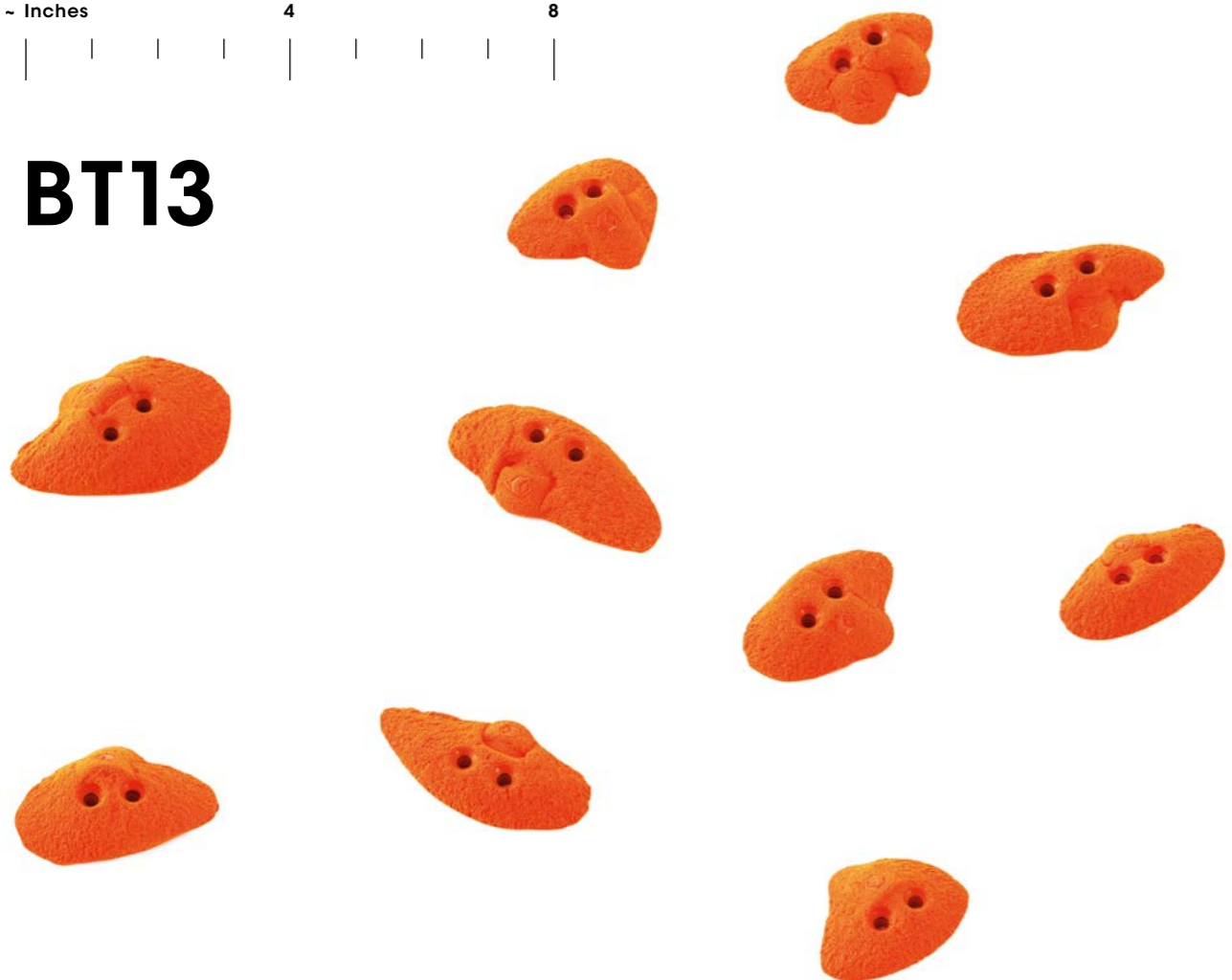


Holds	20
Size	XS / XXS
Difficulty	Hard
Reference	ORSL

Baby Trash

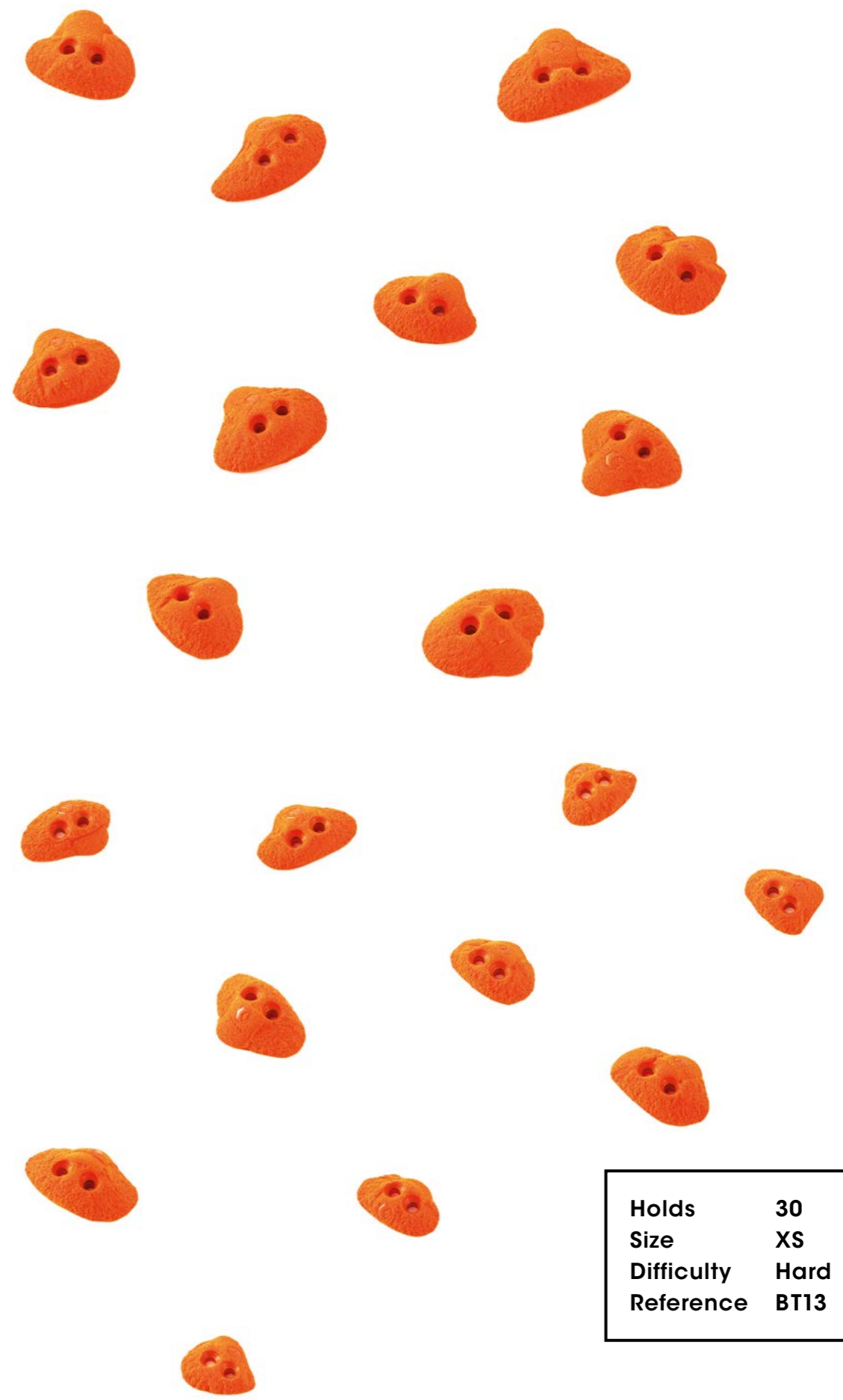


BT13



Holds

214

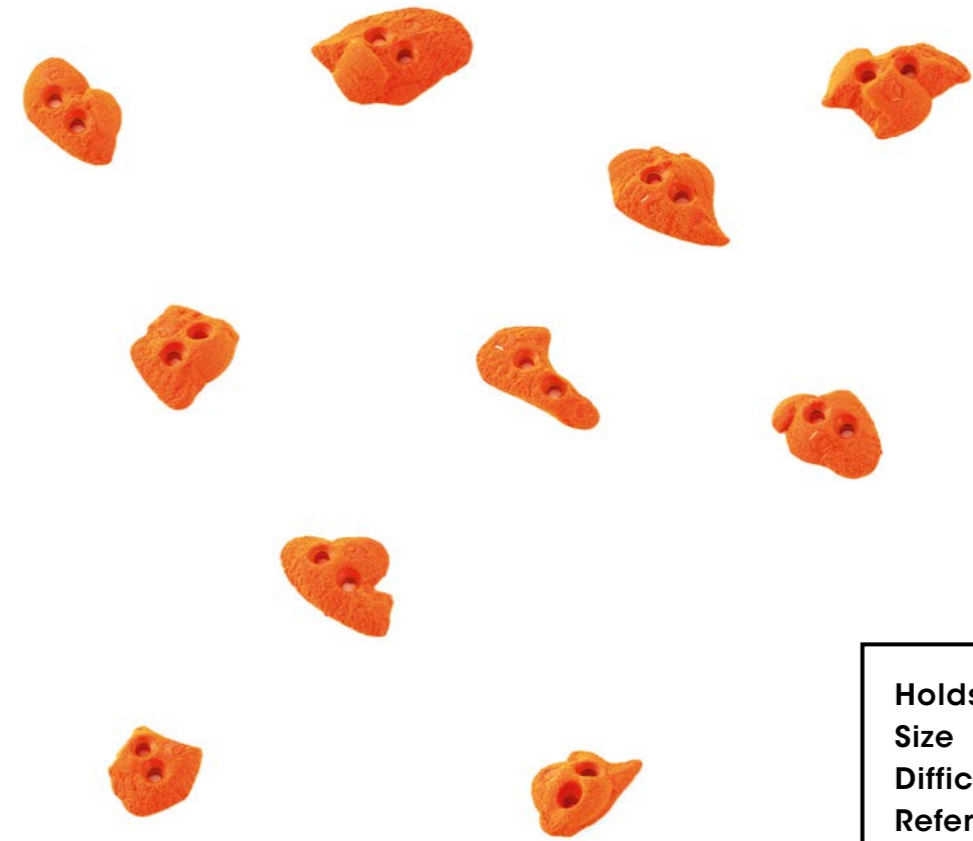
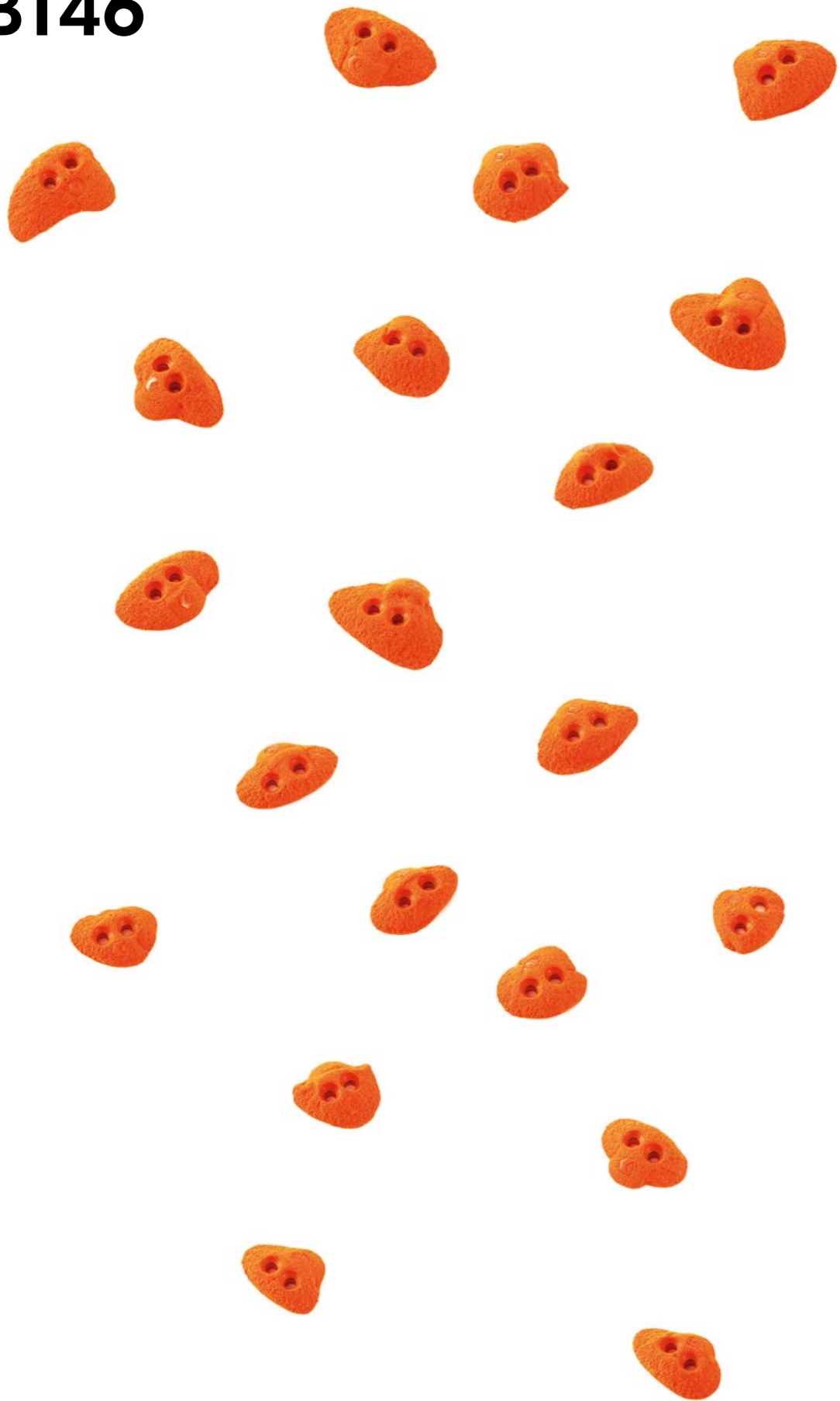


Baby Trash

215

Holds	30
Size	XS
Difficulty	Hard
Reference	BT13

BT46



Holds	30
Size	XS
Difficulty	Hard
Reference	BT46

Rustic Flowers

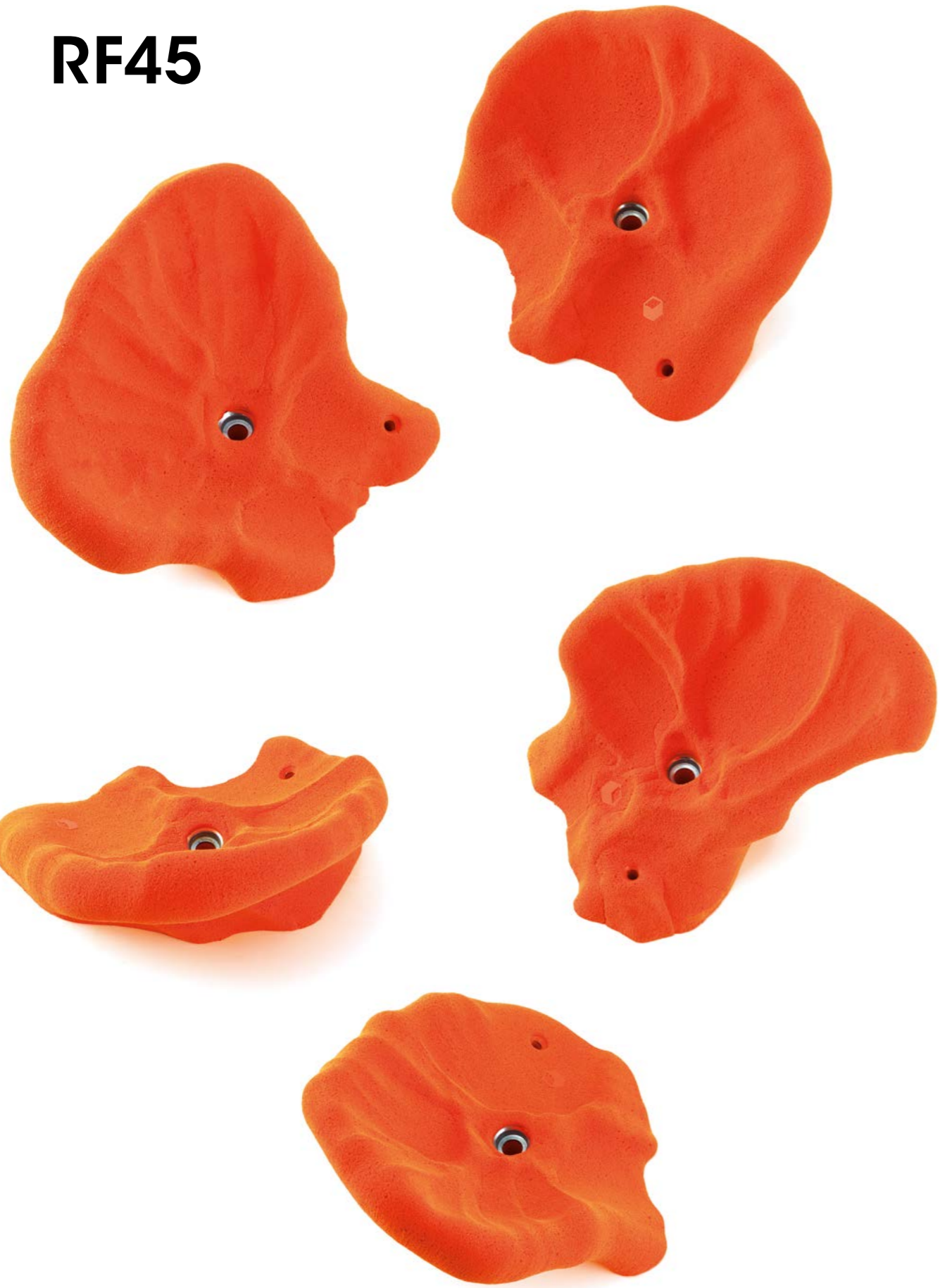


RF13



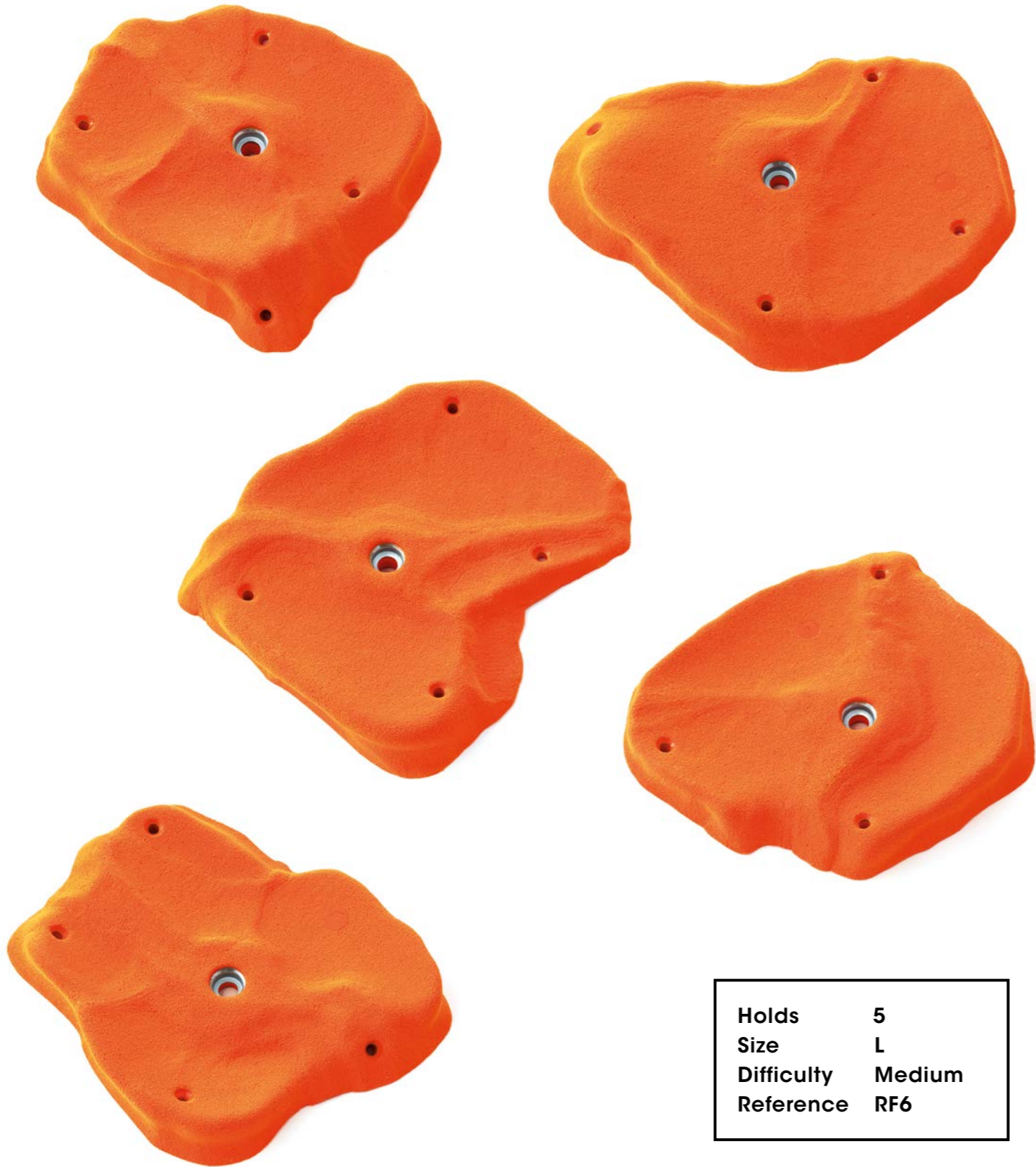
Holds	3
Size	XXL / XL
Difficulty	Easy
Reference	RF13

RF45



Holds	10
Size	XL / L
Difficulty	Easy
Reference	RF45

RF6

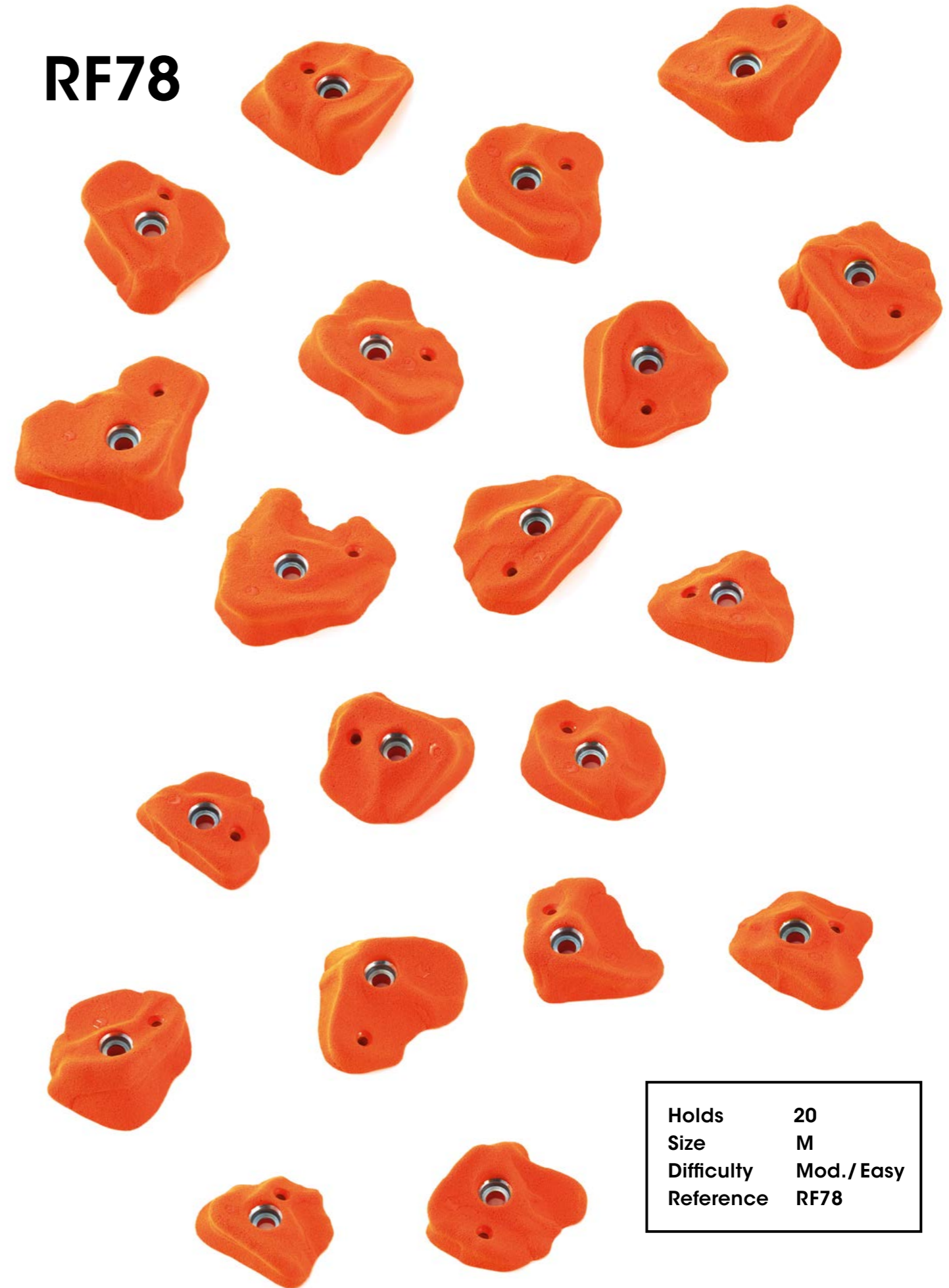


Holds	5
Size	L
Difficulty	Medium
Reference	RF6

Holds

222

RF78

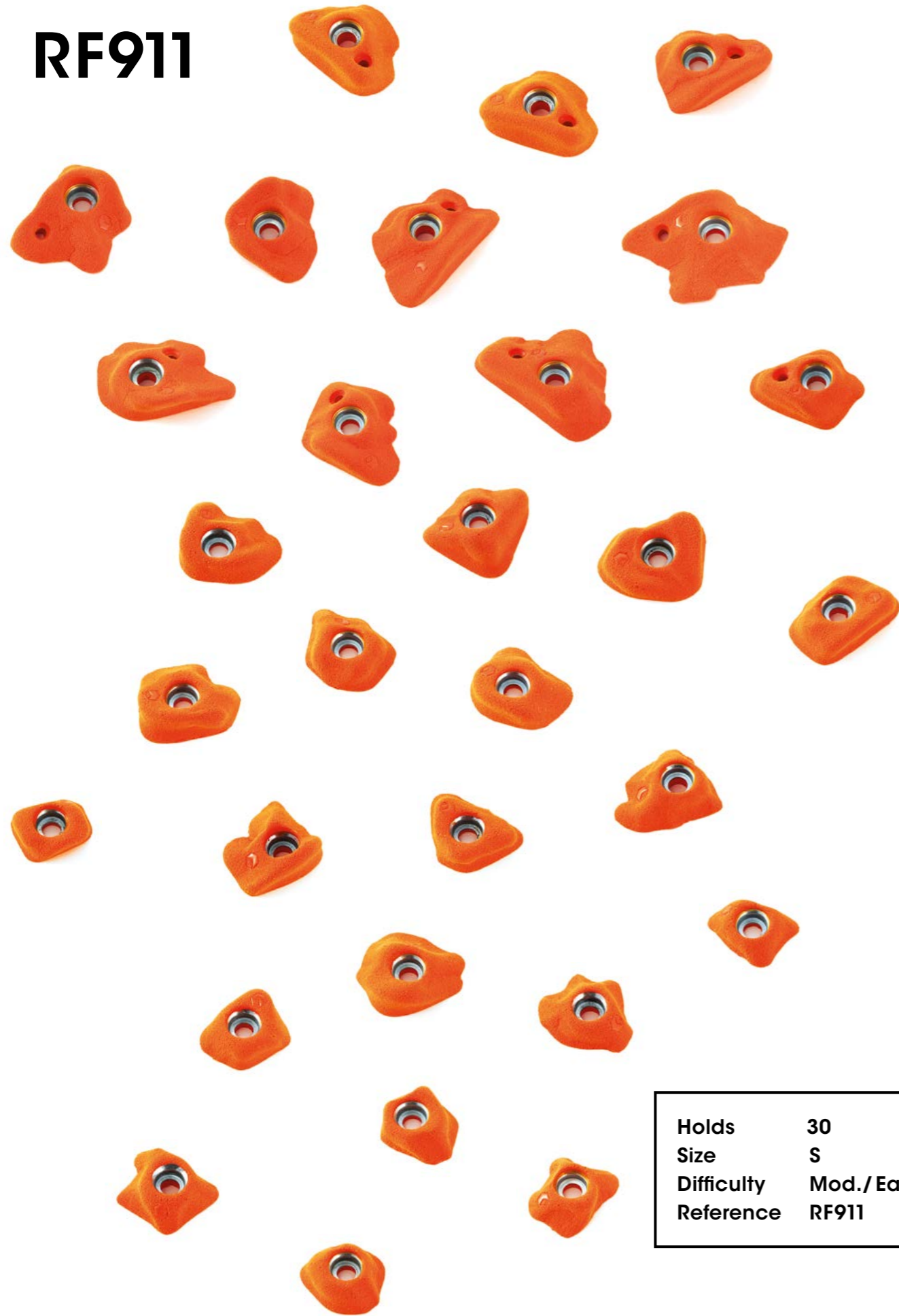


Holds	20
Size	M
Difficulty	Mod./ Easy
Reference	RF78

Rustic Flowers

223

RF911



Holds	30
Size	S
Difficulty	Mod./ Easy
Reference	RF911



Pizokel



PZ



Holds	5
Size	XL
Difficulty	Hard
Reference	PZ

Holds

228

Pizokel

229

Maggot



MG



Hold

230



Maggot

231

Hold	5
Size	XL / M
Difficulty	Easy
Reference	MG

Cailloux



CA1



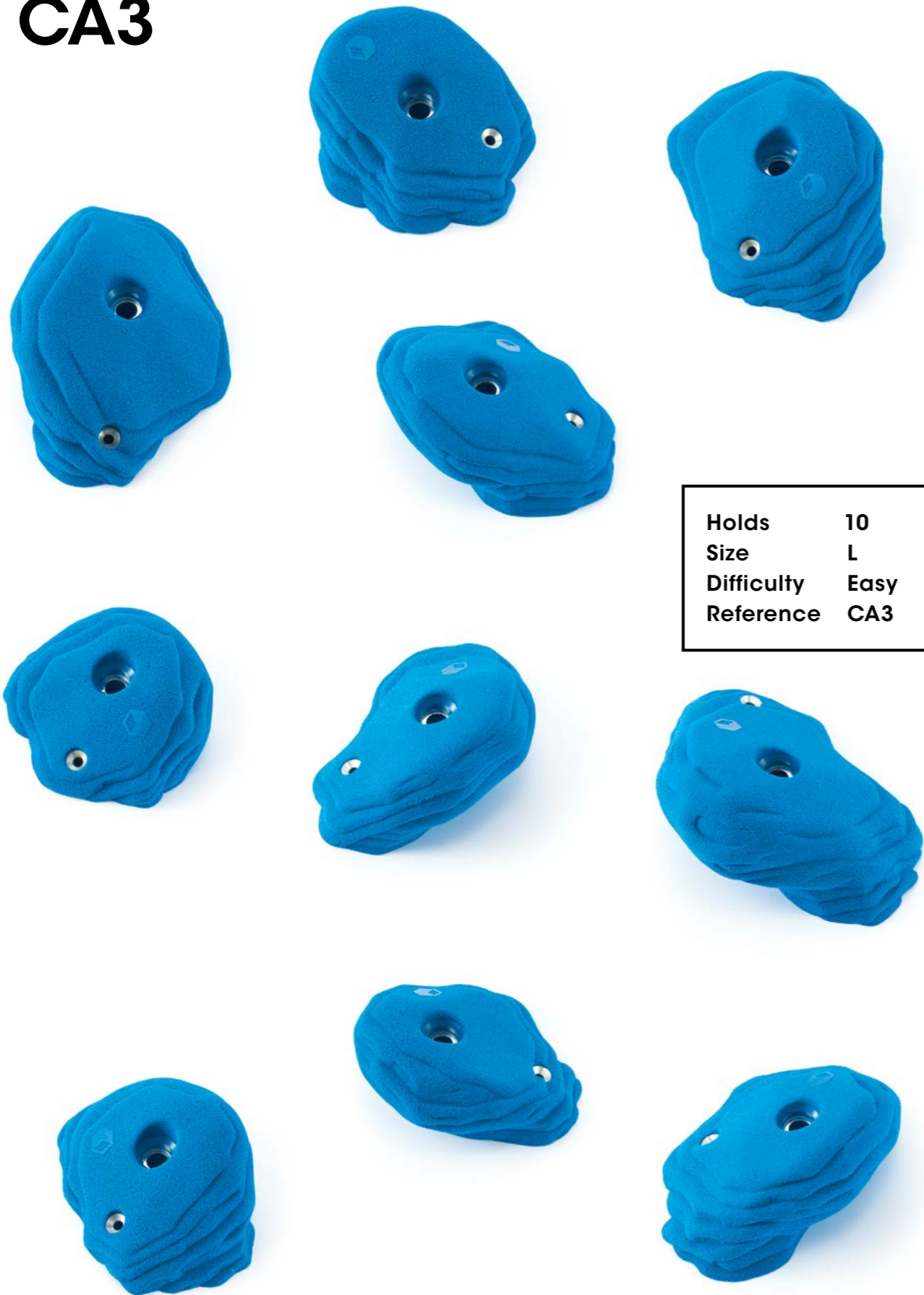
Hold	1
Size	XL
Difficulty	Easy
Reference	CA1

CA2



Holds	5
Size	XL
Difficulty	Easy
Reference	CA2

CA3

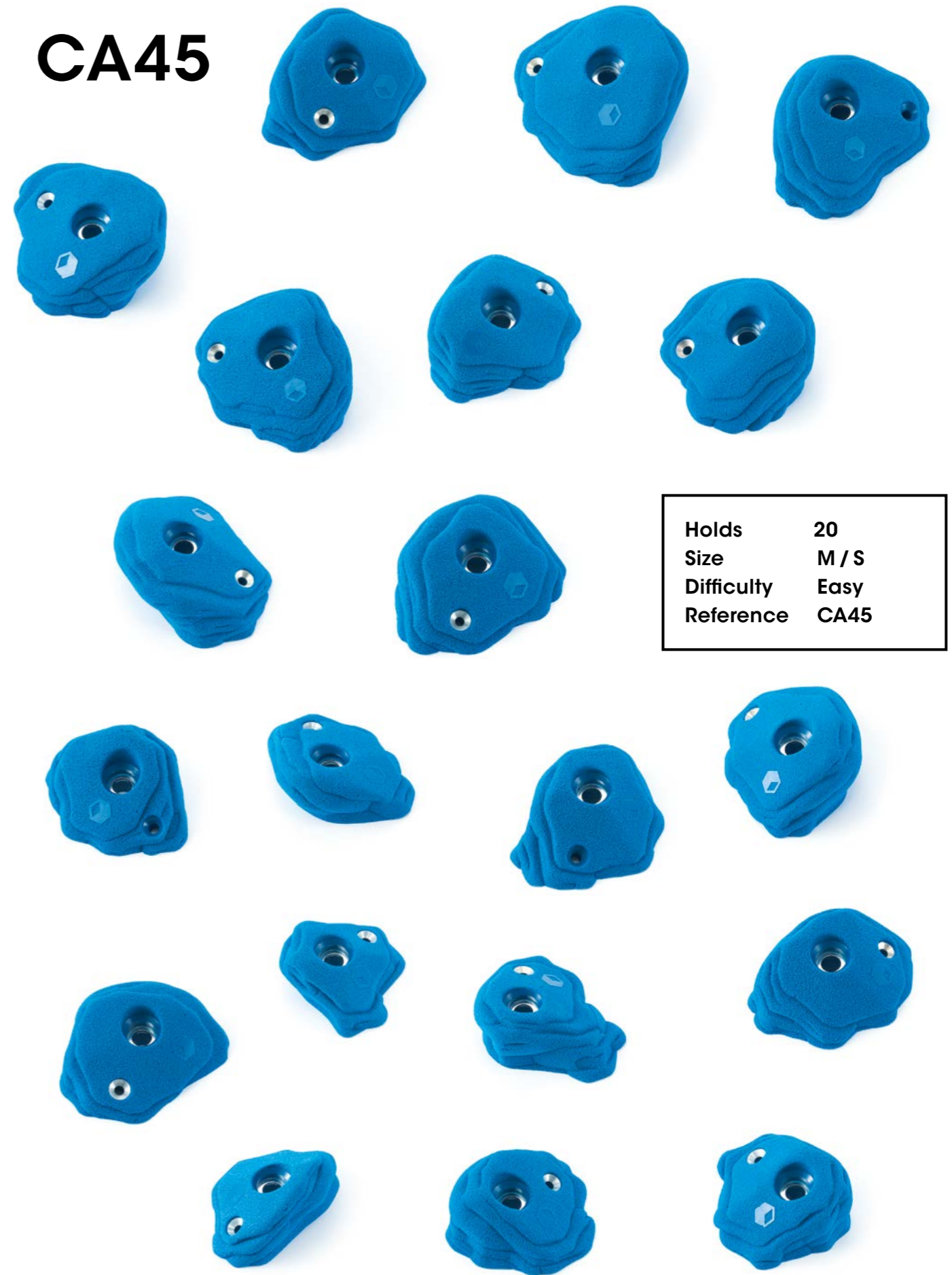


Holds	10
Size	L
Difficulty	Easy
Reference	CA3

Holds

234

CA45



Holds	20
Size	M / S
Difficulty	Easy
Reference	CA45

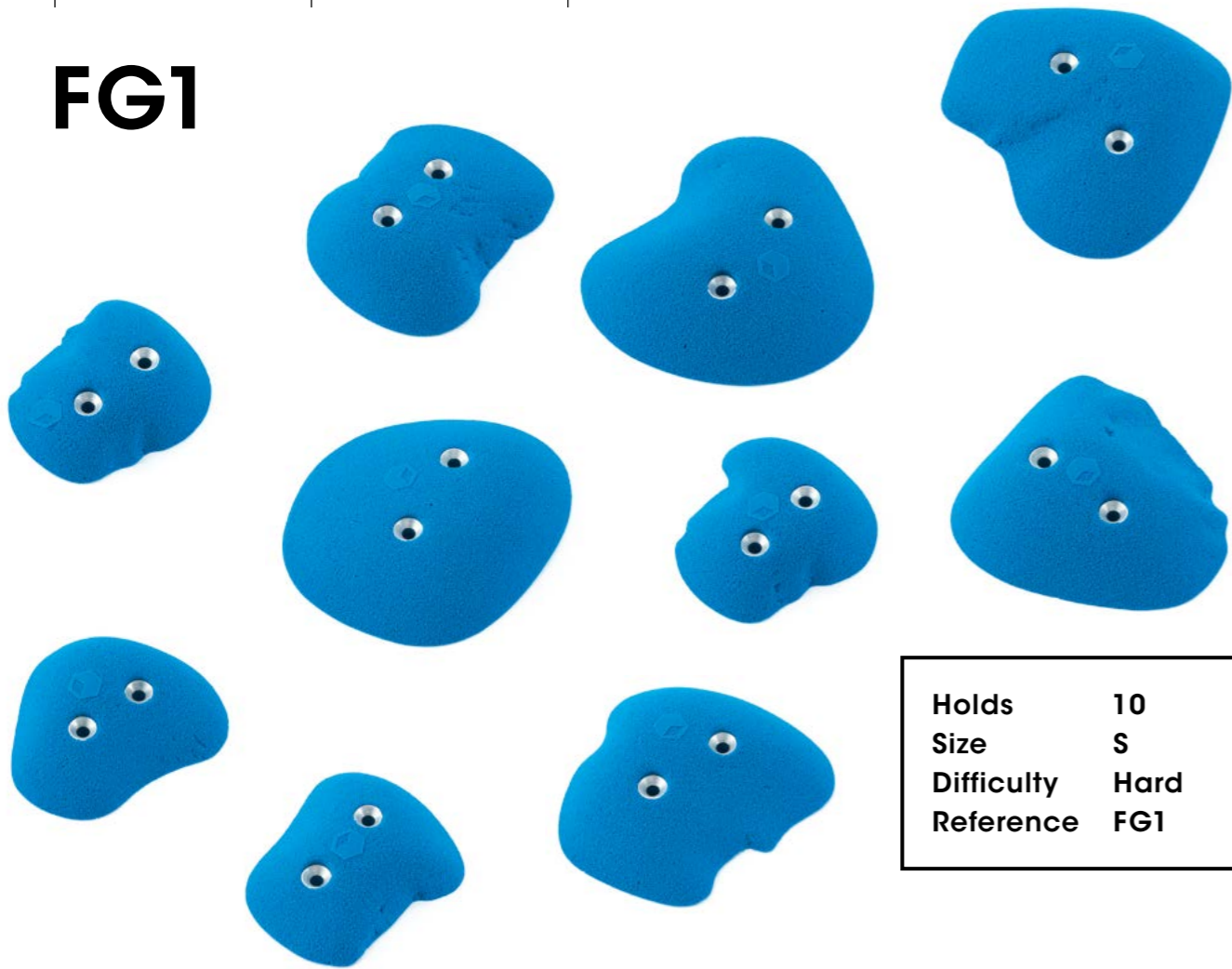
Cailloux

235

Frog



FG1



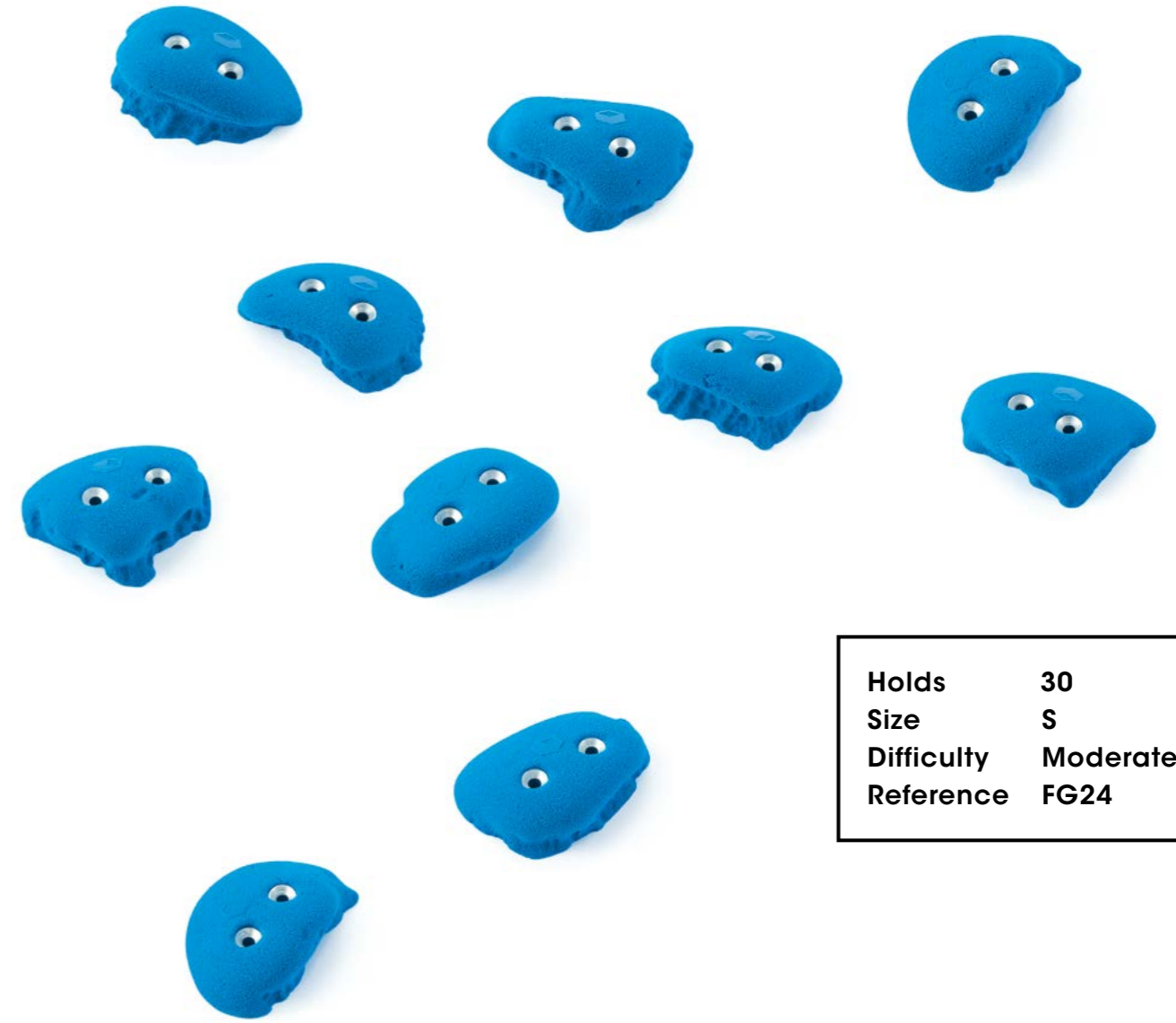
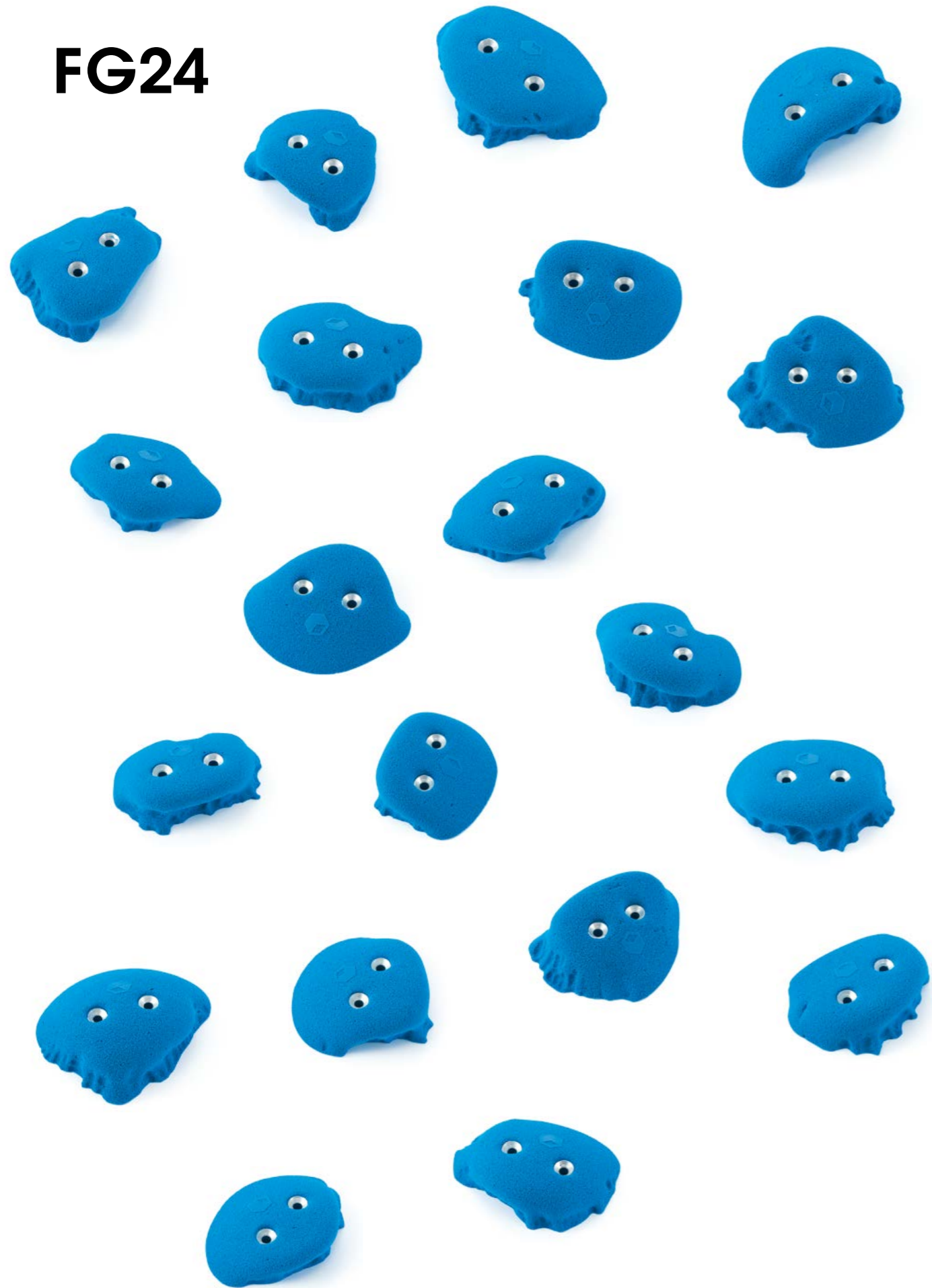
Holds	10
Size	S
Difficulty	Hard
Reference	FG1

Holds

236

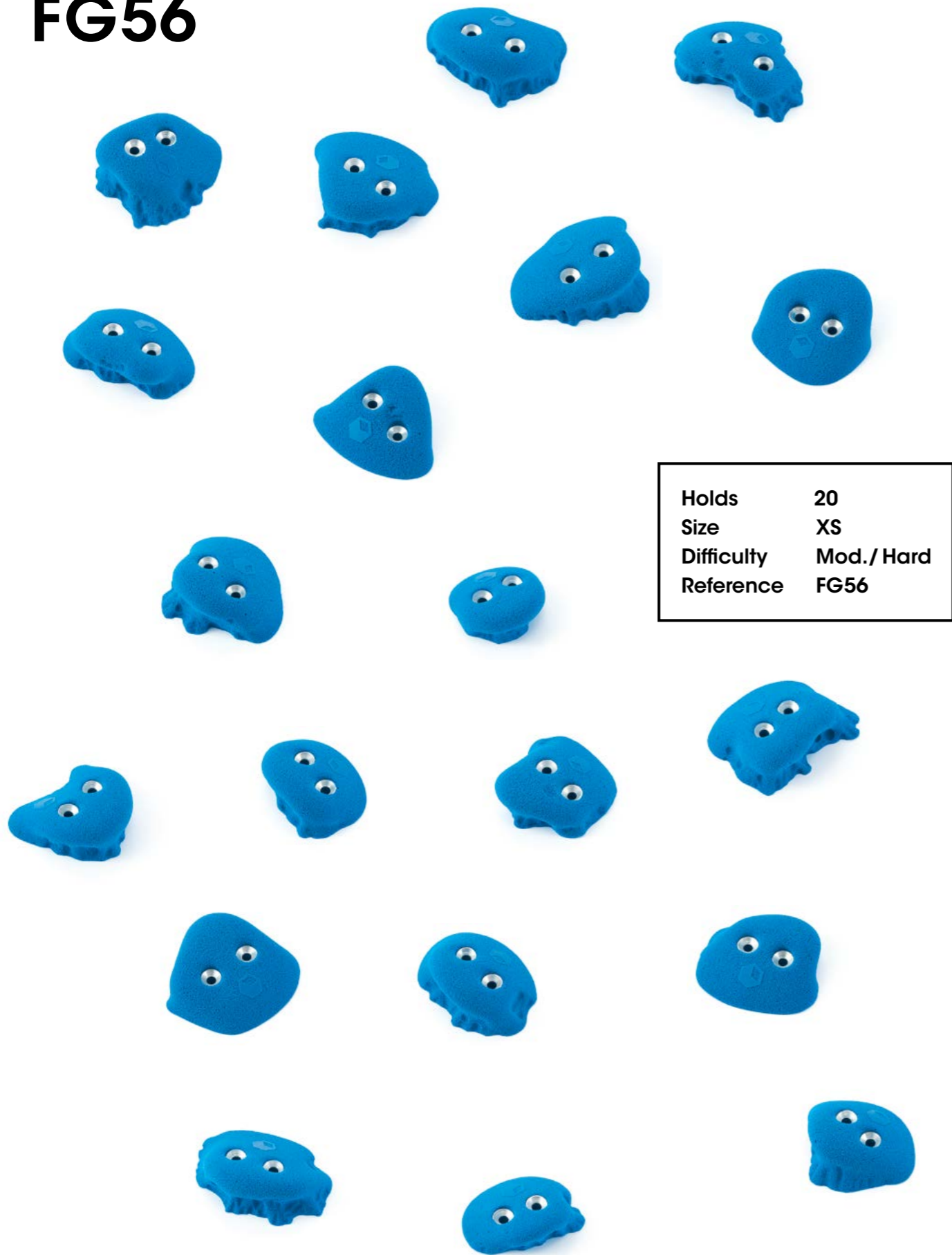
Frog

FG24



Holds	30
Size	S
Difficulty	Moderate
Reference	FG24

FG56



Holds

240

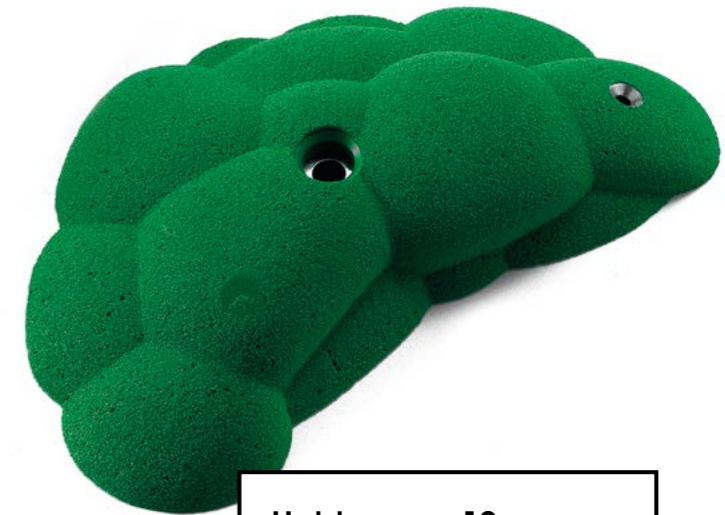
Frog



Bubble

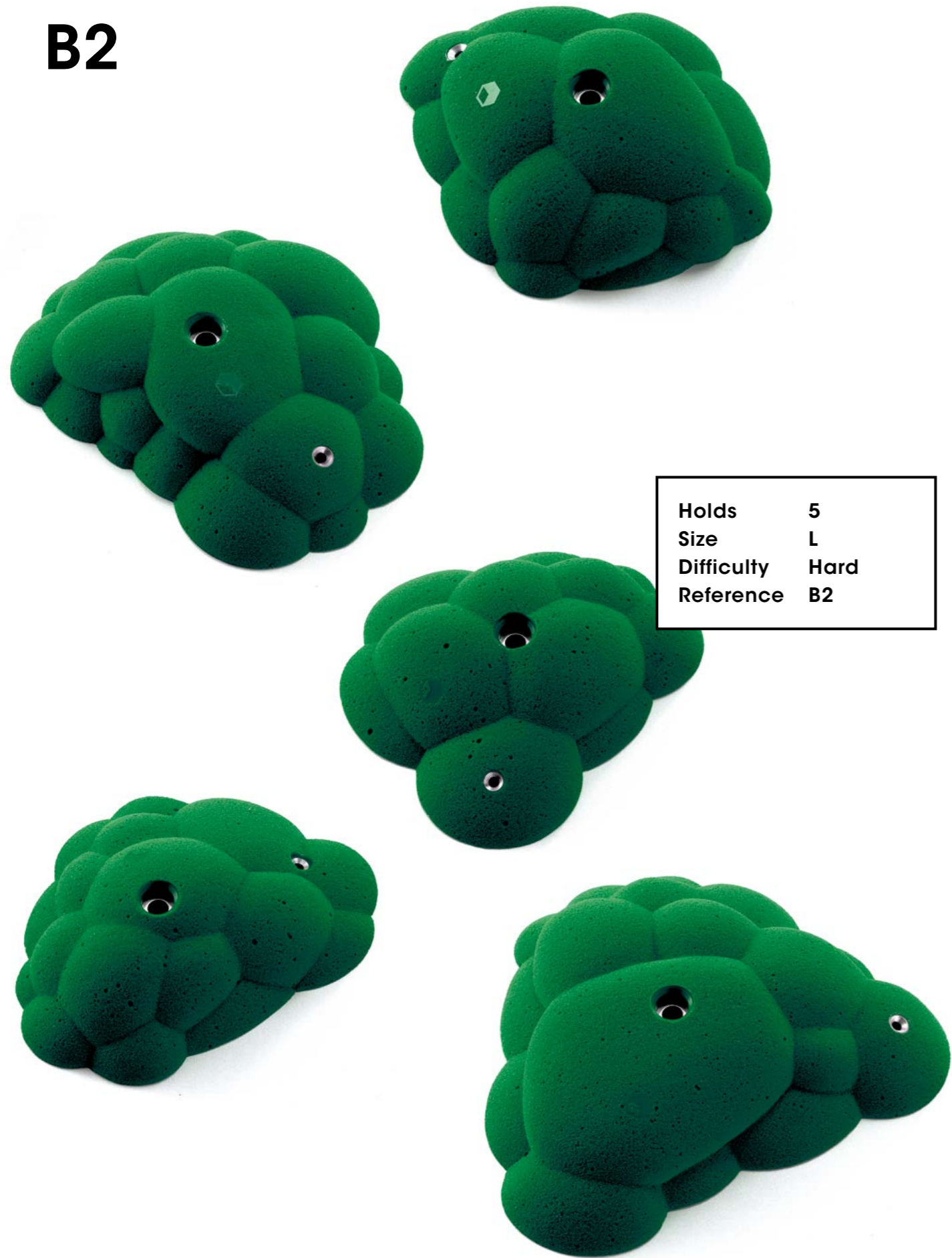


B1



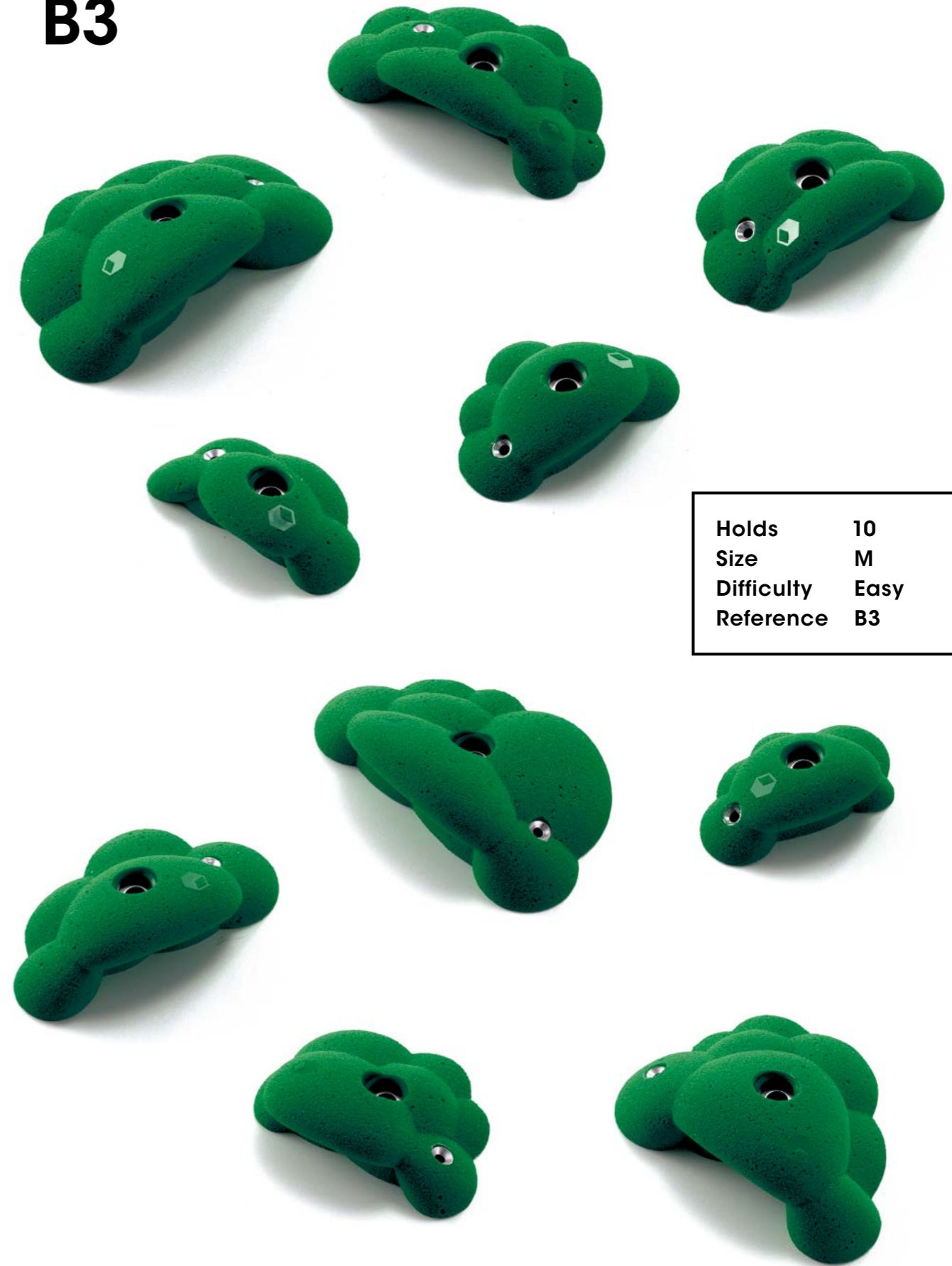
Holds	10
Size	L
Difficulty	Moderate
Reference	B1

B2



Holds	5
Size	L
Difficulty	Hard
Reference	B2

B3



Holds	10
Size	M
Difficulty	Easy
Reference	B3

Nuss- gipfel

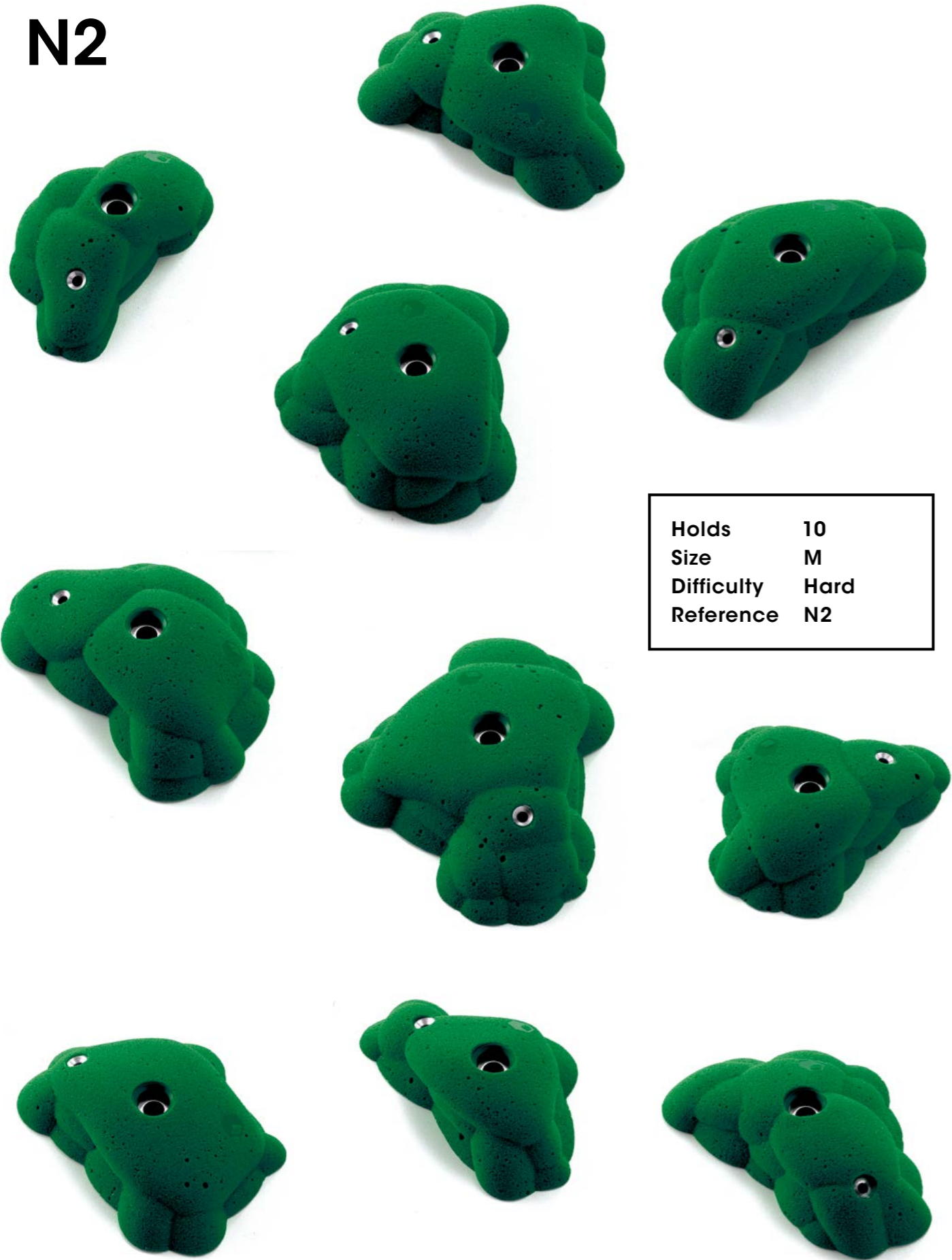
- Inches 4 8

N1



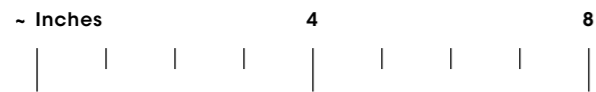
Holds	5
Size	L
Difficulty	Hard
Reference	N1

N2

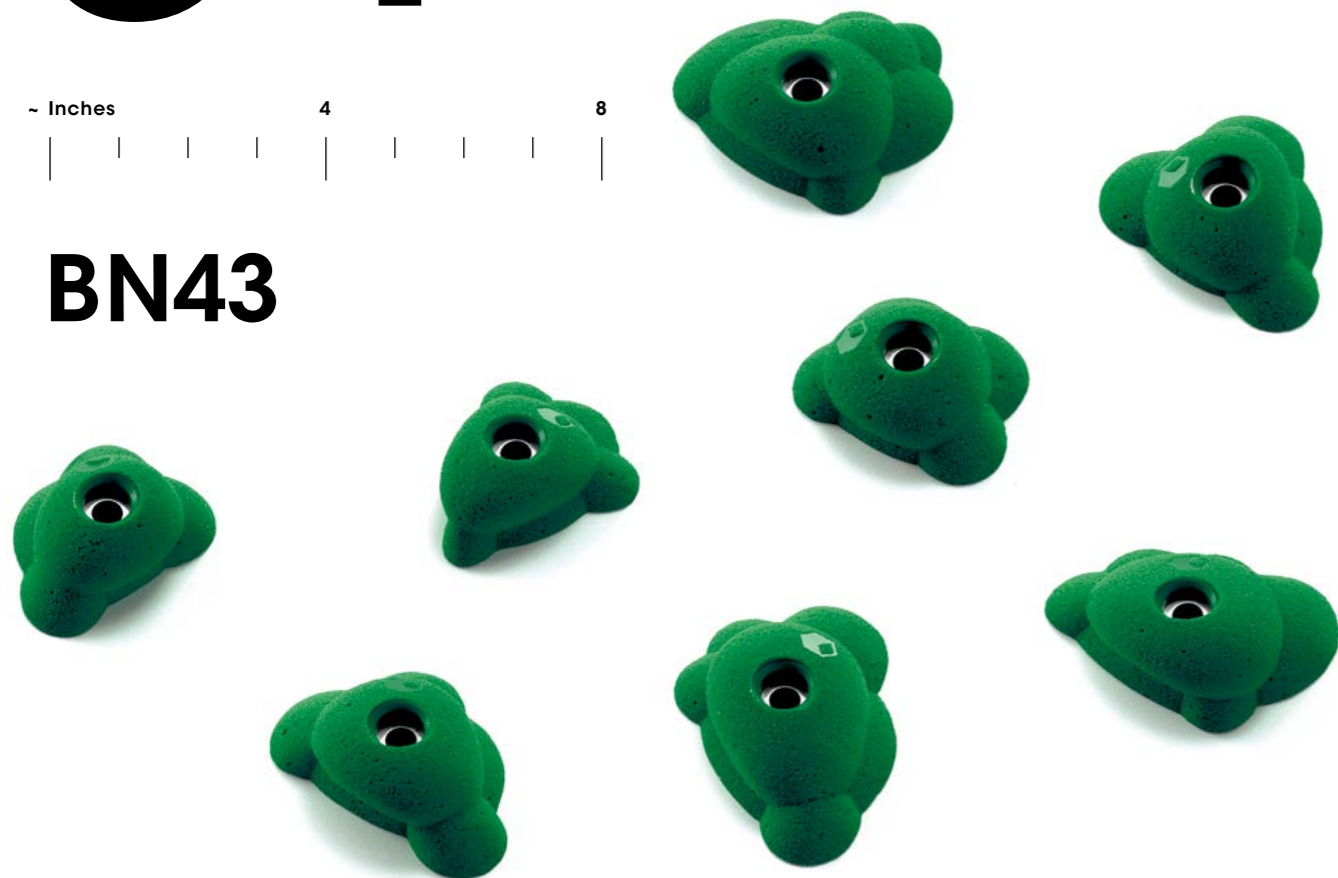


Holds	10
Size	M
Difficulty	Hard
Reference	N2

Bubble/ Nuss- gipfel



BN43



Hold

252

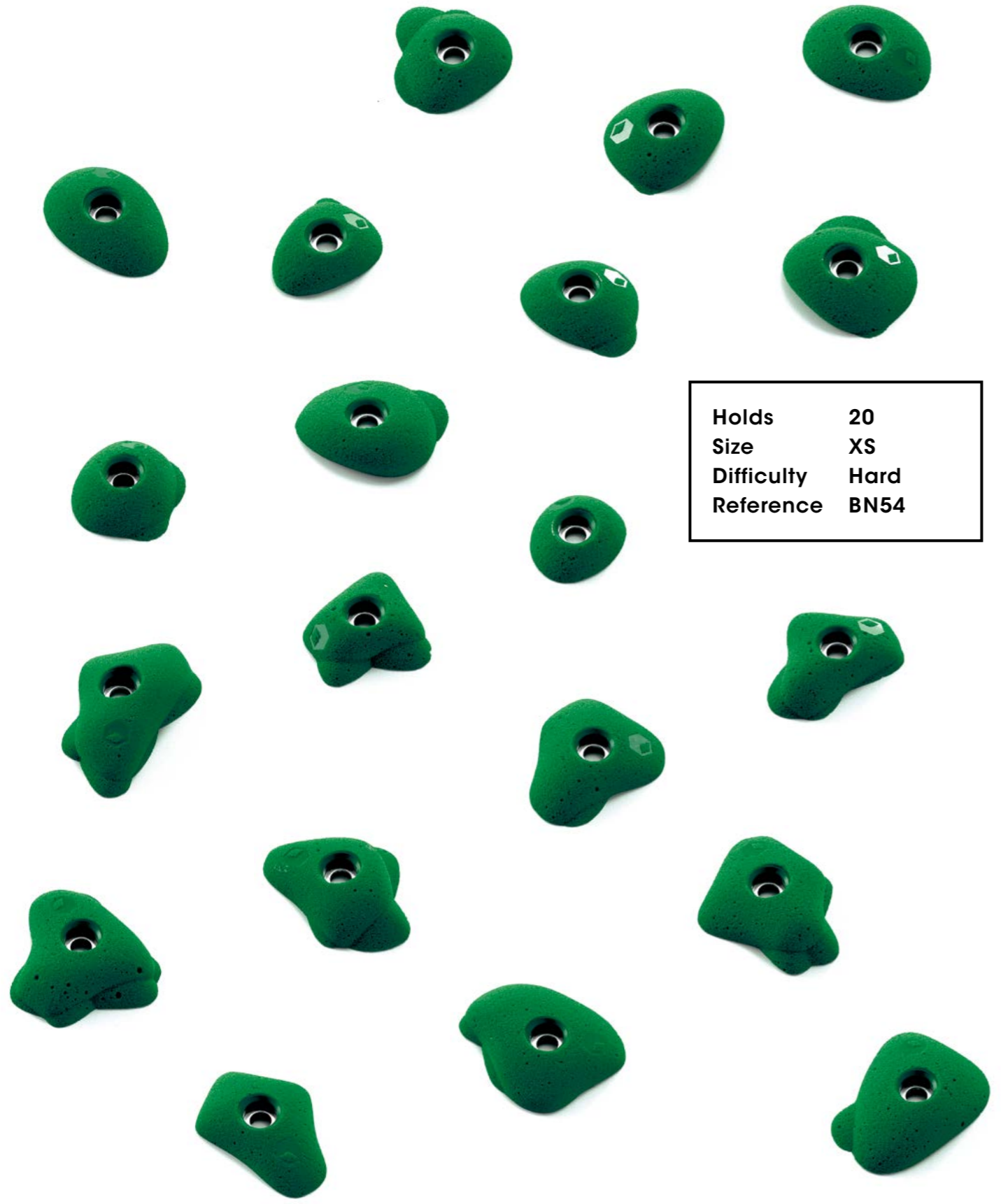


Bubble / Nussgipfel

253

Holds	20
Size	S
Difficulty	Hard
Reference	BN43

BN54



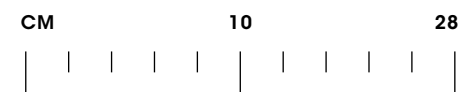
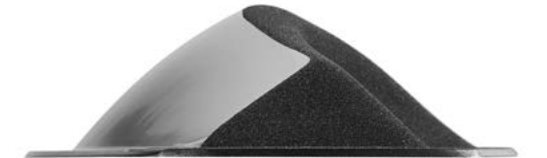
Holds	20
Size	XS
Difficulty	Hard
Reference	BN54



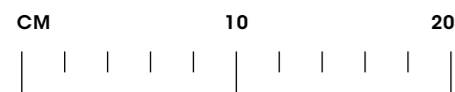
Holds

256

Floating Point



Borderline Mini



Jolly Jumper



V.08.03 L



V.08.01 L



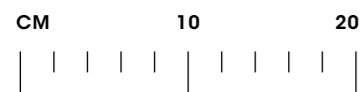
V.08.02 L



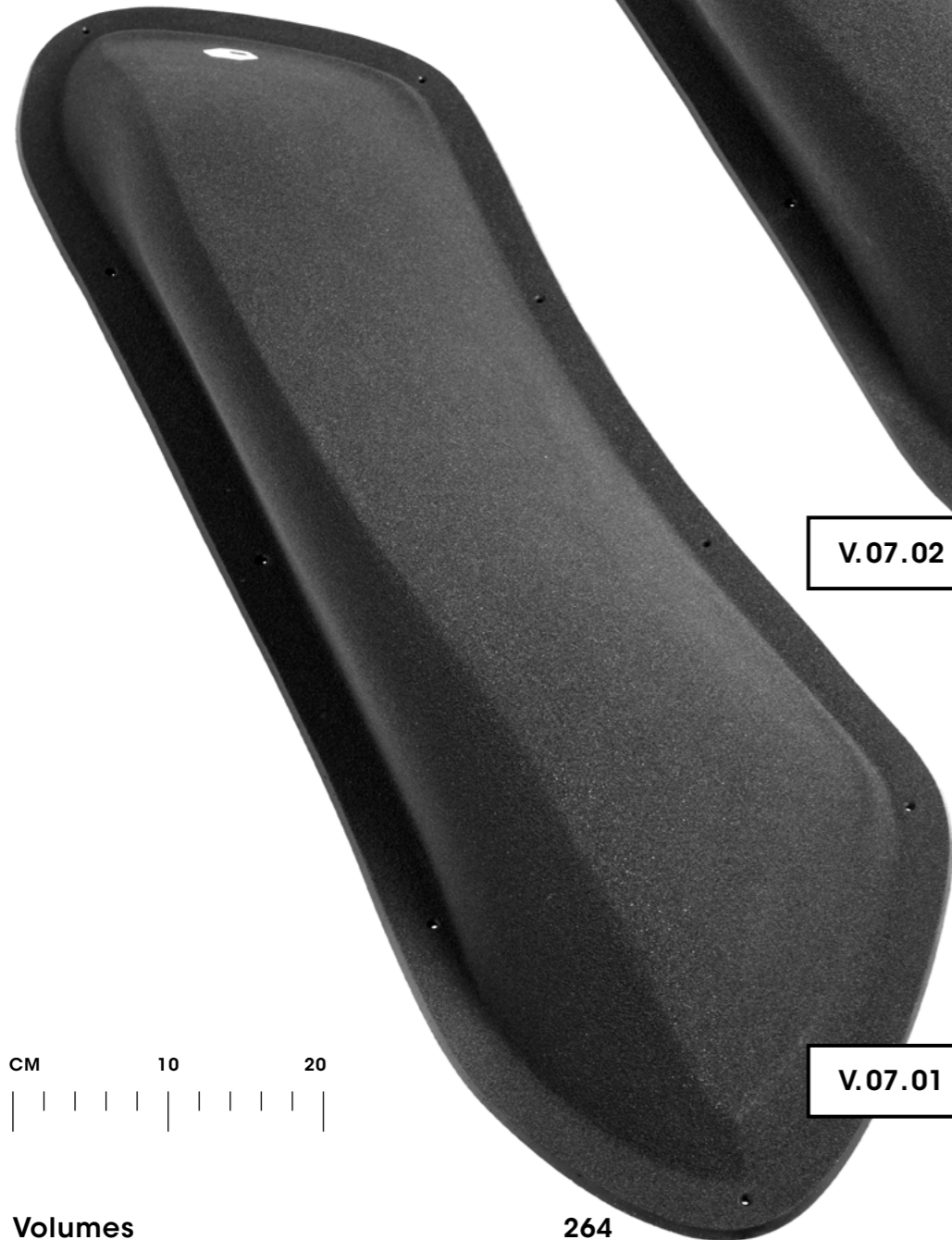
V.08.04 L



V.08.05 L



Border- line



V.07.02 L

V.07.01 L



V.07.03 M



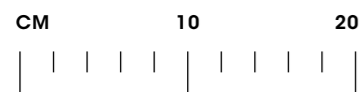
V.07.06 M



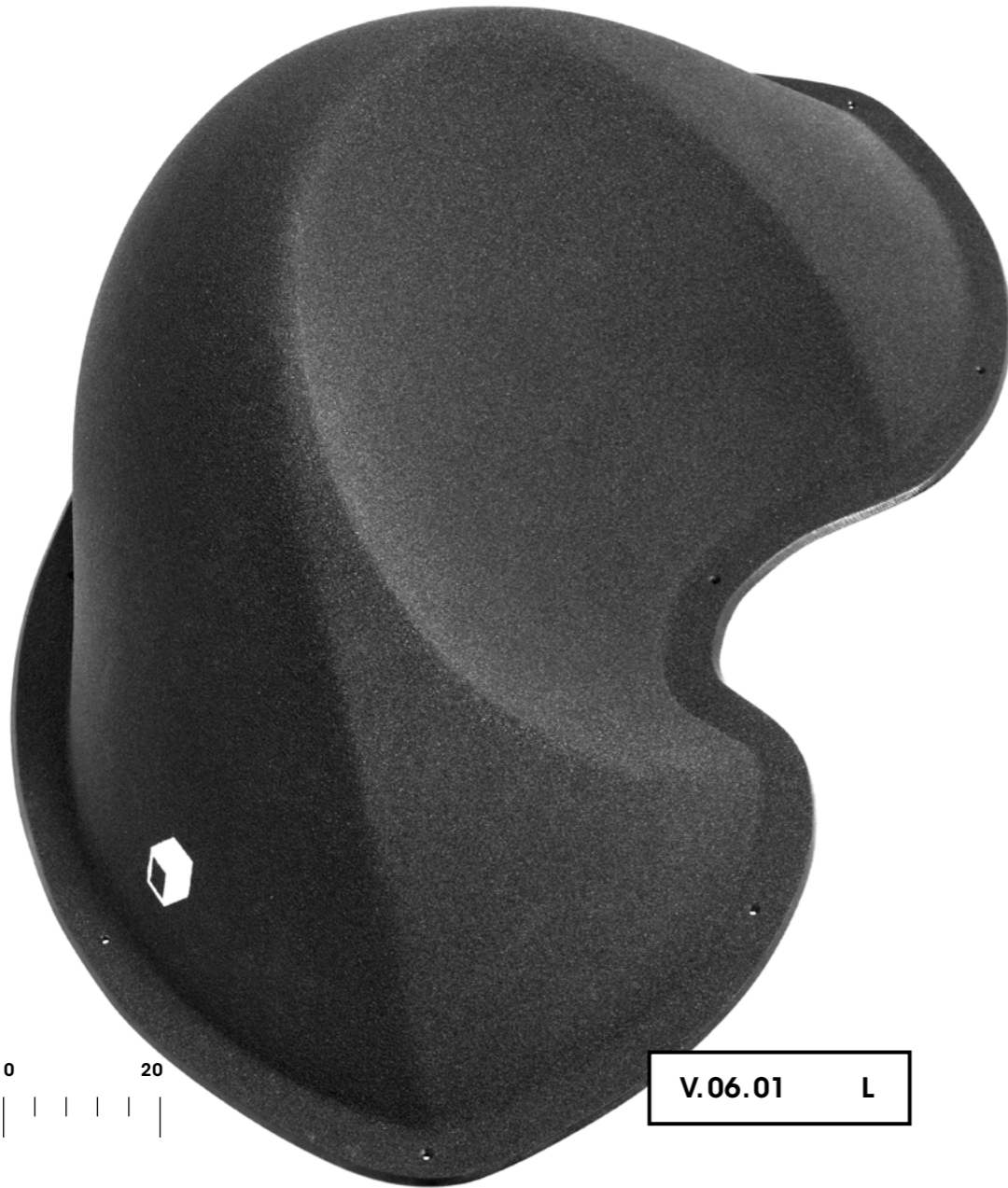
V.07.04 M



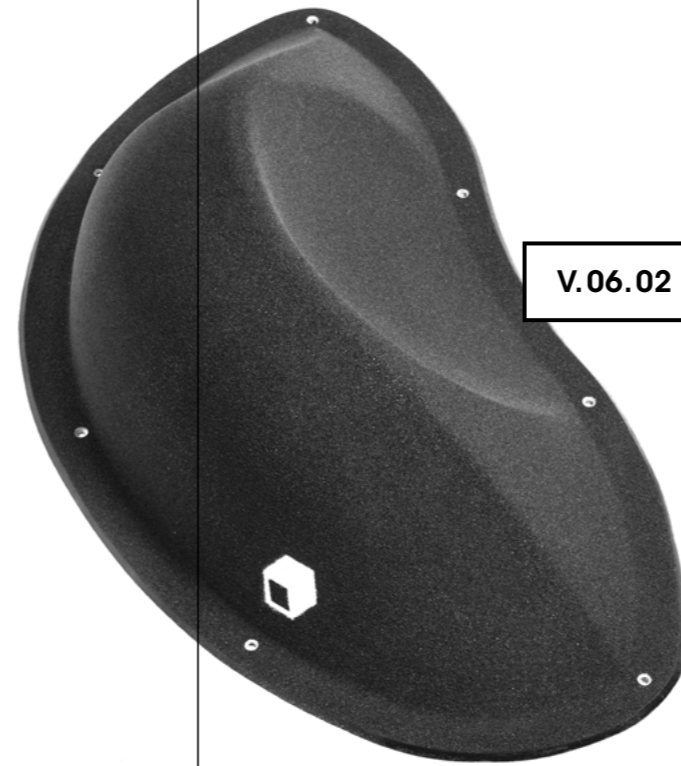
V.07.05 M



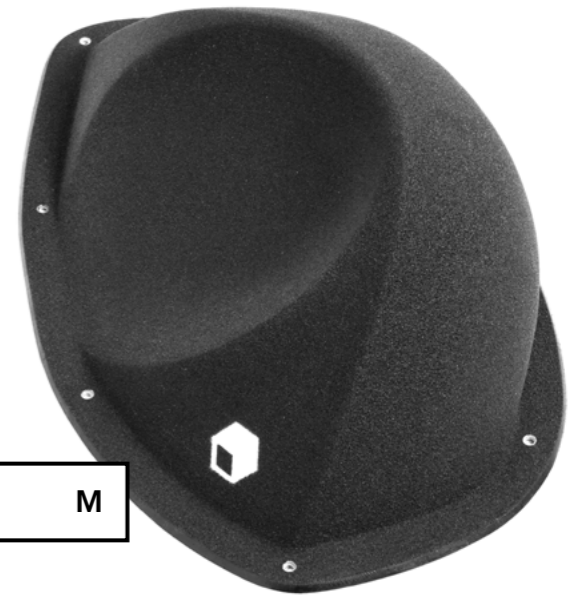
Golden Leaves



V.06.01 L



V.06.02 M



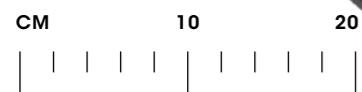
V.06.04 M



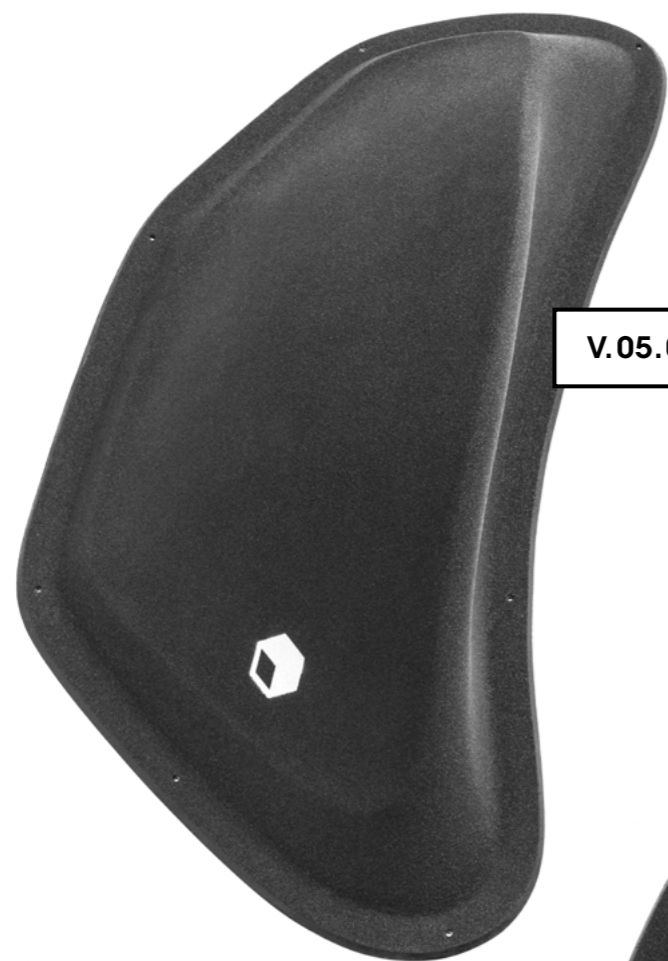
V.06.03 M



V.06.05 S



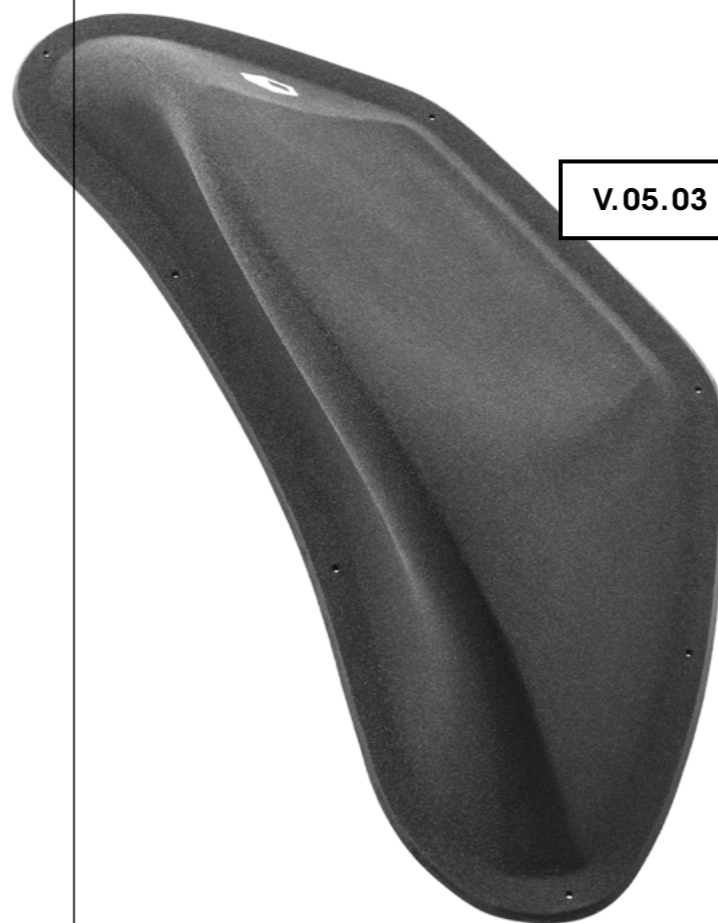
Tsunami



V.05.01 L



V.05.02 L



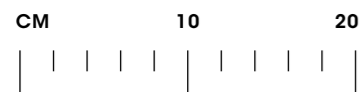
V.05.03 L



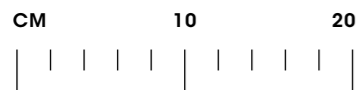
V.05.05 L



V.05.05 L



Thunder- birds



V.04.01 L



V.04.04 M

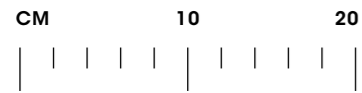


V.04.03 M



V.04.02 L

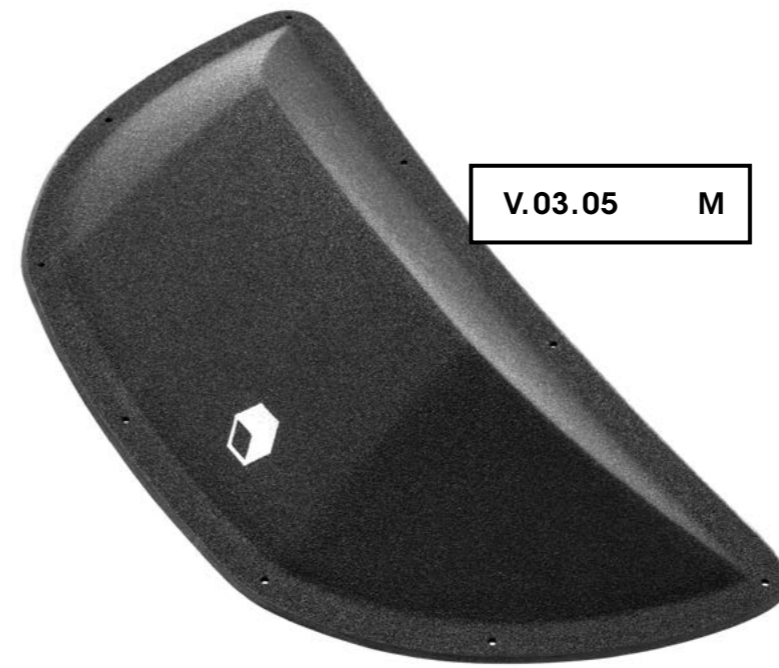
Elliot Master



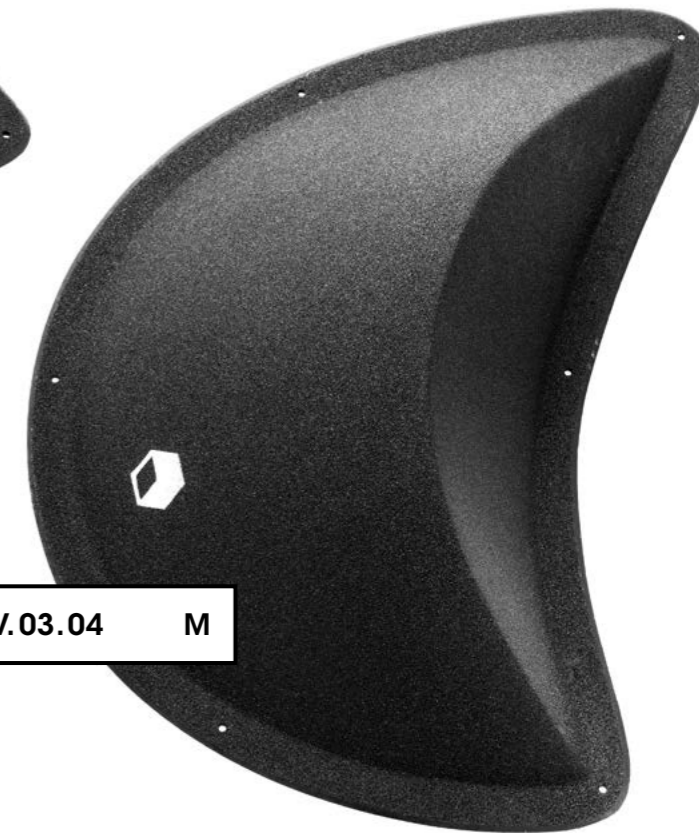
V.03.02 M

V.03.01 M

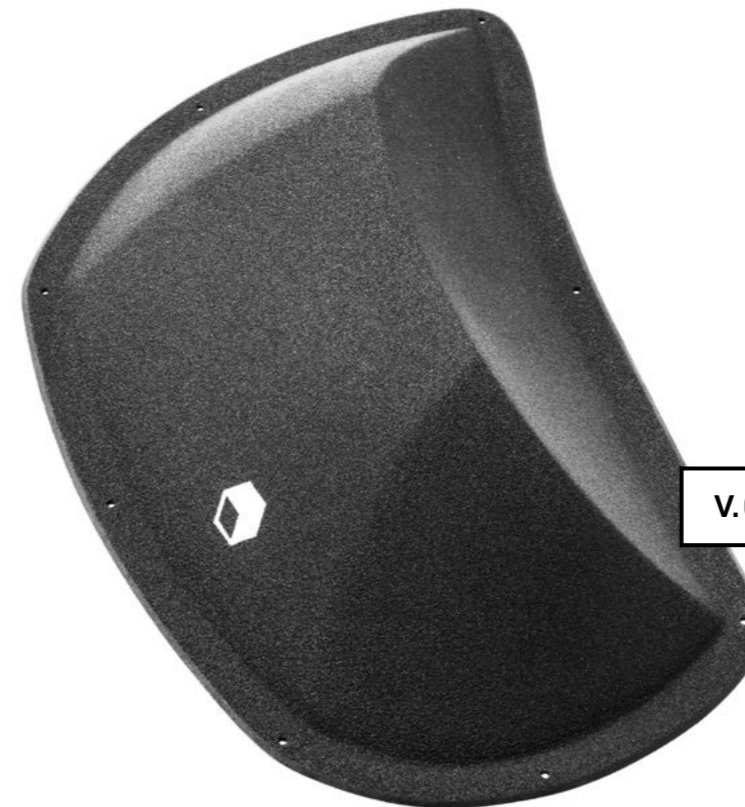
Volumes



V.03.05 M

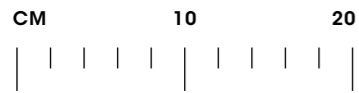


V.03.04 M



V.03.03 M

Super- star



V.02.01 L



V.02.04 S

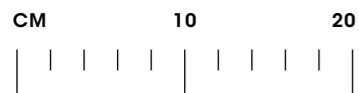


V.02.03 S

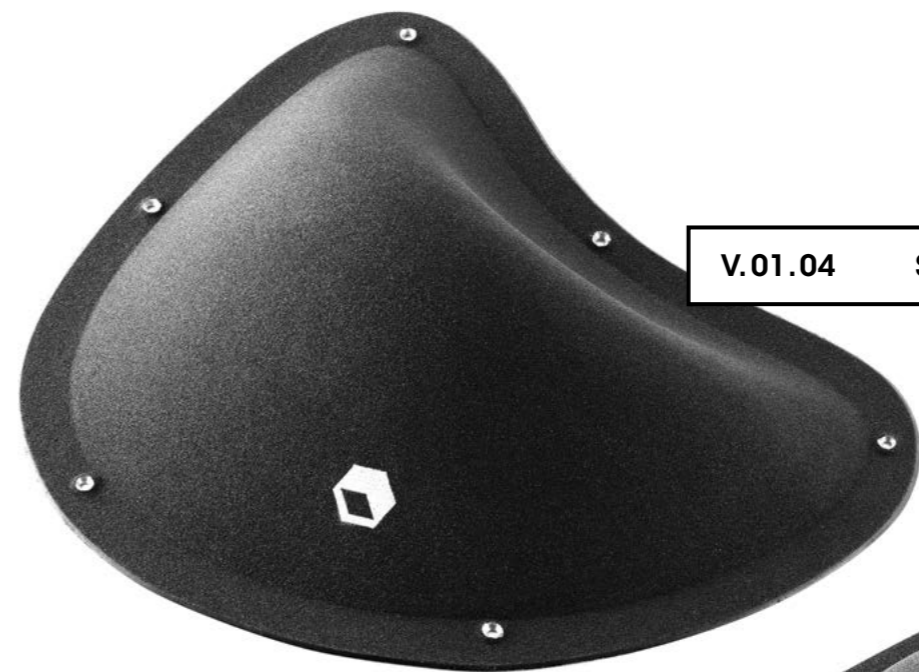


V.02.02 M

Revival



V.01.01 M



V.01.04 S



V.01.03 M



V.01.02 M



Holds

About us

Discarded foam holds, silicone molds, half-finished sculptures, plaster, dust... So many reminders that reflect a state of mind founded on an everlasting search for new ideas. The will to explore creative possibilities has led to testing different shapes, trying various materials and mastering molding techniques.

Flathold was born of the encounter between an international route setter and a visual arts student, whose first experience together dates back to 2008. A common goal: to create and develop shapes and grips, to fashion the foam so as to approach the feelings one gets on a natural line. Testing gravity on the grips; imagining the movement possibilities they can offer on a wall; feeling the friction point. Beyond their basic function, the goal is to make the holds aesthetic. A random detail on the sculpture can be what gives harmony to the shape. «Sometimes you know in advance that you will want to make a crimp; after giving a function to the hold, the goal is to try to go a little further than simply offering grip, to give the shape life».

Inspiration starts as trial and error. The sculptor's work that gives life to the different series draws from nature, without attempting to simply copy it. «You start a shape and you let yourself be guided. This is where the random aspect expresses itself in a way that could be described as similar to nature».

These two very different temperaments are what make up the essence of Flathold: friendship and collaboration in a project driven by a constant thirst for innovation.



Material

Flathold holds are produced in the US for North American distribution with the highest quality polyurethane. In collaboration with our production company and our North American distributor, we carefully control the quality of our holds and are proud to offer shapes that will have a long lifespan both on indoor and outdoor climbing walls.

Attachment system



All Flathold hold types (except some special ones from the screw-on range) have a washer set into the bolt-hole as a standard. Most Flathold holds are also equipped with an extra attachment system, or "set-screw" holes, for fixing in place using wood screws. While our European production holds have washers in-set in these holes, our North American production does not, as the material is very strong and we have also minimized the cost without using the washers. We advise our customers to use wood fasteners such as T-25 Torx or Robertson head screws in order to make sure the attachment is optimal.



Hollow back

Most of the holds from size L up are excavated or "hollow-backed." We have designed a custom counter-shape for each of these holds in order to make them lighter. This way, it is easier to handle the larger holds while assembling and removing routes or boulders.

Maintenance

When holds are screwed onto a wall and regularly used, it is common for magnesia and rubber from climbing shoes to dirty them. In the long term, this can affect the grip quality of the grain. We advise our customers to clean holds before using them again and to check their condition after a long period of use.



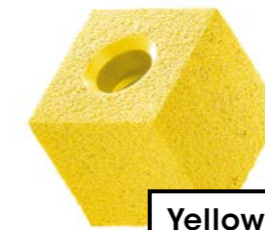
Plugs

Certain of our larger holds have a screw-in cap for the bolthole. Laurent Laporte devised this system exclusively for Cheeta holds and Flatholds to avoid the use of the bolthole for fingers thus optimising the use of the designed grip. It screws into large threads on the inside of the bolthole and can easily be tightened by hand or with a coin. Additional caps in packs of 15 are available in all the colours in our catalogue.



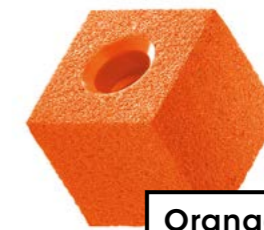
Volumes

Flathold volumes are made of a mix of polyester resin and fiberglass that is then covered with quartz sand to get a fine texture with good friction. This process allows for very thin, light and strong shapes. The volumes are attached with standard wood screws, but we recommend using flatheads to preserve the flange. The volumes are only available in black.



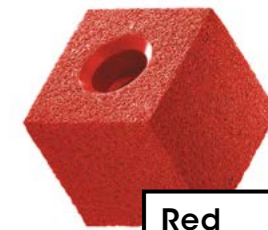
Yellow

15 - 12



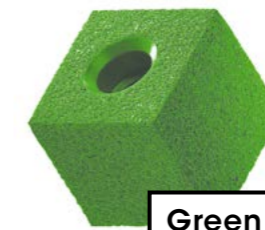
Orange

14 - 01



Red

11 - 12



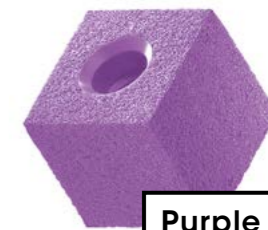
Green

16 - 16



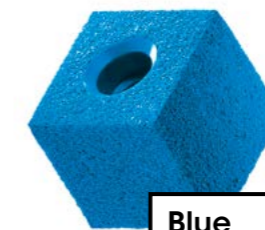
Pink

11 - 20



Purple

07 - 13



Blue

13 - 01



Black

18 - 00



Contact

Flathold Sàrl

Gurzelenstrasse 7
CH - 2502 Biel / Bienne
info@flathold.com
flathold.com
0041 78 811 00 15

Impressum

Pictures

Antal Thoma [Studio]
antalthoma.ch
Jonas Chapuis [Workshop]
brionebouldering.com

Text

Josette Seydoux
Joseph Barnes [Translation]

Graphic design

Vincent Delachaux
Jérôme Konrad
structo.ch

