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### Lucha Libre

#### CM 10 20 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

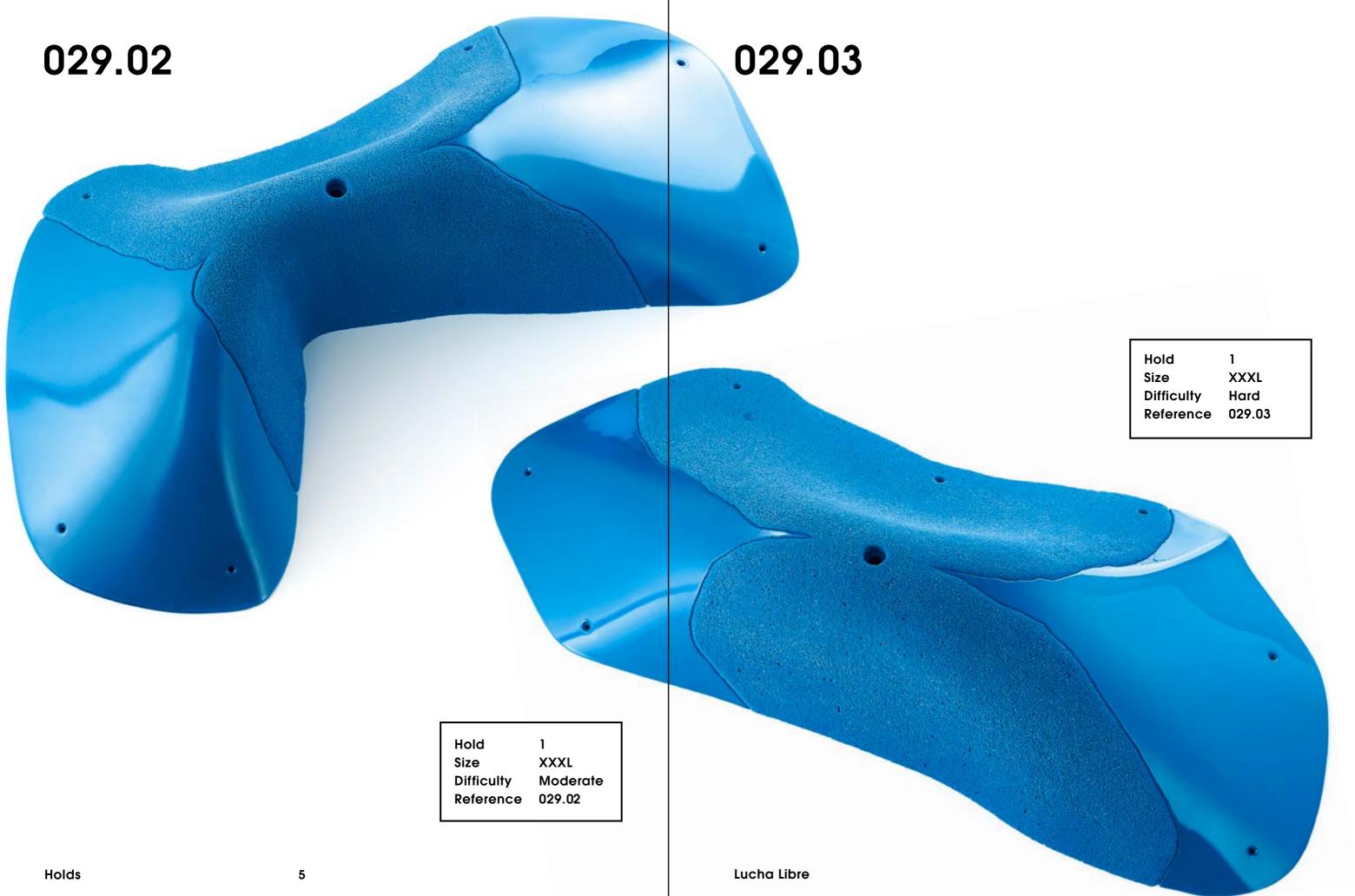
029.01

Hold	1
Size	XXXL
Difficulty	Moderate
Reference	029.01

Holds

Lucha Libre



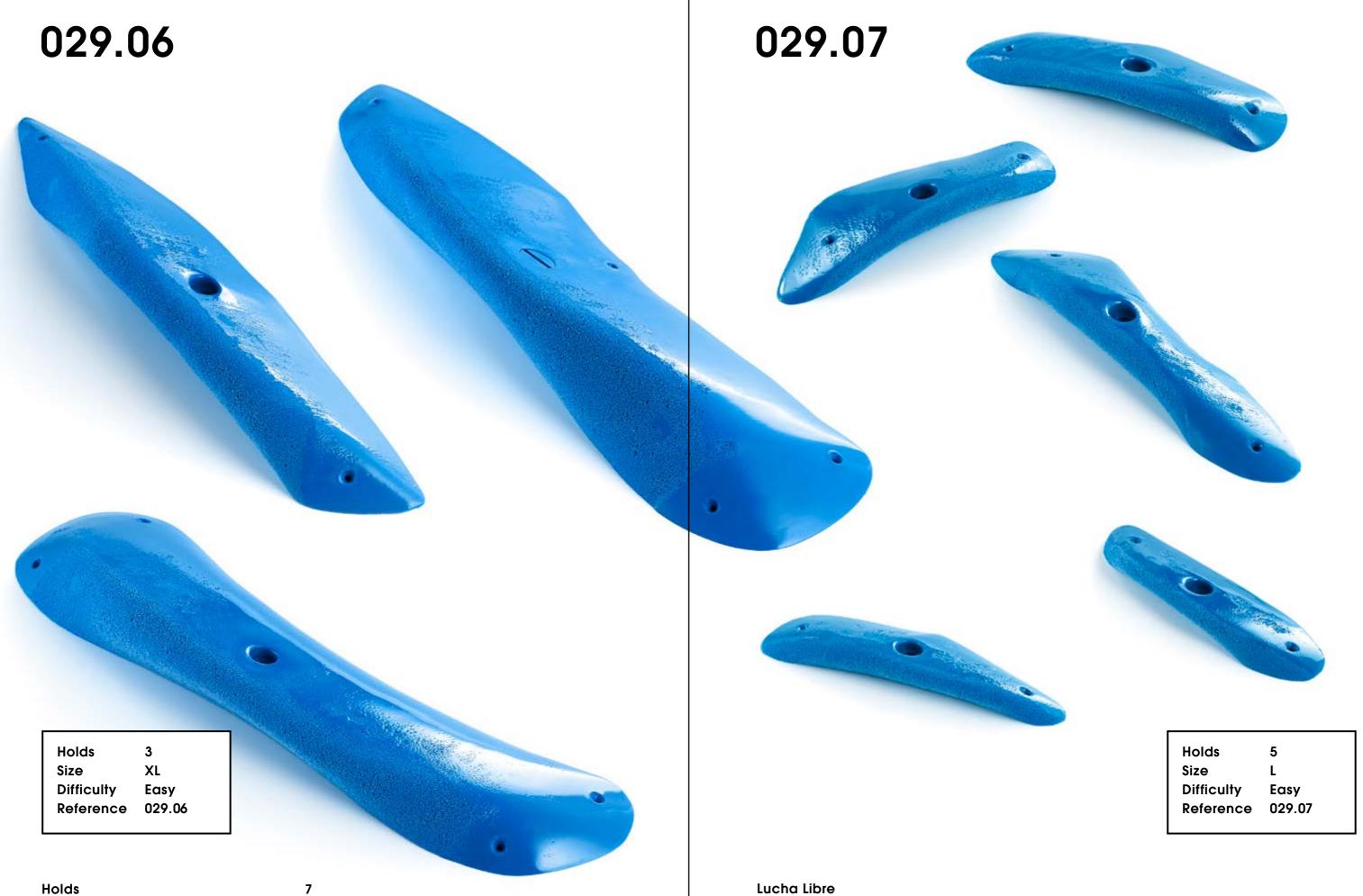


Hold	1
Size	XXXL
Difficulty	Hard
Reference	029.03

029.04		029.05
Holds 6	Hold 1 Size XXL Difficulty Hard Reference 029.04	Lucha Libre



Holds 3 XL Size Difficulty Easy Reference 029.05



7













Holds	5
Size	М
Difficulty	Easy
Reference	029.08











Holds	5
Size	М
Difficulty	Hard
Reference	029.11









Holds	5
Size	М
Difficulty	Hard
Reference	029.12

Holds

Lucha Libre

# Creature of Comfort

CM 10 20

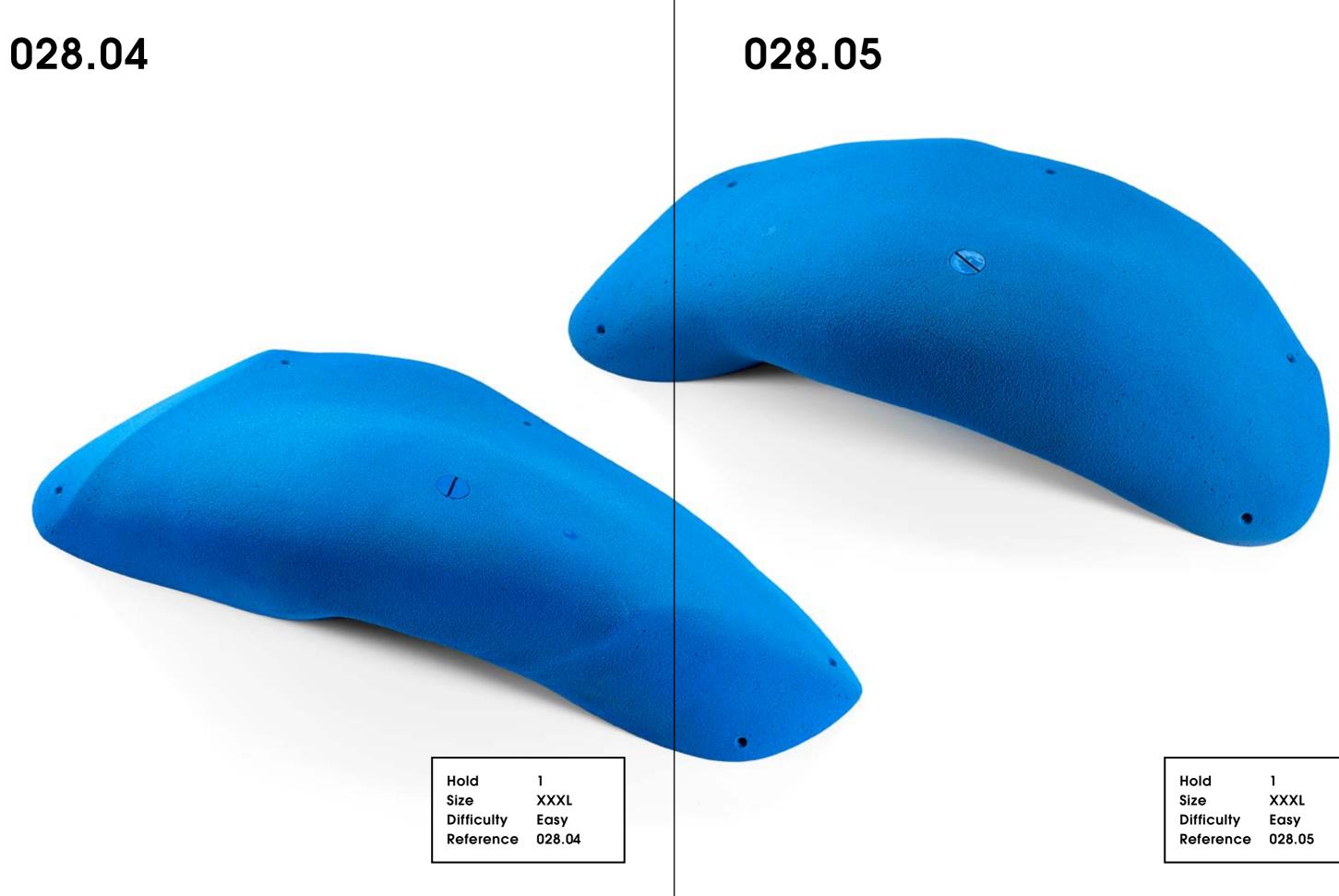


Hold	1
Size	XXXL
Difficulty	Easy
Reference	028.01

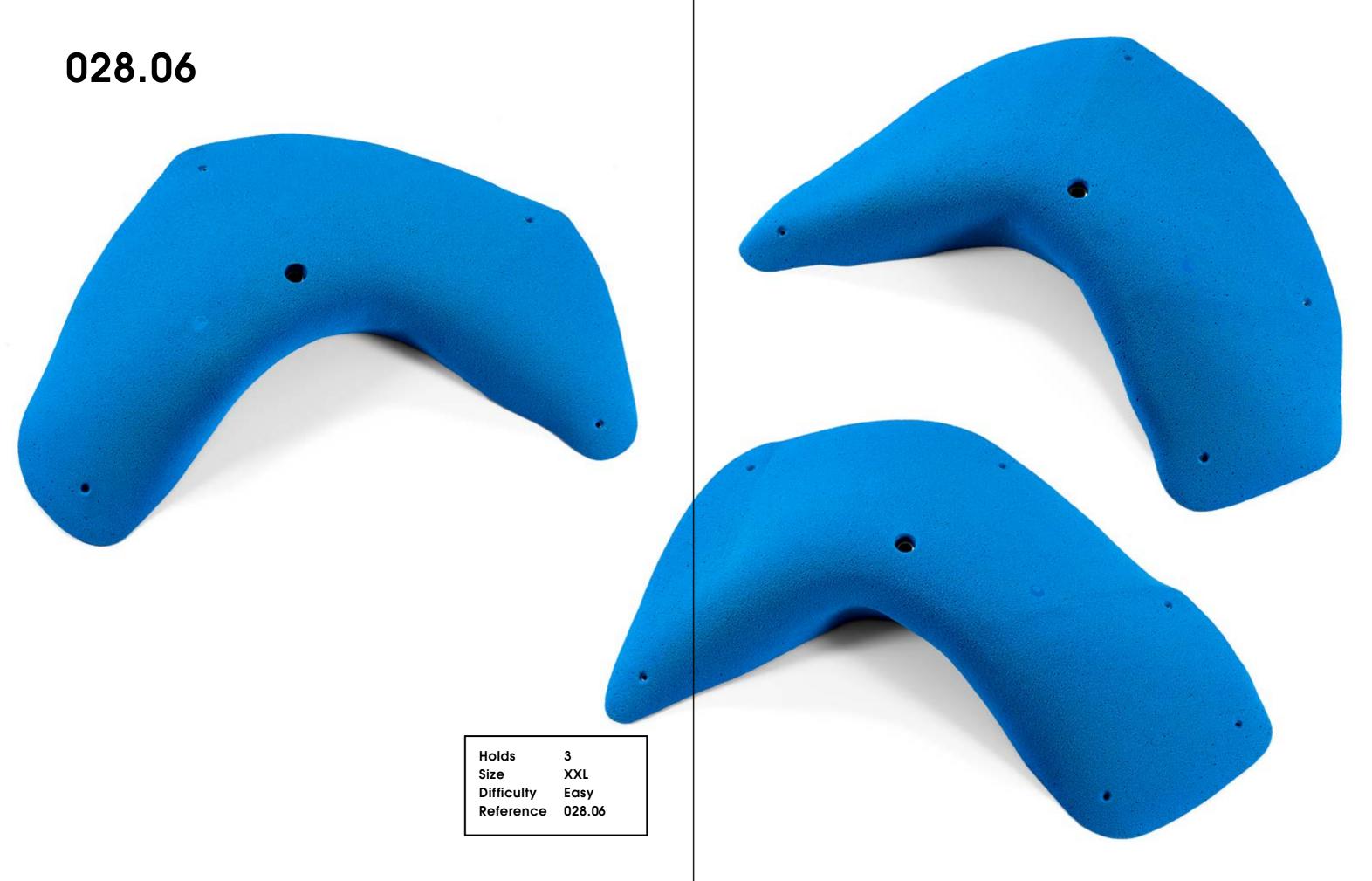


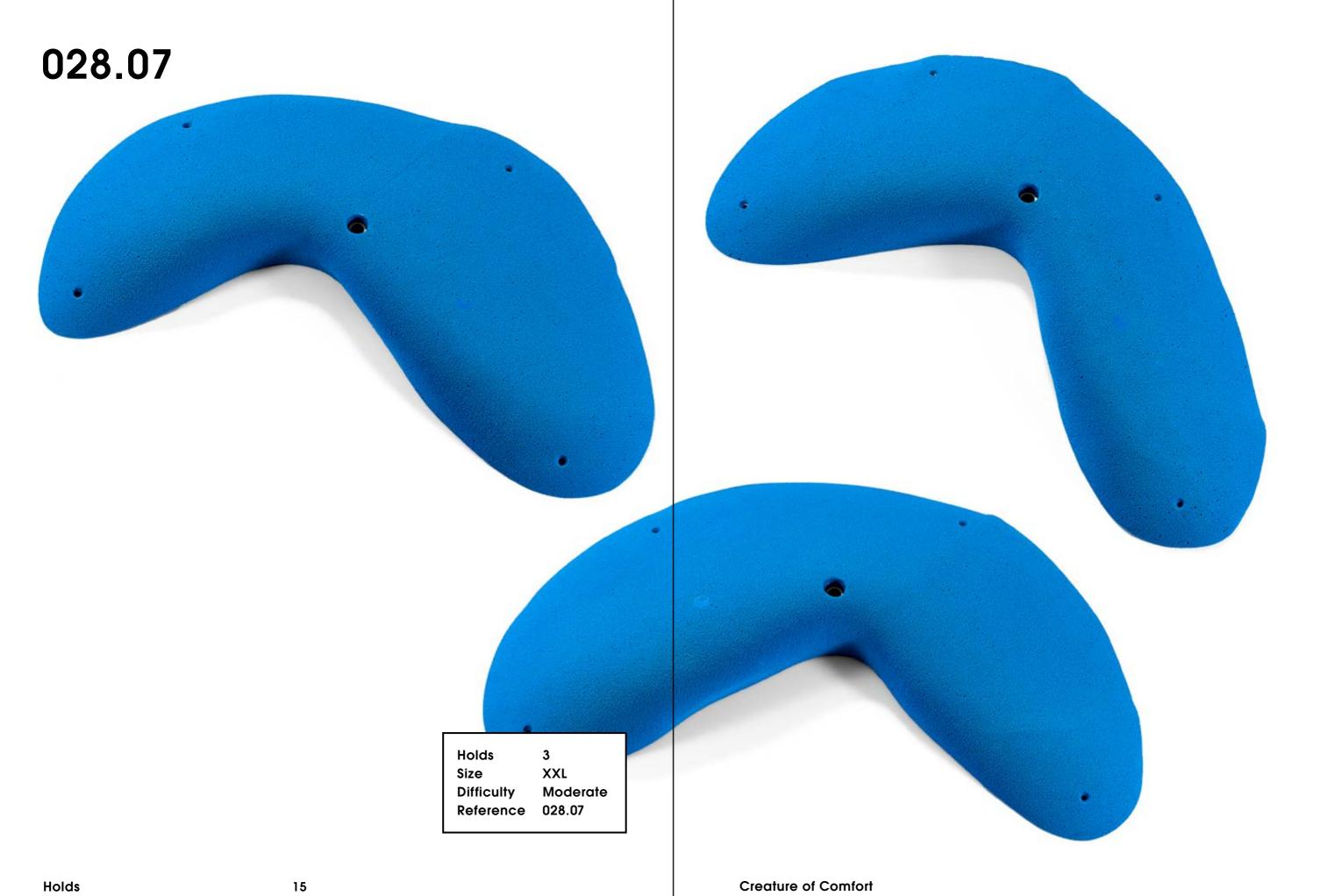
12

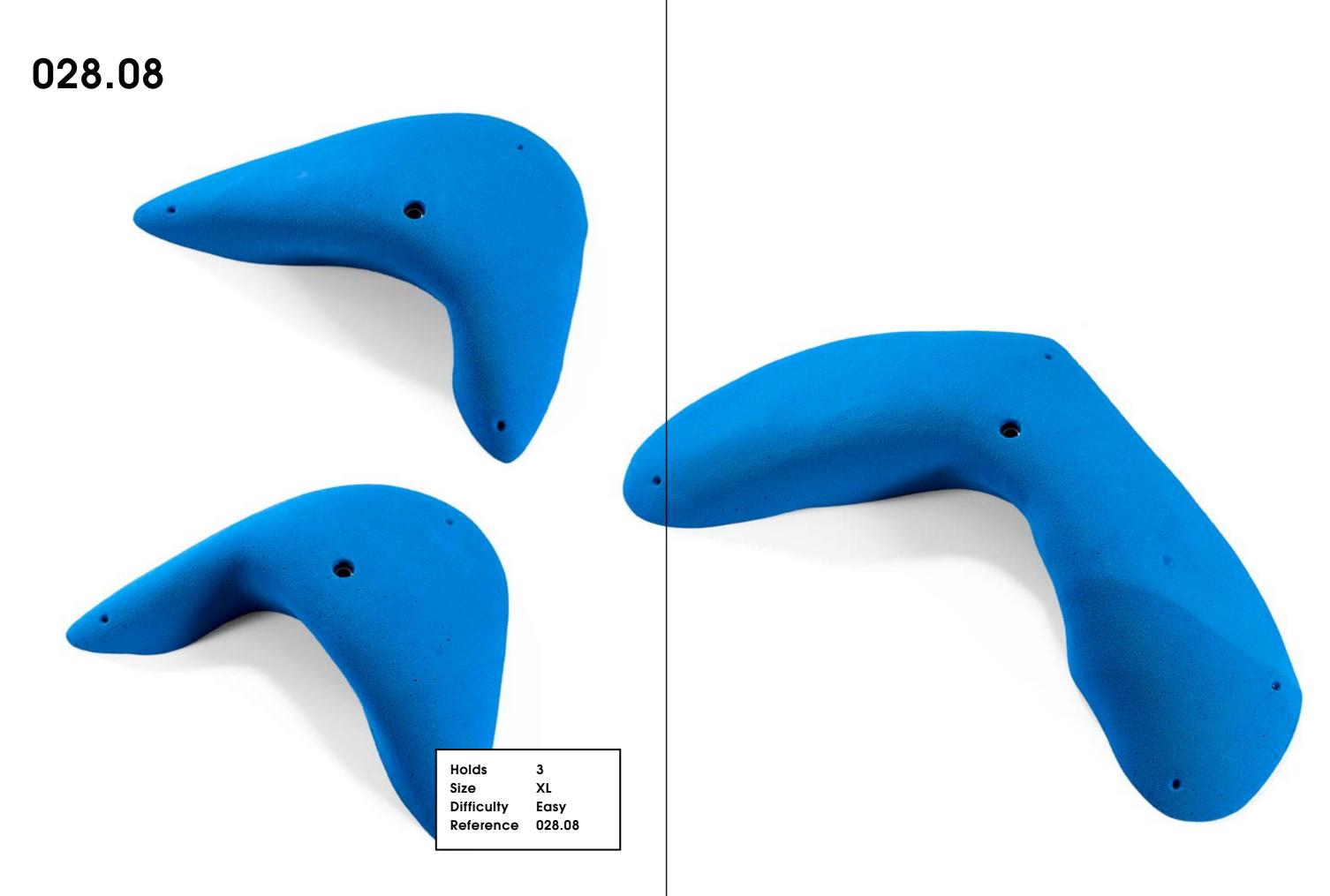
Hold	1
Size	XXXL
Difficulty	Easy
Reference	028.03

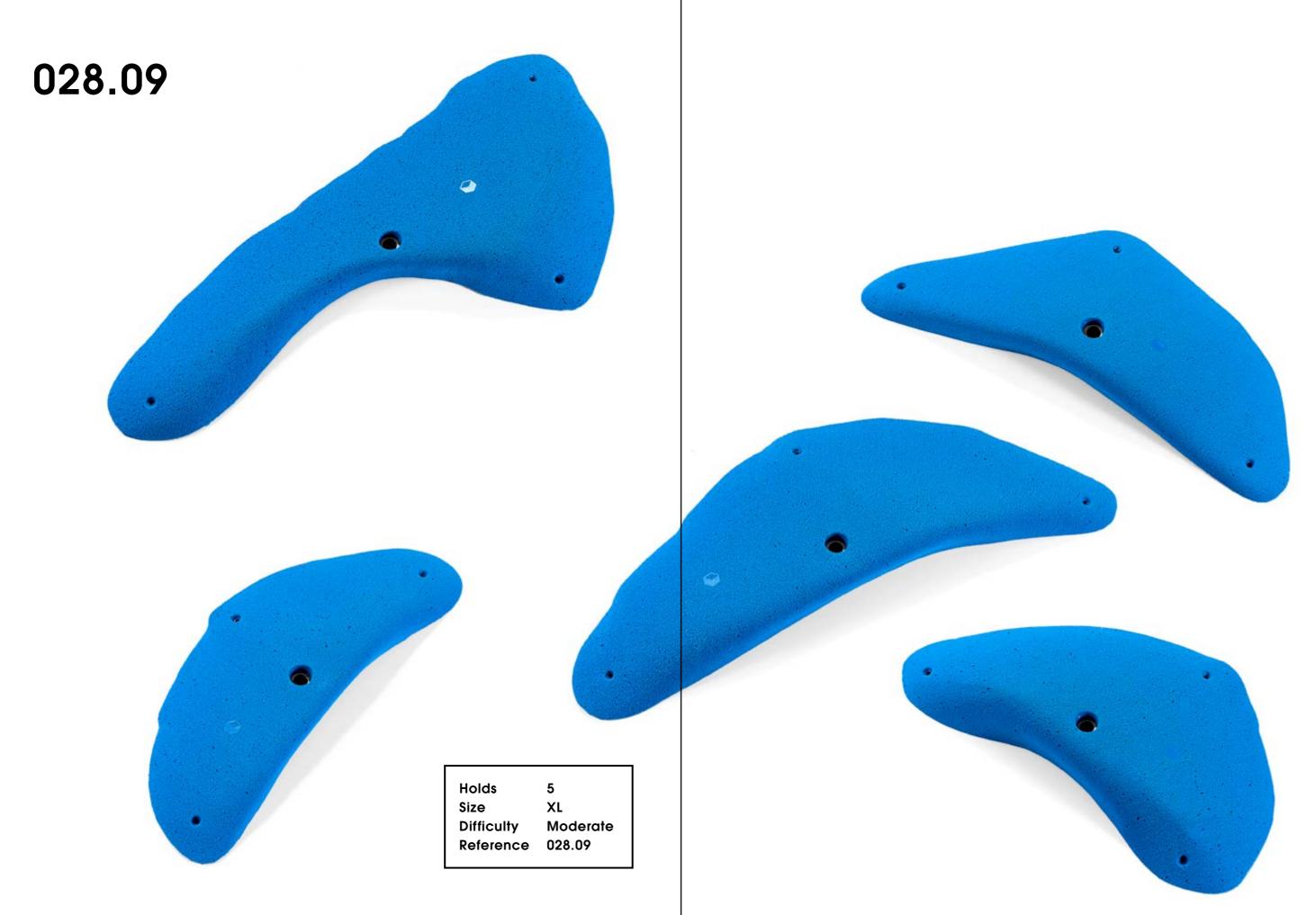


Hold	1
Size	XXXL
Difficulty	Easy
Reference	028.05











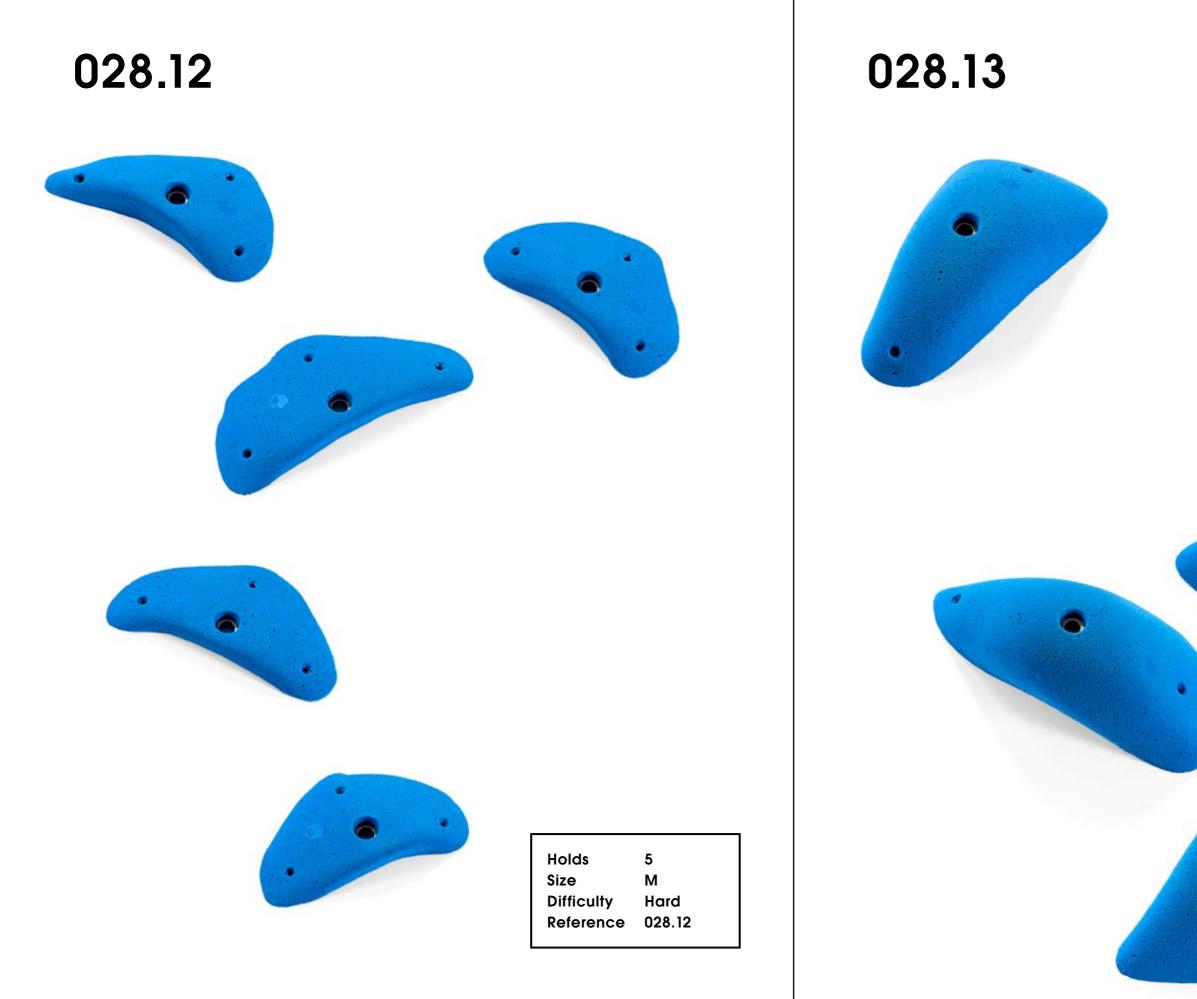




Creature of Comfort

Holds Size Difficulty Reference

Μ Hard 028.11

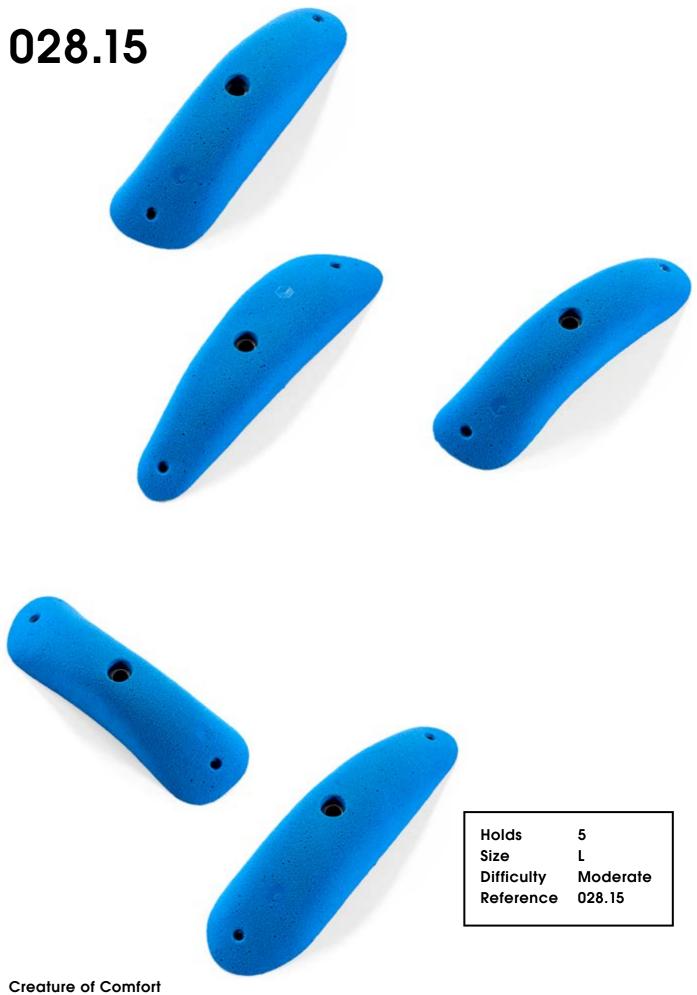


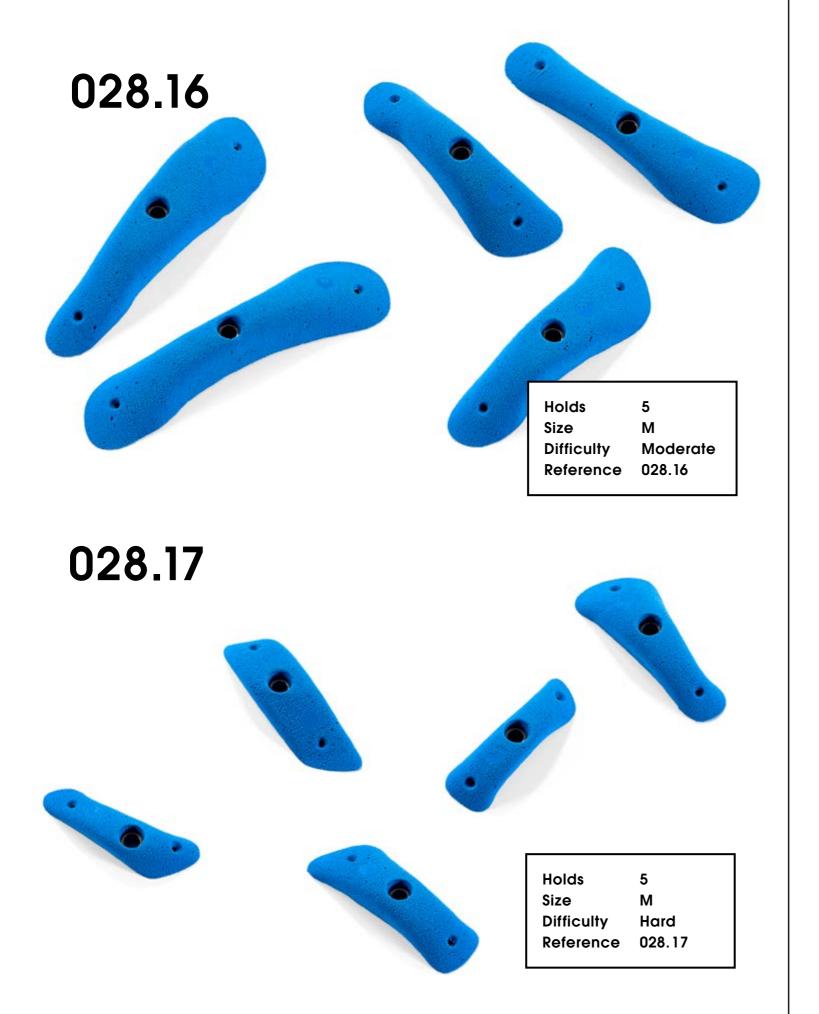
Holds Size Difficulty Reference 028.13

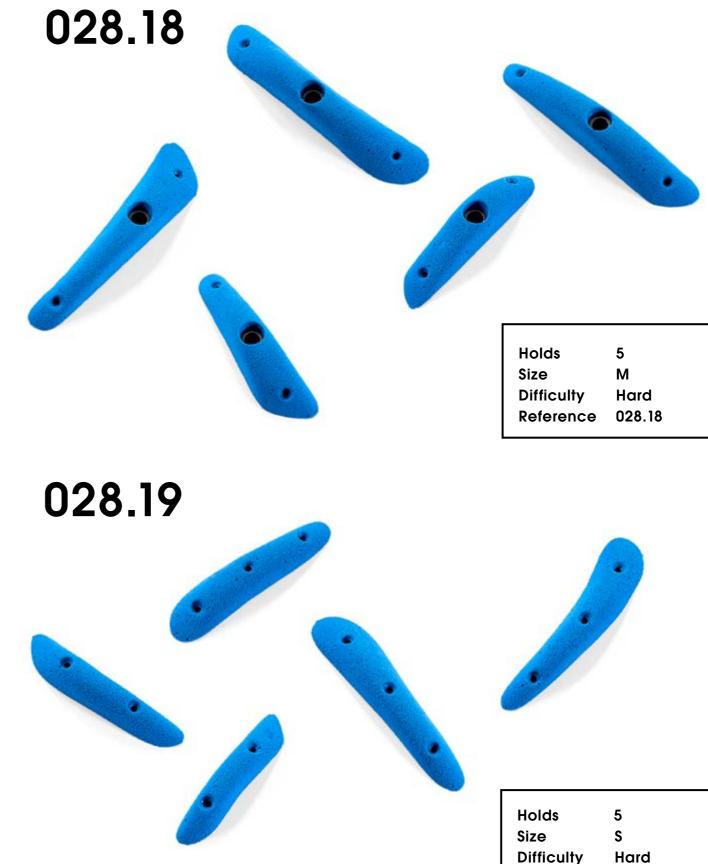
5 XL Moderate

6







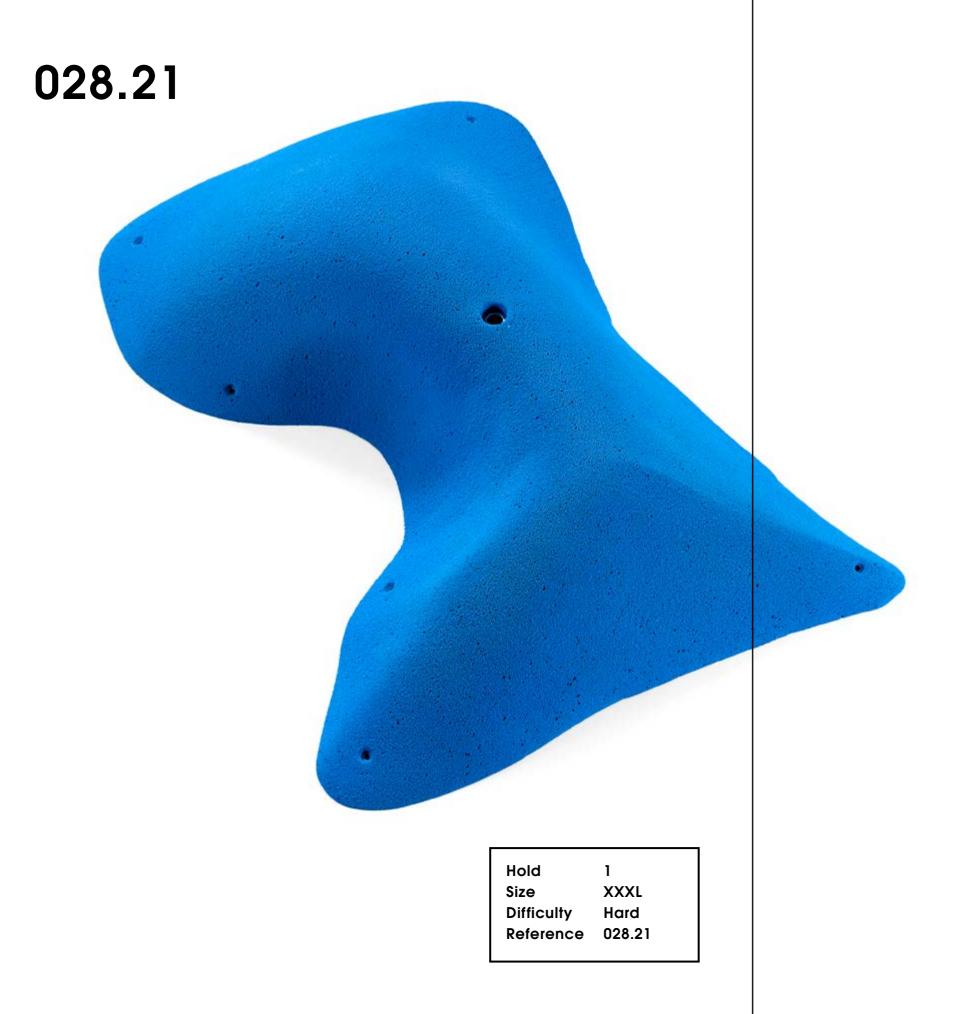


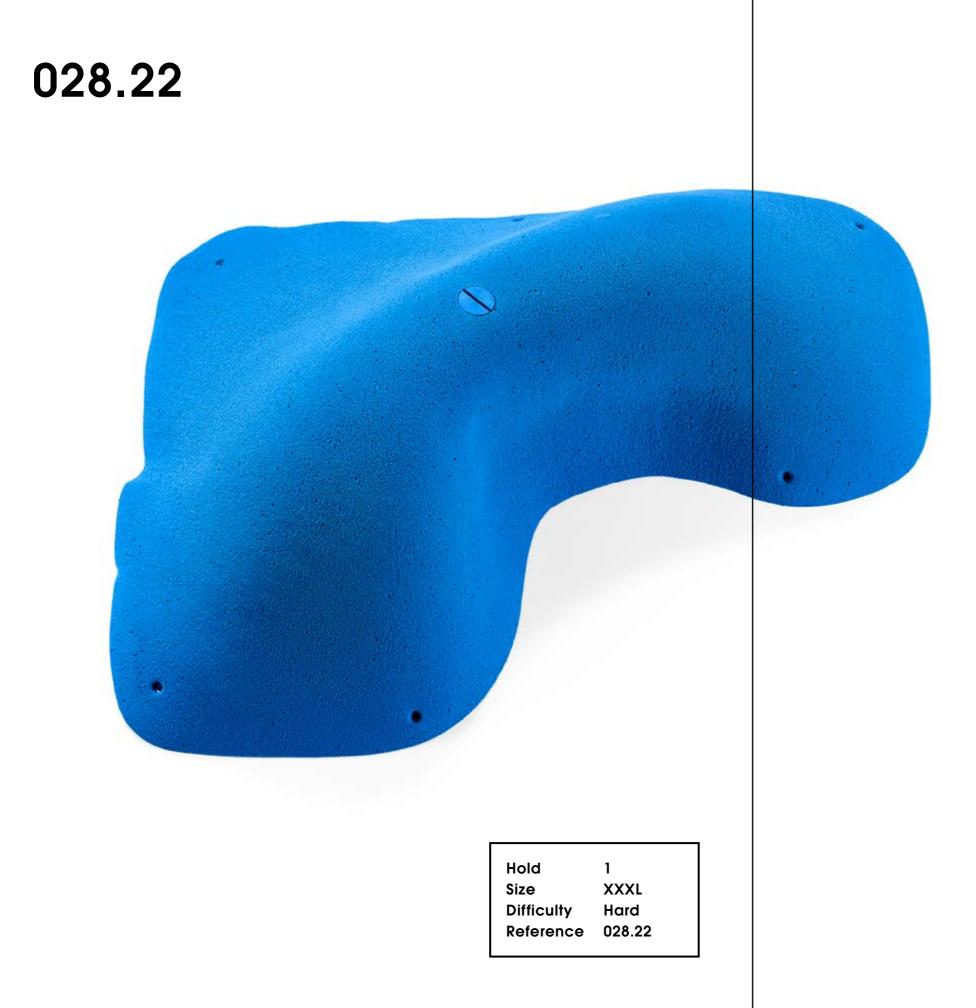
Holds	5
Size	Μ
Difficulty	Hard
Reference	028.18

Holds	5
Size	S
Difficulty	Hard
Reference	028.19





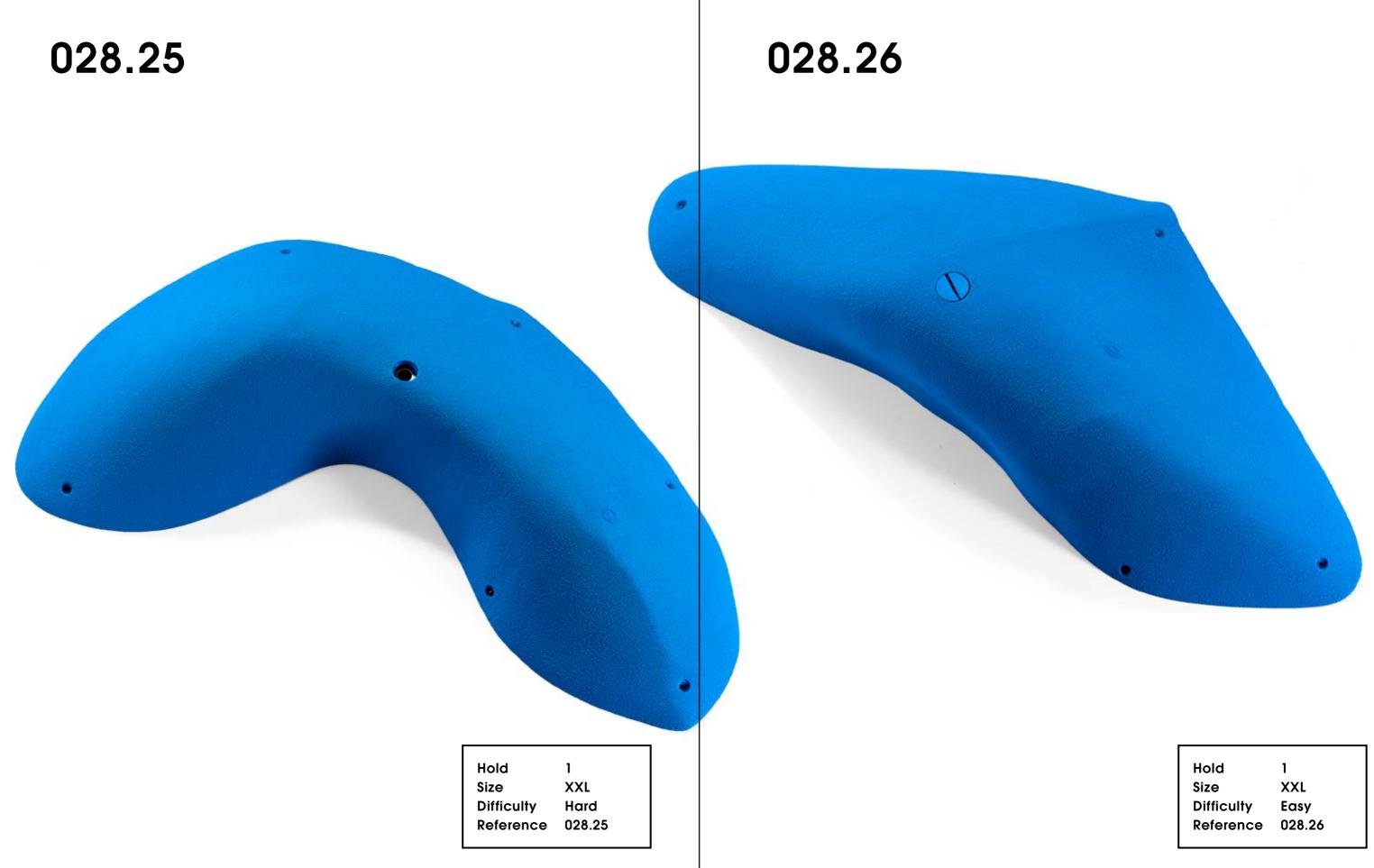




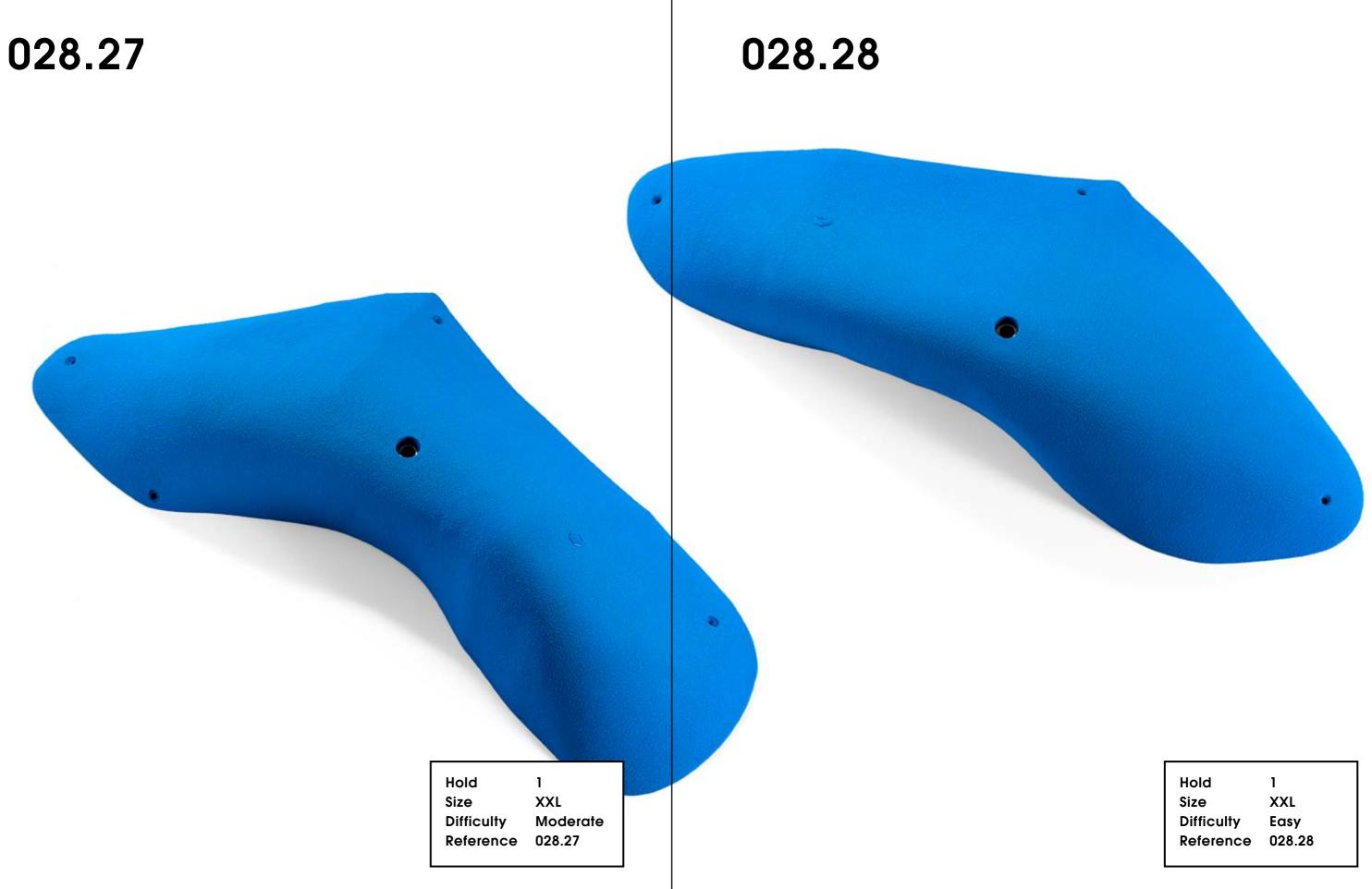


Hold Size Difficulty Reference

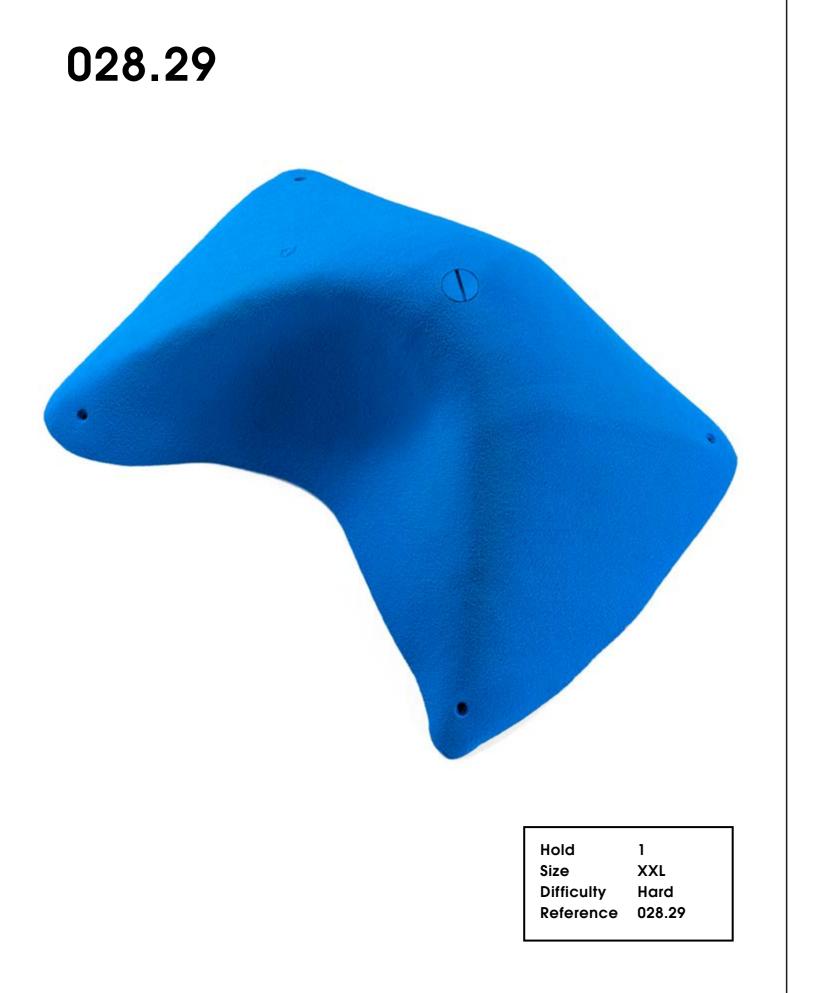
1 XXL Hard 028.24



Hold	1
Size	XXL
Difficulty	Easy
Reference	028.26



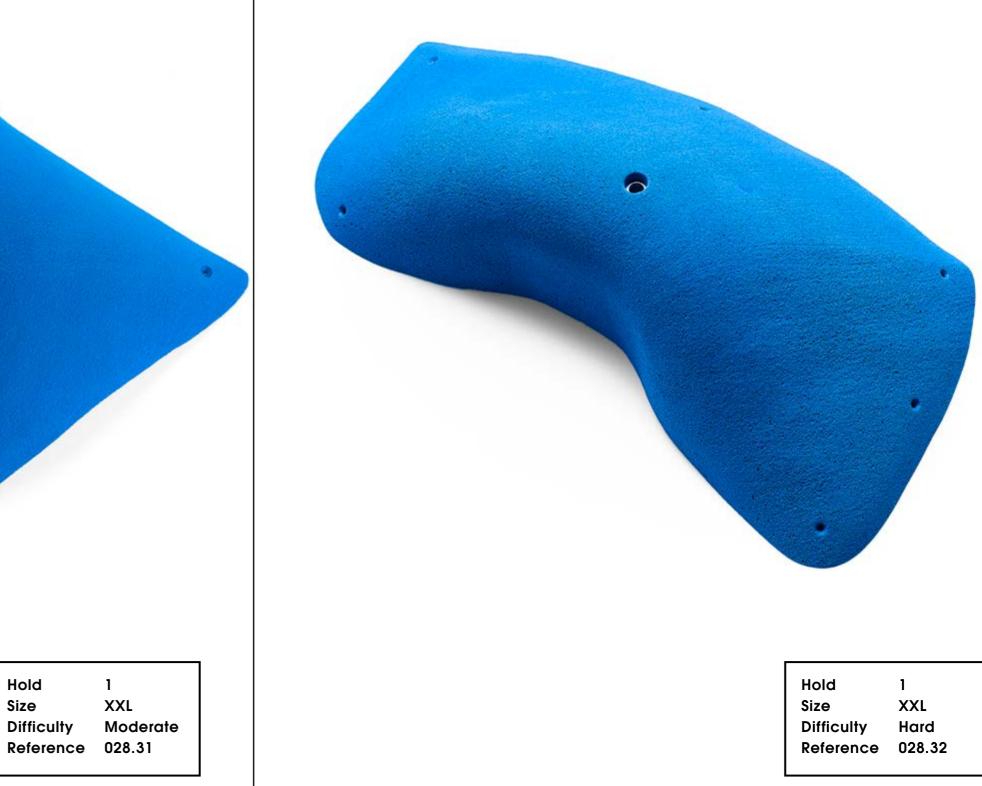
Hold	1
Size	XXL
Difficulty	Easy
Reference	028.28





Hold	1
Size	XXL
Difficulty	Easy
Reference	028.





0

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Hold

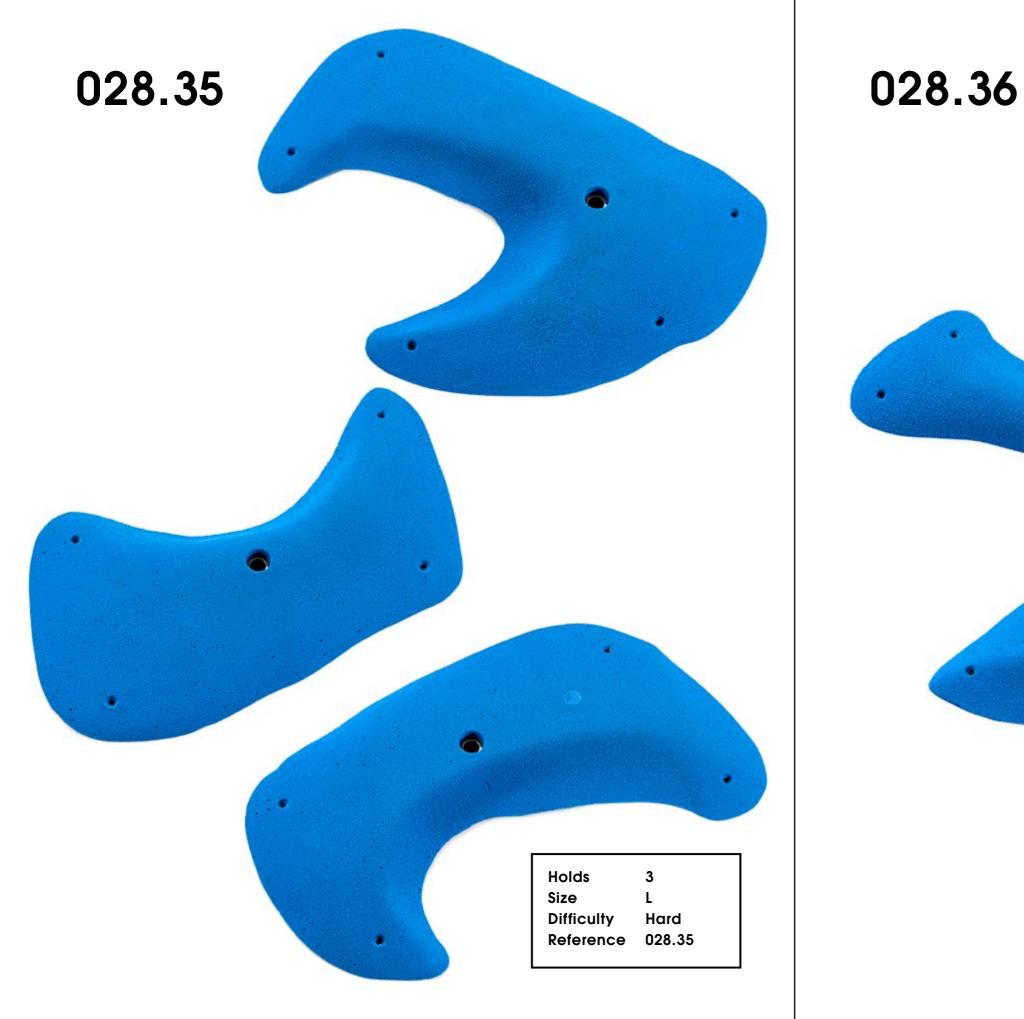
Size

Hold	1
Size	XXL
Difficulty	Hard
Reference	028.32

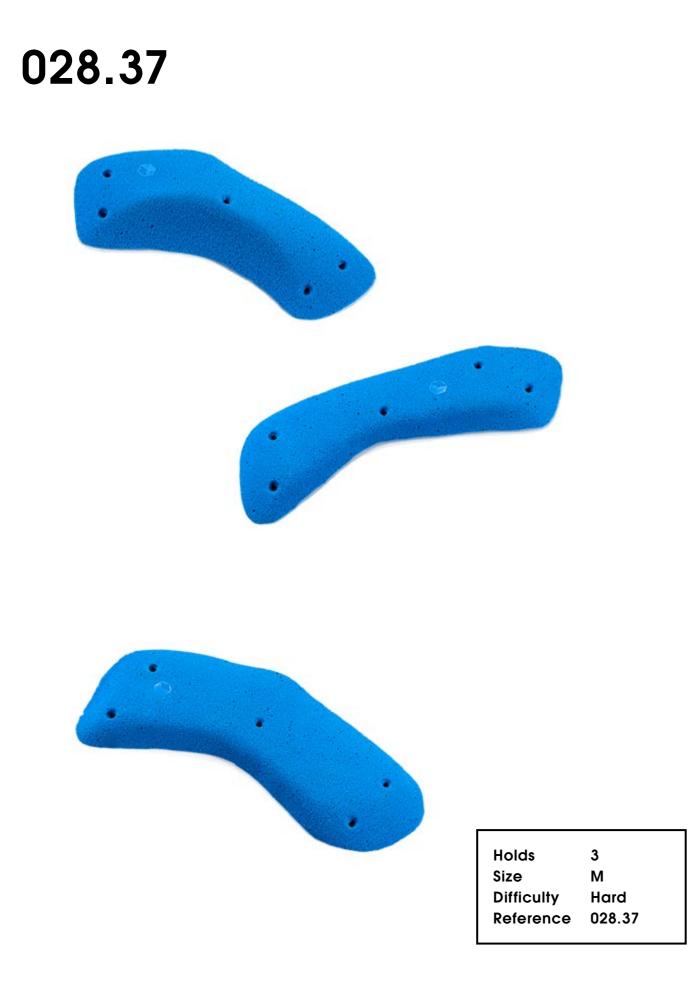




Hold	1
Size	XXL
Difficulty	Hard
Reference	028.34























Holds	3
Size	М
Difficulty	Hard
Reference	028.39



028.41



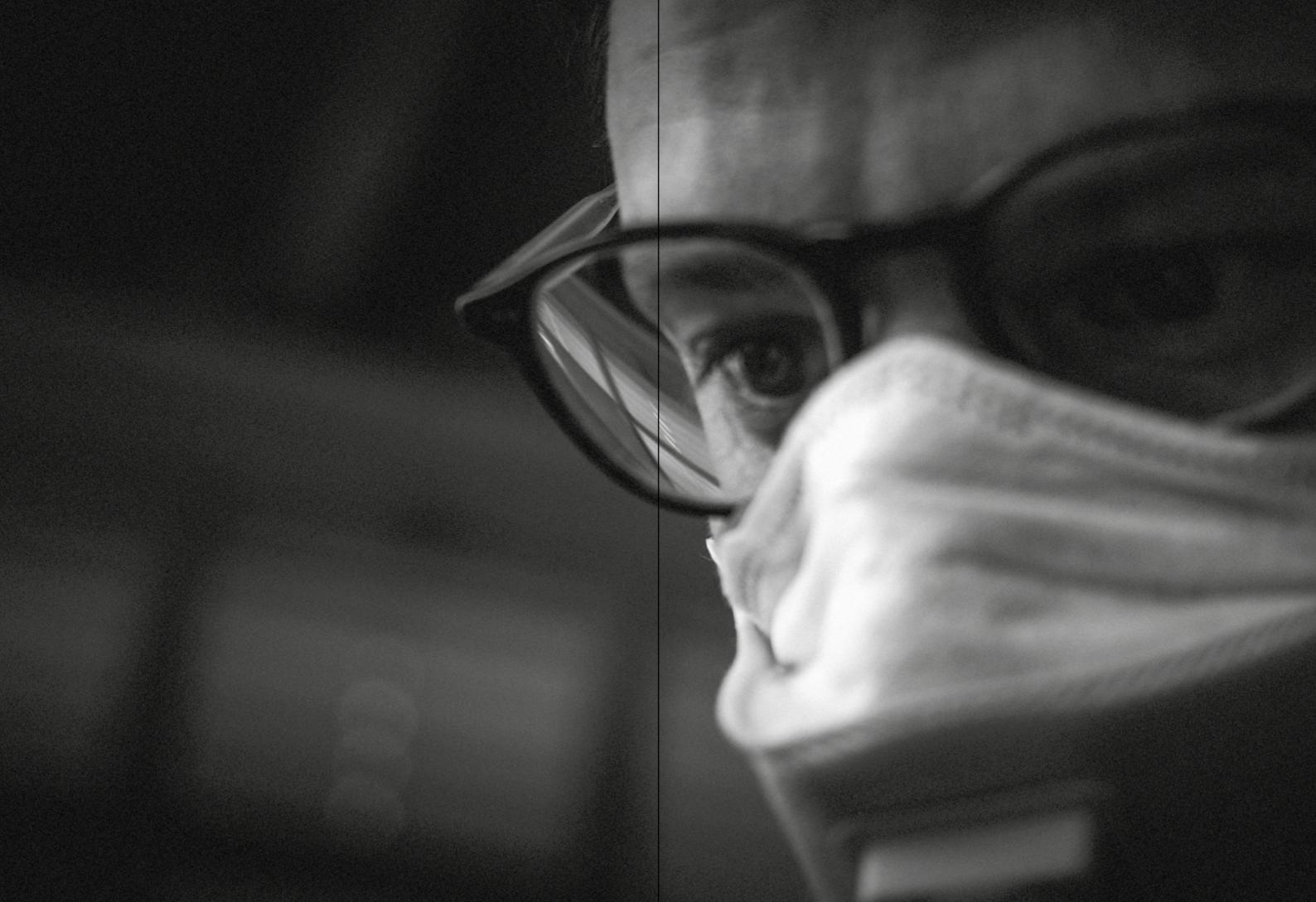




Holds Size Difficulty Reference 3 S Hard 028.40



Holds	3
Size	S
Difficulty	Hard
Difficulty	nuiu
Reference	028.41



# **Electric Flavour**

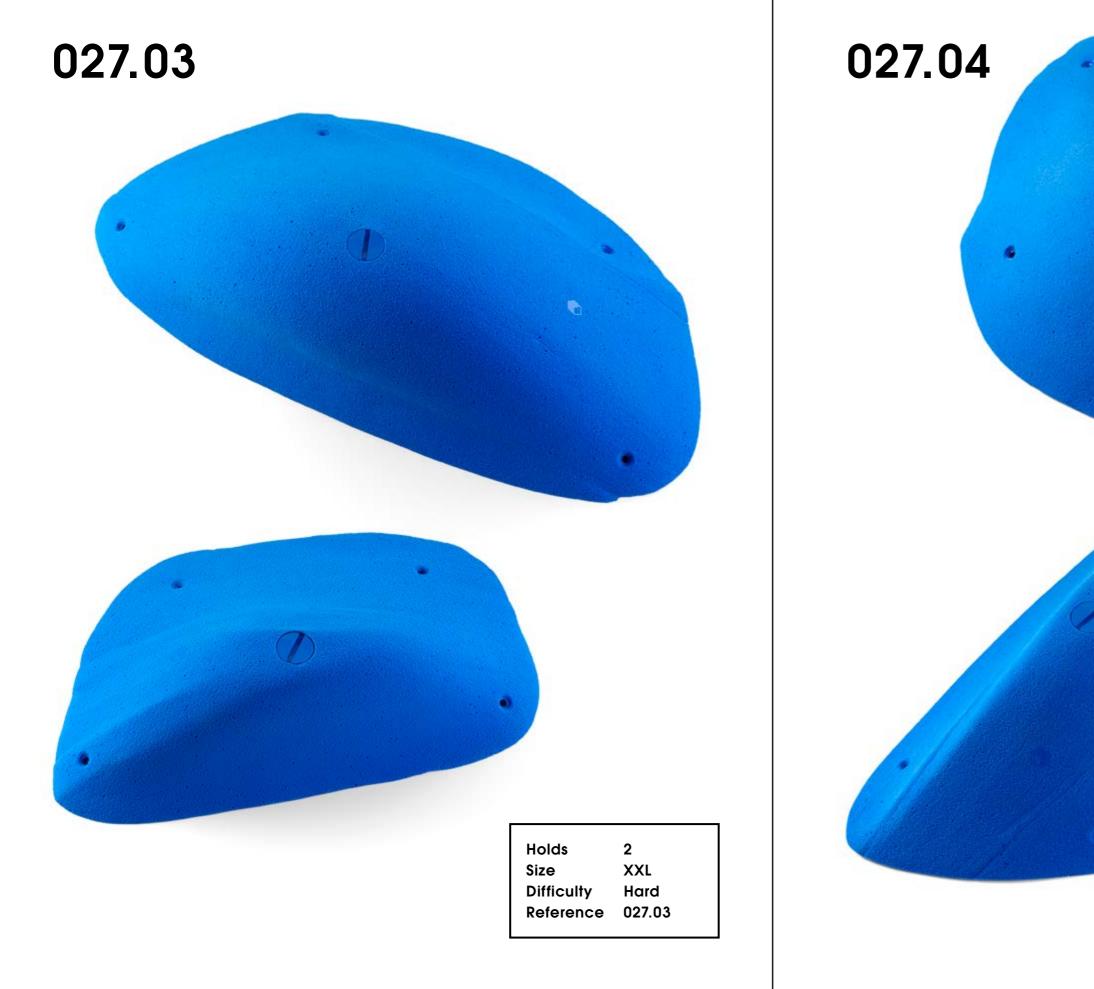
CM 10 20

027.01

Hold 1 Size XXL Difficulty Hard Reference 027.01

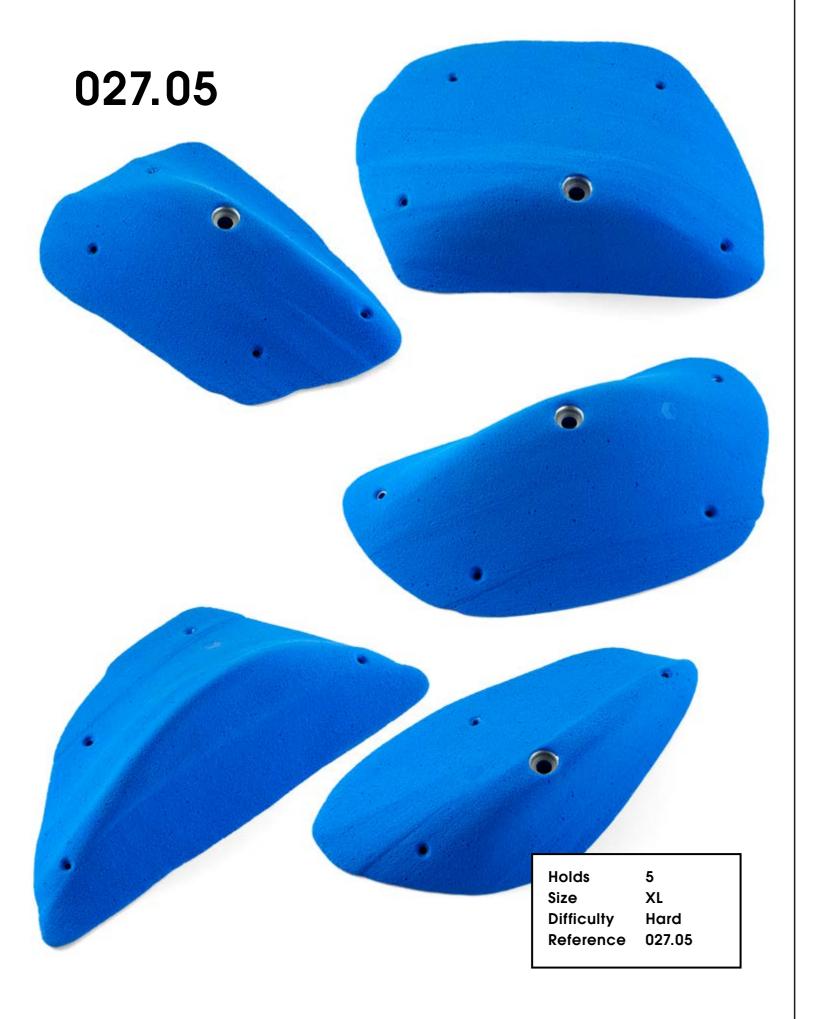


Hold	1
Size	XXL
Difficulty	Hard
Reference	027.02





Holds	2
Size	XXL
Difficulty	Hard
Reference	027.04







**Electric Flavor** 

Holds	5
Size	L
Difficulty	Hard
Reference	027.06

## 6 0 Holds 5 Size Μ Difficulty Hard Reference 027.07



Hold	1
Size	XXL
Difficulty	Easy
Reference	027.08



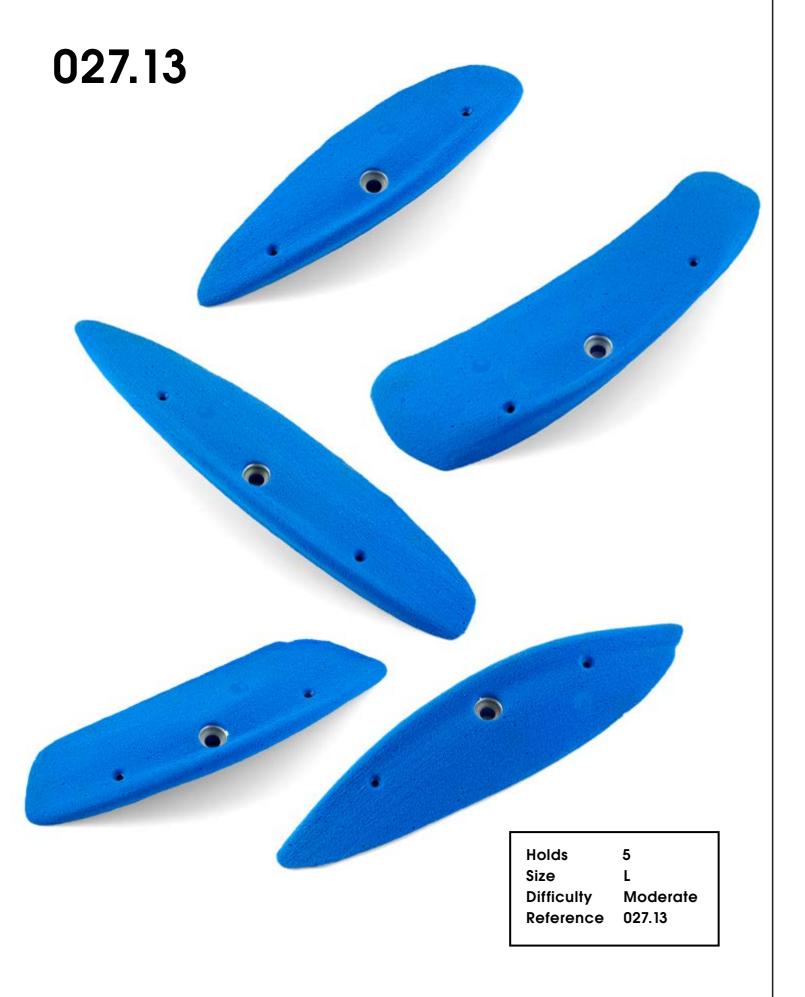


Hold Size Difficulty Reference

1 XL Moderate 027.10







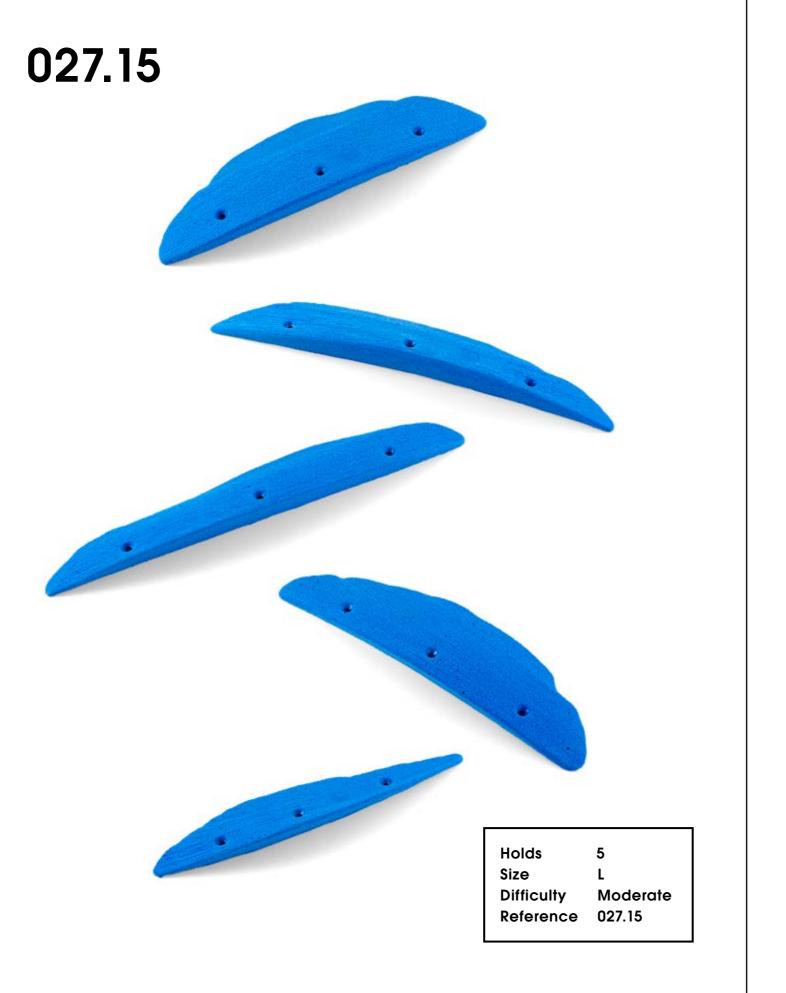


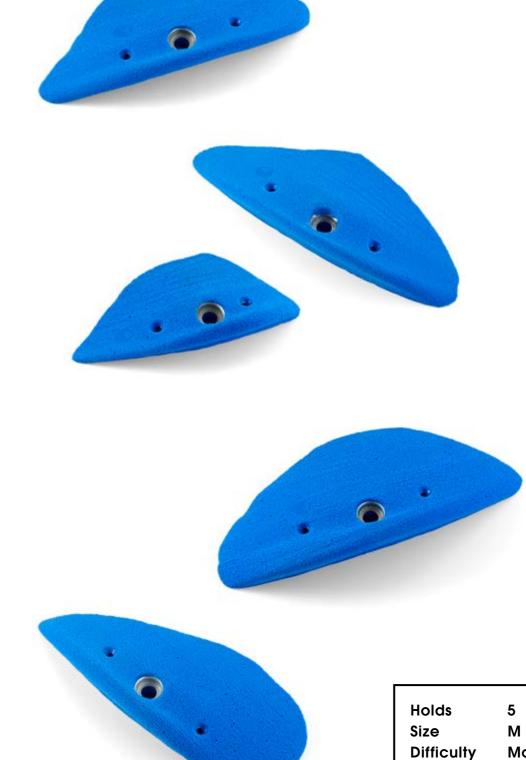




Holds Size Difficulty Reference

5 L Moderate 027.14

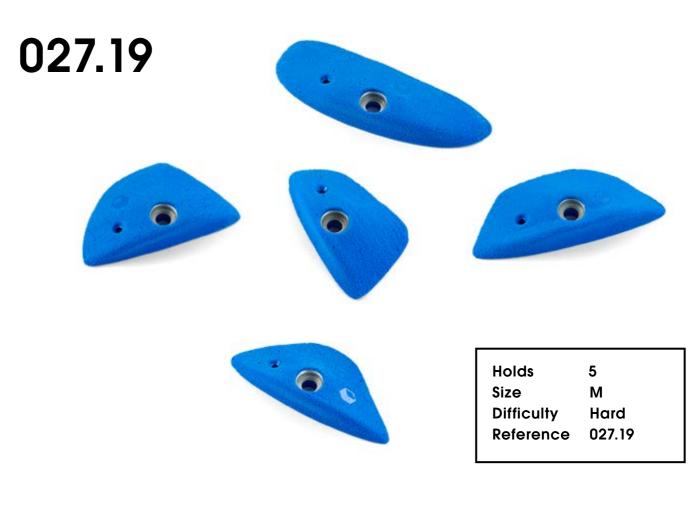




Reference 027.16

Moderate

	Holds 5 Size M Difficulty Moderate Reference 027.17
027.18	
	Holds 5 Size M Difficulty Moderate Reference 027.18



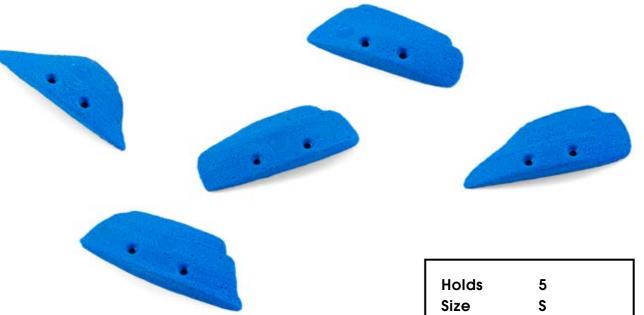




Holds Size Difficulty Reference

5 S Moderate 027.20

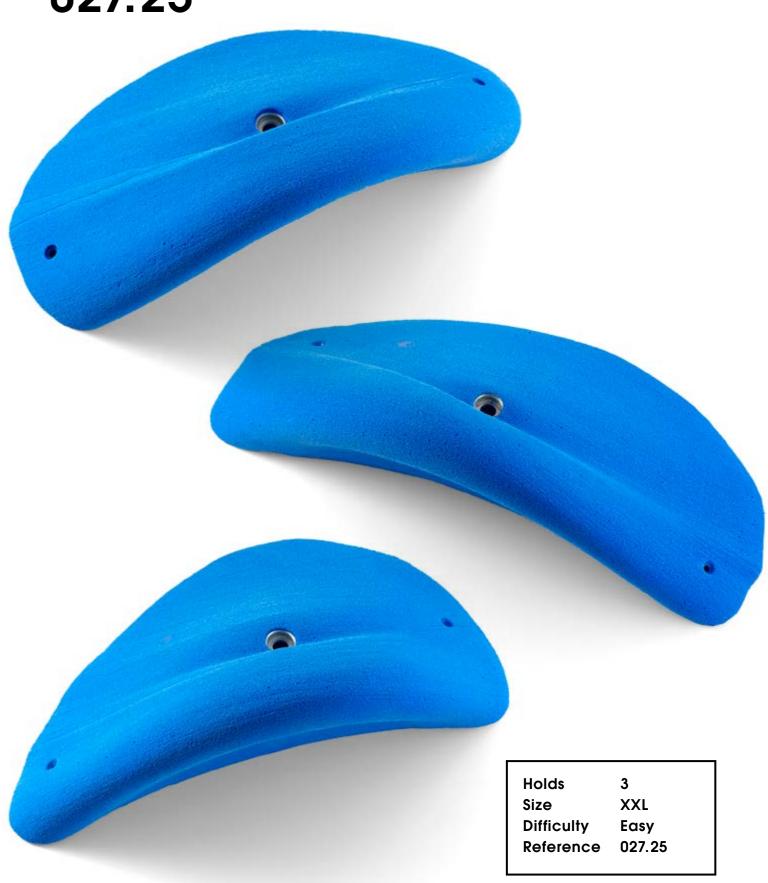
027.21			
		Holds Size Difficulty Reference	5 S Moderate 027.21
027.22			
Holds 4	5	Holds Size Difficulty Reference	5 S Hard 027.22



Holds	5
Size	S
Difficulty	Hard
Reference	027.23

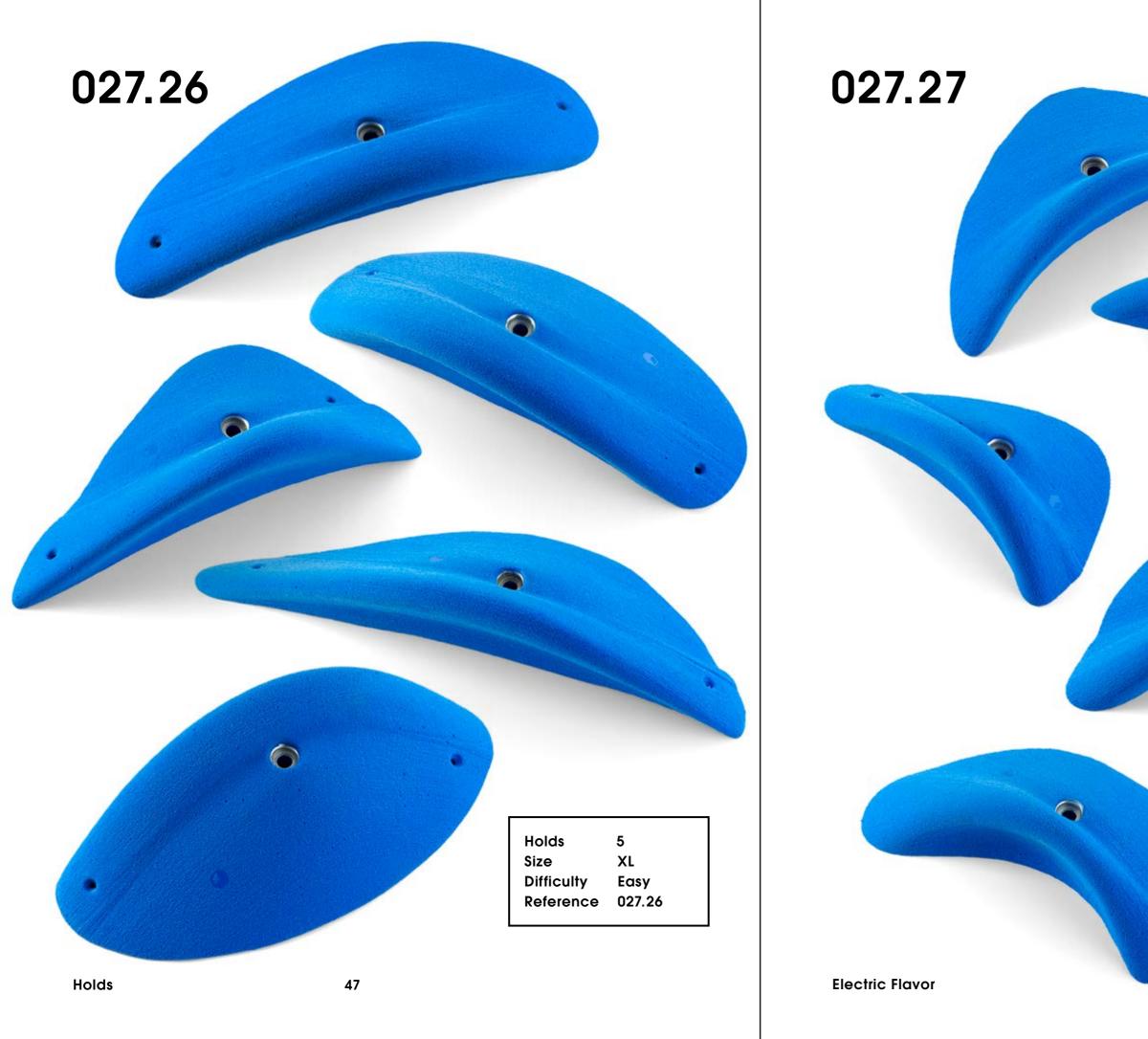
#### Holds 2 XXL Size Easy Difficulty Reference 027.24

027.25



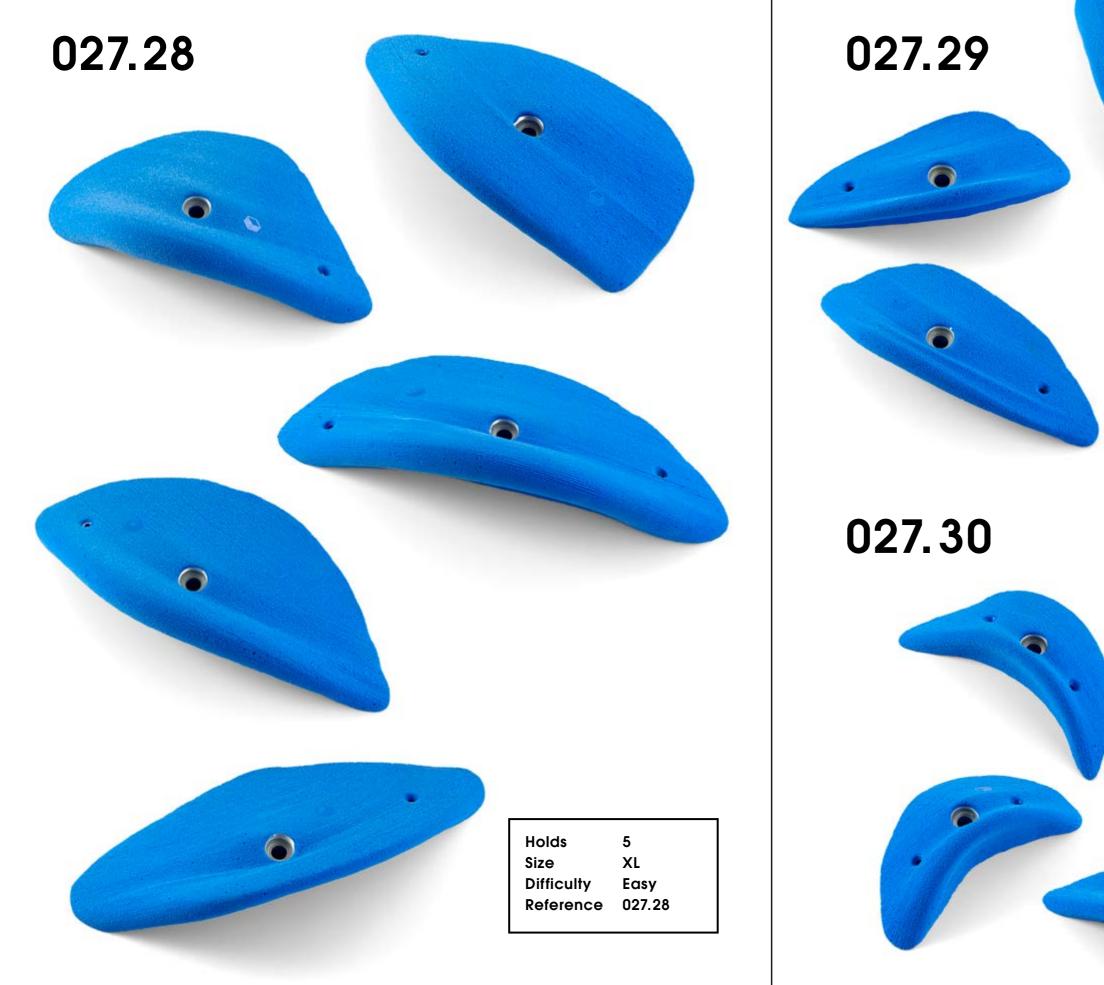
**Electric Flavor** 

3
Х
Ε
0





Holds	5
Size	XL
Difficulty	Easy
Reference	027.27
	-



**Electric Flavor** 







0

Holds	5
Size	L
Difficulty	Ec
Reference	02

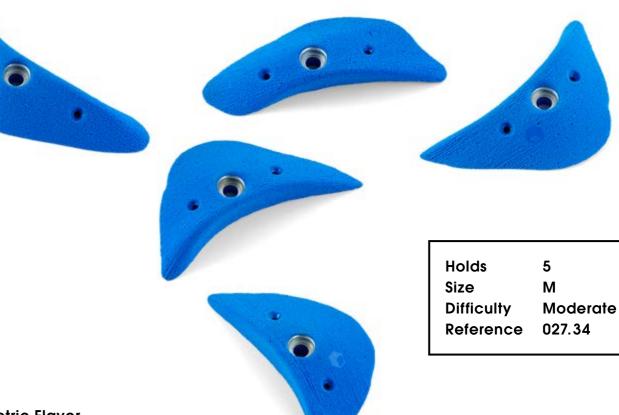
L Easy 027.30





027.33 6

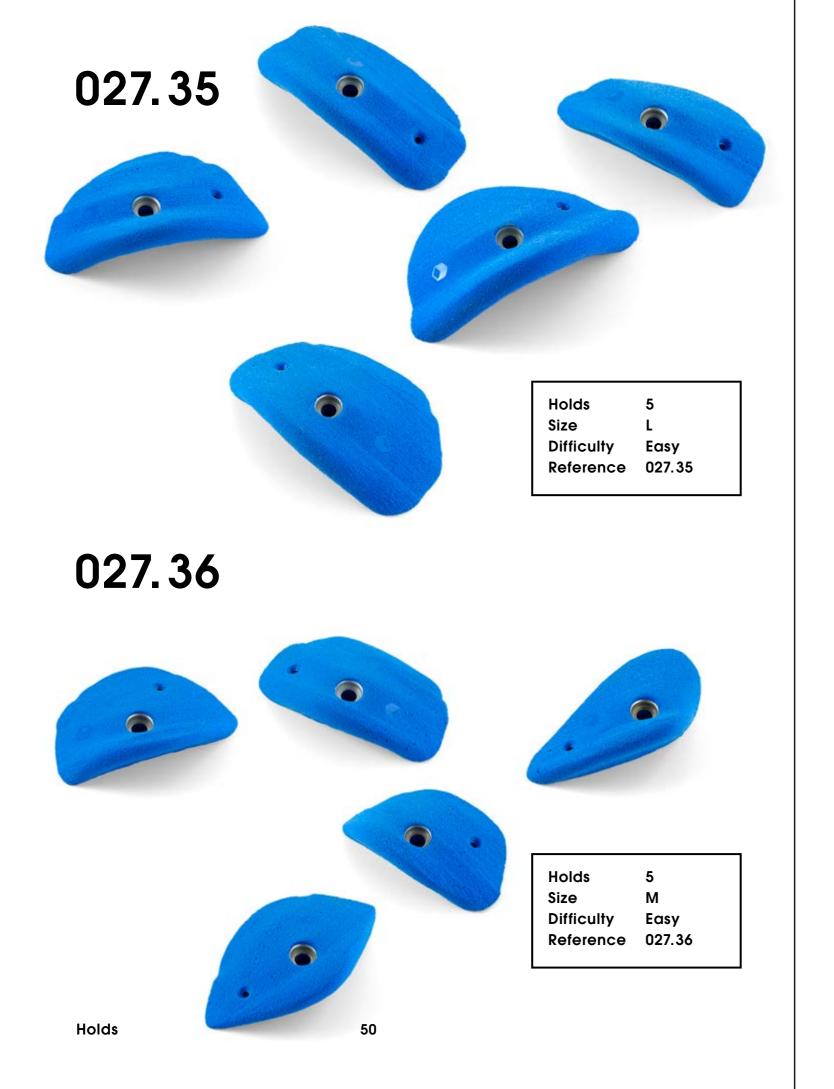
027.34



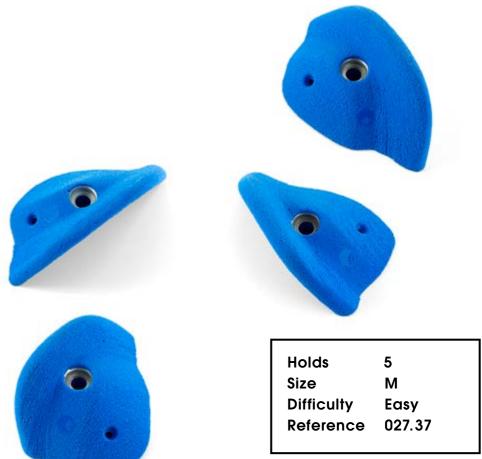


Holds
Size
Difficulty
Reference

5 Μ Moderate 027.33

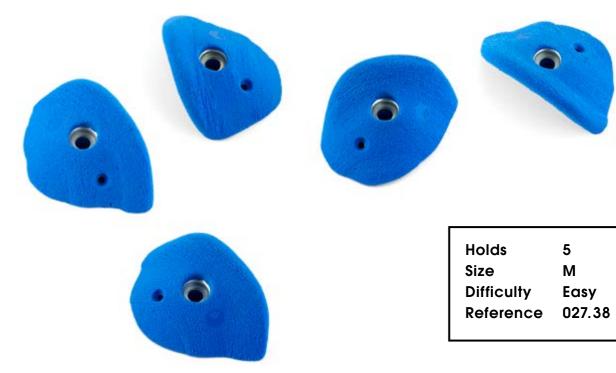






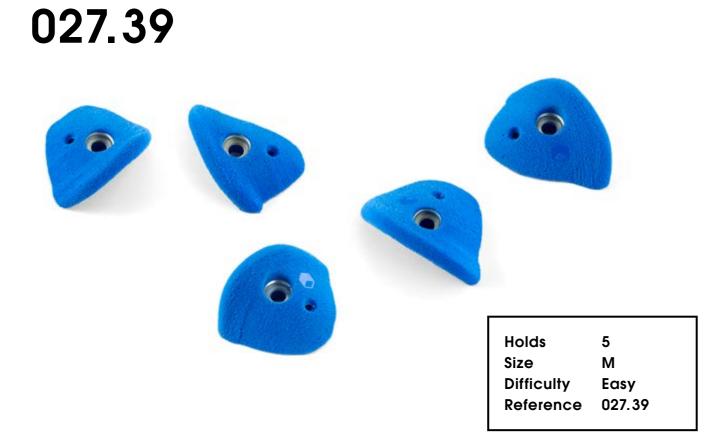


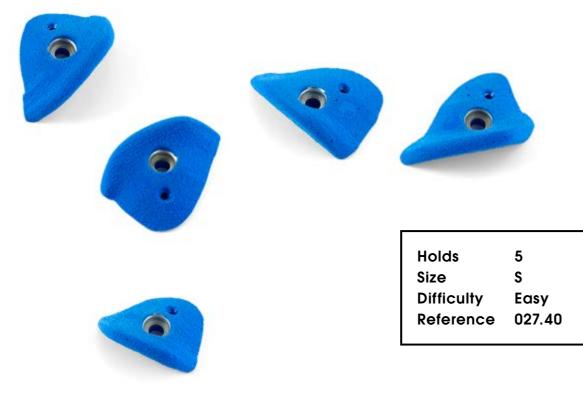
027.38



**Electric Flavor** 

Holds	5
Size	М
Difficulty	Easy
Reference	027.38





027.41





Holds	5
Size	S
Difficulty	Easy
Reference	027.41



Holds	5
Size	S
Difficulty	Easy
Reference	027.42



# Damage Control

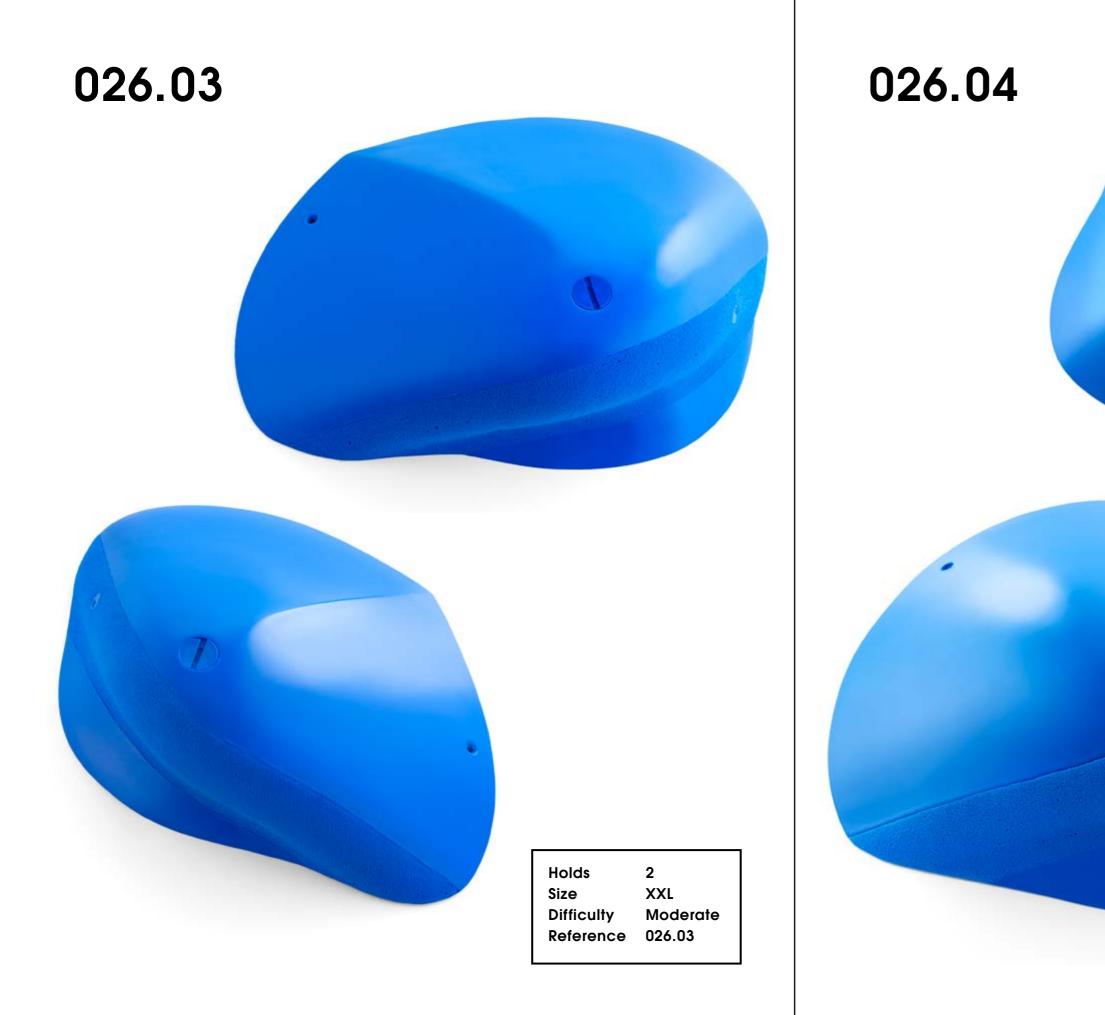
CM 10 20

026.01

Hold	1
Size	XXXL
Difficulty	Easy
Reference	026.01



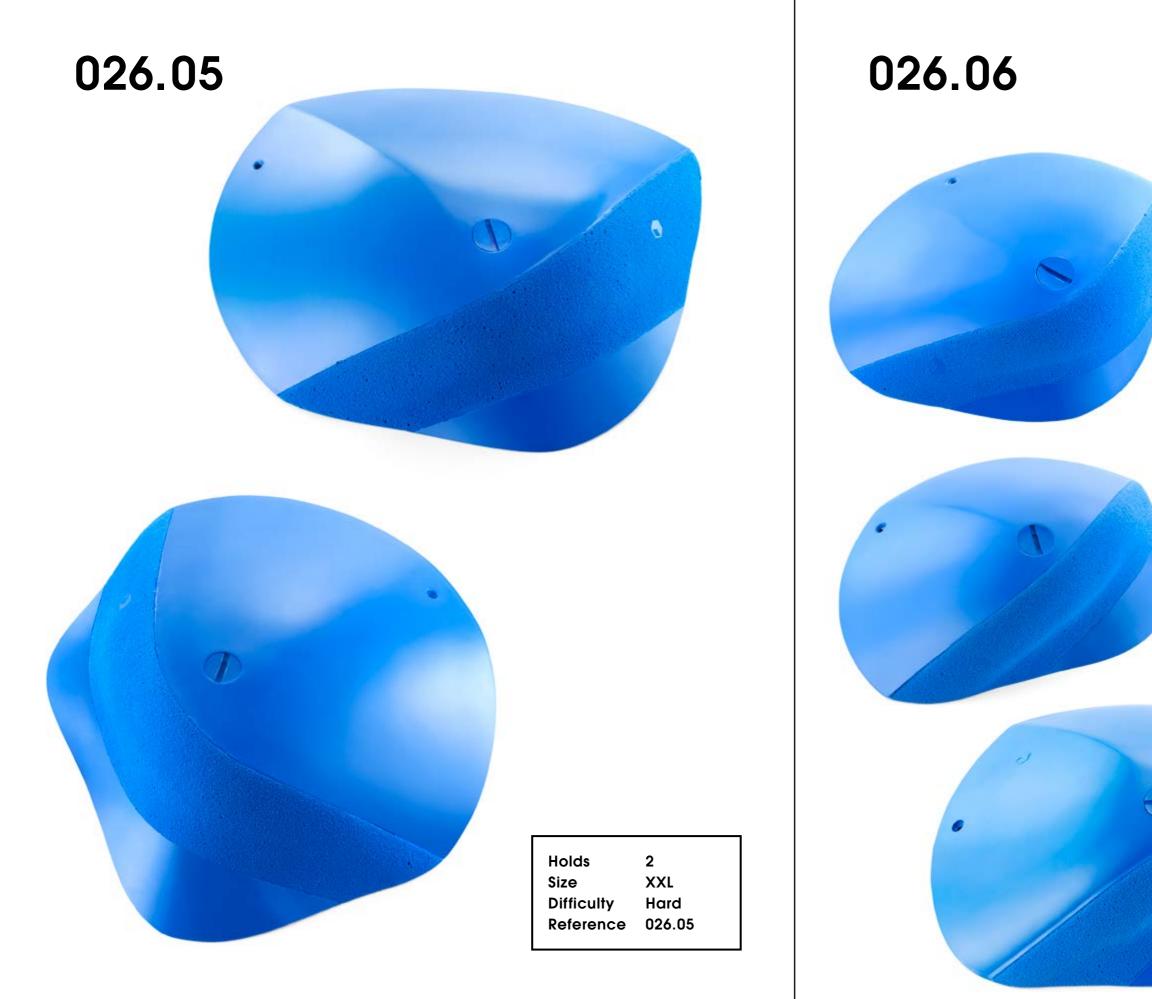
Hold	1
Size	XXL
Difficulty	Hard
Reference	026.02



54



Holds Size Difficulty Reference 2 XXL Moderate 026.04

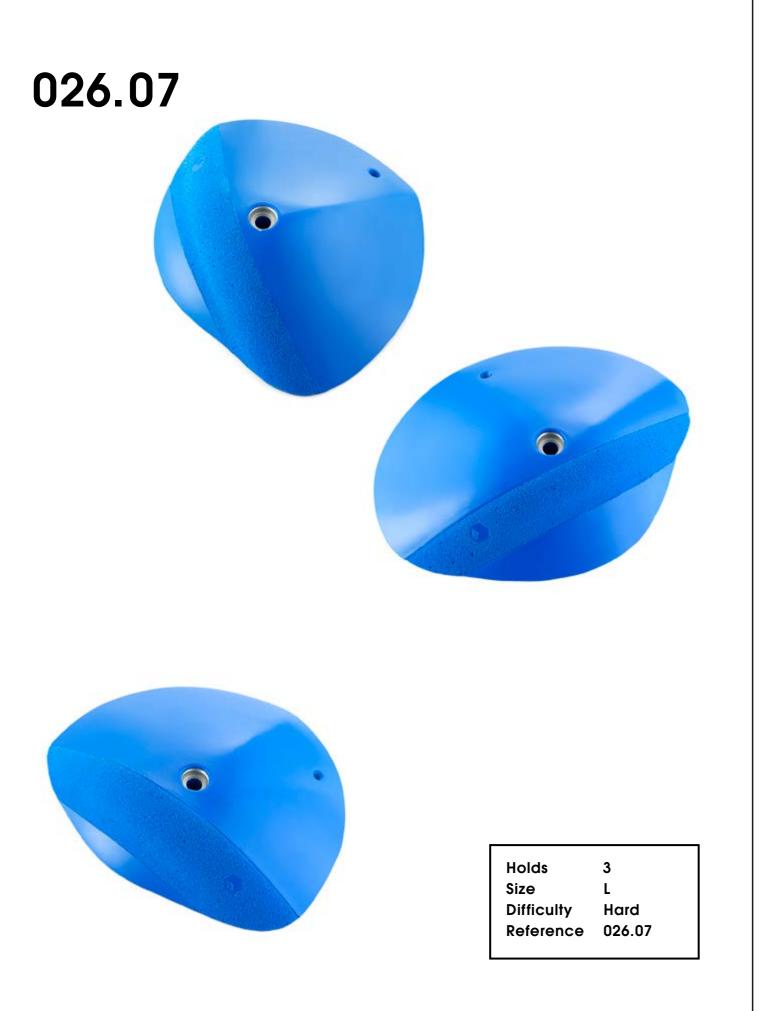


55



Holds Size Difficulty Reference

5 XL Moderate 026.06



### 026.09

Hold	1
Size	XXXL
Difficulty	Hard
Reference	026.08

Damage Control



Hold Size Difficulty Reference

1 XXL Moderate 026.09





Damage Control

Holds Size Difficulty Reference 2 XXL Moderate 026.11



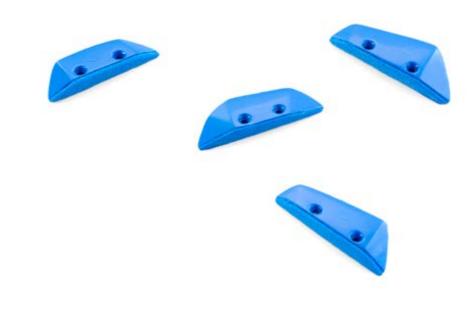


Size Difficulty Reference 026.13

XL Moderate

026.14		
•		
		Holds 5 Size L Difficulty Hard Reference 026.14
026.15		
		*
		Holds 5 Size M Difficulty Hard Reference 026.15
Holds	60	

026.17









Holds	5
Size	S
Difficulty	Н
Reference	0

S Hard 026.16



Holds	5
Size	XS
Difficulty	Hard
Reference	026.17

026.18	
--------	--





Holds	5
Size	S
Difficulty	Hard
Reference	026.18





Holds	5
Size	S
Difficulty	Hard
Reference	026.19

026.20









Holds	5
Size	XS
Difficulty	Hard
Reference	026.20







Holds	7
Size	XS
Difficulty	Hard
Reference	026.21

O26.22	
	Holds 7 Size XS Difficulty Hard Reference 026.22
026.23	
	Holds 5 Size XS Difficulty Hard Reference 026.23

026.25



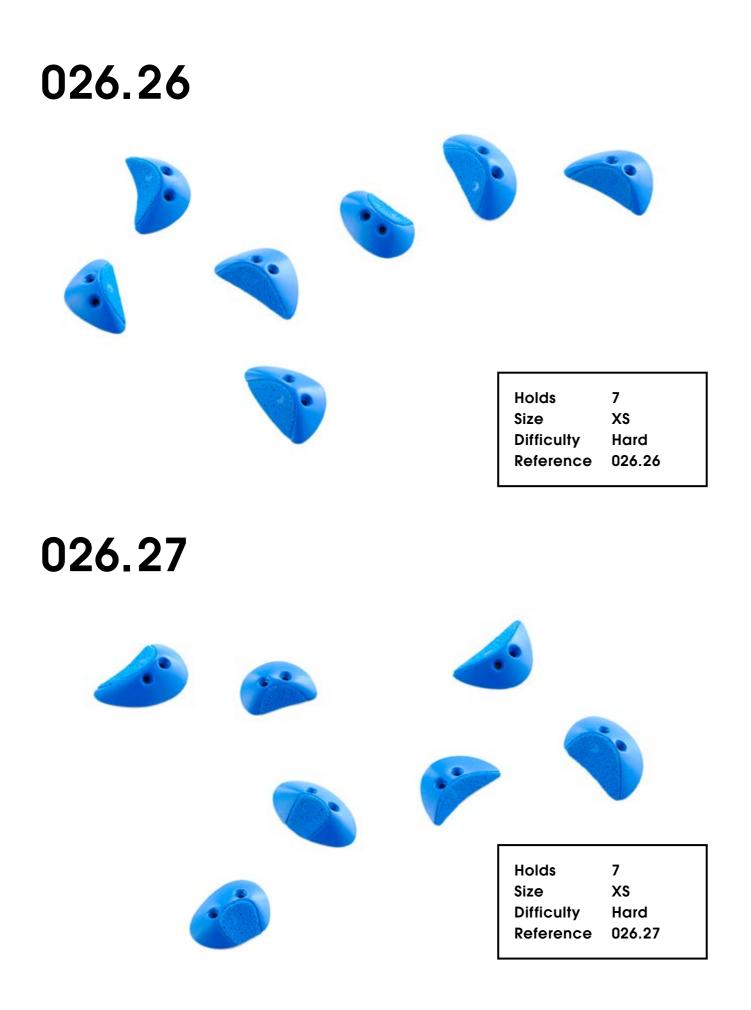






Holds	7
Size	Х
Difficulty	Н
Reference	0

7 XS Hard 026.25







Holds Size Difficulty Reference 1 XXXL Moderate 026.29









Holds	
Size	
Difficulty	
Reference	

2 XXL Easy 026.31







Holds	1
Size	XXL
Difficulty	Hard
Reference	026.33



Holds	1
Size	XXXL
Difficulty	Moderate
Reference	026.35



026.37





Holds	2
Size	XXL
Difficulty	Eas
Reference	026

2 XXL Easy 026.37







Reference

Moderate 026.38



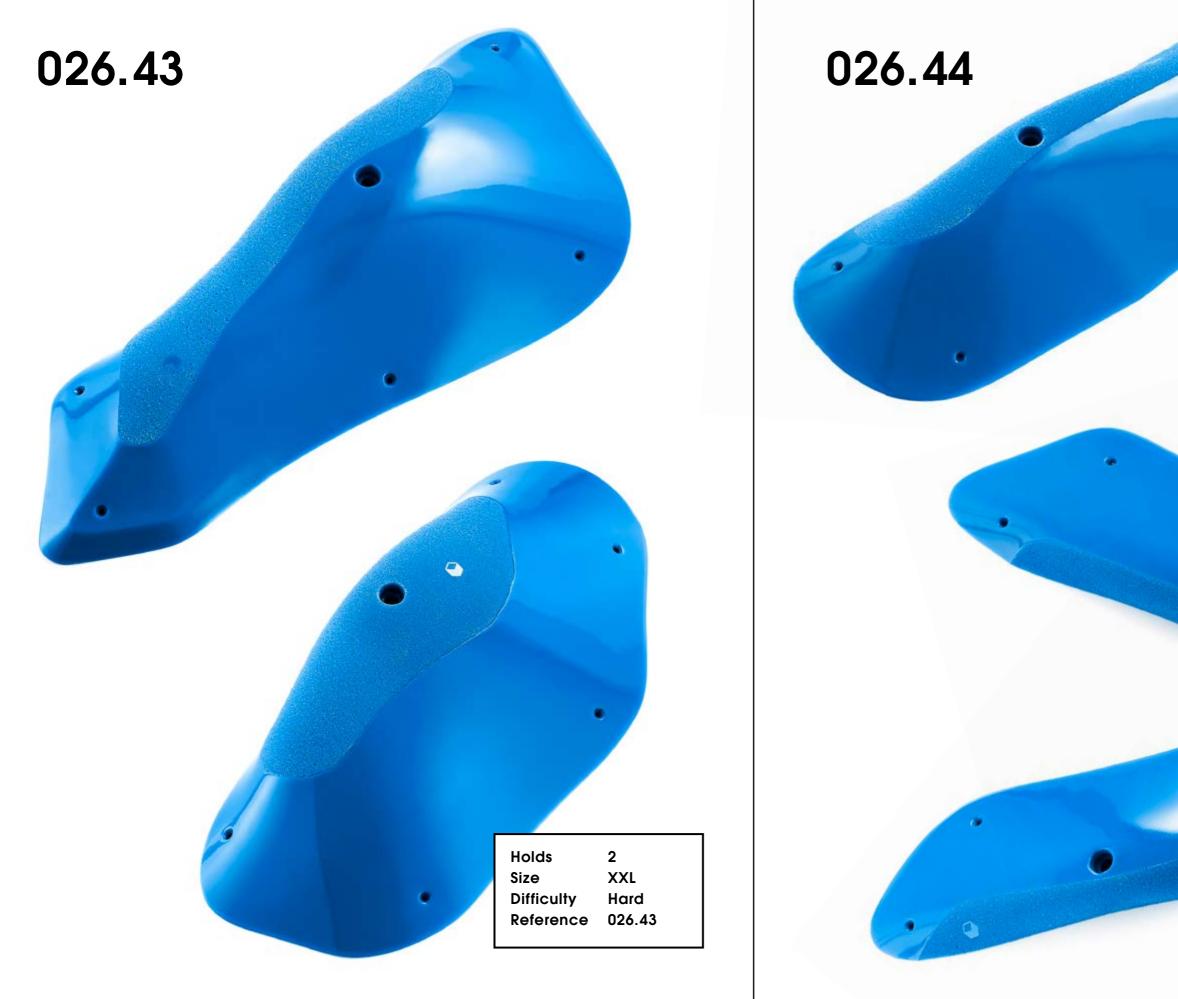
Holds Size Difficulty Reference 2 XXL Moderate 026.40







Holds Size Difficulty Reference 2 XXL Moderate 026.42



Damage Control



3 XL Hard







026.48	
	•
	Holds 6 Size L Difficulty Moderate Reference 026.48



Holds	1
Size	XXXL
Difficulty	Easy
Reference	026.49





Damage Control



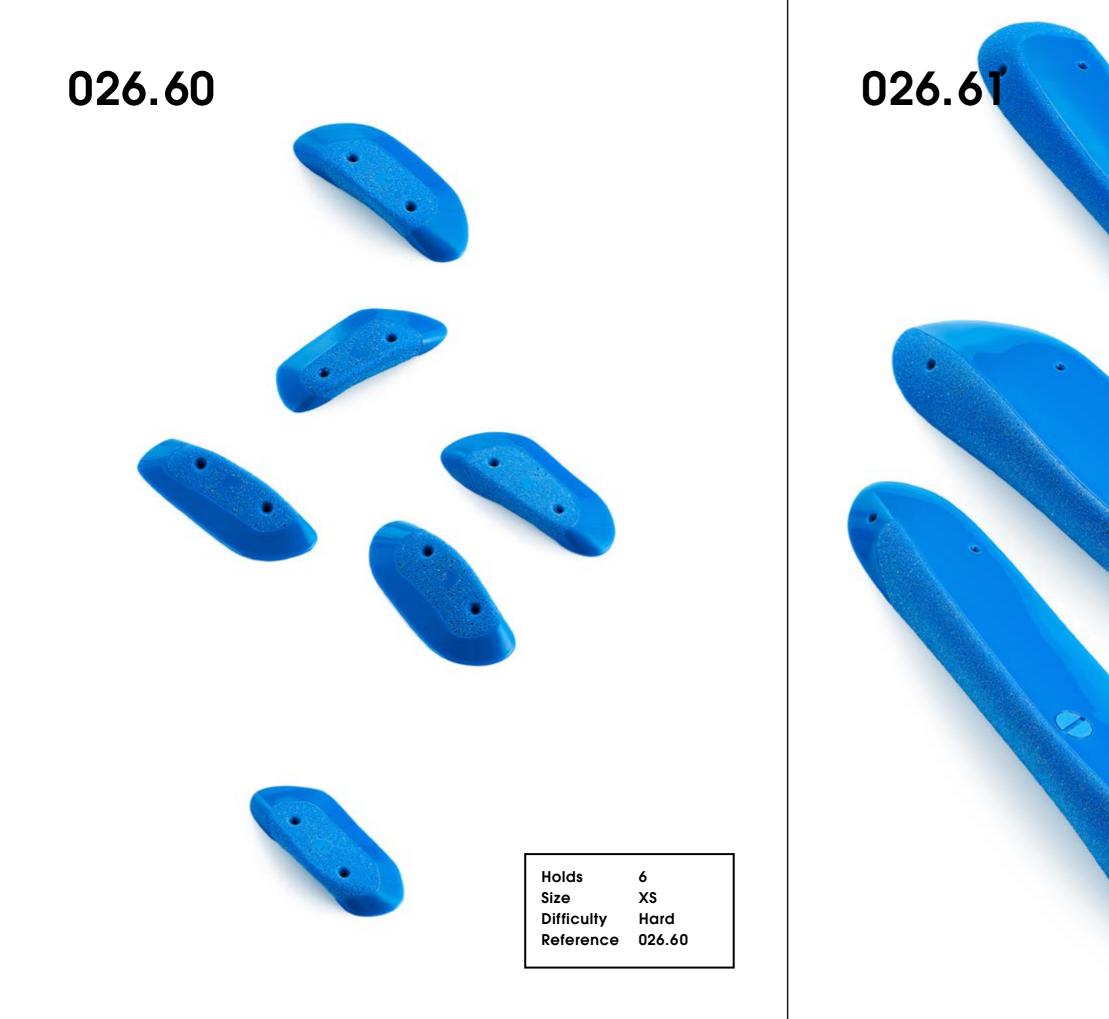






Damage Control

Holds Size Difficulty Reference 6 M Moderate 026.59



Holds Size Difficulty Reference

17

3 XL Moderate 026.61



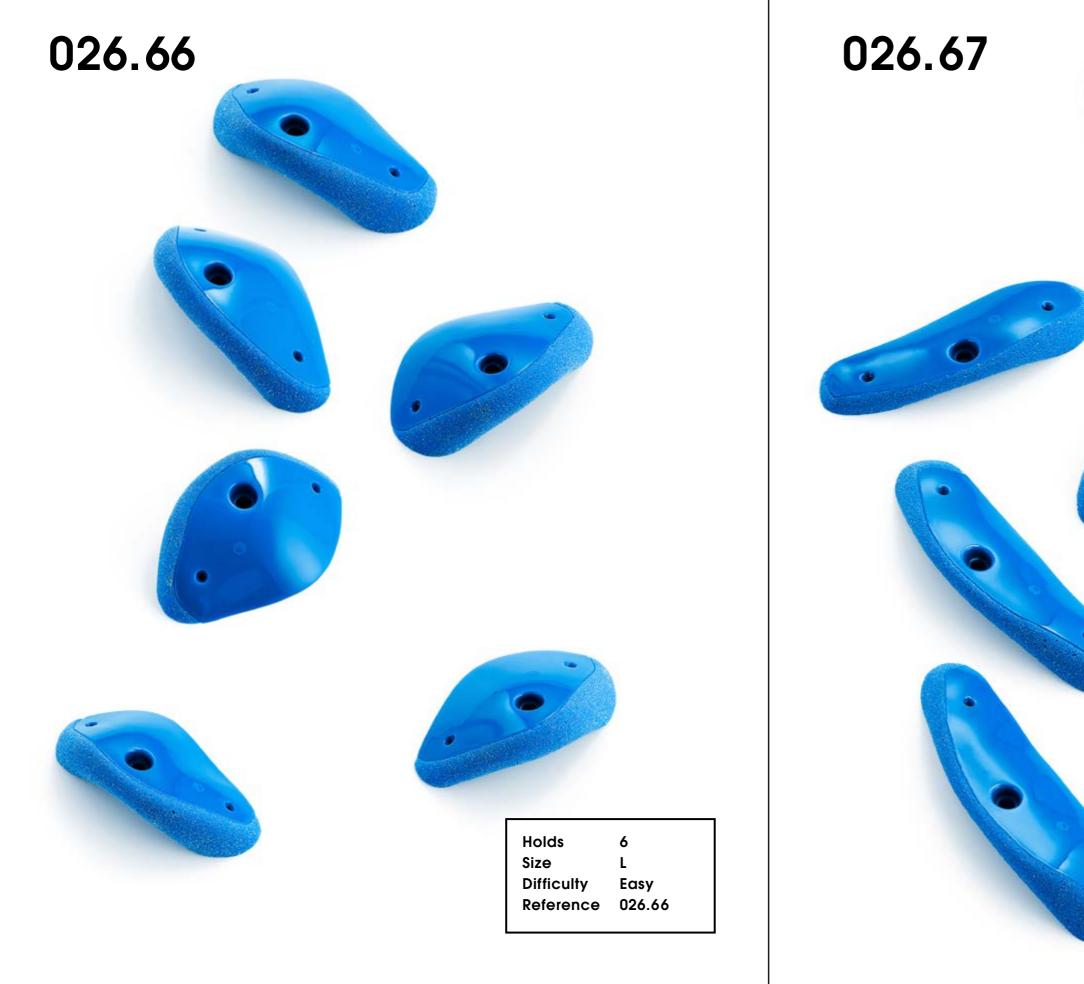




Ļ
(L
asy
26.63



Holds	3
Size	L
Difficulty	Easy
Reference	026.65

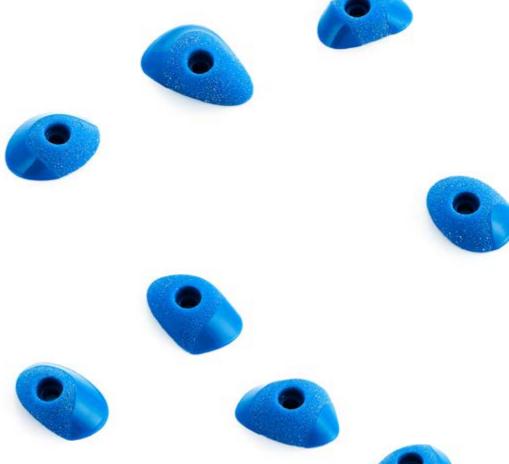




Holds 6 Size L Difficulty Mod Reference 026.

6 L Moderate 026.67

<section-header></section-header>			0
	Holds Size Difficulty Reference	6 M Moderate 026.68	

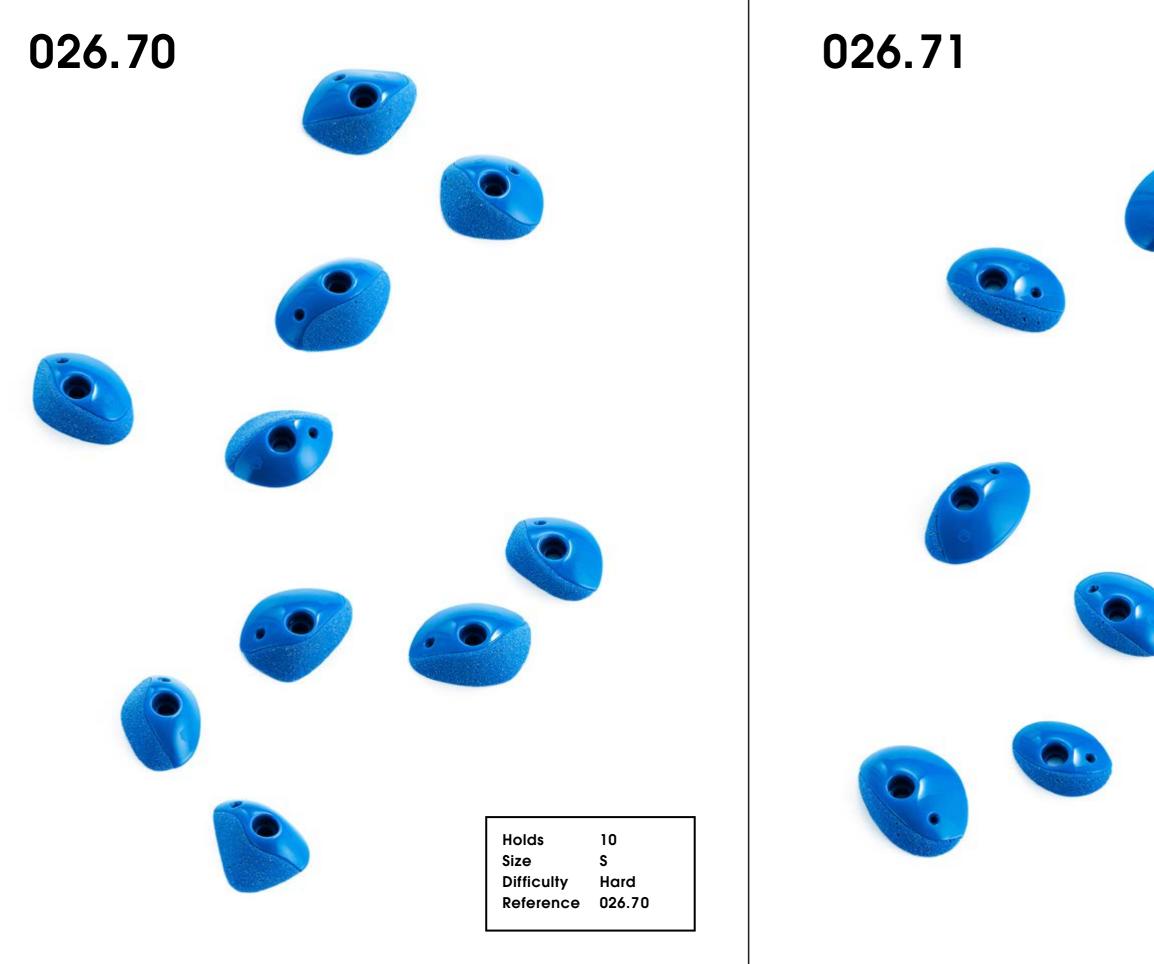








Holds	10
Size	XS
Difficulty	Hard
Reference	026.69













Holds	10
Size	S
Difficulty	Hard
Reference	026.71



## **Tokyo 2020**

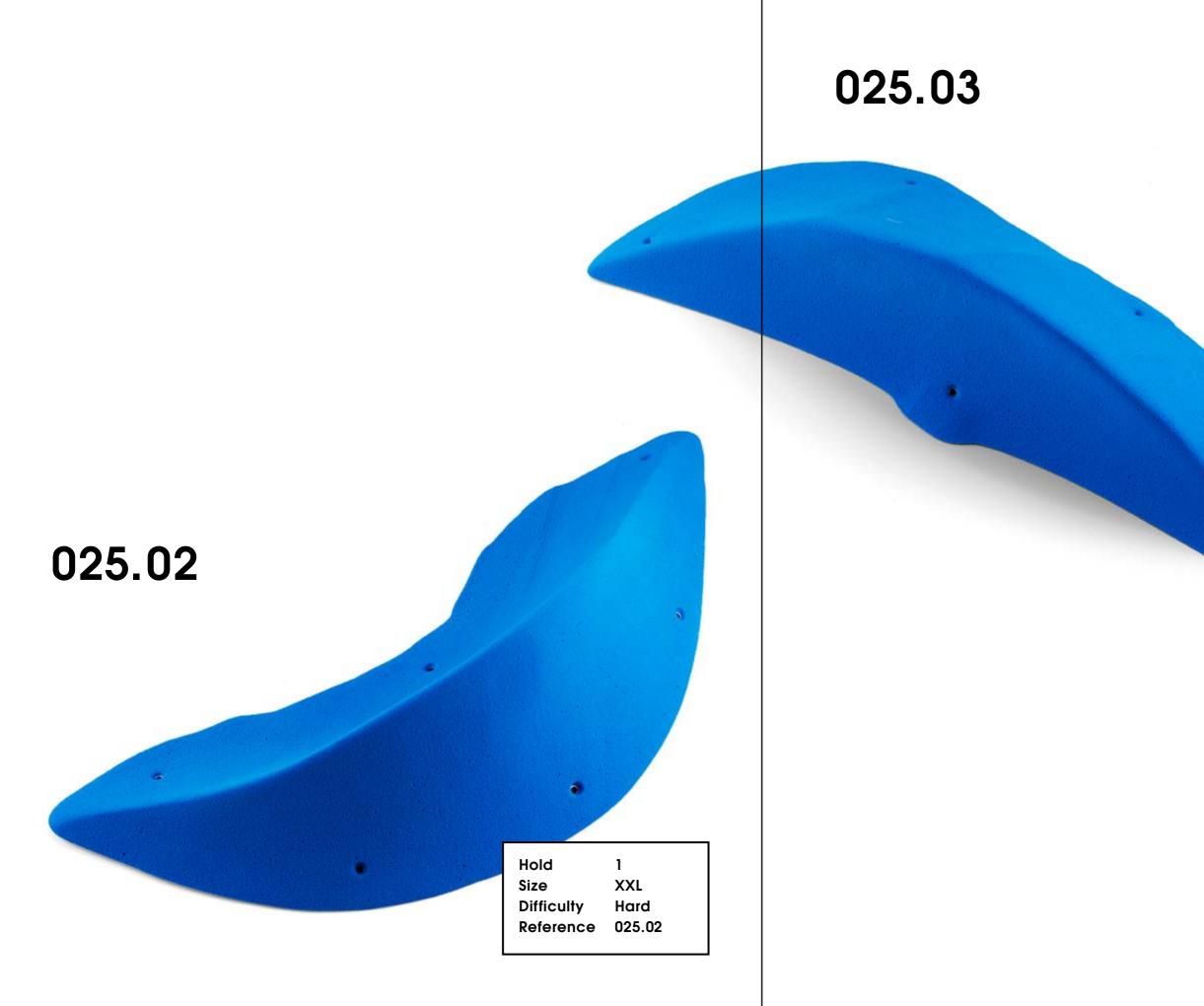
#### CM 10 20

025.01

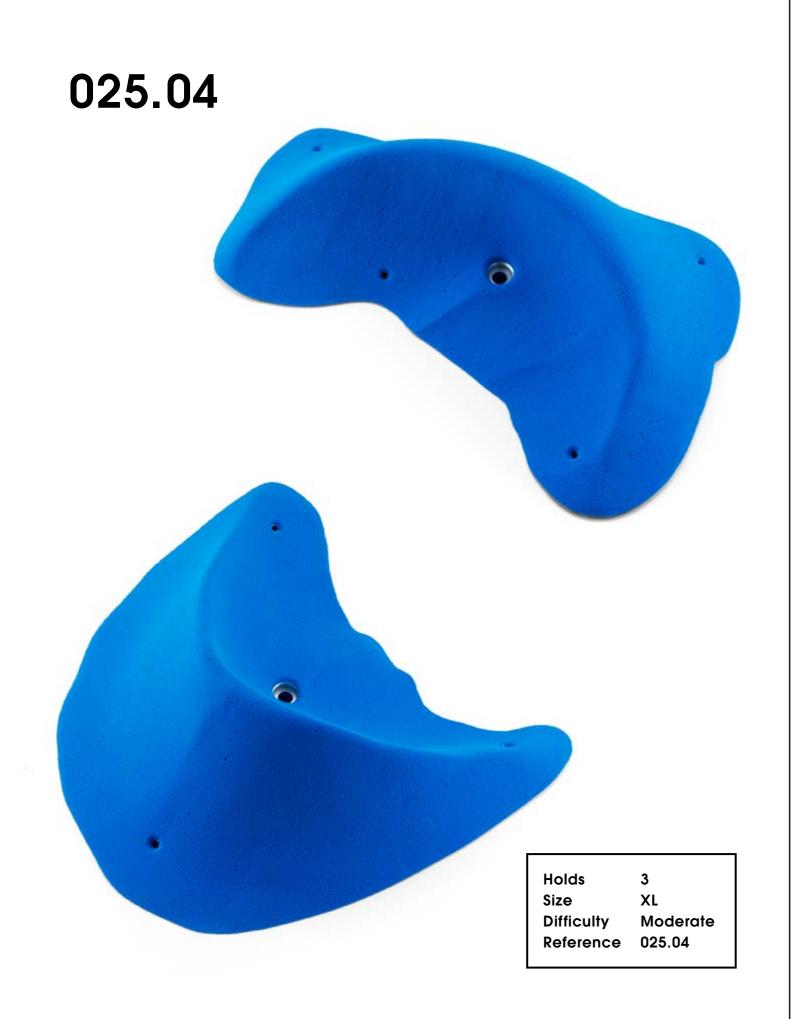


Hold Size Difficulty Reference

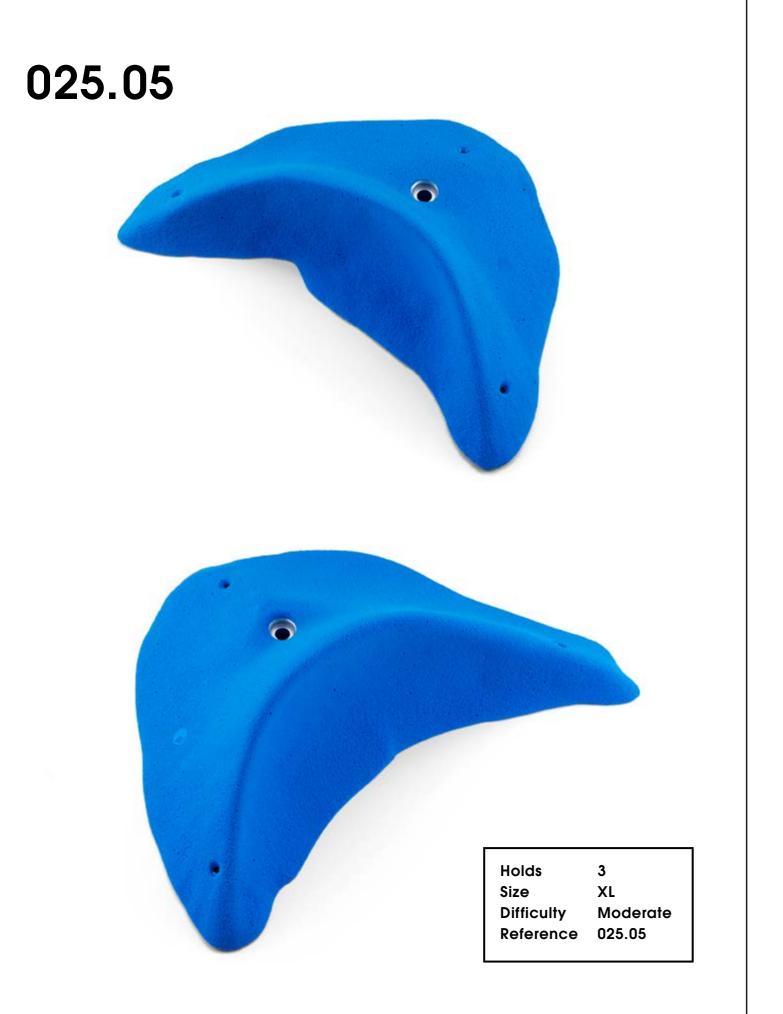
1 XXXL Moderate 025.01



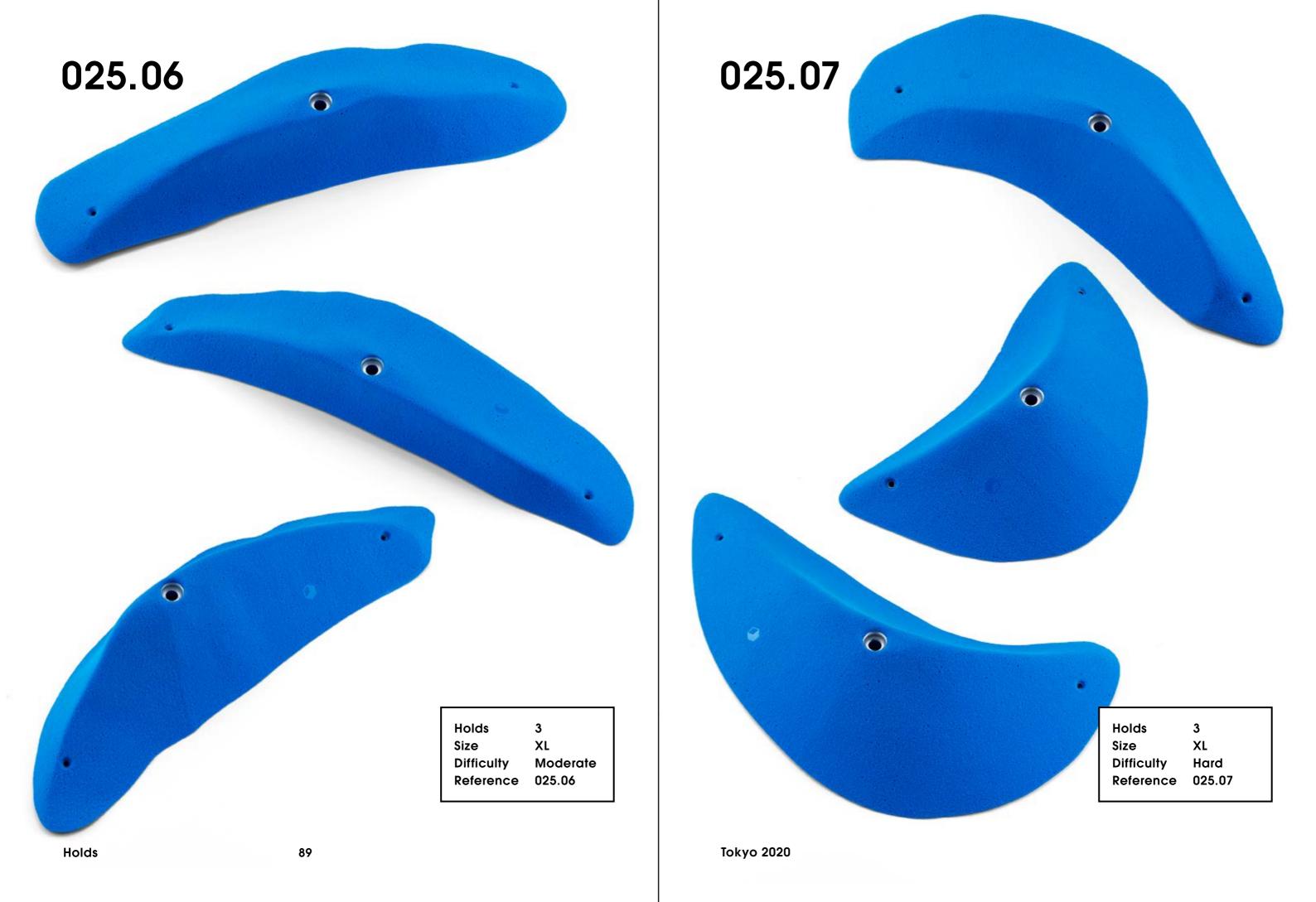
Hold Size Difficulty Reference 1 XXL Moderate 025.03

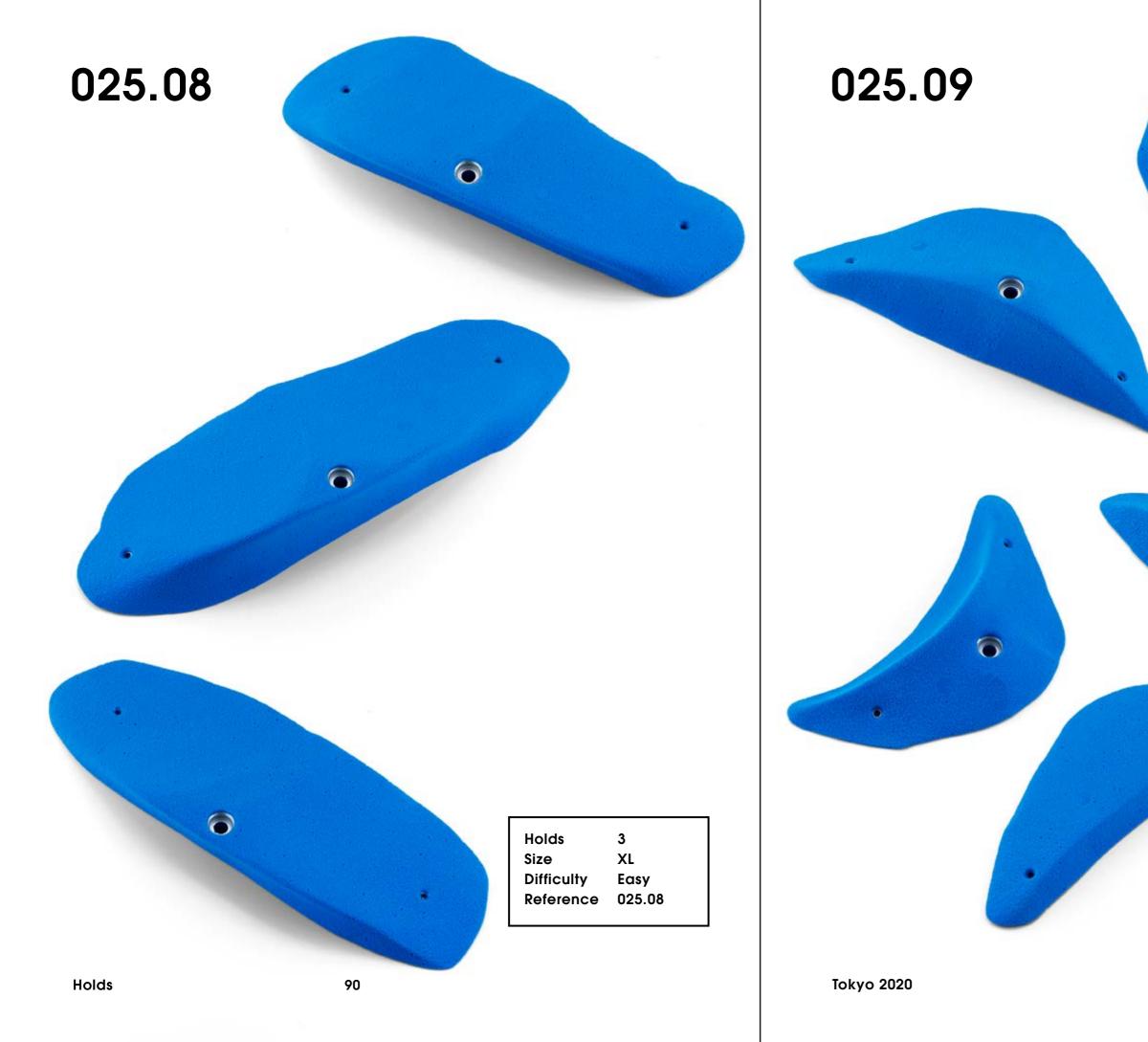










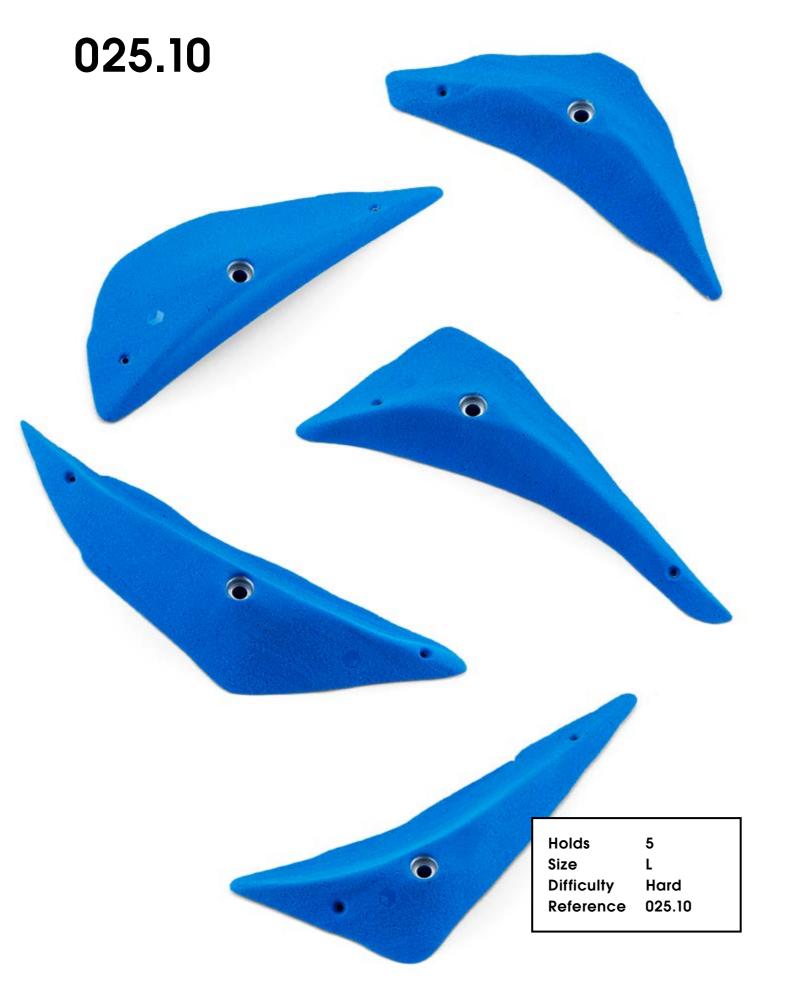








Holds	5
0:	
Size	L
Difficulty	Hard
, Doforonco	025.09
Reference	025.09









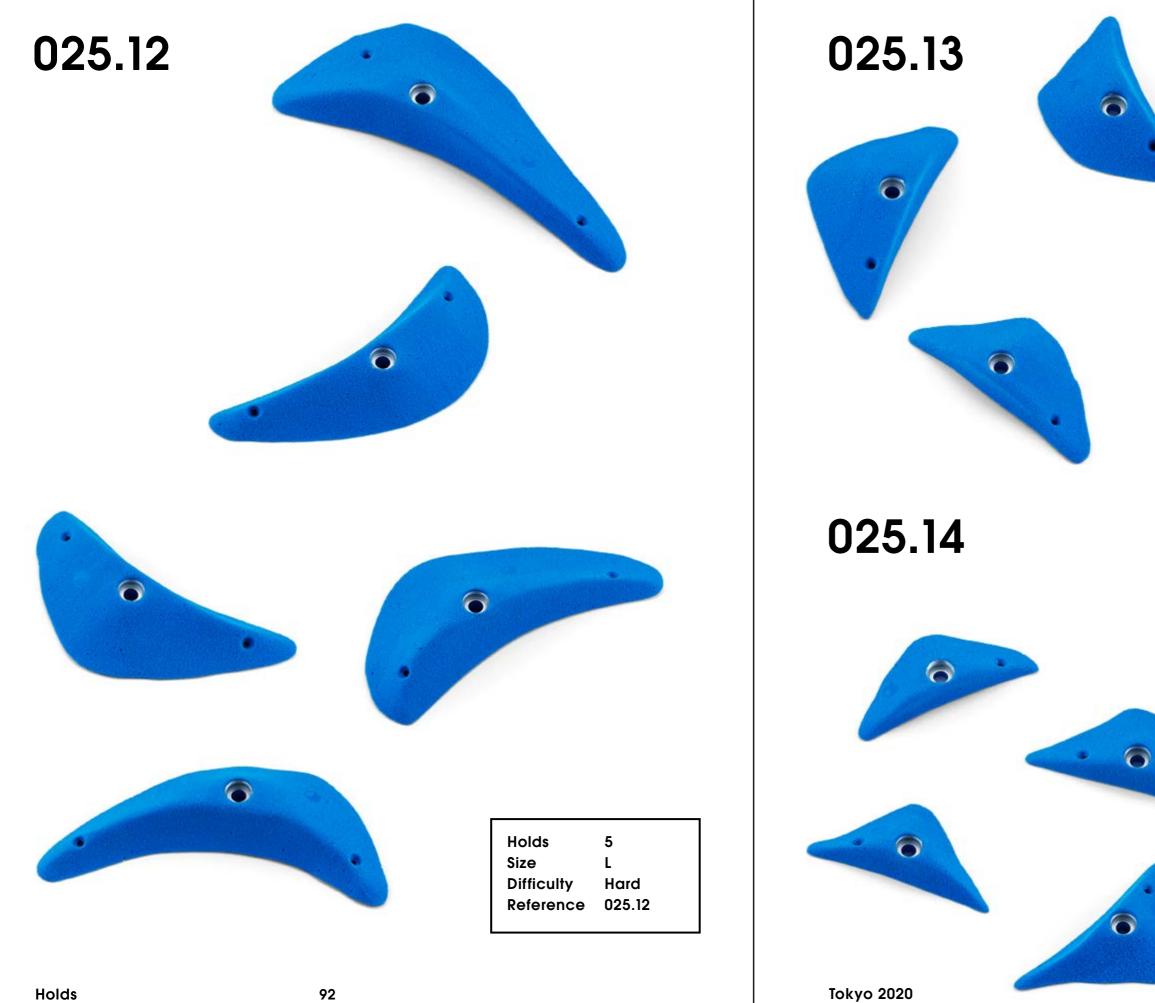
Tokyo 2020

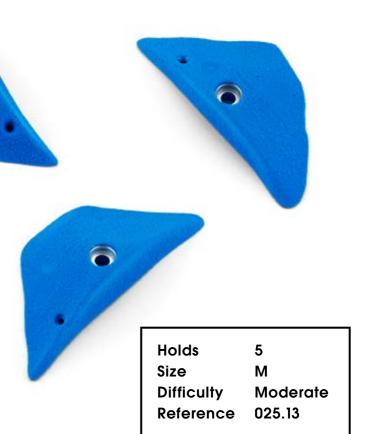




Holds Size Difficulty Reference

5 L Moderate 025.11







Holds	5
Size	Μ
Difficulty	Hard
Reference	025.14

		Holds Size Difficulty Reference	5 M Hard 025.15
025.16			
•			
		Holds Size Difficulty Reference	5 S Hard 025.16
Holds	93.66		





Holds	5
Size	S
Difficulty	Hard
Reference	025.17



Holds	5
Size	S
Difficulty	Hard
Reference	025.18



025.19		025.21
	Holds 5 Size XS Difficulty Hard Reference 025.19	
025.20		
	Holds 5 Size XS Difficulty Hard Reference 025.20	



Holds
Size
Difficulty
Reference

5 XS Hard 025.21



## Hyperbole

CM 10 20

024.01



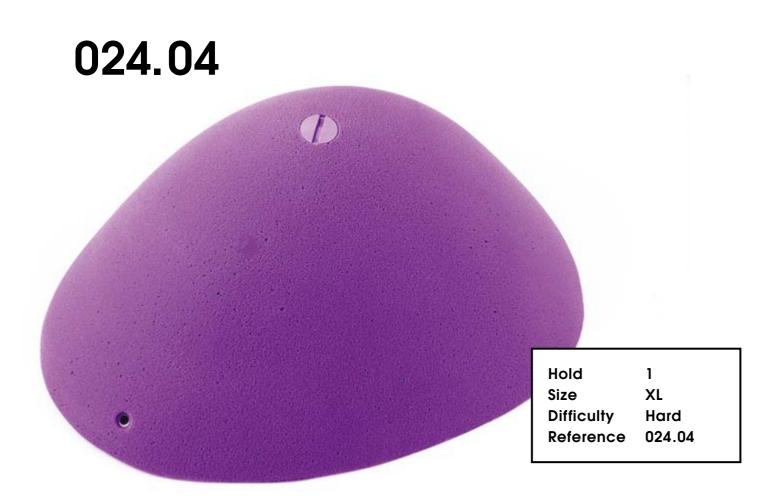
024.02

024.03

Hold
Size
Difficulty
Reference

1 XXL Hard 024.02

Hold	1
Size	XL
Difficulty	Hard
Reference	024.03





1 XL Hard 024.05

## Desert Session

CM 10 20

#### 023.01

Hold	1
Size	XXL
Difficulty	Moderate
Reference	023.01

023.02



6.

**Desert Session** 

Holds Size Difficulty Reference

2 XL Hard 023.02

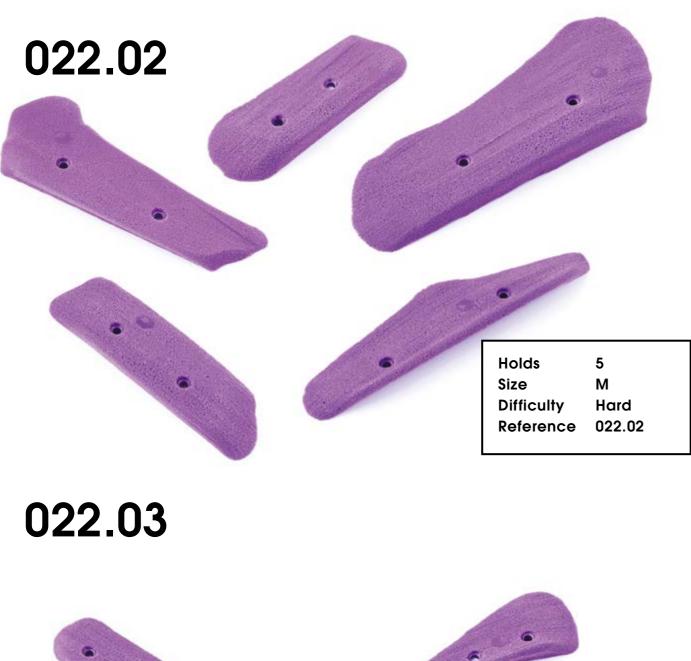


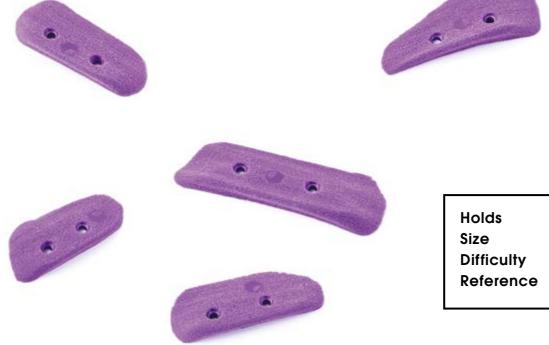


## Schma rotzer

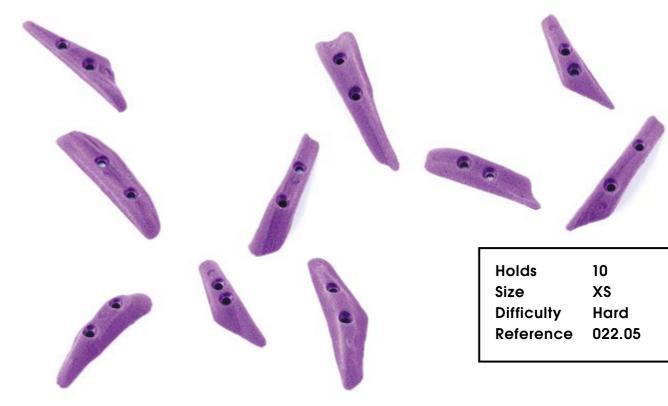
#### CM 10 20











Schmarotzer

5

S

Hard

*			
	Holds Size Difficulty Reference	5 S Hard 022.04	

Holds	
Size	
Difficulty	
Reference	

## Swisscir

CM 10 20

021.01





## Slug

#### CM 10 20

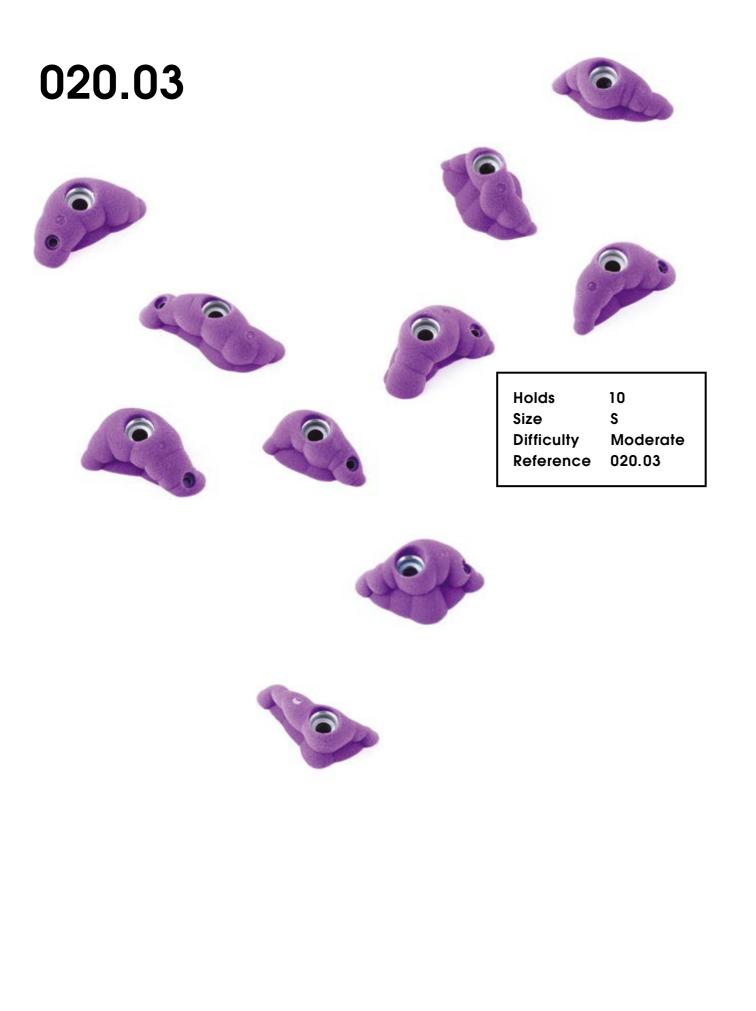


Hold	1
Size	XL
Difficulty	Moderate
Reference	020.01

020.02	6

















Holds
Size
Difficulty
Reference

10 XS Hard 020.04



## Baby Trash

CM 10 20

019.01

.



Holds10SizeXSDifficultyHardReference019.01

019.02











Holds	10
Size	XS
Difficulty	Hard
Reference	019.02







Holds	10
Size	XS
Difficulty	Hard
Reference	019.03

019.04	-	019.06
	Holds 10	
	Size XS Difficulty Hard Reference 019.04	
019.05		
	•	
	Holds 10 Size XS Difficulty Hard Reference 019.05	







Holds	10
Size	XS
Difficulty	Hard
Reference	019.06





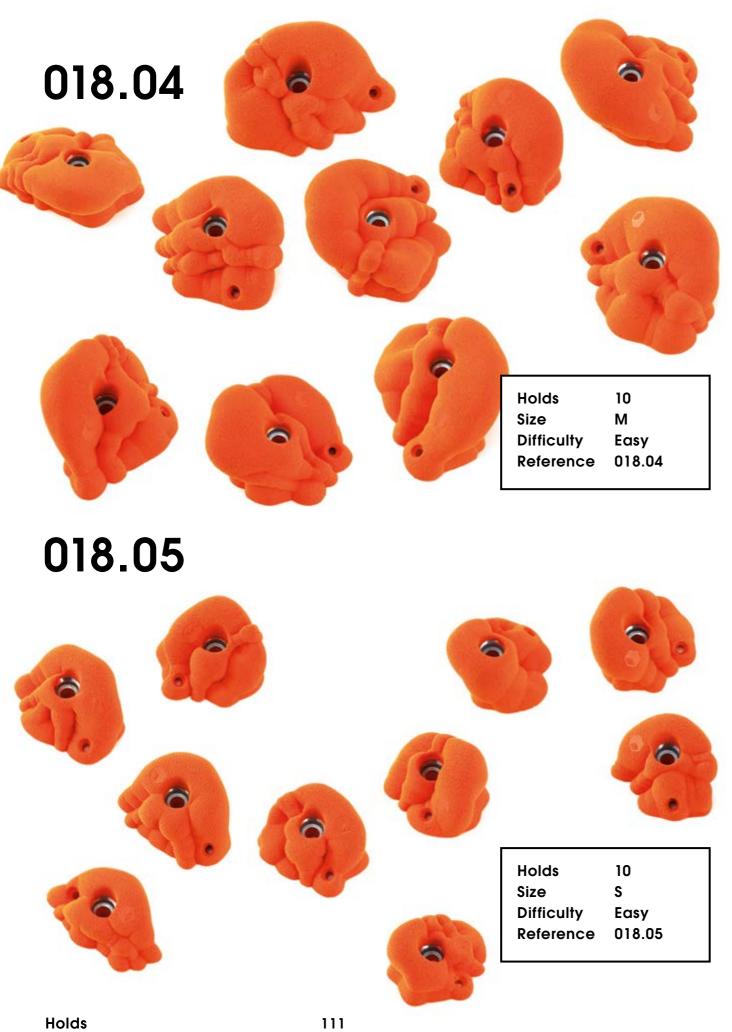
# Organs

vi 10 20 СМ

Holds	2
Size	XXL
Difficulty	Easy
Reference	018.01

Holds Size Difficulty Reference	5 XL Easy 018.02
Holds Size Difficulty Reference	10 L Easy 018.03









0





Holds
Size
Difficulty
Reference

10 XS Hard 018.06

# Rustic Flowers

CM 10 20

## 017.01



Hold	1
Size	XXL
Difficulty	Easy
Reference	017.01

## 017.02



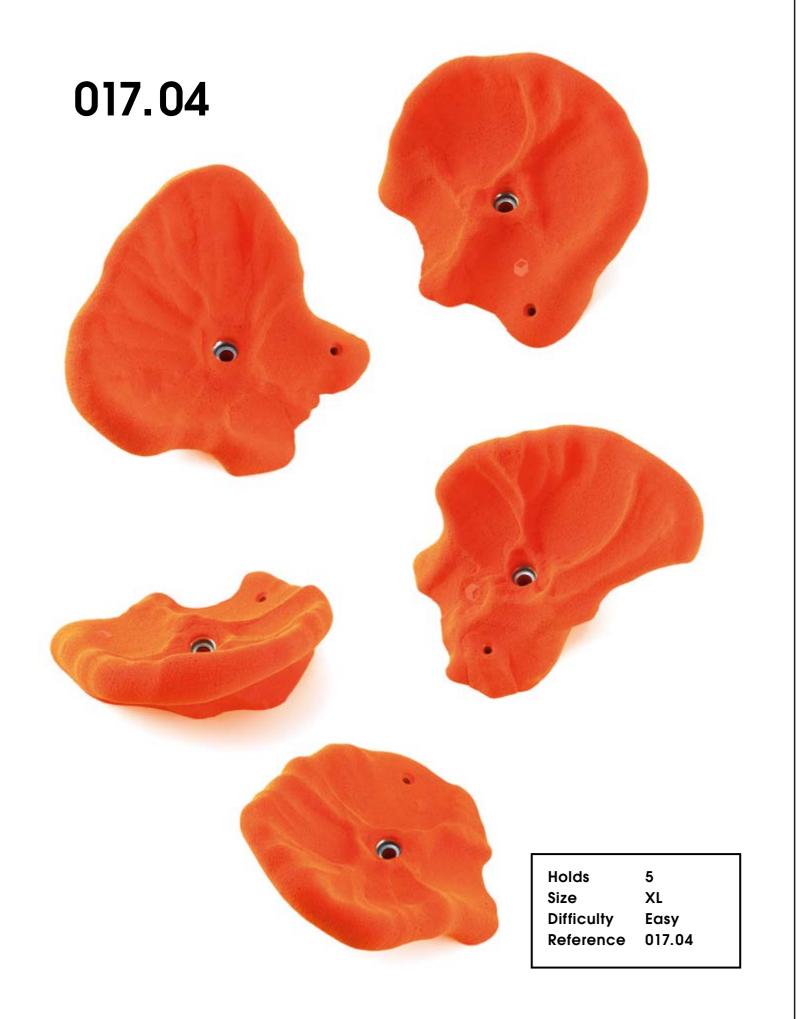
017.03



**Rustic Flowers** 

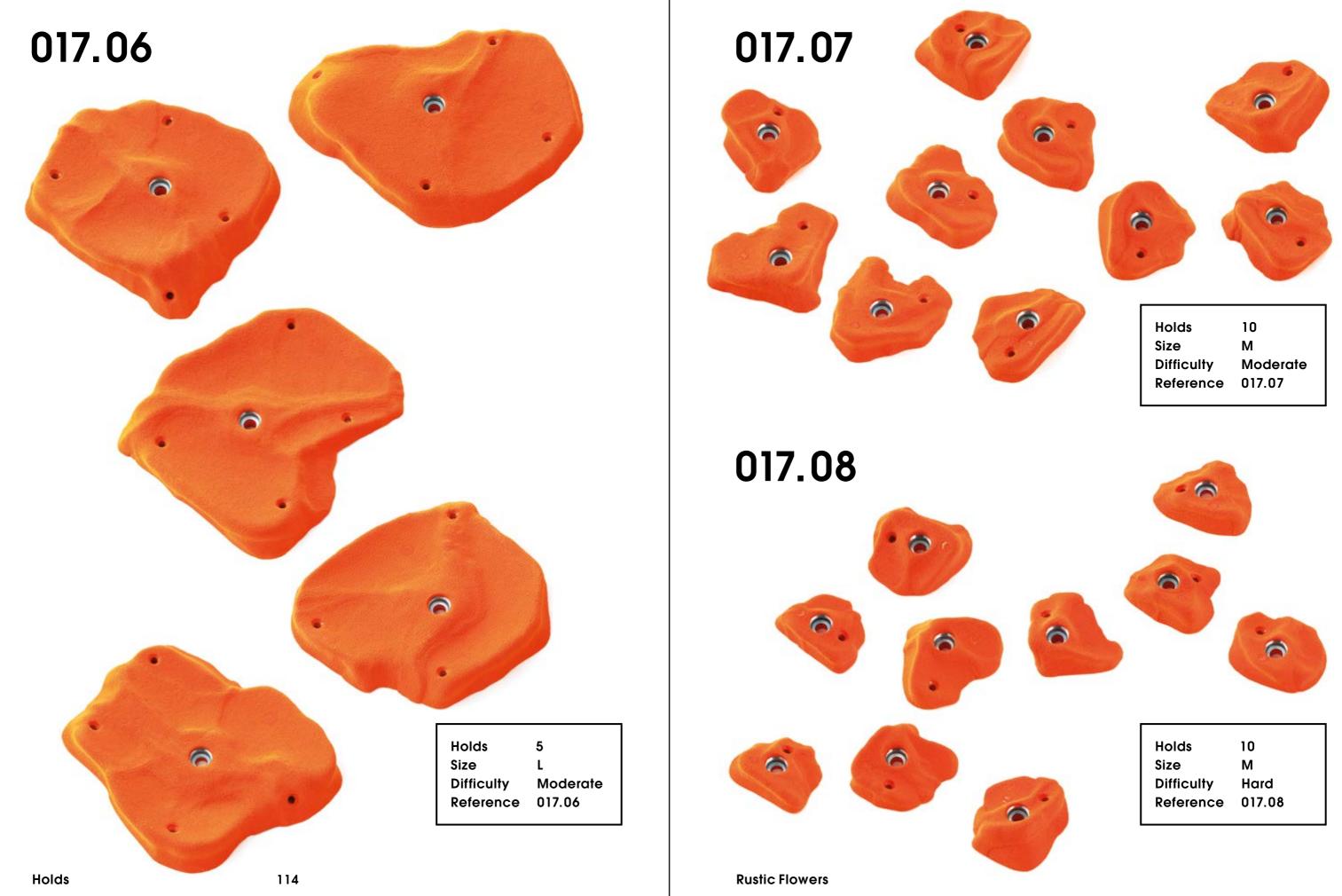
Hold	1
Size	XXL
Difficulty	Easy
Reference	017.02

Hold	1
Size	XL
Difficulty	Easy
Reference	017.03

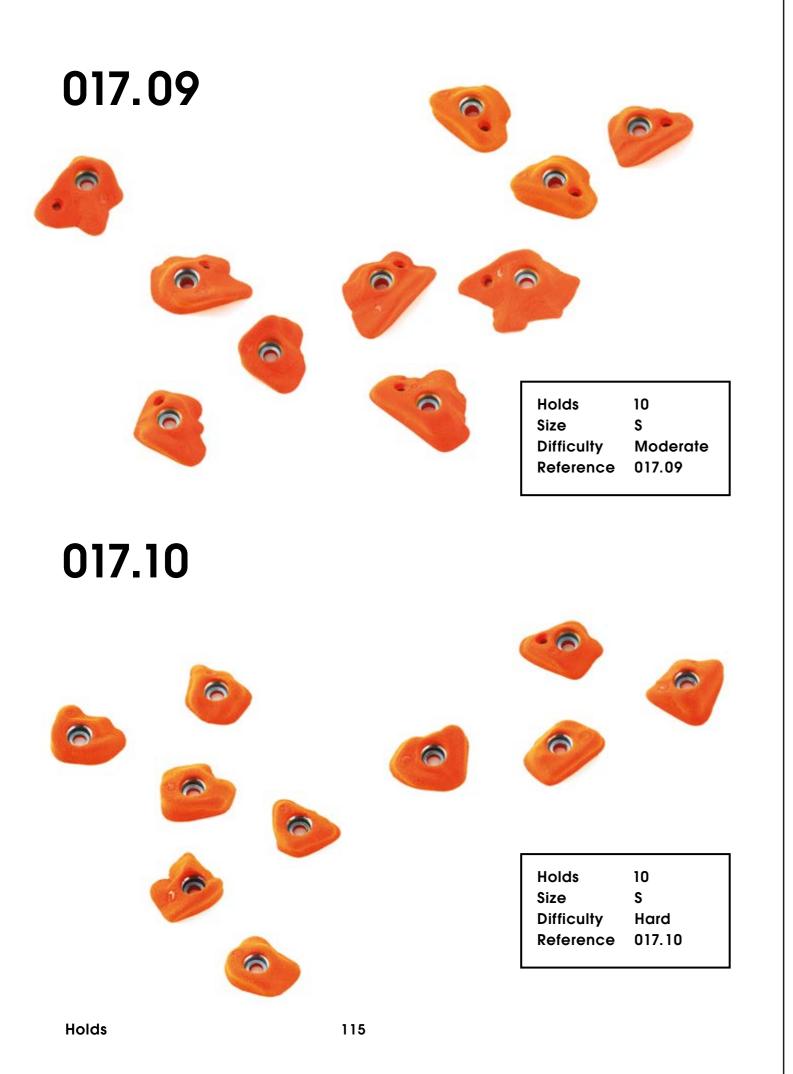




Holds	5
Size	L
Difficulty	Easy
Reference	017.05



ırd
7.08







Holds	10
Size	XS
Difficulty	Hard
Reference	017.11



# Maggot

CM 10 20

014.01



Hold	1
Size	XL
Difficulty	Easy
Reference	014.01



014.03



Maggot



Size Difficulty Reference XL Easy 014.02

# Cailoux

CM 10 20

012.01



Hold	1
Size	XL
Difficulty	Easy
Reference	012.01

012.02

0



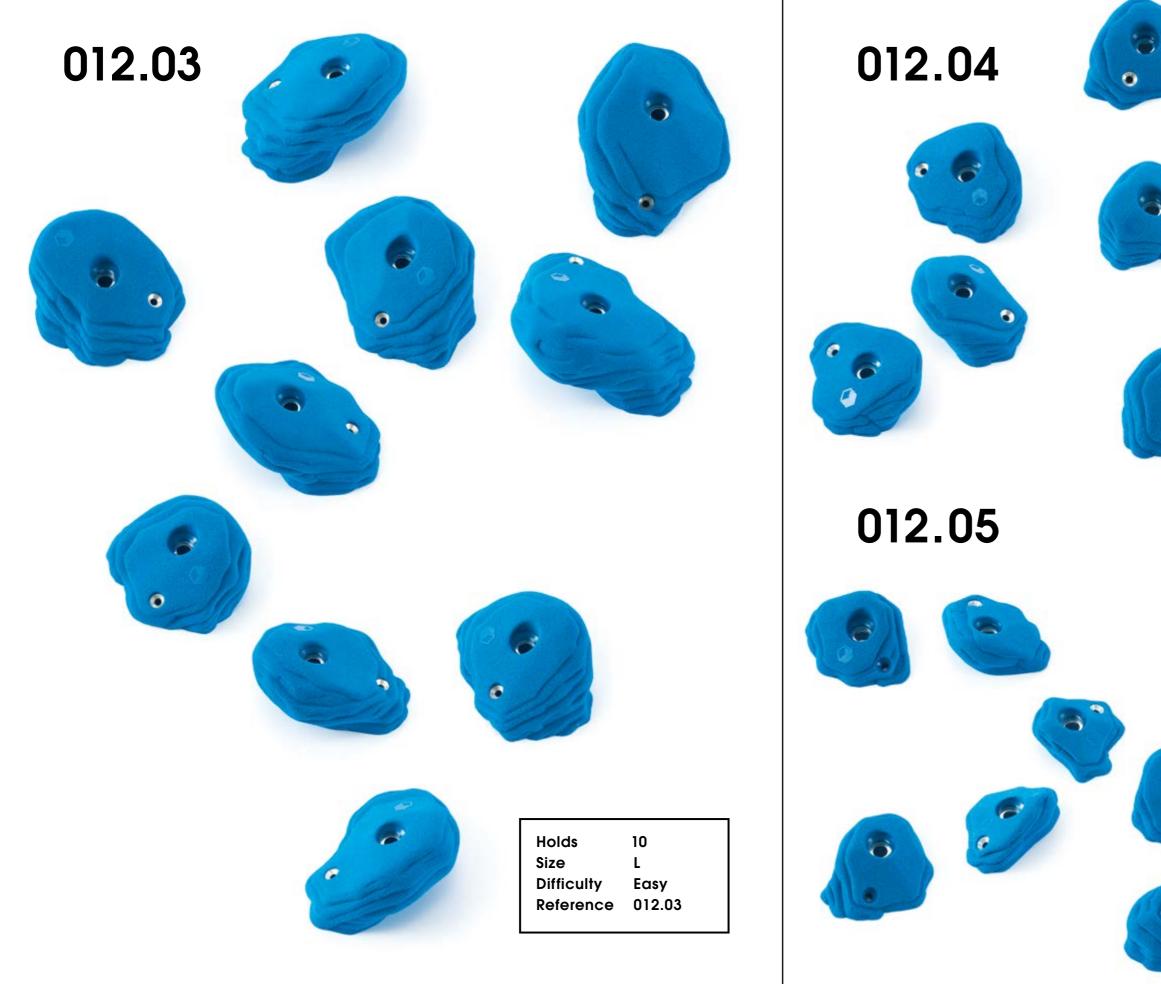


Cailloux

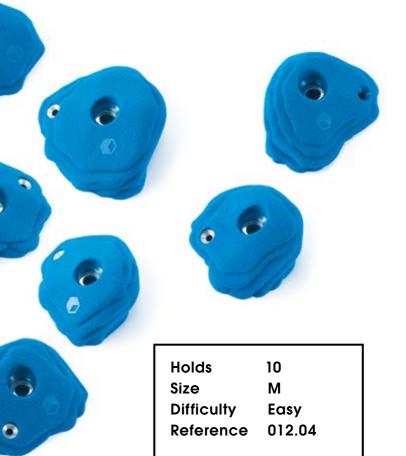


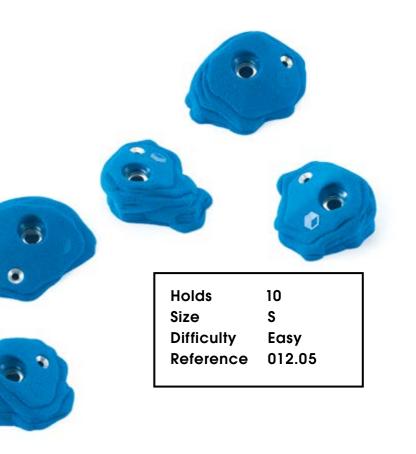


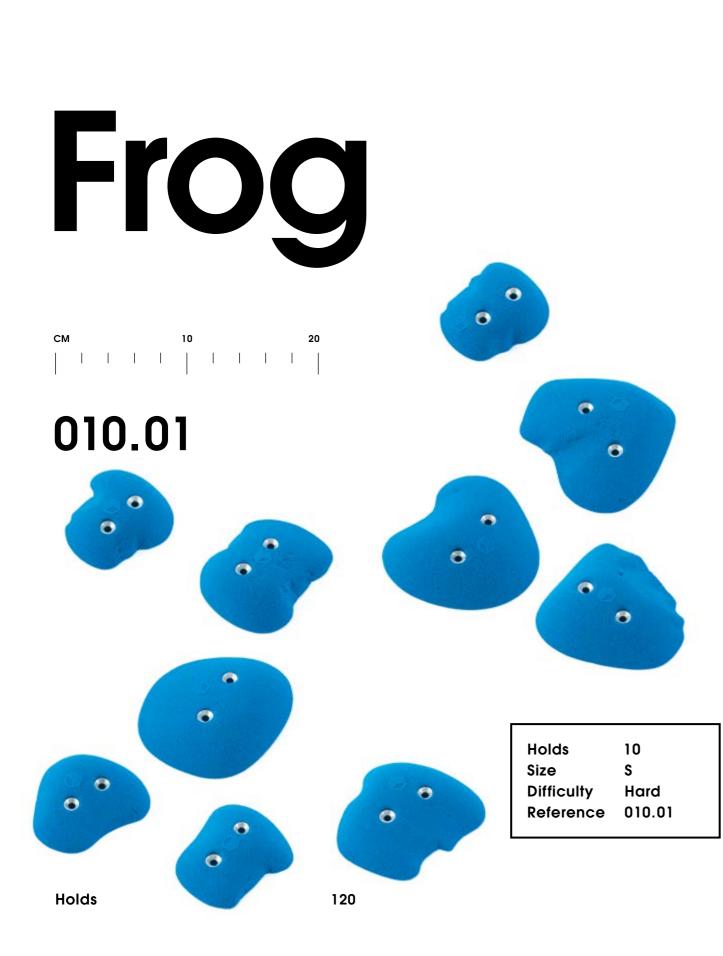
Holds	5
Size	XL
Difficulty	Easy
Reference	012.02

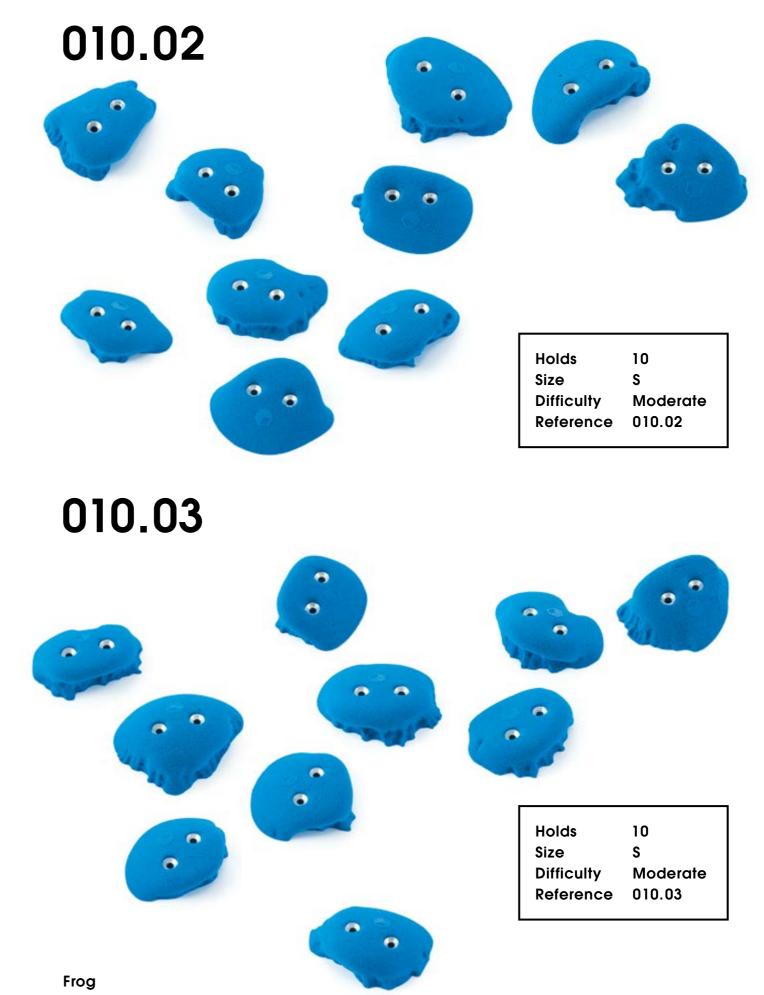


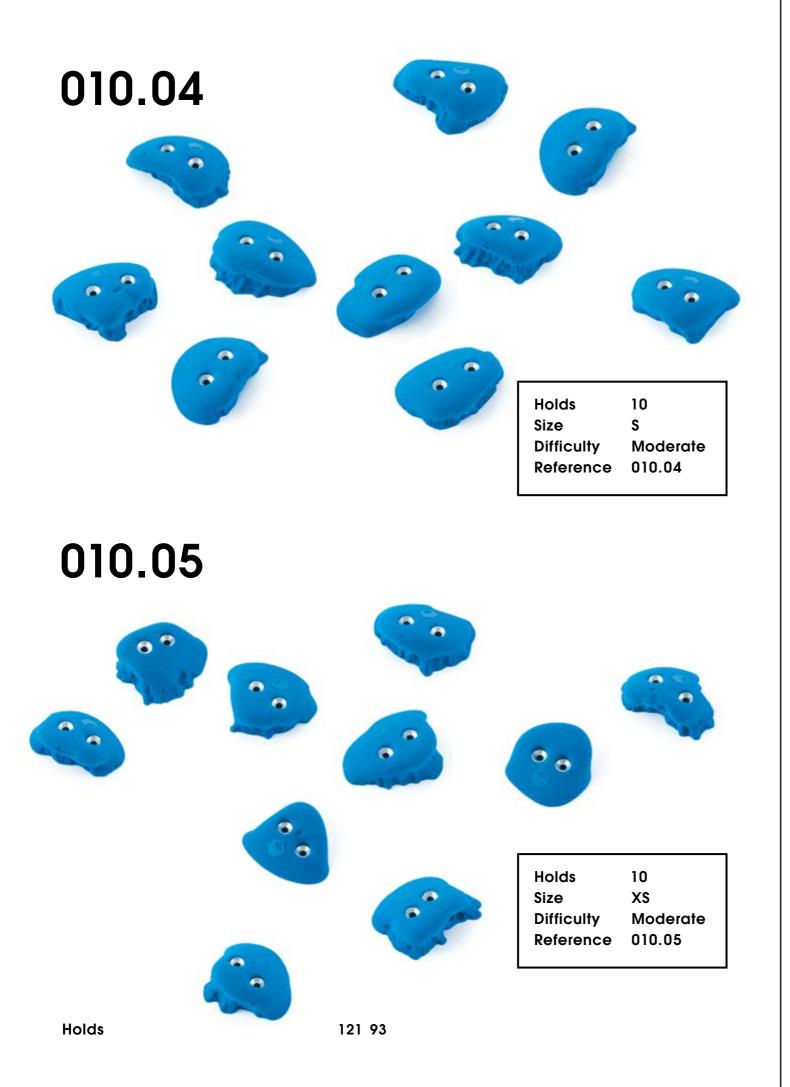
Cailloux





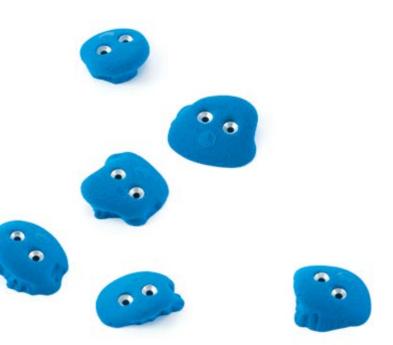








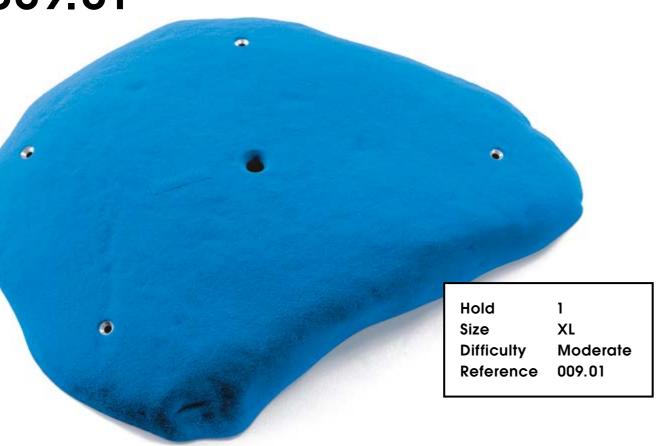




Holds Size Difficulty Reference 10 XS Hard 010.06

# Vicher

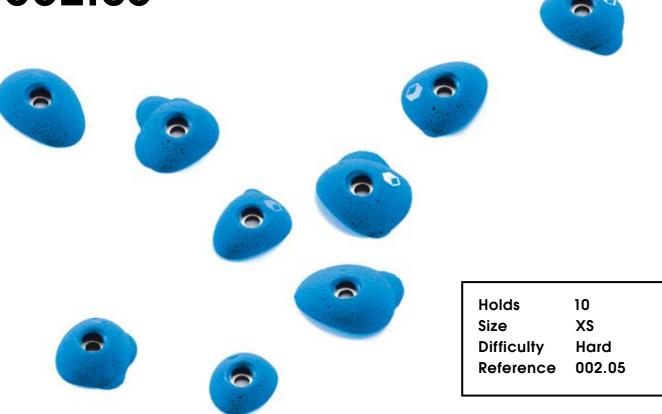
## CM 10 20



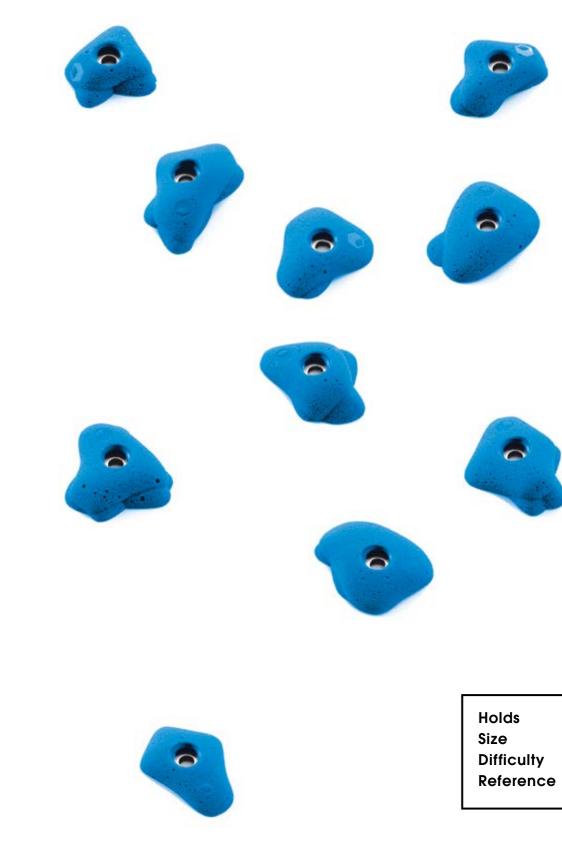
# Bigfoot

CM 10 20

002.05



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Holds	10
Size	XS
Difficulty	Hard
Reference	002.06









# Tsunami



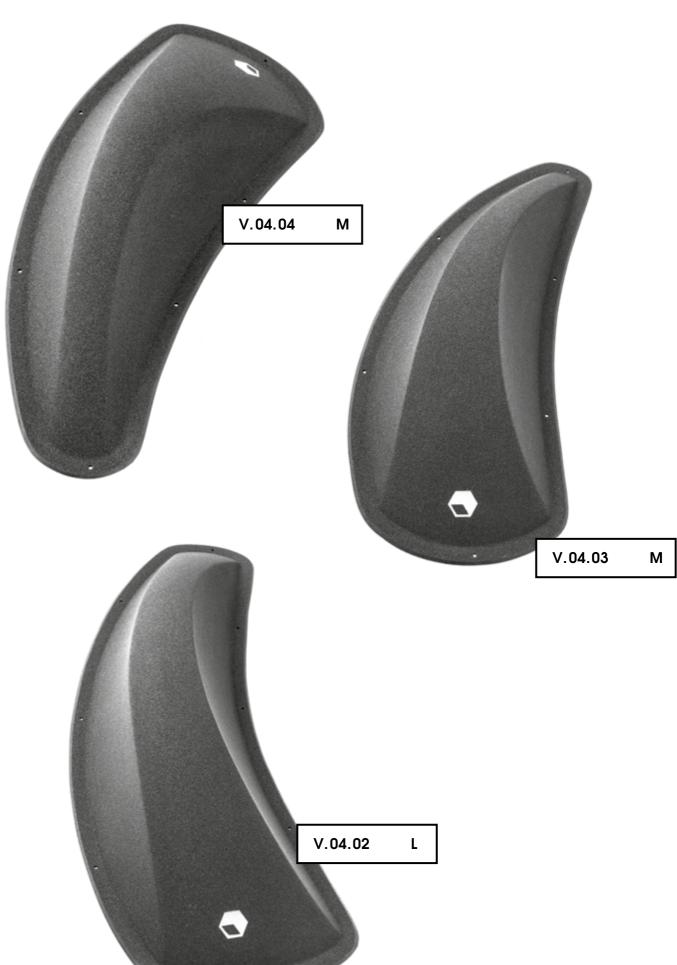


Tsunami

## Thunderbirds

СМ 10 

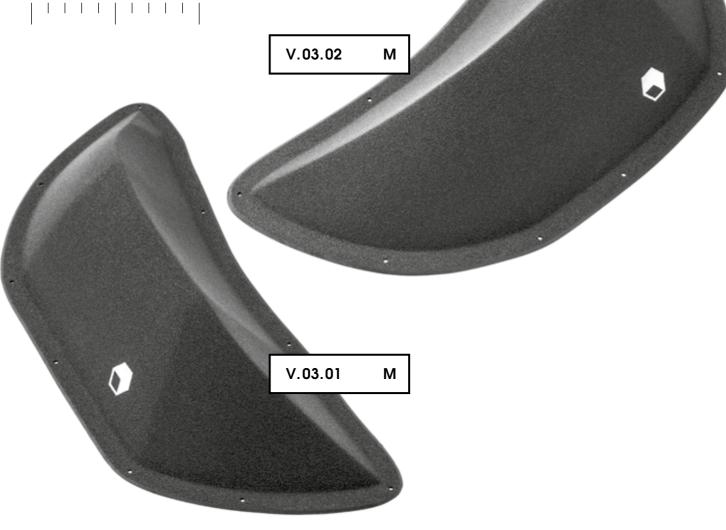




Thunderbirds

# Elliot Master

10 СМ 20 



V.03.05 Μ



Volumes

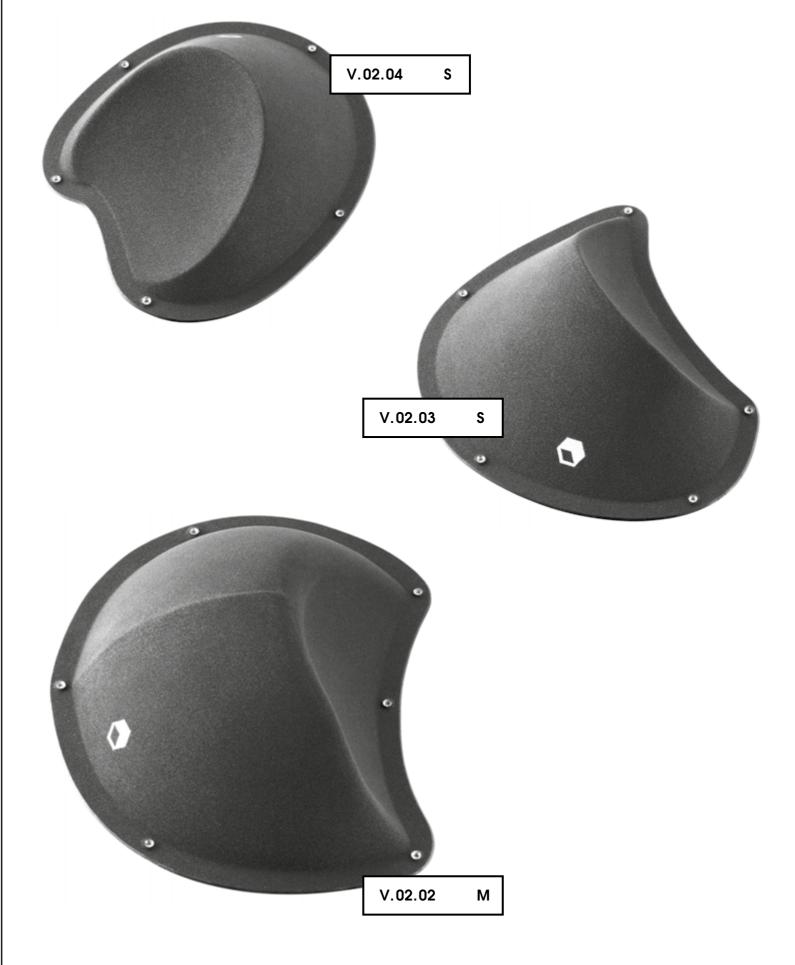


Μ

## Superstar

CM 10 20



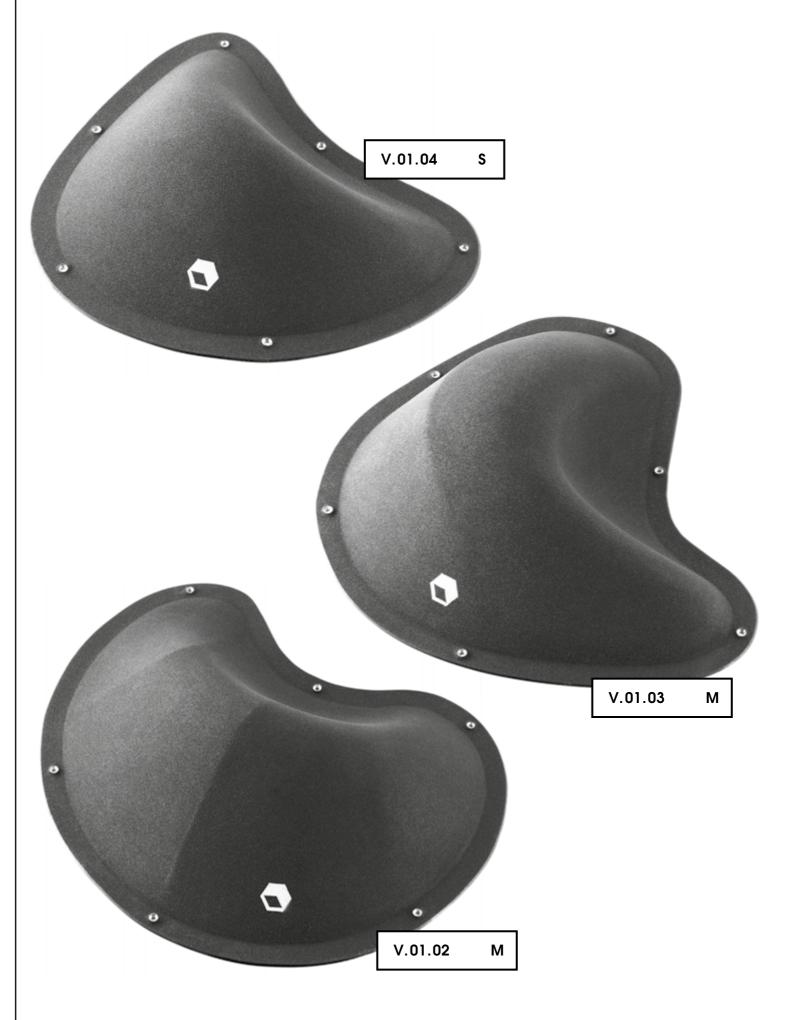


Superstar

## Revival

#### CM 10 20





### **Technical data**



#### Material

Flathold holds are made out of polyurethane resin. Polyurethane ensures a better resistance to impacts as well as to damage due to screw tightening, an advantage that polyester cannot provide. We use a first-rate type of polyurethane and we carefully control every single hold at every stage of the production. Therefore, we are able to offer a product of top quality that has a long lifespan both on indoor and outdoor climbing walls.

#### Attachment system



All Flathold hold types (except some special ones from the screw-on range) are fitted with a double attachment system. This way, it is possible to use M10 screws with both conic and cylindrical heads. This double system has been specifically designed to guarantee a stable and resistant attachment.

Most Flathold holds are equipped with an extra attachment system using wooden screws. This innovation allows the attachment to be of prime solidity and prevents the hold from turning. We advise our customers to always use wooden screws in order to make sure the attachment is optimal.



#### **Hollow back**

Most of the holds from size L up are excavated. We have designed a made-tomeasure counter-shape for each of these holds in order to make them lighter. This way, it is easier to handle the larger holds while assembling and removing routes or boulders.

#### Maintenance

When holds are screwed onto a wall and regularly used, it is common for magnesia and rubber from climbing shoes to dirty them. In the long term, this can affect the grip quality of the grain. We advise our customers to clean holds before using them again and to check their condition after a long period of use.





Certain of our larger holds have a screw-in cap for the bolthole. Laurent Laporte devised this system exclusively for Cheeta holds and Flatholds to avoid the use of the bolthole for fingers thus optimising the use of the designed grip. It screws into large threads on the inside of the bolthole and can easily be tightened by hand or with a coin. Additional caps in packs of 15 are available in all the colours in our

#### Volumes

catalogue.

Plugs

Flathold volumes are made of a mix of polyester resin and fiberglass that is then covered with quartz sand to get a fine texture with good friction. This process allows for very thin, light and strong shapes. The volumes are attached with standard wood screws, but we recommend using flatheads to preserve the flange. The volumes are available in four different colors.



### **Volumes colors**





## Contact

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### Impressum

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flathold.com